

4-H Needlecrafts/Stitchery Proficiency Program A Member's Guide

OVERVIEW

The 4-H Needlecrafts and Stitchery Proficiency program helps you learn what you need to know about your 4-H project. Your project leader will assist you in setting and achieving your goals. You will learn how to make good use of your leisure time in constructive activities as well as learning to make useful, artistic items.

There are many resources to help you learn more about your project:

- The University of California Davis has free resources available online by visiting: <http://anrcatalog.ucdavis.edu/4HYouthDevelopment/> This site lists a variety of project materials and resources recommended for use in your project.
- The Tehama County 4-H Resources and Lending Library at our county 4-H Office includes other books, videos, and reference materials that can be checked out by members and leaders.
- Craft stores and art supply houses often offer classes as well as materials. In many areas there are different types of organizations which often conduct educational activities and may sponsor craft shows..

There are five levels in the Project Proficiency Program. You may choose how many levels you wish to complete:

- ◆ Level I – “Explorer”, you begin to learn about many different aspects of your craft.
- ◆ Level II – “Producer”, you practice and refine the many skills involved in your craft area.
- ◆ Level III – “Consumer”, you become an experienced producer.
- ◆ Level IV – “Leader”, allows you to show your own leadership potential.
- ◆ Level V – “Researcher”, is for those individuals who want to research a topic in depth, and prepare a paper on a fascinating subject about a craft.

As you work through the proficiency program, your leader will date each skill item as you complete it. When all items in a proficiency level are completed, your leader will sign the Certificate of Achievement.

NEEDLECRAFTS/STITCHERY

Level I - Explorer

Date
Completed

This project includes: embroidery, knitting, tatting, crochet, needlepoint, weaving, hooked rug, appliqué, smocking

1. Identify the basic materials used in this craft and give an example of how each is used.

2. Identify the equipment used to produce this craft's products.

3. Explain the difference between two similar pieces of equipment or materials used in your project.

4. Demonstrate the proper, safe technique for handing scissors or other sharp objects to another person.

5. Explain two common courtesies or safety issues related to this craft.

6. Demonstrate how to follow basic directions, step by step, in correct order.

7. Demonstrate how to follow shapes and patterns.

8. Show and tell an example of your craftsmanship product to project members.

9. Explain five new terms that you have learned in this project.

10. Complete two items in this project.

11. Investigate five different types of thing you can make and select on that you can do.

12. Write down a list of the items needed to make one craft product.

13. Demonstrate how to measure for your craft.

14. Explain how and what you have learned in this project that can help you in the future.

Member Name: _____ Date: _____

Project Leader's Signature: _____ Date: _____

NEEDLECRAFTS/STITCHERY

Level II - Producer

Date
Completed

This project includes: embroidery, knitting, tatting, crochet, needlepoint, weaving, hooked rug, appliqué, smocking

1. Compare the cost of making an item from scratch with the cost of purchasing the item.
2. Participate in one field visit to a materials or equipment provider.
3. Describe the steps or process of what you are doing with something you are making.
4. Explain how texture affects your final product.
5. Demonstrate the basic techniques required in this craft.
6. Identify three different specific locations where materials can be obtained.
7. Explain to others outside of your project about what you have learned.
8. Display your products at least once outside of your project meetings.
9. Experiment with two different techniques, materials, or methods, then tell which you prefer and why.
10. Explain the color wheel and how it works.
11. Describe one mistake/error that you made in producing a product and what you did or could have done to correct it.
12. Show how you have altered, varied, changed or modified two products from the original pattern or design.
13. Help someone else by sharing your knowledge or by giving away a product from your project to show positive citizenship.
14. Describe the proper method for cleaning a finished product.

Member Name: _____ Date: _____

Project Leader's Signature: _____ Date: _____

NEEDLECRAFTS/STITCHERY
Level III - Consumer

Date
Completed

This project includes: embroidery, knitting, tatting, crochet, needlepoint, weaving, hooked rug, appliqué, smocking

- _____ 1. Invite and introduce a guest speaker at one of your meetings.
- _____ 2. Contact a local, state or national association related to your project and determine what this association has to offer.
- _____ 3. Keep a personal reference library of literature that will be helpful in your project.
- _____ 4. Take part in a demonstration or judging contest specific to your project.
- _____ 5. Report the history of one aspect (origin, equipment, material, technique, etc.) of your project.
- _____ 6. Visit one craftsman in the community and report what you learned at a project meeting.
- _____ 7. Keep a record of costs, cash expenses, time and labor charges for each product made. At the completion of the specific item(s) compare your product(s) value to the total expense.
- _____ 8. Describe four ways to save money and be economical in obtaining materials.
- _____ 9. Design a product that uses three different techniques and/or three different materials or types of equipment.
- _____ 10. Alone or with your group, plan and complete a community service activity related to your project.

Member Name: _____ Date: _____

Project Leader's Signature: _____ Date: _____

NEEDLECRAFTS/STITCHERY
Level IV - Leader

Date
Completed

- _____ 1. Serve as Junior or Teen leader in this project for one year.
- _____ 2. Assist younger members in making, selecting and constructing a project.
- _____ 3. Prepare teaching materials for use at project meetings.
- _____ 4. Develop and put on a demonstration or judging event or train a junior team for such an event.
- _____ 5. Speak on a project-based subject before an organization other than your 4-H group.
- _____ 6. Assist at a local crafts fair or show.
- _____ 7. Assist younger/newer members in learning a new stitch or skill.
- _____ 8. Develop your own special project related activity. Chart your progress, plan the activities, analyze successes and problems, and report on your findings.

Member Name: _____ Date: _____

Project Leader's Signature: _____ Date: _____

NEEDLECRAFTS/STITCHERY
Level V - Researcher

Date
Completed

- _____ 1. Report on the results of a demonstration comparing measurable differences in management procedure. (experiment)
- _____ 2. Prepare a paper of 300 words or more on one of the following topics:
- Evolution of techniques
 - History of a specific craft
 - Markets and methods of marketing craft products
 - Resource utilization and/or conservation
 - Development of the craft process
 - Effect/use of color, shape, form, pattern, etc.
 - Other
- _____ 3. Prepare a speech or illustrated talk to orally summarize your findings and present at a club, project meeting or other educational event.

Member Name: _____ Date: _____

Project Leader's Signature: _____ Date: _____

Certificate of Achievement

This certifies that

*has completed the Needlecrafts and Stitchery Proficiency
in Tehama County.*

Explorer

Producer

Consumer

Leader

Researcher

Date

Date

Date

Date

Date

Initials

Initials

Initials

Initials

Initials

