

MAKING EVERY **DOLLAR** COUNT

Workshop

Participants will:

- Learn how to train others to manage money during these tough times
- Receive Money Management Resources
- Get a free CD copy of this bilingual curriculum

For Registration Information Contact:

Ingrid Schumann

Phone: 805-781-5940

or

E-mail: ischumann@co.slo.ca.us

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MAKING EVERY **DOLLAR** COUNT

Managing in Tough Times

A Train-the-Trainer Program on Money Management for Limited-Resources, Limited-Literacy Audiences

Date and Time:

May 18, 2011 9:00am-Noon

Location:

Chumash Resort Hotel
Oak Room
3400 East Hwy 246
Santa Ynez, CA

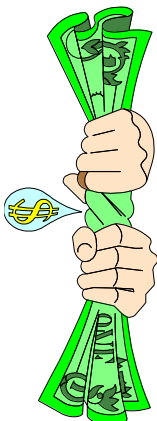


Sponsored by:
**University of California
Cooperative Extension
& San Luis Obispo and
Santa Barbara County**



University of California Cooperative Extension
San Luis Obispo County
2156 Sierra Way
San Luis Obispo, CA 93401

Address Service Requested





MAKING EVERY DOLLAR COUNT

Managing in Tough Times

This Train-the-Trainer Program will help you assist clients by:

- Engaging in lessons through interactive techniques and learner-centered activities.
- Learning how to stretch dollars and pay bills on time, what to do when they can't pay cash, and how to save money on food.
- Developing and practicing life skills such as:
 - Planning and organizing
 - Goal setting
 - Developing self-esteem
 - Self-discipline
 - Self-responsibility
 - Problem-solving
 - Conflict resolution
 - Social skills
 - Building family support

Speaker

Shirley Peterson, MS, RD

Nutrition, Family, and Consumer Science Advisor
University of California Cooperative Extension,
San Luis Obispo and Northern Santa Barbara Counties



Professional Credits

Three credits approved for
Dietitians and DTRs



Instructions

- For program information contact Shirley Peterson
805-781-5951 Email: sspeterson@ucdavis.edu
- Registration information contact Ingrid Schumann
805-781-5941 Email: ischumann@co.slo.ca.us
- Space is limited to 40 attendees.
- Sponsor reserves the right to cancel in the event of low registration.
- Requests for refunds must be in writing and post-marked by May 4, 2011.
- Please car-pool.

Registration Form

Making Every Dollar Count

Name: _____

Agency Group/Name: _____

Address: _____

City, Zip: _____

Phone: _____

E-mail: _____

Fees

- \$25.00 if postmarked by May 13, 2011
- \$35.00 if postmarked after May 13, 2011
- \$50.00 at the door if space is available
- \$15.00 for students (health or family related majors) if postmarked by May 13, 2011
- If more than one person from an organization registers, the cost is \$15.00 for each additional person, \$20.00 if postmarked after 5/13/11 and \$25.00 at the door.

or

Register on line at:
<http://ucanr.org/money>



Make checks Payable to: **UC Regents**

Mail to: Making Every Dollar Count
UC Cooperative Extension
2156 Sierra Way Suite C
San Luis Obispo, CA 93401