

Flowering Companions that Provide Pollen for Beneficial Predators & Parasites

Presented by Master Gardeners of San Mateo/San Francisco

Carrot Family	
Coriander	<i>Coriander sativum</i>
Dill	<i>Anethum graveolens</i>
Fennel	<i>Foeniculum vulgare</i>
Queen Anne's Lace	<i>Daucus carota</i>
Sunflower Family	
Blanket Flower	<i>Gaillardia</i> spp.
Coneflower	<i>Echinaceae</i> spp.
Coreopsis	<i>Coreopsis</i> spp.
Cosmos	<i>Cosmos</i> spp.
Goldenrod	<i>Solidago</i> spp
Sunflower	<i>Helianthus</i> spp.
Tansy	<i>Tanacetum vulgare</i>
Yarrow	<i>Achillea</i> spp.
Mustard Family	
Basket-of-Gold alyssum	<i>Aurinium saxatilis</i>
Hoary alyssum	<i>Berteroa incana</i>
Sweet alyssum	<i>Lobularia maritima</i>
Yellow rocket	<i>Barbarea vulgaris</i>
Wild mustard	<i>Brassica kaber</i>
Other Plant Families	
Buckwheat	<i>Fagopyrum sagittatum</i>
Cinquefoil	<i>Potentilla</i> spp.
Phacelia	<i>Phacelia</i> spp.
Milkweeds	<i>Asclepias</i> spp.

Resources:

Pests of the Garden and Small Farm, A Growers Guide to Using Less Pesticide , Flint, Mary Louise, University of California Press