

4-H SLO Hikers

A program that encourages families to increase their daily physical activity by establishing a healthy lifestyle as part of family life and culture.

Date:

Saturday, September 15

Time:

10:00am — 1:00pm

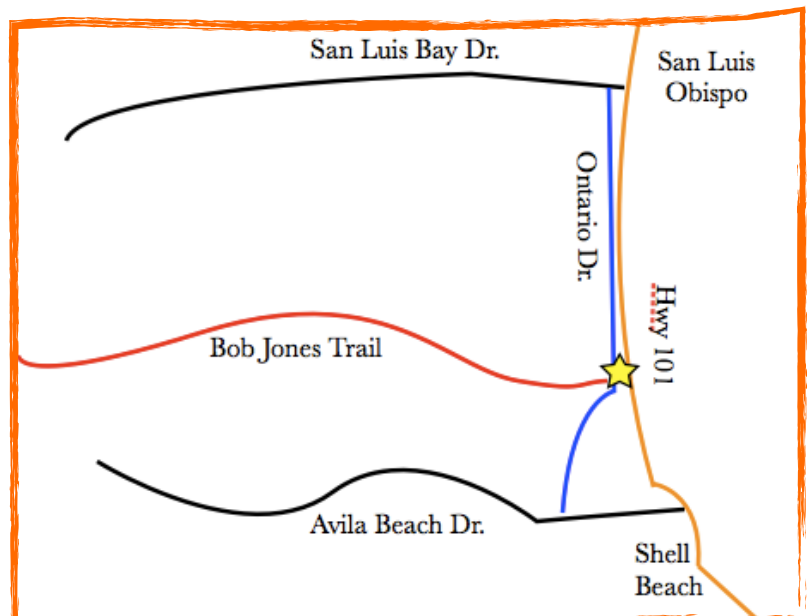
(Walk some, walk all 5 miles)

Location:

Bob Jones Trail

Avila Beach

(Meet at East Trail Head Entrance
off Ontario Rd at 10:00am)



Come hike and enjoy the beautiful terrain of San Luis Obispo County! The Bob Jones Trail will be a leisurely hike with various stops and a resting point at Avila beach with snacks and water. We will then trek back with stops along the way. We will begin at 10:00am at the East trail head entrance. This is the first quarterly hike sponsored by the University of California 4-H Youth Development Program in SLO County. Let's explore and hike the Bob Jones Trail together!

(Please bring your own water.)

Check out our Facebook page @ www.facebook.com/4HSlottHikers

For more information call Christine Nelson, UCCE (805) 781-5944

