

University of California

Agriculture and Natural Resources ■ Youth, Families, and Communities

Professional Update for Nutrition and Family Professionals

Does Parenting Matter for Child Obesity: What the Research Tells Us

Recent research in the area of parenting and pediatric obesity has highlighted the importance of warm and responsive parenting. Dr. Lenna Ontai, Family and Early Childhood Specialist from UC Cooperative Extension will present a talk to review the emerging research in this area with a focus on how it informs both obesity prevention and parent education. Information relevant for both young and school-age children



Learning objectives for this session are:

- Understand the current state of the research on parenting styles
- Discover links that have been found between parenting styles and obesity risk factors
- Be able to distinguish parenting styles from parenting behaviors
- Appreciate the value of adding parenting education to obesity prevention programming

Please join us...

Tuesday, May 20, 2014

1:00-3:00 pm

United Way of San Diego County

4699 Murphy Canyon Road, San Diego, CA 92123

Registration: No cost to attend, but registration* is required.

Register online by May 13, 2014: <http://ucanr.edu/professionalupdate>



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*Program is subject to cancellation due to low enrollment.

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