

# SPRING FLING ENTRY FORM

April 16th, 2016

9:00 a.m.

Registration begins at 9:00 a.m.

Plumas-Sierra Fairgrounds, Serpilio Hall

**Entries due April 1st, 2016. NO entry fee! Late entries due by April 8th with a \$5 late fee.**

NO ENTRIES ACCEPTED AFTER April 8th! (not postmarked)

**Fill out all sides (if applicable) and send entries to:**

UCCE Plumas-Sierra  
208 Fairground Road  
Quincy CA, 95971

Questions? Call Margie- 283-1443 or Jessica 283-2434

Lunch will be available for \$7

Please indicate # of lunches \_\_\_\_\_ (AV 4-H Club)

**\*These categories are open to all 4H members,  
not just those enrolled in appropriate projects**

Name \_\_\_\_\_ Phone # \_\_\_\_\_ email \_\_\_\_\_

4-H Club \_\_\_\_\_ Age \_\_\_\_\_ as of Jan. 1, 2015 Year in project \_\_\_\_\_

\_\_\_\_\_ Primary Member (age 8 & under) \_\_\_\_\_ Junior (ages 9 & 10) \_\_\_\_\_ Intermediate (ages 11-13)

\_\_\_\_\_ Senior (age 14 and up)

## \*Skills Judging

\_\_\_\_\_ I am entering "Skills Judging"

### ONLY/ ALSO

(circle appropriate) at Spring Fling. There will be a few changes to this category this year. There will be no "reasons" and all skills will be visual things having to do with food, clothing, leather crafts, etc.

## Photography

limit 2 photos per class.

Must be framed or mounted. (Please no photo larger than 11X14 including the outside diameter of the frame.)

class

1 Animals/Birds \_\_\_\_\_

2 News/Action/Sports \_\_\_\_\_

3 Plants/Flowers \_\_\_\_\_

4 People (portraits and candid shots) \_\_\_\_\_

5 Scenery (landscape, seascape, and sky) \_\_\_\_\_

# Clothing and Textiles

- \_\_\_\_\_ **Knitting & Crocheting**
- \_\_\_\_\_ **Traditional** Attach swatch and description for fashion show commentary
- \_\_\_\_\_ **Non wearable** Write a description of the item you made
- \* \_\_\_\_\_ **Purchased (\$40.00)** Create entire outfit without spending over \$40.00 not including sales tax  
New or used Must have receipts (you will be asked to model your outfit)
- \* \_\_\_\_\_ **Wearable Art-Embellished** Use creative techniques and workmanship to decorate a purchased garment for a unique outfit. Use arts/crafts techniques to embellish. The main entry must be a coat, dress, pants, shirt, etc. Embellished accessories like shoes or a hat may complete the outfit. Duct Tape entries not eligible for this category.
- \* \_\_\_\_\_ **Upcycle** Take one or more existing garment(s) and turn it into a new, different, and wearable garment. A “before” photograph showing the original garment(s) is required. (This is not an alteration but a complete change of a garment, such as jeans made into a skirt.) Other fabrics and material may be added during the construction process.

## \*Duct Tape

- \_\_\_\_\_ **100% Duct Tape** Wearable from scratch. Must model for judges.
- \_\_\_\_\_ **Embellish with Duct Tape** Premade Clothing
- \_\_\_\_\_ **Duct Tape Accessories** (tie, scarf, bow, etc.) member to show use

## Foods

- \_\_\_\_\_ **Cake Decorating**—bring a prepared decorated cake on a sturdy base.
- \_\_\_\_\_ **Favorite Food**—bring your favorite food (prepared) and give a brief, but planned talk on how you made it..
- \_\_\_\_\_ **Cookies, Quick Breads (pumpkin, banana, etc.), Desserts,**
- \* \_\_\_\_\_ **My Plate Challenge**— Create a meal (breakfast, lunch, or dinner) that shows how you can build a healthy plate using the **USDA’s My Plate recommendations\***. Take a high quality color photo of your plate. Write a maximum one page description about your plate for display along with photo. Do not need to be in a foods project to participate.

My Plate uses the pyramid eating guide from the USDA. Doing a search on “my plate” will yield much information for your entry.

# Crafts

limit 2 entries per craft class

class

1	Holiday Decoration	_____
2	Beadwork/jewelry	_____
3	Pottery	_____
4	Leatherwork	_____
5	Flower Arrangements	_____
6	Woodworking	_____
7	Soap	_____
8	Scrapbooking (single /themed/ book)	_____
9	Recycle with a purpose	_____
10	Tye Dye	_____
11	Rubber Stamping	_____
12	Other (please specify)	_____

# \*Poster

Make a poster detailing something to do with 4-H. Use photos, diagrams, descriptions, etc... This can be in general or specific to your project! This Can be a single flat poster or a three fold table-top.

\_\_\_\_\_ 4-H in General

\_\_\_\_\_ Project Specific

# \* Mini/Primary Members

\_\_\_\_\_ Table/Place setting (favorite holiday, picnic, everyday home, etc)

\_\_\_\_\_ Sewing (bring and display any sewing item of your choice)

\_\_\_\_\_ Craft (bring and display any craft item of your choice)

\_\_\_\_\_ Photography (any subject matter)

\_\_\_\_\_ General 4H Poster (Make a poster detailing something to do with 4H in general. Use photos, diagrams, descriptions, etc)

\_\_\_\_\_ Project 4H Poster (Make a poster detailing something to do YOUR 4H project. Use photos, diagrams, descriptions, etc)

# \*Just for Fun-People's choice Awards

\_\_\_\_\_ Create an edible art item out of food (USE YOUR IMAGINATION!!!)

\_\_\_\_\_ Reusable Bag Project (2016 service project! Find more details at <http://4h.ucanr.edu/files/225148.pdf>)

# Spring Fling Information

The following descriptions will help members understand what is expected in some of the more complex categories.

**Favorite Food** - This can be anything you want to make! Breakfast, lunch, dinner, desert, side dish, salad appetizer, breads, dips as long as it is made from scratch.

**Primary Members**-will exhibit a place setting only. No food is displayed.

**Junior** -will select and prepare **one** food item, presented at a place setting with recipe provided. (Written out)

**Intermediate**- will select and prepare **one** food item, presented at a place setting with recipe provided (written out) and will answer questions from the judge(s) about preparation of that food.

**Senior** -will do a complete meal menu which the member will have written out in advance(bring with you) Member then chooses **one** item from the menu to prepare and then present at a place setting with recipe provided (written out) and will answer questions from the judge(s) about preparation of that food.

## Guidelines

1. Select your favorite recipe from any source. The recipe does not have to be a recipe in your project book. The recipe should not be prepared exclusively from commercial mixes.
2. Plan the place setting needed to attractively serve the food. Use only the dishes, flatware and glasses appropriate for serving your planned meal, which include your favorite food. No centerpieces are allowed. Name cards/small individual decorations are acceptable but not required. Be sure to bring a serving fork or spoon. You will have a 36 inch space on a table. Plan on using what you have at home-don't feel like you need to go out and buy new place settings Remember the container you prepare and serve your food in should be appropriate for your recipe.
3. Completely prepare the favorite food recipe at home. There will be no place to cook at spring fling. If you prepare a cold dish, keep it cold-if a hot dish, keep it hot. You can wrap your dish in newspaper and transport it in an ice chest or cardboard box. Refrigeration and holding over space will be provided for your entry at the event until the time for judging.
4. At spring fling, set up your display and include on the table the following items:
  - a. Prepared favorite food item in an appropriate serving dish
  - b. Place setting for one person
  - c. A Card listing complete recipe (juniors, intermediate & seniors)
  - d. A card listing the complete menu (seniors)
5. Exhibitors will cut and serve prepared food in the presence of judges. Exhibitors will need to bring paper Plates and forks to serve their food to the judges for tasting.
6. BRING CLEANUP SUPPLIES. Exhibitors are responsible for cleaning their own areas.
7. Entrants will be judged on personal grooming, clean nails, hair away from food, etc.

8. Report to the registration table and you will be assigned a place to set up. Your parents and friends will not be allowed in the set up area, so please come prepared to do your own setting up. Committee members will be on hand to help if necessary.

9. Wear something suitable for the theme of your display or dress appropriately.

Note: Because there is no longer an “official 4-H uniform” it is not a requirement. Dress nicely, Be neat and clean.

### **BEFORE YOU LEAVE HOME, CHECK THE LIST BELOW**

Favorite food item

Place setting (placemat, dishes, silverware, etc.)

Box containing all the things you need. Keep your box under the table at your assigned area.

Potholders and trivet to protect the table if yours is a hot dish.

Appropriate serving utensil for your favorite food

Cleanup supplies

Paper plates and forks/spoons for serving your dish to the judges for tasting.

### **SKILLS JUDGING**

This will be a variety of classes you will judge based on crafts, foods, cooking, cake decorating, wood working, photography, sewing etc..

You will be placing them on a score card from best to worst.

There will be a brief presentation on how to correctly judge the skills judging items.