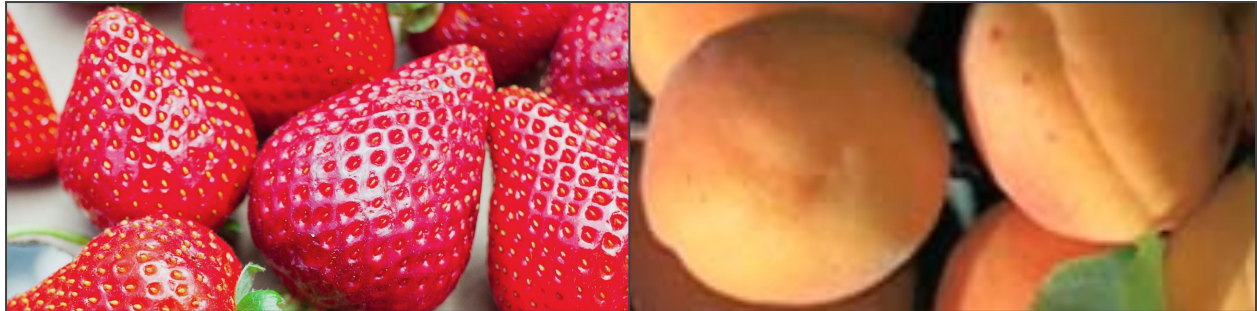




Preserving the Season with Sweet & Spicy Jams Made With Honey



DATE Tuesday, June 11, 2019

TIME 3:00 to 5:00 pm OR 6:30 to 8:30 pm
(2 IDENTICAL SESSIONS)

COST \$25

LOCATION South Coast Research & Extension Center
7601 Irvine Blvd. Irvine 92618

'Tis the season for fresh fruits and berries to preserve into jam to enjoy all year! Alas, most recipes for jam require 5 to 9 cups of white sugar to make a batch using regular pectin. On Tuesday June 11, 2019, UCCE Master Food Preservers of Orange County will share with you, using NO white sugar - just a small amount of honey, how to make jams using *low-methoxyl* pectin. Taste the fruit, not the sugar, in your jam!

We will introduce you to a recipe combining **Strawberries and Rhubarb**. Did you know that the leaves of rhubarb are inedible but the stalks are prized for making sweet desserts? Then, we'll do an **Apricot Jalapeño** Jam to spice up your morning toast. Both jams will be preserved using the **steam canning** method.

You will leave with a jar of each jam product we make and a handout with all the information you need to safely make these recipes at home. Use what you make on an English muffin, in yogurt or cottage cheese, or on a sandwich.

Plan to join us at the session which best suits your schedule.

Register and pay online by June 10th at

<https://ucanr.edu/survey/survey.cfm?surveynumber=27149>



If you need an accommodation to be able to participate, please contact the Master Food Preserver Program at ucemfp@ucanr.edu at least two weeks prior to the event.



Scan the QR code (at left) to go to our website & get more information
<http://ucanr.edu/sites/MFPOC/>



UCCE Master Food Preserver OC

Send questions to

http://ucanr.edu/sites/MFPOC/Got_A_Question



MFPOC

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>)

Inquiries regarding ANR's nondiscrimination policies may be directed to UCANR, Affirmative Action Compliance & Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.