

## UCCE Central Sierra Newsletter & Announcements | January 2022

*Serving Amador, Calaveras, El Dorado and Tuolumne Counties*



**JoLynn Miller**  
**Director & 4-H Youth**  
**Development Advisor**

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University of California  
Cooperative Extension  
Central Sierra Nevada  
Multi-County Partnership

Greetings from UCCE Central Sierra!

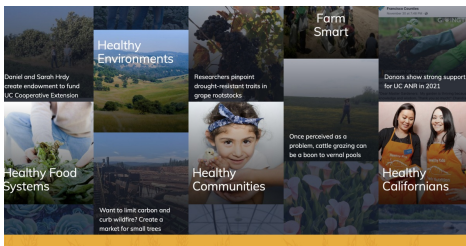
Happy New Year from all of us here at UCCE Central Sierra, we hope you enjoyed the holiday season--on to 2022!

We are off to a great start this year, offering both in-person and virtual programming, with many more classes and events in the works. Check out a few of the great learning opportunities below.

We also have several local employment opportunities available. If you know of anyone looking for career positions, please pass this information along to them.

Sincerely,  
JoLynn Miller

## UCCE Central Sierra is Hiring



### **UC ANR to Hire Three Scientists to Serve Central Sierra**

Residents of the Central Sierra will soon be seeing benefits from California's historic investment in the University of California Agriculture and Natural Resources.

[Read more](http://www.ledger.news)  
[www.ledger.news](http://www.ledger.news)

### **UCCE Central Sierra Local Employment Opportunities**

The University of California Cooperative Extension of Central Sierra is hiring a Community Nutrition and Health Advisor, 4-H Community Education Specialists, UC CalFresh Community Education Specialists...

[Read more](http://cencentralsierra.ucanr.edu)  
[cencentralsierra.ucanr.edu](http://cencentralsierra.ucanr.edu)



## UCCE Central Sierra Welcomes New CalFresh Healthy Living Educator



The CalFresh Healthy Living El Dorado County team is excited to welcome Cailin McLaughlin as a Nutrition Educator! Cailin is a recent graduate from CSU, Fullerton where she obtained her master's in Evolutionary Anthropology. Her research consisted of understanding honey bee grooming behavior and testing alternative beekeeping methods to help manage varroa mite infestations. During her time at CSU, Fullerton she worked on multiple sustainable urban farming projects with U-ACRE (The Urban Agriculture Community-based Research Experience) at their Fullerton Arboretum farm/apiary and as a steward with the South Coast Research and Extension Program. Prior to pursuing her master's degree, she served in the Peace Corps as a Secondary School Science Teacher in

Tanzania from 2016-2018. She received her bachelor's from Humboldt State University where she majored in Zoology and minored in Anthropology. In her free time, she enjoys fishing, backpacking, and spending quality time with her dog Ua (means flower in Kiswahili) and cat Bagheera. Cailin can be reached at [camclaugh@ucanr.edu](mailto:camclaugh@ucanr.edu).

### [Department of Pesticide Regulation Alliance Grants Informational Workshop](#) [February 3, 2022 | 10:00am - 11:00am](#)

The 2022 Alliance Grants Program has enhanced funding of \$1.8 million to award eligible projects that align with the state's goal of transitioning to system-wide adoption of sustainable pest management.

The Department of Pesticide Regulation's (DPR's) Alliance Grants Program annually awards funding for projects that promote or increase the implementation, expansion, and/or adoption of effective and proven integrated pest management (IPM) systems or practices that reduce public health and environmental risks in agricultural, wildland, or urban settings. [Click More Info and Zoom Link](#)

**Proposal Applications will be accepted through Thursday, March 10, 2022, at 5:00 pm PST.**





## **Airblast 2022:** **Spray Application and Modeling Conference**

May 16 - 18, 2022  
8 am-3 pm Pacific Time Each Day  
Virtual via Zoom

**SAVE THE DATES**

**Objectives/Goals:** A 3-day conference covering airblast pesticide spray application practices in orchards and vineyards, decision support tools for planning and evaluating spray applications, and drift modeling support for pesticide regulatory practices. Participants will gain a holistic view to better understand ongoing partnerships between academia, industry, and the regulatory community towards better stewardship of pesticides.

This conference will focus on:

Day 1: General airblast spray application practice and equipment, and emerging technology.

Day 2: Modeling and decision support systems for improving spray deposition and efficacy.

Day 3: Pesticide drift modeling and data support for regulatory processes.

**Who Should Attend:** Anyone interested in or directly involved with tree and vine spray application practice, planning, supervision, advising, regulation, and/or advocacy.

**Requirements:** You will need a laptop/desktop computer (PC or Mac) or a mobile device and a stable internet connection in order to participate in this conference.

**Continuing Education Units:** about 17 CEUs (**2.00 'Law'** & **15 'Other'**) to be applied for from California Department of Pesticide Regulation (CDPR).

**Registration:** [Information coming soon!](#)

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**Contacts for More Information**

Logistics and Registration: [ANR Program Support](#)

Program: [Peter Ako Larbi](#), UC Cooperative Extension Specialist

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Agriculture and Natural Resources

**UCCE Central Sierra & UC Agriculture and Natural Resources in the  
News**



## These national forests let you cut your own Christmas tree

The chilly day after Thanksgiving, Susie Kocher and her family, who live in the Lake Tahoe Basin, set out on their annual tradition of 28 years: the Christmas tree hunt in a local national forest. They packed the truck, put on their layers, and...

[Read more](#)

[www.nationalgeographic.com](http://www.nationalgeographic.com)

## Conservation grazing by cattle a boon to vernal pools

This article was originally published by University of California Agriculture and Natural Resources. Giving 1,200-pound cows access to one of California's most fragile and biologically rich ecosystems seems a strange way to protect its threatened ...

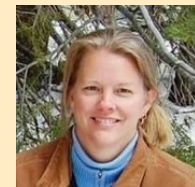
[Read more](#)

[caes.ucdavis.edu](http://caes.ucdavis.edu)



## UCCE Central Sierra Forestry Advisor Discusses Prescribed Fire

UC ANR Forestry Advisors Susie Kocher and Yana Valachovic, and UC ANR Fire Advisor Lenya Quinn-Davidson discuss prescribed fire use in California and the formation of the Motherlode PBA in Tuolumne County.



**Hosted by:**

University of California  
Cooperative Extension

in collaboration with:

American Forest  
Foundation

CAL FIRE

California Association of  
Resource Conservation  
Districts

California Fire Safe  
Council

Forest Landowners of  
California

USFS Region 5



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# Save the Date!

## Register now for a California Forest Stewardship Workshop

Online beginning March 15, 2022 – May 10, 2022 and in-person Saturday, April 2nd, Placer or Nevada County

### Join the workshop to understand and protect your forests by developing a Forest Management Plan. Topics include:

- Forest management objectives and planning
- Forest health, insects and disease
- Forest and fire ecology, wildlife, watersheds
- Fuels reduction and forest resource marketing
- Mapping, inventory and silviculture
- Project development & permitting
- Getting professional help and cost-share opportunities

Participants will utilize online resources on their own time to complete learning modules and short activities. Zoom meetings with all participants and presenters will take place once a week on Tuesdays, 6-7:30pm. The in-person field day will cover silviculture, forest inventory and mapping activities. Participants who complete the workshop will be **eligible for a free site visit** with a California Registered Professional Forester.

Registration for the workshop is \$60. Sign up now at:

<http://ucanr.edu/forestryworkshops/>

For questions, contact Kim Ingram, [kcingram@ucanr.edu](mailto:kcingram@ucanr.edu).



The Forest Stewardship Education Initiative is a CAL FIRE funded contract (8CA04547), awarded July 1, 2019 through June 30, 2024, to Susie Kocher, RPF#2874, University of California Cooperative Extension, to help landowners develop forest management plans.



## Apply to Become a UC Master Food Preserver Volunteer!



### 2022 UC Master Food Preserver Volunteer Training

*Do you enjoy canning or drying food?*

*Do you enjoy teaching?*

*Do you want to meet new people who share your food passion?*

Attend an hour-long online training information session to learn about the purpose of the UC Master Food Preserver Program, volunteer involvement and requirements, the training program dates and activities, and the application process. After the information meeting if you feel this is a volunteer organization that fits with your

schedule and priorities, we'd love to have you apply for the 2022 training program in your local county.

Applications are due January 16 and classes begin on Friday, February 4. Class dates for the UC Master Food Preserver Programs in Central Sierra are listed on our [2022 New Volunteer Training website](#).



Registration for the information meeting is required; [Sign-Up Here](#).

The following UC Master Food Preserver Programs are offering a combination online/in-person group training in 2022 for residents of the following counties: **Amador, Calaveras, Del Norte, El Dorado, Humboldt, Mariposa (new!), Modoc, Sacramento, San Bernardino, San Luis Obispo, Santa Barbara, Solano, Sonoma, Tuolumne (new!), and Yolo.**

**Ask a**  
UC Master  
Food Preserver  
Central Sierra



### Questions About Food Preservation?

Ask a UC Master Food Preserver online, any time! Plus sign up to get e-news, event updates and free class schedules delivered to your inbox each month.

[Subscribe Here](#)



[Amador / Calaveras County Website](#)



[El Dorado County Website](#)



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### Harvest of the Month: Beets

Root vegetables such as beets are grown underground, and come in a variety of shades of red, orange, yellow, and white. Radishes have a spicy flavor while beets have a mild taste. They contain Vitamins A, C and K to support eye health, immunity and healing, as well as fiber and potassium! Try beets in this [Beet and Chickpea Salad](#), it's spicy, crunchy, and almost certainly the pinkest salad you'll ever eat!

## **UC Cooking Academy at Jamestown Elementary**

*4-H and CalFresh Healthy Living Partner to Provide Meals & Cooking Lessons for Students*

Forty students from Jamestown Elementary School in Tuolumne County participated in the Healthy Habits Academy where they were provided with all the ingredients and kitchen utensils needed to prepare seven healthy and delicious meals for themselves and their families. Meals included Healthy Trail Mix, Tofu Veggie Stir Fry, Fresh Berry French Toast, Black Bean Quesadilla, Veggie Pin Wheels, Creamy Mac N Cheese, and Sweet Apple Cups.



Students watched instructional videos on how to use the cooking utensils, and how to prepare and cook the ingredients for each meal. They were also provided with fun games to help them learn more about the meals they were cooking



Staff worked with Jamestown Family Resource Center to distribute the bags each week. Parents who participated gave wonderful feedback on how much the children and families enjoyed working together to prepare their meals and how much fun the kids had.

[SUBSCRIBE TO THE UCCE CENTRAL SIERRA "NUTRITION NEWSLETTER"](#)

Join the Central Sierra "Nutrition News" email list to receive information about community resources in your area, the harvest of the month, and more!

Questions about your home garden or landscape?  
Interested in upcoming classes and events?

[Visit the UCCE Central Sierra Master Gardeners Websites](#)



[UCCE Master Gardeners](#) are available to answer your questions!

[UCCE Master Gardeners of Tuolumne County: Polystyrene Collection Days](#)  
February 5, 2022 | 9am - 4pm & February 6, 2022 | 10am - 2pm



We will set up on Microtronics Way next to the Waste Management Recycling site. Turn onto Nugget, off Tuolumne Road, or onto Standard Road and follow the signs. As in prior collections, we are accepting CLEAN, colored FOOD CONTAINERS. They MUST be washed! We are also accepting Packing grade polystyrene (used for shipping items such as electronics.) Please remove tape, tags, labels, etc. from the polystyrene before you bring it to the collection site. Please separate the food grade from the packing grade polystyrene for us--thanks! **Note:** The polystyrene drive is unable to accept packing peanuts. You may take these to the UPS Store next to the Safeway. [More Information](#)

## UCCE Central Sierra 4-H Youth Development Program

### [Amador County to Host Youth Leadership Summit](#)

The Youth Summit Leadership Lab is designed to develop and practice specific leadership skills in a series of hands-on learning activities. This year's leadership lab will be hosted in-person at a handful of locations across California. Youth Summit programs are designed to grow the leadership abilities of intermediate 4-H'ers (ages 11-13) and give hands-on leadership opportunities to senior 4-H'ers (ages 14+). Participants are mentored by senior 4-H'ers and caring adult volunteers. Younger members develop stronger relationships with their older peers as they both develop their leadership skills. [More Information](#)



It's never too late to join 4-H!

[Visit the UCCE Central Sierra 4-H Website](#)



TUOLUMNE COUNTY 4-H



# DRIVE THRU TRI TIP DINNER

**Monday, January 17, 2022**

**4:00-6:30PM Pick Up**

**Mother Lode Fairgrounds, Sierra Building**

**\$50—Dinner For 4-5 people Includes:**

- Whole BBQ Tri Tip
- 1 Qt of Cowboy Beans
- Green Salad
- Loaf of Garlic Bread

**\$30—Extra Whole Tri Tip**

**Purchase Ticket On  
Line At:**

**[https://  
www.brownpapertickets.com  
/event/5225338](https://www.brownpapertickets.com/event/5225338)**



**\*\*Dinners limited to 350! Purchase tickets before we run out!**



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For More Information contact:  
Steven Treat (559) 908-8509 or  
Beth Newman (209) 743-3477

## More UCCE Central Sierra Programs



[Living with Fire](#)



[Livestock](#)



[Natural Resources](#)



[Oaks & Rangelands](#)



[UC California Naturalist Program](#)



#NeighborCA

## UC ANR [Coronavirus and COVID-19](#)



California is reopening all activities statewide, but it is important to remember that the pandemic is not over and COVID-19 remains a health threat. As we plan and implement a return to in-

person ANR programs, we should stay informed about COVID-19 trends statewide and in our communities. Here are a few resources from the CDPH and other trusted sources.

- [Public Health Order](#)
- [Beyond the Blueprint](#)
- [Tracking COVID-19 in California](#)
- [COVID-19 Dashboards and Data](#)
- [Get Local Information](#)
- [COVID-19 Case Map](#)

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Accessibility: Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5502.

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**Quick Links...**

[Our Website](#)

[Events & Workshops](#)

[Archived Newsletters](#)

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