

Greetings from UCCE Central Sierra!

Welcome to Autumn, time for harvest, watching the changing fall colors and enjoying cooler weather. This month, attend a Master Food Preserver workshop, where you can learn about preserving all the wonderful things you've grown, and visit the local farmers markets for delicious fruits, vegetables, nuts, and all the other local goodies they have to offer. The Master Gardener demonstration gardens are offering workshops, events and plant sales this month, and have great information about caring for your garden through the cold season ahead. Read on for more information on any of our UCCE programs, including pest management, fire preparedness and much, much more. May you have a festive and colorful fall!

Sincerely,
JoLynn Miller



JoLynn Miller
Director & 4-H Youth
Development Advisor

University of California
Cooperative Extension
Central Sierra Nevada
Multi-County Partnership

UCCE Central Sierra Forestry & Natural Resources

Forests and woodlands in the Central Sierra Nevada are beautiful, extensive, diverse and owned by both public and private landowners. Active management is needed to reduce forest density and to help forests recover after wildfire. The goal of the Central Sierra forestry program is to empower landowners to overcome these challenges.



Post-Fire Outreach and Education

In response to growing wildfire size and intensity, and its resulting impacts to small forest landowners, UCCE has been tasked with increasing post-fire forest resilience through outreach and education efforts. The USFS State and Private Forestry program has funded a three year effort to be implemented by UCCE Central Sierra. The first major outreach effort has been the development of a Post-Fire Forest Resilience Workshop series. The first workshop cohort began in early September, with a focus on the 2021 Caldor, Dixie, and Tamarack Fires. This 6-week workshop consists of weekly online meetings and a field trip to each of the fires of focus. Topics covered by a variety of speakers include restoration challenges following wildfire, erosion control, hazard tree removal and post-fire safety, salvage logging and biomass removal, reforestation, control of competing vegetation and invasive weeds, and assistance programs available to landowners affected by the fires of focus.

58 people signed up for this workshop, including 20 landowners affected by the fires of focus or other recent wildfires in the region. Staff are in the process of identifying future workshop locations, where recent fires create a need and resources create an opportunity.

Forest Stewardship Workshops | Butte - Yuba Counties

Online: October 18, 2022 - December 13, 2022

In-Person Field Day: November 5, 2022

[REGISTER NOW!](#)

This workshop series will help landowners develop plans to improve and protect their forest lands in an ecologically and economically sustainable manner. The workshops will address management objectives and planning, forest restoration, fuels reduction, project development, permitting, and cost-share opportunities. Participants will connect with other landowners and learn how to collect information to develop their own management plans. [More Information](#)



UCCE Central Sierra Agriculture

The Central Sierra foothill region produces a wide variety of agriculture commodities. The University of California brings research and outreach to area farms to assist with growing and cultural practices, pest and disease management, and more!



UC Farm Advisors share NEW PEST Alerts at Master Gardeners Fall into Gardening Event

Local UC Farm Advisors Scott Oneto and Hardeep Singh recently participated in the Fall into Gardening Event hosted by the UC Master Gardeners. The event was held Saturday, October 1st at the Sherwood Demonstration Garden at 6699 Campus Dr. behind Folsom Lake College in Placerville. The event was a huge success with over 350 in attendance to learn about pest management, gardening techniques, composting, nutrition, and much more. As part of

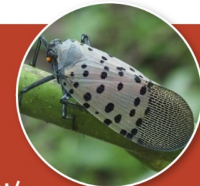
their display, Oneto and Singh shared information about three emerging pests of California including Huanglongbing, Spotted Lantern Fly and Foamy Bark Canker on oaks.

Spotted Lantern Fly

The Spotted Lanternfly (*Lycorma delicatula*) is native to China and was first detected in Pennsylvania in September 2014. Spotted lanternfly feeds on a wide range of fruit, ornamental and woody trees, with tree-of-heaven being one of the preferred hosts. Spotted lanternflies are invasive and can be spread long distances by people who move infested material or items containing egg masses. If allowed to spread in the United States, this pest could seriously impact the country's grape, orchard, and logging industries.

SPOT THE SPOTTED LANTERNFLY?

Adult
Summer - Winter



CDFA Pest Hotline:
1-800-491-1899

Report online:
cdfa.ca.gov/plant/reportapest/

Learn more:
cdfa.ca.gov/pdcp/slf



Snag it. Snap it. Report it.



8th California Oak Symposium
Sustaining Oak Woodlands Under Current and Future Conditions

Oct. 31-Nov. 3, 2022

Embassy Suites, San Luis Obispo, California

Join Us for the 8th Symposium to:

- Listen to science based talks from leaders in academia, industry and agencies.
- View thought provoking abstracts and posters from colleagues.
- Experience tours of San Luis Obispo County's various Oak Woodland habitats.
- Engage in discussions and network with other like-minded professionals, researchers, and scientists.



Presented by the University of California's Division of Agriculture and Natural Resources, the 8th California Oak Symposium is intended for anyone involved in research, education, management, and conservation of California's oak woodlands. This includes foresters, range managers, tribes, arborists, landowners, community groups, land trusts and policy makers. [REGISTRATION NOW OPEN](#)

UCCE Placerville Office Welcomes Administrative Assistant

For more than a decade before joining UCANR as an Administrative Assistant, Robin Martin was a freelance editor, writer, professional publishing assistant, business content creator, project coordinator, and writing coach. She has a BA in English and an MA in Writing, and loves language that engages her heart as well as her head. She has been an active volunteer for half a dozen non-profit organizations over the last 25 years, supporting and leading education and charitable projects for the betterment of the larger community.

An avid backyard birder who enjoys Pilates, paddle boarding, and preparing fresh, healthy food, Robin had recently been focusing on health and environmental subjects and jumped at the opportunity to become part of the team at UC ANR. Welcome, Robin!



UCCE Central Sierra 4-H Youth Development Program

The 4-H Youth Development Program offers educational opportunities for children, teens, families, and adults. 4-H helps young people to reach their full potential as competent, confident, leaders of character who contribute and are connected to their communities.




JOIN THE CLUB

Enroll NOW for the 2022-2023 Program Year!



Visit the UCCE Central Sierra 4-H Website

2022 Meritorious Award Recipient

Amador County 4-H Volunteer Management Board was very pleased to honor Mrs. Patricia Martin this year with the prestigious Meritorious Award. Once a year the Volunteer Management Board receives nominations for this award from members of our 4-H community for volunteers that have served 10+ years

and go above and beyond for their members. Patricia (Pat) Martin has been leading the county-wide fiber arts project for over a decade and has helped many 4-H members over the years develop a board range of skills that include working with different fibers, preparing fibers, spinning, weaving, knitting, crocheting, teamwork, planning, organizing, and so much more. Words cannot express how thankful we are for Pat and our other volunteers and the wonderful things they share with us year after year. Congratulations!

Pictured: Dr. Kelsi Williams, UCCE Staff (left); Mrs. Patricia Williams (center); and Mr. Barry Clark, Amador County 4-H VMO Board President (right).



2022 Ironstone Vineyards Concours d'Elegance



Ironstone Vineyards hosts 4-H/FFA fundraiser

Published on: September 29, 2022 More than 3,000 people attended the Ironstone Concours d'Elegance, a fundraiser supporting FFA and 4-H, on Sept. 24. Vice President Glenda Humiston; Mary Ciricillo, UCANR director of development; Carolyn Warne,...

[Read more](https://ucanr.edu)
ucanr.edu



Central Sierra 4-H Members baked cookies and assembled gift baskets for the 2022 Ironstone Concours d'Elegance.

Twenty-six years ago, John and Gail Kautz created Concours d'Elegance. As farmers and vintners, they envisioned an event that would benefit young people involved in agriculture, notably 4-H Clubs, Future Farmers of America, and the California State Fair Scholarship Fund. This year they celebrate the 26th Annual Ironstone Concours d'Elegance. From that initial idea, the Ironstone Concours d'Elegance Foundation has raised more than \$700,000 since its inception. In 2013, through the

proceeds of Concours d'Elegance, a \$130,000 pledge was completed to assist in the development of the Future Farmers of America State Headquarters Building in Galt, California.

The 26th Annual Ironstone Concours d'Elegance – the annual antique and classic car show – was held Saturday, Sept. 24, 2022, at the beautiful grounds of Ironstone Vineyards in the gold country of the Sierra Nevada and featured over 300 antique and classic cars, as well as vintage trailers and motorcycles. More than 3,000 visitors enjoy the beauty of the automobiles in the ambiance of the stunning landscape on the grounds of Ironstone Vineyard.



Have questions about 4-H? Contact centralsierrafourh@ucanr.edu

UCCE Master Gardeners of Central Sierra

UCCE Master Gardeners are community members who have been trained under the direction of the University of California Cooperative Extension. Each volunteer has completed more than 50 hours of formal classroom training to provide practical scientific gardening information to the home gardeners.

**Questions about your home garden or landscape?
Interested in upcoming classes and events?**

Visit the [UCCE Central Sierra Master Gardeners Websites](#)

UCCE Master Gardeners are available to answer your questions!



Master Gardener Training Orientation
October 27, 2022 | 3:00-4:00PM
Tuolumne County Senior Center, Sonora
The University of California Cooperative Extension



(UCCE) invites adults interested in helping others learn about gardening to apply to train as a Master Gardener volunteer. UCCE Master Gardener volunteers learn University-based scientific information and then share that knowledge with the gardening community. Master Gardener volunteers are people of all ages and from all walks of life with a common desire to help others learn about gardening.

Master Gardener membership is open to any adult in Calaveras and Tuolumne counties. A background check including fingerprinting is required to become a Master Gardener. An Information Session has been

scheduled for Thursday, October 27, starting at 3:00 at the Tuolumne County Senior Center located at 540 Greenley Road, Sonora, 95370.

The Master Gardener Training will be a hybrid model, including recorded lectures, reading material and in-person labs. The training classes for new volunteer candidates begin Thursday, January 19, 2023 and continue weekly through April 27th. These classes will include over 50 hours of intensive training by University of California personnel and horticulture specialists in various fields. Topics include water management, soils, composting, native plants, fruit production, plant diseases, entomology, Integrated Pest Management, understanding pesticides and more.

A fee of \$195 will be charged to cover the cost of all class materials, which includes several reference texts. After successfully completing the training program, certified Master Gardener volunteers agree to fulfill annual volunteer service and continuing education requirements. If there is room, training will also be offered at the professional rate of \$350. At the professional rate, there are no volunteer requirements. For more information, contact the University of California Cooperative Extension Master Gardener Coordinator by email at dlpowell@ucanr.edu.



MASTER GARDENER PLANT SALE



THURSDAY OCTOBER 20TH

NOON TO 3PM

UC MASTER GARDENER DEMO GARDEN
891 MOUNTAIN RANCH ROAD, SAN ANDREAS
QUESTIONS? 209-754-2880

Plant Sale

October 20, 2022

Calaveras County



Free Public Education Class Schedule

October 2022

El Dorado County

UCCE Central Sierra Community Nutrition

Through the CalFresh Healthy Living (CFHL) UCCE Central Sierra program, we teach free classes in local schools, community centers, libraries, and other public locations. Our classes show people how to choose, grow, cook, and enjoy affordable healthy foods, and how to make physical activity a regular and fun part of life. We also work to create environments where it's easier for people to make healthy choices, by supporting school wellness policies, community and school gardens, walking clubs, and more.



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources



headerjunction.com

Harvest of the Month: Apples

DYK?

- Apples are fat, sodium, and cholesterol free.
- A medium apple is about 80 calories.
- Apples are a great source of the fiber pectin. One apple has about five grams of fiber.
- Don't peel your apple. Two-thirds of the fiber and lots of antioxidants are found in the peel. Antioxidants help to reduce cell damage, which can trigger some diseases.
- A bushel of apples weighs about 42 pounds and will yield 20-24 quarts of apple sauce.
- Two pounds of apples make one 9-inch pie.
- It takes about 36 apples to create one gallon of apple cider.
- The science of apple growing is called pomology.
- Apples are a member of the rose family. The science of apple growing is called pomology.
- Some apple trees will grow over forty feet high and live over a hundred years.
- 2500 varieties of apples are grown in the United States, but only 100 varieties are grown commercially.



Waldorf Salad

This classic dish is a delightful way to get a full serving of fruit. Eat alone or use to make a chicken salad sandwich for a balanced meal. Check out this [Waldorf Salad](#) and other [apple recipes](#).

UCCE Master Food Preservers of Central Sierra

The UCCE Master Food Preserver program trains dedicated volunteers to assist the county UC Cooperative Extension staff provide up-to-date food preservation information. Our current program is active in El Dorado, Amador, Tuolumne, and Calaveras counties.

Ask a 
UC Master
Food Preserver
Central Sierra

Questions About Food Preservation?

Ask a UC Master Food Preserver online, any time! Plus sign up to get e-news, event updates and free class schedules delivered to your inbox each month. [Subscribe Here](#)

El Dorado County Website



Amador / Calaveras County Website



OCTOBER CLASSES & EVENTS

Learn preservation methods and recipes for seasonal produce just in time for the holidays!



DIY Mixes

October 15
9:00AM-12:00PM
Jackson, CA
[Register Here](#)



Olive Oil Oh My!

October 19
6:30-8:00PM
Online
[Register Here](#)



Apple Pie Jam

October 20
5:30-7:00PM
Online
[Register Here](#)



Thanksgiving Table

October 22
9:30AM-12:00PM
Placerville, CA
[Register Here](#)



Pressure Canning

October 22
2:00-3:00PM
Online
[Register Here](#)

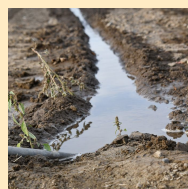
More UCCE Central Sierra Programs



[Living with Fire](#)



[Livestock](#)



[Natural Resources](#)



[Oaks & Rangelands](#)



[UC California Naturalist Program](#)



UC ANR [Coronavirus and COVID-19](#)



California is reopening all activities statewide, but it is important to remember that the pandemic is not over and COVID-19 remains a health threat. As we plan and implement a return to in-

person ANR programs, we should stay informed about COVID-19 trends statewide and in our communities. Here are a few resources from the CDPH and other trusted sources.

- [Public Health Order](#)
- [Beyond the Blueprint](#)
- [Tracking COVID-19 in California](#)
- [COVID-19 Dashboards and Data](#)
- [Get Local Information](#)
- [COVID-19 Case Map](#)

**SUBSCRIBE TO THE UCCE
CENTRAL SIERRA NEWSLETTER**

**UC
CE** UC Cooperative Extension
Central Sierra on Facebook





Accessibility: Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5502.

The University of California working in cooperation with County Government and the United States Department of Agriculture.

It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities. (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/215244.pdf>). Inquiries regarding ANR's nondiscrimination policies may be directed to UCANR, Affirmative Action Compliance & Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.

Quick Links...

[Our Website](#)

[Events & Workshops](#)

[Archived Newsletters](#)