

# We "R" 4-H

*I pledge My head to clearer thinking, My heart to greater loyalty, My hands to larger service, and My health to better living,  
For my club, my community, my country, and my world.*

February/March

2007

<p><b>February 1</b> <i>Junior Counselor Apps Available for Camp Wahoo!</i></p>	<p><b>February 10</b> <b>County Presentation Day-Earl Warren Showgrounds</b></p> <ul style="list-style-type: none"> <li>• Check-in 9-11</li> <li>• Opening Ceremonies 10am</li> <li>• Register At Event</li> </ul>	<p><b>February 11</b> <b>Camp Wahoo! Training Day-Olga Reed School</b></p> <p><b>February 23-25</b> <b>"FYI"SB County Teen Conference-Spanish Ranch, New Cuyama</b></p>	<p><b>February 26</b></p> <ul style="list-style-type: none"> <li>• Allstar Meeting 6:00</li> <li>• Council Meeting 7:30</li> </ul> <p><i>Santa Ynez Community Church in Buellton</i></p> <p><b>March 2</b> <b>"Super Saturday" Sectional Presentation Day, Craft &amp; Foods Festival and</b></p>	<p><b>Fashion Review-Earl Warren Showgrounds</b></p> <ul style="list-style-type: none"> <li>• Sectional Presentation Day open to all SB &amp; SLO county 4-H winners</li> <li>• Craft &amp; Foods Festival and Fashion Review open to all 4-Hers</li> </ul> <p><i>Register at check-in</i></p>	<p><b>March 26</b></p> <ul style="list-style-type: none"> <li>• Allstar Meeting 6:00</li> <li>• Council Meeting 7:30</li> </ul> <p><i>Santa Ynez Community Church in Buellton</i></p>
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## 2007 SBC 4-H Leaders' Forum

On January 20, 2007 adult and youth leaders from throughout Santa Barbara County participated in the 2007 Leaders' Forum and were able to collect tools to add to their 4-H leader's



Speaker: Diane Martin giving advice on listening.

toolboxes. All Stars Brianna Grothe, Camille Greco, Gena Rochelle and Shawna Perry were our event emcees. We had a variety of expert out-of-town guest speakers who shared their knowledge and skills with all that were present. Diane Martin, from Northern California, taught adult leaders about "The Language of Leadership" and how listening is sometimes more important than speaking when one communicates. A leader needs to listen to what their group is truly saying, what do they want and what are the needs of the group. Without this a leader loses the interest of their team. She also taught us that it is important to effectively communicate what is expected of your group's members so they may be successful. She spoke about possible obstacles that interfere with communication and how to plan ahead for success. The room was active with input. Two State 4-H Ambassadors taught the youth leaders about Youth/ Adult Partnerships and how youth and adult perceptions may differ slightly that cause both strengths and weaknesses, and offered tools of how we can all best work together.

State Ambassador Kristen Lee traveled from San Jose to speak at our forum, and Maria Saucedo is from neighboring San Luis Obispo County.

Paulette Sauln, from San Diego, led "Hello Neighbor". She taught our leaders about diversity and how we are more similar to one another than different. She had us strip away our layers and labels to examine who we were and challenge our perception.



Local 4-H'ers In Youth Session With State Ambassador Maria Saucedo

She included some fun activities and offered some wonderful ideas.

Christin Pace and Mary Jackson led a session for new leaders. Christin covered policy and Mary offered hands on experience and answered questions to get our new leaders off to a great start.

Carole Harder, a nationally renown speaker, motivated us to think positively and look for the good in all situations. She had us up and moving meeting new faces, learning about things that others valued, and letting them know what we valued about each of them. She challenged us to gift ourselves with 3 weeks (21 consecutive days) to change our lives, by going to bed each night thinking about something positive, speaking to ourselves daily and saying that we are a

positive person, and giving three compliments to others each day. Take the challenge and see if you become a happier and more positive person.

Carole then broke off and led a youth only session "Leadership is a Choice". The youth discussed important topics and participated in activities to increase their awareness of their choices in life.

Harriet Heath and Joni Martin led a session introducing the new re-



Speaker: Paulette Sauln, San Diego 4-H Leader



Speaker: Carole Harder motivating our leaders

cord book forms.

Harriet provided a power point presentation and answered questions as she covered the materials.

There were a variety of wonderful door prizes donated from local businesses. The Four Leaf Clover Foundation gave away a \$100 4-H youth scholarship towards a qualifying leadership conference or camp of the winners choice, and gave away a Bingo ticket for their event in April. All participants received a goody bag with refreshments, paper/pen and a commemorative stress ball toolbox. Thanks to our support team- Our active All Star ambassadors, Tecolote 4-H supplied breakfast items, Los Amigos served a wonderful lunch, Los Padres 4-H coordinated the Silent Auction, VAFB 4-H clean-up, sparkle and shine, the 4-H Office, Olga Reed

School, and all clubs and individuals who donated to the silent auction.

Next year's Leaders' Forum is slated for the same January weekend at the Veteran's Memorial Building in Santa Maria.

Sincerely, Your Leaders' Forum Co-chairs-Linda Greco and Roberta Alderete

# From the 4-H Advisor's Desk...



By Michael Marzolla,  
4-H Youth Development & Master Gardener  
Advisor

## New! Yes... New County 4-H Website & 4-H Email List

To help us improve communications between the 4-H Office, 4-H Council, and Clubs, Christin Pace, our new 4-H Program Representative, is taking over as Web Mistress for Chantal Murphy.

Thanks to 4-H Leader Chantal for serving as our excellent Web Mistress for the past several years! She did an excellent job. We could not have done it without you

Chantal!

The website is being moved to a UC Davis server. This will save us a bit of money and give us access to the site so that we can add information as needed. Christin will be updating the site and replacing out-dated information. Please feel free to contact Christin at the 4-H office at [cpace@ucdavis.edu](mailto:cpace@ucdavis.edu) with questions, suggestions or something you would like to add. Christin is also creating an updated Email list. Please join the list and spread the word. Send her your Email address and please encourage others to do the same. We hope these efforts will help create a smooth flow of information.

# Notes From The County Office

**2007 Japanese Exchange Month-long Hosting Program  
July 22 to August 18**

The California State 4-H Youth Development Office is looking for families who would like to host a Japanese youth in their home for one month this summer. This is an opportunity for a family to experience a different culture and heritage and increase their understanding of themselves and the world they live in.

Enthusiasm is the main qualification. You don't need a fancy home or a separate bedroom to host, just a desire to make room in your lives for a new family member. You don't need to spend a lot of money or time traveling the U.S. – the students aren't here as tourists. They are here to live with your family and participate in your normal summer activities. The costs are minimal and the youth come with their own spending money and medical insurance.

The Japanese youth range in age from 12 and 17 and participate in the Labo youth development organization in Japan. The month-long exchange runs from Sunday, July 22 to Saturday, August 18. Youth are matched with a family with a child of the same gender and close in age that shares common interests. The delegation comes with two chaperones who live with two different host families for 2 weeks. The chaperone host family does not have to have children in the home.

Applications are currently being accepted with the hope that all the students will be placed by mid-May. Families that apply early in the process have the opportunity to select their student from a group of applications. Please consider offering this priceless educational experience to your family. Teens that participate in exchange opportunities are better prepared for life in a global society. Through this first-hand experience they gain a deeper understanding of another culture and gain insight into the values and lifestyle of their own family and community.

Contact Pat English for more information at 530-754-8520 or [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu).

*The University of California 4-H Youth Development Program engages youth in reaching their fullest potential while advancing the field of youth development.*



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