

# Get Your Free Healthy Beverage Activity Kit!

Compliments of your local CalFresh Nutrition Education Program



*Day of  
Science  
May 8th*

**On May 8th UC  
Cooperative Extension  
will turn 100 years old!**

To celebrate, we are asking all Californians, and particularly K-12 students, to be a scientist for a day. Join students from all over California to learn about healthy food choices!

**Request a Healthy  
Beverage Activity Kit for  
Your Classroom**

Share a 20-minute activity in your classroom --- see how much sugar is really in sweetened beverages!

All supplies and instructions will be delivered to your school by Friday, May 2<sup>nd</sup> for use during the week of May 7<sup>th</sup>.

To request your free supplies and lesson contact:

[wkwest@ucanr.edu](mailto:wkwest@ucanr.edu)

530.621.5533

