

Materials

- Candy
- Presentation Boards
- Presentation Board Stand
- Basket and Idea Paper

Session

First I will do a short talk introducing what we will be accomplishing in my session. I will speak about how there are many types of presentations, and then narrow in on the impromptu presentation. I will talk about how impromptu is handled at the different presentation days, and then give helpful hints to become successful in public speaking (whether it's in the moment or a prepared speech). After my 3-5 minute talk, I will introduce the exercise that we will be doing.

Exercise: Each person will pick a piece of paper from a container. On the piece of paper will be a completely random topic. After everyone has received a piece of paper, I will split everyone into groups of three. Within each group everyone will have to talk for two minutes about their chosen topic. They can say whatever they want as long as it is appropriate and relates to the topic. After each person in the group has spoken for two minutes, the exercise will be over, but they still have to stay in their groups.

The exercise will take approximately 8 minutes in all (6 minutes of talking, 2 minutes of transition time). If there is any time left then I will ask if there is anyone who would like to speak in front of the whole group. If they do, then they will get to pick out of a candy jar. If no one comes up, then we will play a quick icebreaker to finish off the session (I Love My Neighbor).

Goals

- Inform 4H'ers about impromptu presentations in an entertaining and fun way
- To be positive and upbeat throughout my whole session
- Have the session run smoothly
- Keep the 4H'ers entertained the whole time



UNIVERSITY OF CALIFORNIA
4-H Youth Development Program Monterey County
County Teen Ambassador Body of Work

EVALUATION AND COMPLETION WORKSHEET

Applicant Information

Name __Emma Horton_____

On a separate sheet of paper answer the following questions by placing the corresponding number next to the answer. (In ink or typed) There is no minimum or maximum length, but explain fully what you did. *Please submit any surveys, comments, or feedback on your CTA role. Please also include photos and any copies of hand-outs used, worksheets or typed literature.*

1. How did you complete your plan? (What happened, what did you do?)

I completed my Body of Work by leading a session on impromptu speaking at the CTA Extravaganza. I talked about what an impromptu speech was and we played a game related to impromptu speaking.

2. What did you learn from this project or plan and what did others learn?

I learned more about public speaking and impromptu presentations through the research that I conducted for my session. Since so many of the members that attended my session were new 4H'ers, not only did they learn about public speaking, but also what presentation day was and all the different types of presentations.

3. What were the strengths and weaknesses of your plan/project? What unexpected things, good or bad happened and how did you handle them? What things would you have changed or done different?

I found that my weakness while leading the session definitely was organization. My session was very interactive, so it was hard to keep everyone organized and on task all by myself. On the other hand, I believe the information presented in my session made sense and was easy to understand. A few times members weren't participating as much as I would've liked them to, so I tried to make them feel comfortable around me and other fellow members. I would plan out my session a bit more thoroughly and ask for a helper if I repeated this session.

4. How many 4-H members, clubs, organizations or people did you reach with your plan?

At the CTA Extravaganza I reached many members, and hopefully a member from each club in Monterey County attended so he/she can take back what they have learned to their own club.

5. Do you feel that your plan was successful overall? Why or why not?

I believe my plan was successful. Many members never had heard of Presentation Day before, and through my session they learned and showed interest in it. My goal from the beginning was to teach members about the various opportunities in 4-H and my session achieved that.

6. If you could tell us anything about your plan and how you completed it that has not already been answered, what would you tell us?

I would say that the whole CTA staff worked incredibly hard on each of our sessions and put a lot of thought into it. Not only did we each work on our individual Body of Work, but we also worked together to put on a county event, visited clubs, and attended workshops together. Our advisor helped and guided us through the year and I believe that makes all the difference.

7. What things would you change about the CTA Body of Work? What things helped you the most in completing your plan?

The hardest part about completing the Body of Work was the fact that there was not much leniency on what we could present to the members. Each CTA had to pick one of three categories (Record Book, Presentations, and Citizenship) to focus on. Although this can be helpful to someone who doesn't know what they want to do, others were restricted to these categories when choosing their topics. The most helpful part was actually the Body of Work plan that we filled out at the beginning of the year. It helped organize our ideas and what we wanted to accomplish.