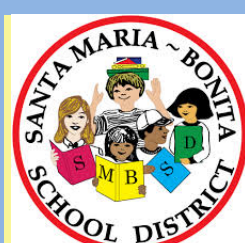


UCCE Youth, Families, & Communities Program & Rice Elementary School

2015/16 Program Report – Nutrition Education & Youth Development

This report shares the outcomes of the partnership between the UCCE Youth, Families, & Communities (YFC) Program and Rice Elementary School in Santa Maria, CA during the 15/16 academic year.



922 students were enrolled in AY 15/16, including 56.8% English Language Learners, 90% qualifying for free or reduced price meals, and 6.8% with disabilities.



230

Number of YFC staff hours of direct teaching



\$150,000

Value of YFC programming



89.2

% of students that report eating more fruits & vegetables



Student Population by Ethnicity

91.8%
Latino/Hispanic
3.7%
Caucasian

NUTRITION EDUCATION



22 K-6 classrooms received nutrition education, cooking demonstrations and evidence-based curriculum kits.



325 students learned, worked or ate from the garden

SCHOOL IMPACTS

STUDENT



Now that I have been a [Student Nutrition leader], I am going to become healthy and make other kids be healthy too.

TEACHER



This program has definitely made our students more aware of alternate healthy choices. Awesome job!

STUDENT ENGAGEMENT

100

% of students who received YFC services

17

of students enrolled in the 4-H SNAC Club

318

of hours 4-H Student Nutrition Advisors (youth) served their school community

TEACHER & STAFF ENGAGEMENT

53%

% Improvement in Cafeteria Smarter Lunchrooms Movement Rating

468

of hours of teacher-led nutrition education

100

% of teachers who agree that students choose fruits and vegetables more often after participating in the program



Areas of Strength:

- School & UC partnership that supports comprehensive nutrition education services.
- Shared vision with school leadership of getting students more active and engaged in the garden.



Areas To Strengthen:

- Enhance communication and collaboration to integrate nutrition education services for greater impact.
- Create opportunities to increase family engagement.

The mission of the UCCE Youth, Families, & Communities Program in San Luis Obispo & Santa Barbara Counties is to cultivate environments where local youth, families, and community members have access to research-based resources and knowledge in order to be the creators of a healthy, inspired, active, & connected Central Coast.

Want to learn more or get more details about the YFC Program? We'd love to chat!

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Data for this report came from: 2015-2016 School Accountability Report Card, Rice Elementary School & the 15-16 UC CalFresh Year End Report.

Acknowledgements to: www.freeiconspng.com Kolowich, 2016

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