

UCCE Youth, Families, & Communities Program & Santa Maria-Bonita School District

2015/16 Program Report – Nutrition Education & Youth Development

This report shares the outcomes of the partnership between the UCCE Youth, Families, & Communities (YFC) Program and SMBSD during the 2015/16 academic year.



16,584 students were enrolled in SMBSD during AY15/16. Of those students, 3,175 received UCCE services at 4 schools.



828

Number of YFC staff hours of direct teaching



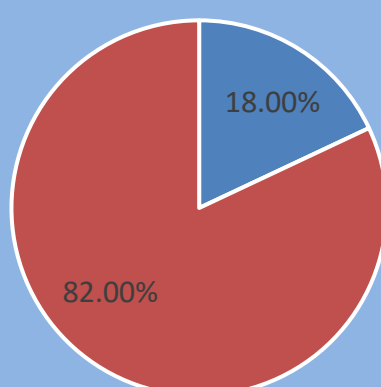
\$503,000

Value of YFC programming



89.2

% of students that report eating more fruits & vegetables



SMBSD Student Population served by UCCE programming

Lack of adequate consumption of fruits, vegetables or dairy products is associated with lower grades among students.^{4,5,6}

EDUCATION



81 K-6 classrooms received nutrition education, cooking lessons and evidence-based, common core aligned curriculum kits.



953 students learned, worked or ate from the garden

DISTRICT IMPACTS



PARENTS

My family has changed the way we eat and shop. We try and eat healthier and are saving money with the choices that we make, we spend less money on buying junk food. My children like what they have been learning in their classes...my children no longer like to eat things that are unhealthy. Thanks for this program, it's very good and helps our children.



PRINCIPAL

Working with CalFresh has been a very positive experience for myself, my staff, and my students. I look forward to working with you again next year.

Students who participate in school gardening activities have demonstrated significantly higher scores on science achievement tests.^{1,2,3}

STUDENT ENGAGEMENT



of SMBSD schools that received YFC services in AY1516



of students enrolled in the 4-H SNAC Club



of hours 4-H Student Nutrition Advisors (youth) served their school community

TEACHER & STAFF ENGAGEMENT



% of teachers who agree that students are willing to try new foods offered at school after participating in the program



of hours of teacher-led nutrition education



% Improvement in overall Cafeteria Smarter Lunchrooms Movement Rating



Areas of Strength:

- School & UC partnership that supports comprehensive nutrition education services.
- Shared vision with school leadership of getting students more active and engaged in the garden.



Areas To Strengthen:

- Enhance communication and collaboration to integrate nutrition education services for greater impact.
- Create opportunities to increase family engagement.

The mission of the UCCE Youth, Families, & Communities Program in San Luis Obispo & Santa Barbara Counties is to cultivate environments where local youth, families, and community members have access to research-based resources and knowledge in order to be the creators of a healthy, inspired, active, & connected Central Coast.

Want to learn more or get more details about the YFC Program? We'd love to chat!

805-781-5951

Data for this report came from: 2015-2016 School Accountability Report Card, Bruce, Rice and Adam Elementary Schools & the 15-16 UC CalFresh Year End Report.

Acknowledgements to: www.freeiconspng.com [Kolowich, 2016](http://www.kolowich.com)

Developed by K. Soule, S Klisch

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