

# UCCE Youth, Families, & Communities Program & Adam Elementary School

## 2015/16 Program Report – Nutrition Education & Youth Development

This report shares the outcomes of the partnership between the UCCE Youth, Families, & Communities (YFC) Program and Adam Elementary School in Santa Maria, CA during the 15/16 academic year.



1036 students were enrolled in AY 15/16, including 87.4% English Language Learners, 98% qualifying for free or reduced price meals, and 6.6% with disabilities.



**290**

Number of YFC staff hours of direct teaching at Adam



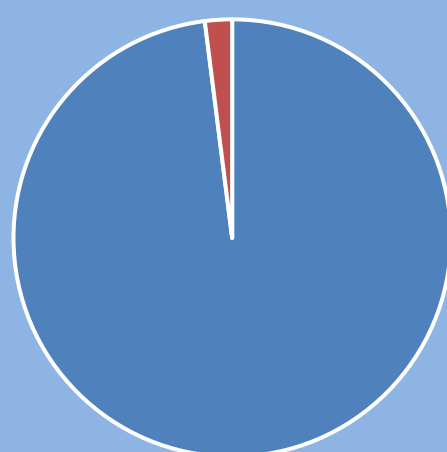
**\$159,000**

Value of YFC programming at Adam



**89.2**

% of students that report eating more fruits & vegetables



### Student Population by Ethnicity

**98.8%**  
Latino/Hispanic  
**<2% Other**

### NUTRITION EDUCATION



27 K-6 classrooms received nutrition education, cooking demonstrations and evidence-based curriculum kits.



288 students learned, worked or ate from the garden

### SCHOOL IMPACTS

#### STUDENT



Now that I have been a [Student Nutrition leader], I am going to become healthy and make other kids be healthy too.

#### TEACHER



We love having the UC CalFresh Educators bring food lessons to our classrooms!

### STUDENT ENGAGEMENT

**100**

% of students who received YFC services

**14**

# of students enrolled in the 4-H SNAC Club

**479**

# of hours 4-H Student Nutrition Advisors (youth) served their school community

### TEACHER & STAFF ENGAGEMENT

**27%**

% Improvement in Cafeteria Smarter Lunchrooms Movement Rating

**520**

# of hours of teacher-led nutrition education

**100**

% of teachers who agree that students can identify healthier options after participating in the program



#### Areas of Strength:

- School & UC partnership that supports comprehensive nutrition education services.
- Shared vision with school leadership of getting students more active and engaged in the garden.



#### Areas To Strengthen:

- Enhance communication and collaboration to integrate nutrition education services for greater impact.
- Create opportunities to increase family engagement.

The mission of the UCCE Youth, Families, & Communities Program in San Luis Obispo & Santa Barbara Counties is to cultivate environments where local youth, families, and community members have access to research-based resources and knowledge in order to be the creators of a healthy, inspired, active, & connected Central Coast.

Want to learn more or get more details about the YFC Program? We'd love to chat!

805-781-5951

Data for this report came from: 2015-2016 School Accountability Report Card, Robert Adam Elementary School & the 15-16 UC CalFresh Year End Report.

Acknowledgements to: [www.freeiconspng.com](http://www.freeiconspng.com) Kolowich, 2016

Developed by K. Soule, S Klisch