

# Eating the Alphabet Kit Overview

## Supplies We Have Provided:

- Eating the Alphabet* book
- Colored dot stickers\*
- Fruit and vegetable art paper
- Large food picture cards
- Paper sorter
- Plastic fruits and vegetables:
  - Asparagus
  - Banana
  - Bell pepper
  - Broccoli\*
  - Cucumber
  - Eggplant
  - Bunch of grapes\* Radish\*
  - Strawberry\*
- Rainbow activity board
- Small food picture cards\*
- Wicker basket with colored tissue paper

**Caution - Choking Hazard**  
Children younger than 4 should not be left unsupervised with small objects as they are a choking hazard. Supplies marked with an asterisk \* are considered choking hazards.

## Desired Results Developmental Profile (DRDPs):

### Individual Activities

#### *Eating a Rainbow*

- 22 MATH
- 26 MATH
- 39 SH

#### *Tissue Artwork*

- 35 MOT

### Group Activities

#### *Musical Chairs*

- 6 SOC
- 18 COG
- 22 MATH
- 26 MATH
- 34 MOT
- 33 LIT

## Montessori Objectives

#### *Eating a Rainbow*

Direct: Color Matching

Indirect: Order, Concentration, Coordination, Independence, Color Recognition

#### *Tissue Artwork*

Direct: Art/Gluing

Indirect: Order, Concentration, Coordination, Independence

