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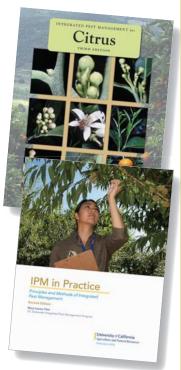
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COMINGin California Agriculture

Improving youth, family and community health across California

Cientists from UC Agriculture and Natural Resources (ANR) have launched a 5-year program to promote healthy lifestyles, science literacy and positive youth development. By combining research, education and community partnerships, UC's Healthy Families and Communities strategic initiative (http://ucanr. org/sites/HFC) aims to improve health and scientific understanding across the state.



Above, a fourth-grade student pedals the "smoothie bike" to blend a spinach banana smoothie at an ANR-sponsored health fair in Sacramento County.

In the next issue

of *California Agriculture* journal, these scientists review ongoing research and present new findings in youth development, childhood obesity, nutrition, garden-based education, farm-to-school linkages, teen financial literacy and 4-H volunteer training. The initiative is pursuing measurable changes that increase fitness levels, improve dietary outcomes and decrease obesity rates; improve science test scores and graduation rates, college enrollment and young adult employment; encourage more healthful school and community environments; promote greater equity for racial and ethnic groups; secure funding for effective programs; and empower citizens to use research to improve conditions in their own communities.