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University of California
Agriculture and Natural Resources

# DAIRY CATEGORY 



Junior
Bronze - Kashlynn Moore, Fairmont 4-H Oreo Truffle Delight
Silver - Ava Capozzi, American Union 4-H
Gold - David Sharp, Fairmont 4-H
Strawberry Pizza
Thanksgiving Cheeseball

Intermediate
Bronze - Hannah McReynolds, Sierra 4-H
Silver - Cathy Calzada, Kerman 4-H
Gold - Hannah Rusconi, Blossom Trail 4-H
Russian Tea Cakes
Choco Flan
Goat Milk Fudge

Senior
Silver - Nicole Ward, Reedley 4-H
Gold - Harley McCorkle, Sierra 4-H

Mocha Icebox Cake
Aunt's Lemon Cake

# Dairy - Junior <br> Bronze Medalist <br> Kashlynn Moore - Fairmont 4-H 

## OREO TRUFFLE DELIGHTS

## Ingredients:

1 (14 ounce) packaged Oreo cookies
1 (8 oz) packaged cream cheese room temp
$1(24 \mathrm{oz})$ package white melting wafers


## Directions:

1. Put Oreos in a food processor, and pulse until it is fine crumbs, and no big pieces.
2. Pour crushed Oreos in a large bowl, and add the softened cream cheese. Use a fork or spoon to mix it in good until sticky and no cream cheese showing.
3. Take $11 / 2$ tablespoons of dough and roll it into small balls. Put them on a cookie sheet and pop them into freezer for 20-25 minutes.
4. Melt the wafers in a microwaveable bowl for 15 second intervals, stirring until melted. Take a dough ball and place it on a skewer and dunk it into the chocolate. Shake off excess chocolate and put on a piece of wax paper. Do this over a cookie sheet.
5. If you want toppings, add them while the chocolate is still wet.
6. Place in the fridge to set them up and enjoy! They are best after an hour chilled.

## DAIRY - Junior <br> Silver Medalist <br> Ana Capozzi - American Union 4-H

## STRAWBERRY PIZZA

## Ingredients:

1 package sugar cookie mix
1 pack fresh strawberries
1 egg
$2-8$ oz cream cheese 2 cups powdered sugar
2-14 oz strawberry glaze 1 stick of butter

## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$
2. Make cookie dough as directed on package, press dough onto small cookie sheet; bake for 10-12 minutes. Let crust completely cool.
3. Combine cream cheese and powdered sugar with hand mixer until mixed well. Spread over crust
4. Wash and cut strawberries. Place on top of cream cheese mixture. Top with strawberry glaze.
5. Refrigerate 2 hours; cut and serve.


DAIRY - Junior<br>Gold Medalist<br>David Sharp - Fairmont 4-H

## THANKSGIVING CHEESE BALL

## Ingredients:

8 oz. cream cheese bar
1 cup dried cranberries chopped \& divided
1 cup pecans chopped \& divided
1 cup cheddar cheese shredded
$1 / 4$ cup chopped green onion
1/2 tsp garlic powder
1 box crackers

## Directions:

1. Mix all Ingredients combine cream cheese, cheddar cheese, cranberries, green onions, pecans, and powder garlic.
2. Form mixture into a ball shape
3. Roll into divided mixture of cranberries, pecans, and green onions
4. Chill in fridge until ready to serve. Enjoy with crackers.

# DAIRY - Intermediate <br> Bronze Medalist <br> Hannah McReynolds - Sierra 4-H <br> RUSSIAN TEA CAKES 

## Ingredients:

1 cup unsalted butter, partly melted
½ cup icing / powdered sugar, plus extra for rolling
$3 / 4$ cup finely chopped nuts

1 tsp vanilla extract $21 / 2$ cups flour
¼ tsp salt


## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$ and line baking tray.
2. Whisk together the butter, vanilla and icing sugar until smooth and combined.
3. Add the flour and salt; mix to form a soft, but not sticky dough. Fold in the chopped nuts
4. Roll the dough into tablespoon sized balls and place them 2 inches apart on prepared baking tray.
5. Bake for 12-14 minutes until firm but not brown. Transfer them to a wire rack to cool slightly.
6. Roll the warm cookies into icing sugar, and allow to cool completely on wire rack. Once cool, roll them in icing sugar again.


Dairy - Intermediate<br>Silver Medalist<br>Cathy Calzada - Kerman 4-H<br>CHOCO FLAN

## Ingredients:

1 box chocolate cake mix
1 can evaporated milk
3/4 cup sugar

8 oz cream cheese 5 eggs<br>1 can sweetened condensed milk 1 tsp vanilla

## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$
2. Prepare box mix in medium bowl (set aside)
3. Add evaporated milk, sweetened condensed milk and vanilla to egg mixture.
4. Melt sugar over medium heat until golden brown, when it is melted, pour into a Bundt cake pan.
5. Pour in CHOCOLATE CAKE MIX FIRST (I know this sounds weird, because the flan goes on top, but it will as you bake, make sure to put the chocolate cake first.
6. Add flan mixture
7. Put pan in water bath in the oven until cake is done
8. Flip over on plate and enjoy!

# DAIRY - Intermediate Gold Medalist Hannah Rusconi - Blossom Trail 4-H <br> GOAT MILK FUDGE 



## Ingredients:

1 lb powdered sugar $\quad 1 / 4$ cup whole goat milk 1⁄2 cup cocoa
1 tsp vanilla $\quad 1 / 2$ cup chopped walnuts $1 / 2$ cup butter

## Directions:

1. Grease $8 " x 8 "$ square pan to hold the fudge.
2. Combine the sugar and cocoa in a large microwaveable bowl, and make a well in the center.
3. Place cut up butter and milk into the well; do not stir!
4. Microwave on high for 2 minutes and then add the vanilla.
5. Blend with a stick blender or mixer until smooth.
6. Stir in the nuts and pour into greased pan.
7. Refrigerate until firm, cut into squares and serve or package for gifting.

# DAIRY - Senior Silver Medalist Nicole Ward - Reedley 4-H 

## MOCHA ICEBOX CAKE



## Ingredients:

2 cups cold heavy cream
12 ounces Italian mascarpone cheese
2 TBS unsweetened cocoa powder
3-8 oz packages chocolate chip cookies Shaved semisweet chocolate for garnish

1/4 cup coffee liqueur, Kahlua
1/2 cup sugar
1 tsp instant expresso powder
1 tsp vanilla extract

## Directions:

1. In electric mixer bowl fitted with whisk attachment, combine heavy cream, mascarpone, sugar, coffee liqueur, cocoa powder, expresso powder and vanilla. Mix on low speed to combine then slowly raise the speed until it forms firm peaks.
2. To assemble the cake, arrange chocolate chip cookies flat in an 8 " springform pan, covering the bottom as much as possible. (I break some cookies to fill in the spaces). Spread a fifth of the mocha whipped cream evenly over the cookies. Place another layer of cookies on top, lying flat and touching, followed by another fifth of the cream. Continue layering cookies and cream until there are 5 layers of each, ending with a layer of cream. Smooth the top, cover with plastic wrap and refrigerate overnight.
3. Run a small sharp knife around the outside of the cake, and remove the sides of the pan. Sprinkle the top with chocolate garnish, cut into wedges and serve cold.


DAIRY- Senior<br>Gold Medalist<br>Harley McCorkle - Sierra 4-H<br>\section*{AUNT'S LEMON CHEESECAKE}



## Ingredients:

Crust
1 package Graham Crackers - crushed 1/2 cube butter - melted

## Filling

| 3 packages cream cheese | - softened |
| :--- | :--- |
| $11 / 2$ tsp lemon extract | $3 / 4$ cup granulated sugar |
|  | 3 eggs |

## Topping

16 oz sour cream 1⁄2 cup granulated sugar

## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$
2. Mix together crust and pat into 10 " spring form pan. DO NOT precook the crust before filling.
3. Mix together filling until smooth and pour into crust.
4. Bake for 30-40 minutes, until the center is set.
5. Mix together topping ingredients, remove cheesecake from oven (the center should be set)
6. Spoon topping over the cheesecake (do not pour)
7. Return to oven for 10 minutes
8. Cool completely in pan, then cover with foil. Chill thoroughly in refrigerator for a few hours.

## TRADITIONAL

## Category



Junior
Bronze - Gabriella Hood, Fairmont 4-H Coconut Crowned Cappuccino Brownies
Silver - David Sharp, Fairmont 4-H Banana Bread
Gold - Emilia Calzada, Kerman 4-H Bread Pudding

Intermediate
Bronze - Atianna Marquez, Fairmont 4-H Zucchini Bread Recipe
Silver - Lillian Johnston, Sierra 4-H Lemon Donuts w Raspberry Glaze
Gold - Rachel Rusconi, Blossom Trail 4-H Bestamor's Apple Pie

Senior
Bronze - Matthew Skierka, Sierra 4-H
Bronze - Diana Flores, Lonestar 4-H
Silver - Sandra Flores, Lonestar 4-H
Gold - Katrina Suarez, Fairmont 4-H
Winter Squash Rolls
Soft Flour Tortillas
Mexican Buñuelos Recipe
Sonoma Thanksgiving Corn Chowder

# TRADITIONAL - Junior <br> Bronze Medalist <br> Gabriella Hood - Fairmont 4-H 



## COCONUT CROWNED CAPPUCCINO BROWNIES

I like to look through my grandma's cook books when we have meals together at her house. I found this recipe and I thought it sounded good and it was. So it is now one of our favorite family recipes.

## Ingredients:

1 cup plus 2 TBS unsweetened cocoa powder
1 cup plus 2 TBS sugar
½ cup plus 2 TBS butter, softened
3/4 cups all purpose flour
3/4 tsp ground cinnamon
1/4 cup whipping cream
3/4 cup flaked coconut, divided

## Directions:

1. Pre-heat oven $350^{\circ} \mathrm{F}$, grease $8^{\prime \prime}$ square baking pan.
2. Dissolve coffee in boiling water in small cup, set aside.
3. Beat sugar and butter in a large bowl until light and fluffy. Beat in 2 eggs, 1 at a time
4. Beat in cocoa powder and coffee until well blended. Spread evenly in prepared pan.
5. Combine whipping cream, remaining 1 egg and vanilla in medium bowl; blend well.
6. Stir in $1 / 2$ cup coconut and chocolate chips.
7. Spread evenly over brownie batter, sprinkle with remaining $1 / 4$ cup coconut.
8. Bake $45-50$ minutes or until coconut is browned and center is set.
9. Remove pan to wire rack, cool completely.


# TRADITIONAL - Junior 

Silver Medalist

David Sharp - Fairmont 4-H

## BANANA BREAD

## Ingredients:

2 ripe bananas, peeled
1 tsp vanilla
Pinch of salt

| $1 / 3$ cup melted butter | 1 cup sugar |
| :--- | :--- |
| 1 tsp baking soda | 1 egg |
| $11 / 2$ cup flour |  |

## Directions:

1. Pre-heat oven $350^{\circ} \mathrm{F}$, grease loaf pan
2. In mixing bowl, mash bananas until smooth, stir melted butter into mashed bananas
3. Mix in the rest of ingredients into banana mixture
4. Pour batter into prepared pan, bake for 1 hour
5. Let cool or serve warm, Enjoy!


# TRADITIONAL- Junior <br> Gold Medalist Emilia Calzada - Kerman 4-H <br> <br> BREAD PUDDING 

 <br> <br> BREAD PUDDING}

Every Thanksgiving or Christmas my family will enjoy nice warm bread pudding for dessert. This year we created our bread pudding on Christmas. Usually my sister and I will bake it. Sometimes our aunt and mom will join us and occasionally our Cousin, Marty.

## Ingredients:

1 loaf French bread cut into 1" cubes
3 TBS unsalted butter, melted
1 qt milk
3 eggs
¼ tsp allspice

## Directions:

1. Preheat oven at $350^{\circ} \mathrm{F}$
2. In large mixing bowl, add milk and bread that is cut into squares. Press the bread into milk until all of the milk is absorbed.
3. In separate bowl, mix eggs, sugar, vanilla, allspice and cinnamon. Add bread and milk mixture.
4. Pour the melted butter into the bottom of baking pan, coat the bottom and the sides well with butter. Pour the mixture into the pan and bake for $35-45$ minutes (until the liquid has set)

# TRADITIONAL - Intermediate <br> Bronze Medalist <br> Atianna Marquez - Fairmont 4-H 

## ZUCCHINI BREAD RECIPE

## Ingredients:

| 3 large eggs | 2 cups sugar | 1 cup vegetable oil | 2 cups flour |
| :--- | :--- | :--- | :--- |
| $1 / 2$ tsp baking powder | 2 tsp baking soda | 2 tsp cinnamon | $1 / 2$ tsp salt |
| 2 tsp vanilla | 2 cups grated fresh | zucchini |  |

## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$, grease bottom and sides of loaf baking pans.
2. Start with beating 3 eggs until well blended with a wooden spoon. Add sugar, one cup at a time continue hand mixing.
3. Add all ingredients one at a time, making sure to blend each ingredient well into your mixture.
4. Your final ingredient will be the fresh grated zucchini.
5. Finally pour mixture $3 / 4$ full into your loaf baking pans and bake 40-45 minutes.
6. Before taking out of the oven, make sure to poke the center of loaf with a toothpick. If toothpick comes up clean, your bread is done. If not, leave in for an additional 5 minutes.
7. Once the zucchini bread is done, let set in baking pan for 10 minutes before cooling on rack.
** Remember to wash the zucchini before grating and do not squeeze the excess water.


# TRADITIONAL - Intermediate <br> Silver Medalist Lillian Johnston - Sierra 4-H <br> <br> LEMON DONUTS WITH RASPBERRY GLAZE 

 <br> <br> LEMON DONUTS WITH RASPBERRY GLAZE}

## Ingredients:

$1 / 4$ cup melted butter
1 1/2 tsp lemon extract
1 12 tsp baking powder
1 cup granulated sugar

## Glaze Ingredients:

$13 / 4$ cup powdered sugar $\quad 1$ cup raspberry puree 1 TBS heavy whip cream
1 tsp lemon juice

| $22 / 3$ cup all-purpose flour | 1 cup buttermilk |
| :--- | :--- |
| $1 / 4$ cup vegetable oil | 2 large eggs |
| $11 / 2$ tsp lemon zest | $1 / 2$ tsp salt |
| $1 / 4$ tsp baking soda | 1 tsp vanilla |

## Directions:

1. Preheat the oven at $425^{\circ} \mathrm{F}$, spray pan with coconut oil cooking spray
2. Whisk together butter, oil and sugar. Add eggs, vanilla and lemon extract, add lemon zest. Whisk until combined.
3. In separate bowl, add flour, baking powder, salt and baking soda.
4. Combine with wet ingredients and add buttermilk.
5. Spoon into donut pan $2 / 3$ full; bake for 20 minutes.
6. Whisk together all glaze ingredients and once donuts are cooled, dip tops into glaze.


# TRADITIONAL - Intermediate <br> Gold Medalist <br> Rachel Rusconi - Blossom Trail 4-H 

## BESTAMOR'S APPLE PIE



## Crust Ingredients:

2 cups flour 2/3 cup butter flavored shortening 1 tsp salt 12-14 TBS hot water

## Crust Directions:

1. Sift together flour and salt
2. Cut in shortening with a pastry blender or fork until mixture pieces are the size of small peas.
3. Sprinkle water, one tablespoon at a time over small part of mixture. Gently mix with fork, push to one side of bowl. Repeat until all the mixture is moistened - DO NOT OVER MIX.
4. Gather all the mixture up to form a ball. Let it stand for at least 5 minutes
5. Divide the dough in half and roll out on floured surface to fit pie dish.

## Pie Ingredients:

Bestamor's Double Pie Crust
$1 / 2$ tsp cinnamon

$$
\begin{array}{ll}
3 \text { TBS butter } & 6 \text { large Fuji apples } \\
3 / 4 \text { cup sugar } & 2 \text { TBS flour }
\end{array}
$$

## Pie Directions:

1. Preheat oven to $375^{\circ} \mathrm{F}$.
2. Peel apples and slice into $1 / 4$ inch slices.
3. Roll out half of dough for crust and line bottom of pie dish. Leave some of the dough overlapping the sides.
4. Fill pie dish with apple slices. You'll have a slight mound of apple slices when it's full.
5. Sprinkle flour all over apples. Sprinkle sugar and cinnamon to taste.
6. Dot slices of butter all over apple slices.
7. Roll out other half of dough and cover pie. Trim and seal edges of dough. Cut small vents in top pie crust for ventilation and sprinkle with sugar.
8. Cover with foil and bake for 45 minutes. Remove foil and check doneness of apples with a fork. Continue baking uncovered until apples are tender, approximately 20-30 minutes more.

# TRADITIONAL - Senior <br> Bronze Medalist (tie) <br> Matthew Skierka - Sierra 4-H 

## WINTER SQUASH CAKE

## Ingredients:

| 1 cup pumpkin puree (any cooked/mashed winter squash works | $1 / 2$ cup sugar |  |
| :--- | :--- | :--- |
| $2 T B S$ active dry yeast | $1 / 2$ cup warm water | 6 cups flour |
| $21 / 2$ tsp salt | 1 cup milk | $1 / 2$ cup butter |

## Cake Directions:

1. Preheat oven at $400^{\circ} \mathrm{F}$
2. Dissolve yeast in warm water.
3. Stir together 6 cups flour, sugar and salt in a large bowl.
4. Heat milk and butter until scalded.
5. Stir in squash, yeast mixture and milk mixture into flour mixture.
6. Add remaining cup flour $1 / 2$ cup at a time, stirring well after each addition.
7. Knead until smooth, about 8 minutes.
8. Lightly oil a large bowl, add dough and turn to coat with
 oil.
9. Cover with a cloth and let rise in a warm place until doubled in volume, about 1 hour.
10. Roll dough into desired size balls and arrange on a baking stone. Let rise until doubled in volume, about 30 minutes.
11. Bake until rolls are golden brown, 18-20 minutes, brush with butter when done.

In my family, home-made bread is a tradition. When my parents were married, mom received a family cookbook, and page one contained Grandma's dinner roll recipe. When friends and family come for a meal, they always ask if mom made the bread. For many years, my cousins and I told everybody our favorite food was "bread and butter." Our go-to dinner roll recipe is not squash rolls. Pumpkin rolls quickly became a family favorite. There is nothing better than smelling and eating warm rolls with butter because it means family has gathered for a meal.

## TRADITIONAL - Senior

# Bronze Medalist (tie) <br> Diana Flores - Lone Star 4-H <br> SOFT FLOUR TORTILLIAS 

## Ingredients:

$\begin{array}{lll}5 \text { cups all-purpose flour } & 1 / 2 \text { tsp baking powder } & \text { pinch of salt } \\ 1 / 2 \text { cup butter } & 1 / 2 \text { cup warm water } & \end{array}$

## Directions:

1. Mix the flour, baking powder, and salt in a large bowl. Rub the butter in and gradually add enough water to draw the flour together into a stiff dough.
2. Turn out the dough into a lightly floured surface and knead it for 10-15 minutes until it's elastic.
3. Divide the dough into 14 even sized pieces using the palm of your hand. Cover the pieces with plastic while you are working, so that they don't dry out.
4. Roll out each ball onto a lightly floured surface. Give the dough a quarter turn after each roll to keep the round even. Keep rolling until the round is about 12 ".
5. Heat up a large frying pan or a griddle over medium heat. Cook one tortilla at a time, placing each one in the ungreased pan or griddle and cook it for 45 seconds to a minute, or until the lower surface begins to blister and brown. Turn over and cook the other side for about 1 minute.
6. Wrap the cooked tortillas in a clean, dry dish towel to keep them soft and warm while you're cooking the rest.
**This is an optional step, but you can fill them with beans, rice, and guacamole to make mini burritos or whatever your heart desires.


In the Hispanic culture, homemade soft tortillas are a type of comfort food that makes us feel at home anywhere! I remember travelling to Mexico for the first time and when we stayed with my grandma, she made us these exact burritos, just a little bit bigger. I was always fascinated by somebody being able to make tortillas at home, so I thought I would try it this time and share the recipe with you all today. So you can all taste the same "feeling of home" that I do.

# TRADITIONAL - Senior <br> Silver Medalist <br> Sandra Flores - Lone Star 4-H 

## MEXICAN Buñuelos Recipe

## Ingredients:

$\begin{array}{lll}2 \text { cups all-purpose flour } & 1 \text { tsp baking powder } & \text { 1 TBS vanilla } \\ 1 \text { TBS melted butter } & \text { 2 eggs } & \text { Warm Water } \\ 2 \text { cups corn or vegetable oil } & \text { 4 Pilloncillos (unrefined brown sugar) } \\ 3 \text { cinnamon sticks } & 1 \text { anise flower } & \text { 1 liter of water }\end{array}$

## Directions:

1. In a mixing bowl, whisk together the flour and baking powder. Make a fountain at the center of the dry ingredients and add the vanilla, butter and eggs. Stir together until moist. Gradually add a little warm water, 1 tablespoon at a time, until a soft and elastic dough forms. Cover dough and let stand at room temperature for 30-45 minutes.
2. Divide dough in half. Roll out as thin as possible with a rolling pin and stretch it using both hands being careful not to tear it down.
3. In a pan, heat oil over low heat. Drop a small piece of dough into oil to test if it is hot. If the oil starts to bubble around the dough, it is ready. Carefully drop each disk into the oil. Cook each side until it is golden brown, about 1 to 2 minutes. Transfer each buñuelo onto paper towels to let drain.
4. Heat water, pilloncillos, anise flower and cinnamon sticks in a medium sized pot and bring to a boil. Constantly stir the mix so it does not burn as well. Once all the ingredients have melted completely, take off from stove and set aside.
5. Take each buñuelo and dip into the brown sugar mixture. Make sure to drain the buñuelos and start stacking them on top of each other on a plate. Serve warm and enjoy!

This buñuelos recipe has been passed down in my family for many generations starting when my parents got married since my Dad's grandma passed down the recipe to my mom. Since then, my mom has made these delicious buñuelos every Christmas for as long as I can remember. In fact, I vividly remember enjoying a nice glass of milk with a warm bunuelo! As for me choosing this recipe, I always enter an item in
 Traditional every year and once my grandma passed away, I thought that making it today would be a good way to honor her legacy since she always had a love for cooking.


TRADITIONAL - Senior
Gold Medalist
Katrina Suarez - Fairmont 4-H
SONOMA THANKSGIVING CORN CHOWDER

## Ingredients:

| 3 TBS butter | 1 tsp garlic powder | $3 / 4$ cup chopped onion |
| :--- | :--- | :--- |
| 1 tsp salt | $1 / 2$ cup chopped celery | 1 tsp pepper |
| $1 / 2$ cup chopped carrots | 1 tsp parsley | 1 crushed garlic clove |
| 1 can cream corn | 2 diced potatoes | 1 can kernel corn |
| 3 TBS flour | 1 cup chicken broth | 2 cups milk |

$21 / 2$ TBS cream cheese-softened

## Directions:

1. Combine onion, garlic, parsley and butter - sauté'
2. Add flour, whisk in milk and broth, add cream corn and cream cheese until melted.
3. Blend in garlic powder, salt and pepper for taste.
4. Add potatoes, kernel corn and celery into crock pot.
5. Cook on high for one hour, then low for $2-4$ hours.

In 2014, our family went to Sonoma, Arizona a few days before Thanksgiving. The first night we were there, we went to a restaurant called The Golden Goose American Grill. When I ordered my dinner, it came with a soup. One of the options was corn chowder, it sounded interesting so I decided to try it. It tasted so good! Everyone was stealing tastes from my bowl! We asked for another bowl it was so yummy! Since we all liked it, and Google can find anything; mom found the recipe online. When we got home from our trip my mom and I made it and it tasted just like the one we had at the restaurant. I have wonderful memories of our time in Sedona, seeing the majestic mountains and climbing rocks. When we make the soup, we talk about our trip to Sedona, that has become our Thanksgiving tradition.

# CANDY CATEGORY 

Junior<br>Bronze - Jordan Flores, Kerman 4-H<br>Silver - Logan Friend, Sierra 4-H<br>Gold - Austynn Beckman, Sierra 4-H

Intermediate
Bronze - Stephano Groppetti, Reedley 4-H
Silver - Ashlyn Johnson, Blossom Trail 4-H
Gold - Hannah Rusconi, Blossom Trail 4-H

[^0]Rocky Road Fudge
Saltine Cracker English Toffee Cow Pies

Fantasy Fudge
Turtle Candy
Peanut Brittle

Apple Pie Caramel Apples Sugar Cookie Truffles
Cake Pops

# CANDY - Junior <br> Bronze Medalist <br> Jordan Flores - Kerman 4-H 

## ROCKY ROAD FUDGE

## Ingredients:

$1^{1 / 4}$ cup sweetened condensed milk
2 cups semi-sweet chocolate chips

1 tsp vanilla 1 cup chopped walnuts 3 cups mini marshmallows

## Directions:

1. Line 9 "x 13 " pan with foil, lightly grease
2. Microwave chocolate chips and sweet condensed milk in large bowl on high for 1 minute. Stir.
3. Microwave in 10-20 second intervals, stirring until smooth; stir in vanilla.
4. Fold in marshmallows and nuts.
5. Press mix into prepared pan. Refrigerate until ready to serve.

# CANDY - Junior <br> Silver Medalist Logan Friend - Sierra 4-H 

## SALTINE CRACKER ENGLISH TOFFEE

Ingredients:
40 salted saltine crackers
1 cup (2 sticks) butter

2 cups dark chocolate chips
1 cup brown sugar


## Directions:

1. Pre-heat oven to $400^{\circ} \mathrm{F}$.
2. Line a large jelly roll pan with parchment paper, then lay the crackers evenly on the paper, edges touching.
3. In a saucepan, melt the butter and brown sugar over medium heat. Bring to a boil and let boil for 3 minutes without stirring. Pour the hot brown sugar mixture evenly over the crackers. Bake for 5-7 minutes.
4. Remove from oven and sprinkle the chocolate chips across the toffee. Let melt for a couple of minutes and then use spatula to spread the chocolate evenly over the toffee like a frosting.
5. Let cool....and eat!


CANDY - Junior
Gold Medalist
Austynn Beckham - Sierra 4-H

COW PIES


## Ingredients:

16 oz salted peanuts
2 bags peanut butter chips
16 oz unsalted peanuts 12 oz milk chocolate chips
12 oz semi-sweet chocolate chips
2 packages Almond bark or vanilla candy coating (white)

## Directions:

1. Layer all ingredients in a large Crockpot (starting with peanuts)
2. Break apart the bark into chunks and place into Crockpot as the last layer.
3. Turn the pot on low, cover with lid and leave sitting for one hour
4. Remove the lid and stir to combine.
5. Replace lid and leave sitting for another 30 minutes keeping to make sure it doesn't burn.
6. Stir again. Then spoon mixture onto wax paper or non-stick aluminum foil.
7. Allow candy to harden for at least 1 hour. Enjoy!

## CANDY - Intermediate <br> Bronze Medalist <br> Stephano Groppetti - Kerman 4-H

FANTASY FUDGE


## Ingredients:

1-12 oz package semi-sweet chocolate pieces
3 cups sugar $3 / 4$ cup butter
1-7 oz jar marshmallow crème
2/3 cup evaporated milk

1 tsp vanilla
1 cup chopped walnuts

## Directions:

1. Combine sugar, butter and milk in heavy $2 \frac{1}{2}$ quart saucepan, bring to a full rolling boil, stirring constantly.
2. Continue boiling 5 minutes over medium heat, stirring constantly to prevent scorching.
3. Remove from heat, stir in chocolate pieces until melted. Add marshmallow crème, nuts and vanilla; beat until well blended.
4. Pour into greased $9 " x 13 "$ pan.
5. Cool at room temperature, cut into squares

# CANDY - Intermediate <br> Silver Medalist <br> Ashlyn Johnson - Blossom Trail 4-H 



## Ingredients:

3 cups whole pecans
$1 \frac{1}{2}$ cups chocolate chips
7 oz sweetened condensed milk

1/2 cup butter
$1 / 2$ tsp vanilla
$1 / 2$ cup corn syrup

1 cup brown sugar $1 / 2$ tsp vegetable oil dash of salt

## Directions:

1. Pre-heat oven to $350^{\circ} \mathrm{F}$
2. Place pecans in single layer on a baking sheet, bake for about 10 minutes or until lightly browned and fragrant. Arrange in clusters of 3-4 on silicone liners or parchment paper.
3. Continue cooking and stirring til mixture reaches $235-240^{\circ} \mathrm{F}$. I like to use the ice water test, it's more accurate. Drop a small spoonful of the hot caramel into a bowl of ice water. When you take it out, you should be able to roll into a ball. Then it's done.
4. Quickly spoon the caramel over the pecan clusters, making sure caramel is touching each of the pecans. Let sit to harden.
5. Melt the chocolate chips and oil in the microwave at half power, stirring often til smooth. Spoon chocolate on top of each layer of caramel.

# CANDY - Intermediate <br> Gold Medalist Hannah Rusconi - Blossom Trail 4-H PEANUT BRITTLE 

## INGREDIENTS:

1 cup white sugar
$1 / 2$ cup light corn syrup
1 tsp baking soda
$1 \frac{1}{2}$ cups roasted peanuts $\quad 1 / 4$ cup water 2 TBS butter, softened
$1 / 4 \mathrm{tsp}$ salt


## DIRECTIONS:

1. Cover a large rimmed cookie sheet with foil.
2. In a heavy 2 -quart saucepan, over medium heat, bring to a boil; sugar, corn syrup, salt and water. Stir until sugar is dissolved. Stir in peanuts. Set a candy thermometer in place, and continue cooking. Stir frequently until temperature reaches $300^{\circ} \mathrm{F}$.
3. Remove from heat and immediately stir in butter and baking soda. Pour at once onto cookie sheet. With 2 forks, lift and pull peanut mixture into rectangle about 12 "x14".
4. Cool; snap candy into pieces.

# CANDY - Senior Bronze Medalist <br> Lauren Leonard - Blossom Trail 4-H 

## APPLE PIE CARAMEL APPLES



## Ingredients:

Granny Smith Apples
Carmel White Chocolate
Cinnamon and Sugar mix
Treat Sticks

## Directions:

1. Clean and dry the apples. Put them in the refrigerator to get cold.
2. Melt the caramel. Put the sticks into the top of the apple and then you dip the apple into the caramel.
3. Then you put it on the wax paper to dry.
4. Now melt the white chocolate. Dip the caramel apple into the melted chocolate and roll it in the cinnamon and sugar.
5. Leave the caramel apple to dry and enjoy!

# CANDY - Senior <br> Silver Medalist <br> Katrina Suarez - Fairmont 4-H 

## SUGAR COOKIE TRUFFLES

## INGREDIENTS:

2 cups all-purpose flour
1/4 tsp coarse salt
1 tsp vanilla

1 tsp baking powder<br>1 cup vegetable shortening<br>1 egg

½ tsp baking soda<br>1 cup sugar<br>Extra sugar, for rolling

## DIRECTIONS:

1. Preheat the oven at $350^{\circ} \mathrm{F}$, line 2 cookie sheets with parchment paper.
2. In medium bowl, whisk together the flour, baking powder, baking soda and salt. Set aside.
3. In large bowl with an electric mixer, cream the shortening and sugar until fluffy - about one minute. Add the egg and vanilla extract. Beat until combined. Add the flour mixture in $1 / 2$ cup increments, mixing to combine and scraping sides when necessary. Using a small cookie scoop, form dough into balls and roll in extra sugar. Place on cookie sheet about 2" apart.
4. Bake cookies for $10-11$ minutes or until cookie has spread and the tops begin to crack. Remove from oven and allow the cookies to rest for 5 minutes before transferring them to a cooling rack.


## Truffle Ingredients:

2 cups or 12 sugar cookies, about $2 \frac{1}{2}$ in diameter 4 TBS cream cheese, room temp 2 cups white chocolate melting wafers, or candy melts

## DIRECTIONS:

1. Line a cookie sheet with parchment paper and set aside.
2. Place sugar cookies in a food processor and process until cookies turn into fine crumbs. Add cream cheese and process again until well-combined and mixture pressed into a ball, 1 to 2 minutes.
3. Shape cookies into balls, about 1 " to $1 \frac{1 / 2 " \text { in diameter. Place on prepared cookie sheet and }}{\text { a }}$ place in freezer for 15-20 minutes.
4. While truffles freeze, melt white chocolate in a medium bowl according to instructions.
5. Remove the cookie truffles from freezer. Using 2 forks, dip and roll chilled truffles, one at a time, in chocolate coating.
6. Return to lined cookie sheet and immediately top with sprinkles. Repeat process for remaining truffles.


## Directions:

1. Bake any cake of your choice whether it be from scratch or a box.
2. Allow the cake to completely cool and cut off caramelization from all sides.
3. Wash your hands and crumble your cake into a giant bowl. Once completely crumbled, add in the cream cheese.
4. Combine ingredients until solid enough to form a firm ball.
5. Rub your hands with a little butter and use a tablespoon as a measuring tool to shape into balls.
6. Melt a little bit of candy melts in a double boiler or candy melt warmer. Grab a stick and dip the end into the candy melts and insert into the cake pop ball.
7. Place your cake pops on a piece of Styrofoam in the fridge for about 20 minutes.
8. Melt the rest of the candy melts. Once cake pops are chilled, take them out of the fridge and dip them into the candy melts.
9. Sprinkle a little pearl sprinkles at the top and place cake pop back in the Styrofoam.
10. Put cake pops in the fridge to completely cool and enjoy!

# HEALTHY CATEGORY 



Junior
Bronze - Alyssa Bauer, McKinley 4-H Peanut Butter Oatmeal Cookies
Silver - Ava Youngberg, Kerman 4-H Persimmon Cookies
Gold - Ronan Ryan, Blossom Trail 4-H No Recipe Granola Bars
Intermediate
Bronze - Faith Collup, Fairmont 4-H Banana Bread
Silver - Rachel Rusconi, Blossom Trail 4-H Banana Nut Bread
Gold - Brianna Johnson, McKinley 4-H Strawberry Mousse

Senior
Bronze - Katrina Suarez, Fairmont 4-H
Silver - Caydin Simonian, Sierra 4-H
Gold - Rachel Leonard, Blossom Trail 4-H

Snickers with Oats
Harvest Bars
Hummingbird Cake

HEALTHY - Junior<br>Bronze Medalist<br>Alyssa Bauer - McKinley 4-H

## PEANUT BUTTER OATMEAL COOKIES

## Ingredients:

$\begin{array}{lll}1 \text { cup peanut butter } & 1 / 2 \text { cup oats } & 1 / 2 \text { cup sugar } \\ 1 / 4 \text { cup chopped dates } & 1 \text { egg } & \end{array}$

## Directions:

1. Pre-heat oven to $350^{\circ} \mathrm{F}$
2. Mix all ingredients together.
3. Use teaspoon to drop onto ungreased cookie sheet.
4. Bake 12-14 minutes and then cool for 1-2 minutes.

INGREDIENTS:
2 ripe persimmon - pureed
$1 / 2$ tsp cinnamon
$1 / 2$ cup butter
1 egg


## DIRECTIONS:

1. Pre-heat oven to $350^{\circ} \mathrm{F}$
2. Dissolve baking soda in persimmon pulp and set aside.
3. Sift flour, spices and salt together, set aside
4. Cream together butter and sugar until fluffy, beat in egg and persimmon. Stir in dry ingredients; then nuts and raisins.
5. Drop by teaspoonfuls onto greased cookie sheet.
6. Bake for 12-15 minutes.

# HEALTHY - Junior <br> Gold Medalist <br> Ronan Ryan - Blossom Trail 4-H <br> NO RECIPE GRANOLA BARS 

## INGREDIENTS:

| 3 cups oats | $1 / 2$ cup shredded coconut | $1 / 2$ cup chopped almonds |
| :--- | :--- | :--- |
| Drizzle of maple syrup | $1 / 2$ cup brown sugar | 1 TBS cinnamon |
| $1 / 2$ cup coconut oil | $1 / 4$ cup extra virgin olive oil | 1 egg white |

## DIRECTIONS:

1. Preheat oven to $300^{\circ} \mathrm{F}$
2. Mix all ingredients in a bowl together.
3. Scoop mixture into a bar pan and bake for 15 minutes, check every 15 until goldenbrown and dry. (approximately 40 minutes)


> HEALTHY - Intermediate Bronze Medalist
> Faith Collup - Fairmont 4-H

BANANA BREAD


INGREDIENTS:
2 cups whole wheat flour $1 / 2$ cup applesauce

$$
\begin{array}{ll}
1 \text { tsp baking soda } & 2 \text { eggs beaten } \quad 1 / 4 \text { tsp salt } \\
3 / 4 \text { cup honey } & 3 \text { mashed ripe bananas }
\end{array}
$$

## DIRECTIONS:

1. Preheat the oven to $350^{\circ} \mathrm{F}$ and grease 9 " $x 5$ " loaf pan.
2. In a large bowl mix flour, baking soda and salt.
3. In a separate bowl, mix together the honey and applesauce. Then add in the eggs and bananas.
4. Stir in wet mixture into the dry mixture and pour into the pan.
5. Bake for 60-65 minutes.

# HEALTHY - Intermediate <br> Silver Medalist <br> Rachel Rusconi - Blossom Trail 4-H <br> BANANA NUT BREAD 

## INGREDIENTS:

$21 / 2$ cups all-purpose flour
1/2 packed brown sugar
$31 / 2$ tsp baking powder
3 TBS vegetable oil
1/3 cup milk
½ cup granulated sugar
1 egg
$11 / 4$ chopped walnuts
1 ½ cups mashed bananas
1 tsp salt

## DIRECTIONS:

1. Preheat the oven to $350^{\circ} \mathrm{F}$ and line a 9 " loaf pan.
2. Mix all ingredients; beat 30 seconds. Pour into pan. Bake until wooden toothpick inserted in center comes out clean; approximately 65-70 minutes.
3. Cool slightly before removing pan. Cool completely before slicing.

# HEALTHY - Intermediate <br> Gold Medalist Brianna Johnson - McKinley 4-H <br> STRAWBERRY MOUSSE 



## Ingredients:

$121 ⁄ 2$ oz strawberries

½ cup granulated sugar

1 cup heavy cream

## Directions:

1. Clean and slice strawberries in a blender or food processor; add sliced strawberries and sugar - puree
2. Remove $1 / 2$ cup puree and set aside
3. In a cold bowl add the cream and beat until stiff peaks form. Fold remaining puree gently.
4. Divide the $1 / 2$ cup of puree between 4 glasses and top with strawberry mousse.
5. Refrigerate for 1 hour.
6. Top with fresh sliced strawberries and serve.

HEALTHY - Senior<br>Bronze Medalist<br>Katrina Suarez - Fairmont 4-H

## HEALTHY SNICKERS WITH OATS

Bottom Layer INGREDIENTS:<br>$3 / 4$ cups smooth peanut butter, unsalted<br>½ tsp vanilla 114 tsp salt<br>2 TBS coconut oil, melted<br>$11 / 2$ cups rolled oats

Top Layer INGREDIENTS:
10-12 dates, pitted 1⁄4 cup peanuts, plain 1 cup chocolate chips
1 TBS coconut oil 2 TBS peanuts, finely chopped sea salt, to taste

## DIRECTIONS:

1. Line 9 " $x 5$ " loaf pan with parchment paper and set aside.
2. In medium bowl, add peanut butter, coconut oil, vanilla, salt and stir to combine.
3. Add oats and mix well (might use your hands)
4. Transfer to prepared loaf pan and pat into a layer using your hands and spatula.
5. Layer chopped pitted dates, sprinkle with $1 / 4$ cup peanuts.
6. Melt chocolate chips with coconut oil, either in microwave or double boiler.
7. Pour over layers and spread with spatula.
8. Remove from pan by holding onto parchment paper flaps and cut into squares.

Enjoy frozen.


# HEALTHY - Senior <br> Silver Medalist <br> Caydin Simonian - Sierra 4-H 

## HARVEST BARS

## INGREDIENTS:

$11 / 2$ cup packed brown sugar
2 cups whole wheat flour
$1 / 2$ tsp nutmeg
$11 / 2$ cups shredded zucchini
Lemon Glaze INGREDIENTS:
$11 / 2$ cups powdered sugar juice

\author{

| $1 / 2$ cup butter, softened | 1 tsp vanilla |
| :--- | :--- |
| 2 tsp baking soda | $3 / 4$ tsp cinnamon |
| $1 / 4$ tsp cloves | 2 eggs |
| $11 / 2$ cups shredded carrots |  | <br> ½ cup butter, softened 1 tsp vanilla <br> 2 tsp baking soda <br> $3 / 4$ tsp cinnamon <br> 1/4 tsp cloves 2 eggs <br> 1 1/2 cups shredded carrots

}

2 TBS butter, softened
2 TBS lemon

## Glaze Directions:

Mix powdered sugar and butter in medium bowl. Stir in lemon juice 1 teaspoon at a time until smooth with spreading consistency.

## Cream Cheese Frosting:

3 oz cream cheese
1 tsp vanilla
¼ cup plus 2 TBS butter softened
2 cups powdered sugar

## Frosting Directions:

Mix cream cheese, butter and vanilla. Gradually beat in powdered sugar until smooth with spreading consistency.

## DIRECTIONS:

1. Preheat oven to $350^{\circ} \mathrm{F}$ and grease 13 x 9 x 2 " rectangular pan.
2. Mix brown sugar, butter, vanilla and eggs in large bowl.
3. Stir in flour, baking soda, cinnamon, nutmeg and cloves.
4. Stir in zucchini and carrots. Spread in pan
5. Bake 25-35 minutes or until toothpick comes out clean.
6. Spread with lemon glaze then frost with cream cheese
7. Cut into bars.

while warm, or cool and frosting.

# HEALTHY - Senior <br> Gold Medalist <br> Rachel Leonard - Blossom Trail 4-H <br> HUMMINGBIRD CAKE 

## Cake Ingredients:

2 cups mashed ripe bananas $1 \frac{1}{2}$ cups applesauce
8 oz unsweetened crushed pineapple, undrained
3 cups all purpose flour
1 tsp baking soda

2 cups sugar 1 tsp salt
1 tsp ground cinnamon 1 cup chopped pecans

Pineapple Frosting Ingredients:

1/4 cup shortening
2 TBS butter, softened
¼ tsp salt
$1 / 2$ cup unsweetened pineapple juice
2 tsp half \& half cream
6 cups confectioners' sugar

## Frosting Directions:

1. In a large bowl, beat the shortening, butter, lemon zest and salt until fluffy. Add confectioner's sugar, alternately with pineapple juice.
2. Beat in cream. Spread between layers and over top and sides of cake.
3. If desired, sprinkle with pecans.


## Cake Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$
2. In a large bowl, beat the bananas, applesauce and vanilla until well blended.
3. In another bowl, combine the flour, sugar, salt, baking soda and cinnamon; gradually beat into banana mixture until blended. Stir in in walnuts.
4. Pour into 3 greased and floured 9 " round baking pans. Bake for $25-30$ minutes; cool for 10 minutes before removing from pans to wire racks to cool completely.

## TRIX FROM A MIX

 CATEGORY

Junior
Bronze - Kashlynn Moore, Fairmont 4-H
Silver - David Sharp, Fairmont 4-H
Gold - Enzo Martinez, Kerman 4-H
Espresso Chocolate Cake Apple Cinnamon Bread Gingerbread Cake W Orange Cream Glaze

## Intermediate

Bronze - Ashlyn Johnson, Blossom Trail 4-H Silver - Mary Rhoades, Kerman 4-H
Gold - Georgia Karlson, Blossom Trail 4-H
Brownie Cookie Recipe Chocolate Kahlua Cake Easy Chocolate Cake Pops

Senior<br>Bronze -Harley McCorkle, Sierra 4-H<br>Silver - Diana Flores, Lone Star 4-H<br>Gold - Katrina Suarez, Fairmont 4-H

Grandma's Just Cake
Princess Cakes
Mint Ice Cream Cake

# TRIX FROM A MIX - Junior <br> Bronze Medalist <br> Kashlynn Moore - Fairmont 4-H 

ESPRESSO CHOCOLATE CAKE

## Cake INGREDIENTS:

| $11 / 2$ cups buttermilk | $1 / 2$ cup butter, melted | 4 eggs |
| :--- | :--- | :--- |
| 1 box devil's food cake mix | 1 tsp vanilla | $1 / 2$ cup sugar |
| $1 / 2$ cup all-purpose flour | 3 TBS cocoa powder |  |

Chocolate Buttercream INGREDIENTS:
2 sticks butter, room temperature 1 tsp vanilla 2/3 cup cocoa powder
2 cups powdered sugar thick

## Cake DIRECTIONS:

1. Preheat oven to $350^{\circ} \mathrm{F}$, spray 9 x 13 pan with nonstick cooking spray.
2. In large mixing bowl combine buttermilk, melted butter, eggs, vanilla, devil's food cake mix, sugar, flour and cocoa powder. Beat with an electric mixer until combined, 2-3 minutes.
3. Pour the batter into the pan and bake for 30-32 minutes or until a toothpick inserted in the center of the cake comes out clean. Allow the cake to cool completely before adding frosting.

## Chocolate Buttercream DIRECTIONS:

1. In mixing bowl, beat the butter using an electric mixer until fluffy. Add in the vanilla extract and cocoa powder, gently mix by hand with a spatula.
2. Begin to add the powdered sugar, about 1 cup at a time, mixing by hand.
3. Continue adding powdered sugar until the frosting no longer looks wet and tastes good to you.
4. Then I use my electric mixer one last time to make sure the powdered sugar is really incorporated and ready to go
5. If the frosting becomes too thick, add a dash of milk or heavy cream.

Spread on top of cooled cake, add chocolate curls if desired.


# TRIX FROM A MIX - Junior <br> Silver Medalist <br> David Sharp - Fairmont 4-H <br> <br> APPLE CINNAMON BREAD 

 <br> <br> APPLE CINNAMON BREAD}

## Ingredients:

2 cans Pillsbury grands refrigerated cinnamon rolls 2 green apples
$11 / 2$ tsp ground cinnamon $1 / 2$ cup sugar $1 / 4$ cup butter

## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$, prepare Bundt pan
2. Open container, set icing aside for later. Cut dough into quarters and divide
3. Cut and peel apples into slices and put into small bowl. Add sugar, cinnamon, butter and mix together.
4. Mix half of dough pieces into apple mixture, then place into Bundt pan.
5. Add the rest of the dough pieces to the Bundt pan
6. Bake for 40-45 minutes or until golden brown. Cool for 10 minutes
7. Drizzle with icing over top and Enjoy!

> TRIX FROM A MIX - Junior
> Gold Medalist
> Enzo Martinez - Kerman 4-H


## GINGERBREAD CAKE WITH ORANGE CREAM CHEESE GLAZE

## Cake Ingredients:

1 box Trader Joe's Gingerbread cake mix 1 egg 1/3 cup oil
½ cup evaporated milk

## Cake Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$, spray 11 x 3 pan with non-stick spray.
2. Mix all the ingredients for about 3 minutes. Pour into pan
3. Bake for 30 minutes, or until the center is no longer wet.
4. Cool for 15 minutes, then transfer to a wire rack.

## Glaze Ingredients:

1 cup powdered sugar zest of one orange $\quad 1 / 2$ cup evaporated milk

## Glaze Directions:

1. Blend all ingredients until smooth.

I decorated my cake using candied orange slices also from Trader Joes.

# TRIX FROM A MIX - Intermediate <br> Bronze Medalist <br> Ashlyn Johnson - Blossom Trail 4-H <br> <br> BROWNIE COOKIE RECIPE 

 <br> <br> BROWNIE COOKIE RECIPE}

## Ingredients:

1 box brownie mix 3 TBS flour 2 eggs 1/3 cup oil

## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$ and line two baking sheets with parchment paper.
2. Mix brownie mix with the flour and then add in the eggs and oil
3. Using a 1.5 tablespoon cookie scoop, drop batter onto the prepared cookie sheet about 2" apart.
4. Bake cookies $8-10$ minutes. The cookie will look set at the edges but still be a little wet looking in the center. Don't overbake or the cookies won't be crackly and fudgy.
5. The shiny crackly crust will develop as the cookies cool on the baking sheet

# TRIX FROM A MIX - Intermediate <br> Silver Medalist <br> Mary Rhoades - Kerman 4-H <br> CHOCOLATE KAHLUA CAKE 

## Ingredients:

1 box chocolate cake mix
1 small package vanilla instant pudding
1 pint sour cream 4 eggs
1 6oz package chocolate chips

## Directions:

1. Preheat oven at $350^{\circ} \mathrm{F}$ and grease Bundt cake pan
2. Combine cake mix, pudding mix, sour cream, eggs, oil and Kahlua.
3. Mix until well blended; stir in chocolate chips
4. Pour into pan. Bake for approximately 1 hour or until tests done.
5. When cool, sprinkle with powdered sugar.


# TRIX FROM A MIX - Intermediate <br> Gold Medalist <br> Georgia Karlson - Blossom Trail 4-H <br> EASY CHOCOLATE CAKE POPS 

## Ingredients:

1 box chocolate cake mix plus ingredients to make cake

Frosting Ingredients:<br>$2 / 3$ cup Hershey's Special Dark Cocoa Powder 1⁄2 cup butter, melted<br>3 cups powdered sugar 1/3 cup milk 1 tsp vanilla

## Chocolate Coating Ingredients:

1 bag semi-sweet chocolate chips, 24 oz or candy melts sprinkles (optional)
Cake Pop Sticks Styrofoam block*

## Cake Directions:

1. Mix together cake ingredients according to box directions. If you want to speed up the cooking time, bake the cake in a greased rimmed baking sheet. It usually only takes 15 minutes to bake. Allow the cake to cool completely.
2. While cake is cooling, make the frosting.

## Frosting Directions:

1. Combine melted butter and cocoa powder in a medium size bowl
2. Alternate between adding in the powdered sugar and milk, stirring after each addition.
3. Stir in the vanilla.


## Cake Pop Directions:

1. Once cooled, using your hands, crumble the cake. Mix in the frosting so it is thoroughly combined.
2. Form cake mixture into rounded balls and place on a parchment lined baking sheet.
3. Melt $1 / 4$ cup chocolate chips in the microwave, stirring every 30 seconds until melted.
4. Dip one end of a cake pop stick into the melted chocolate and then insert it into the cake ball. Repeat with all the cake balls.
5. Stick entire baking sheet into the freezer for at least 20 minutes.
6. Melt the remaining chocolate (I usually only melt about $1 \frac{1}{2}$ cups at a time, use it up then melt more as needed)
7. Dip your cake pops into the chocolate, spooning the chocolate up and over the sides to get a good coating. You can gently spin the cake pop to try to get the excess chocolate off.
8. Decorate with sprinkles, stick into Styrofoam and let harden at room temperature.
9. Once hardened you can eat right away or store in an air tight container in the refrigerator.

# TRIX FROM A MIX - Senior <br> Bronze Medalist <br> Harley McCorkle - Sierra 4-H 

## GRANDMA'S JUST CAKE

## Ingredients:

$\begin{array}{lll}1 \text { box yellow cake mix } & 3 / 4 \text { cup vegetable oil } & 4 \text { large eggs } \\ 3 / 4 \text { cup pale dry sherry } & 1 \text { box vanilla instant pudding } & 1 \text { tsp nutmeg }\end{array}$

## Directions:

1- Preheat oven to $350^{\circ} \mathrm{F}$
2- Mix ingredients above well
3- Pour into greased and floured non-stick Bundt pan

## Topping:

Spoon topping of your choice
Cool Whip


Over sliced Just Cake!

# TRIX FROM A MIX - Senior 

## Silver Medalist

Diana Flores - Lonestar 4-H


## PRINCESS CAKES

## Ingredients:

1 cup cake mix
6 TBS milk
3 TBS beaten egg

## Ingredients for Buttercream Frosting:

$1 / 2$ cup softened butter 4 cups powdered sugar
3-5 TBS milk/cream

## Directions:

1. Pre-heat oven to $350^{\circ} \mathrm{F}$
2. Lightly grease baking mold provided with either butter or non-stick cooking spray.
3. In a bowl combine the ingredients using a whisk.
4. Place baking mold on an oven safe baking tray and pour half the cake mix into the mold, filling it all the way up to the line marked inside.
5. Place in oven and bake for 15 minutes or until toothpick comes out clean from the center.
6. Carefully take cakes out of the oven, and let them cool for at least 5 minutes.
7. Repeat previous steps with the remaining amount of cake mix.
8. To make the buttercream, beat the softened butter in a mixer on medium-high speed for 3 minutes until fluffy.
9. Just before the end of the 3 minutes, add in the vanilla and milk/cream. Continue to beat the mix until the full 3 minutes.
10. Reduce the speed to a medium low or medium and slowly add in powdered sugar. Continue to beat for the minutes while increasing the speed to ensure the sugar is incorporated (if butter cream is too stiff, add 1 TBS of milk/cream at a time).
11. Let it cool to room temperature before spreading on cakes.
12. Once cakes are completely cool, use the cake cutter tool from the kit to slice and level the cakes while using the mold as a guide. Stack the cakes from the bottom working upwards from the biggest to the smallest while adding butter cream in between the layers.
13. Crumb coat the cakes with the butter cream and place in the fridge to cool for about 10-15 minutes or until buttercream is set. Place them in the fridge again to set the second layer of buttercream.
14. While they cool in the fridge, make the fondant. Fondant mix is provided in the baking set and only need 4 TBS of water (make both mixes of fondant; pink and green). Use a spatula to mix in a small bowl then take out to knead on a mat.
15. Roll out pink fondant wide enough and cut a $7 \frac{1}{2}$ circle. Using a sculpting tool, make small indents all around the circle and use a paintbrush with water to add pearls in the dents.
16. Take one cake out of the fridge and very carefully remove the fondant and drape on cakes. Lightly pinch and stretch the fondant to create pleats on the lower half of the cake; this is the bottom layer of the dress.
17. With the remaining pink fondant, knead and roll it out big enough to cut out a $5 \frac{1}{2}$ inch circle. In the circle, lightly mark the center and make another mark 7/16 of an inch away. From the second mark, cut out a $180^{\circ}$ angle.
18. Use some water to lightly coat the fondant along the lines made from the angular cut and dust some sprinkles. Drape the fondant over the cake and roll up the excess fondant.
19. For the third layer of the dress, roll out the pink fondant big enough for a $31 / 2$ circle. Create a center mark and another mark $1 / 4 "$ from the center; create a $70^{\circ}$ angle cut. Use some water and dust sprinkles on desired area. Place the third layer on top of the second fondant layer.
20. Roll out some more of the remaining pink fondant for a bow, flower and ribbon lace. Cut out a bow using a bow cutter and fold into a bow using water. Cut 2 ribbon pieces and twist. Place the flower in the center of the bow with a pearl bead in the middle and place the two ribbon pieces behind the bow to hide seams.
21. Place the finished bow in the center of the dress and insert a pink doll into the center of the cakes to hold them up.
22. Repeat steps 14-16 with green fondant.
23. With the remaining green fondant, cut out leaves and flowers. Use water to place them around the top of the dress and place pearls in the center of the flowers.
24. Repeat steps 21 and add wings to the doll.

# TRIX FROM A MIX - Senior 

Gold Medalist
Katrina Suarez - Fairmont 4-H

## BAKED MINT ICE CREAM CAKE

## Ingredients:

$2^{1 ⁄ 2}$ cup mint chip ice cream, melted 1 box white cake mix 4 egg whites 4 cups chocolate frosting, whipped

## Directions:

1. Pre-heat oven to $350^{\circ} \mathrm{F}$, grease $28^{\prime \prime}$ round cake pans with non-stick spray.
2. In a large bowl, combine the melted ice cream, cake mix, and egg whites. Whisk until smooth.
3. Divide the cake batter evenly between the prepared pans. Bake according to package instructions, about 30 minutes or until toothpick is inserted in center of cakes comes out clean.
4. Let cool completely 30 minutes.
5. Place 1 cake on cake stand or platter. Spread an even layer of frosting crumb coating over the cake. Top with the other cake layer. Spread a thin layer of frosting over the top and sides of the cake.
6. Chill the cake in the refrigerator for 15 minutes.
7. Use the remaining frosting to coat the top and sides of the cake. Place the cake over a baking sheet to catch an excess cookies. Use your hands to cat the sides of the cake with crushed mint cookies.


# CHOCOHOLIC CATEGORY 



Junior

Bronze - Ava Capozzi, American Union 4-H
Silver - Kashlynn Moore, Fairmont 4-H
Gold - Adalynn Imber, Blossom Trail 4-H
Intermediate
Bronze - Alexis Minas, Sanger 4-H
Silver - Jakob Johnson, Kerman 4-H
Gold - Sloan Ryan, Blossom Trail 4-H

Senior
Bronze -Caydin Simonian, Sierra 4-H
Silver - Nicole Ward, Reedley 4-H
Gold - Katrina Suarez, Fairmont 4-H

Vava's Fudge
Double Dark Chocolate Truffles
Peppermint Bark

No Bake Chocolate Peanut Butter Bars Wookiee Cookies
Nutella Stuffed Deep Dish Chocolate Cookie

Chocolate Crinkle Cookies Espresso Caramel Bars
Mini Death by Chocolate Cheesecake

# CHOCOHOLIC - Junior <br> Bronze Medalist <br> Ava Capozzi - American Union 4-H 

VAVA'S FUDGE

## Ingredients:

1 bag milk chocolate chips
1 bag semi-sweet chocolate chips
1 stick of butter
1-7 oz marshmallow cream
1-14oz Eagles brand sweetened condensed milk

## Directions:

1. Combine all chocolate chips, butter and sweetened condensed milk in a glass microwave safe bowl and microwave for 2.5 minutes.
2. Stir 10 times
3. Microwave another 2.5 minutes.
4. Fold in marshmallow cream until mixed well.
5. Grease $13 \times 9$ Pyrex glass dish. Pour mixture into dish cover with foil and place in refrigerator for 4 hours.
6. Cut, serve and ENJOY!


## CHOCOHOLIC - Junior

## Silver Medalist

Kashlynn Moore - Fairmont 4-H

## DOUBLE DARK CHOCOLATE TRUFFLES

Ingredients:
6 ounces semi-sweet baking chocolate or white chocolate baking bars, chopped
2 TBS butter or margarine $1 / 1 /$ cup heavy whipping cream 1 TBS shortening
1 cup semi sweet or milk chocolate chips or white baking chips

## Directions:

1. Cover cookie sheet with aluminum foil. Melt baking chocolate in heavy 2-quart saucepan over low heat, stirring constantly; remove from heat. Stir in butter until melted; stir in whipping cream. Refrigerate 10-15 minutes stirring frequently, just until thick enough to hold a shape.
2. Drop mixture by teaspoonfuls onto cookie sheet. Shape into balls (if mixture is too sticky, refrigerate until firm enough to shape. Freeze 30 minutes.
3. Heat shortening and chocolate chips over low heat, stirring constantly, until chocolate melts and mixture is smooth; remove from heat. Dip truffles one at a time, into chocolate. Place on aluminum foil-covered cookie sheet. Immediately sprinkle some of the truffles with finely chopped nuts or decorating candies.
4. Refrigerate truffles about 10 minutes or until coating is set. Drizzle some of the truffles with mixture of $1 / 4$ cup powdered sugar and $1 / 2$ tsp milk. Refrigerate until just set. Serve at room temperature. Store in airtight container.

# CHOCOHOLIC - Junior <br> Gold Medalist <br> Adalynn Imber - Blossom Trail 4-H 

## PEPPERMINT BARK

## Ingredients:

12 oz semi sweet chocolate, chopped


9 candy canes, crushed

## Directions:

1. Line a baking sheet with parchment paper
2. Fill bottom of large pot with water, place a large pan and put it on top, add chocolate and wait for it to melt.
3. Pour even layer of chocolate on your pan, then leave it in the fridge for 20 minutes.
4. Place the white chocolate on top with peppermint.
5. Leave in the fridge until ready to eat.

## CHOCOHOLIC - Intermediate <br> Bronze Medalist <br> Alexis Minas - Sanger 4-H

## NO BAKE CHOCOLATE PEANUT BUTTER BARS

## Peanut Butter Layer Ingredients:

1 cup unsalted butter, melted then cooled
2 cups powdered sugar

1 cup creamy peanut butter
2 cups graham cracker crumbs

## Chocolate Topping Ingredients:

12 oz package semi-sweet chocolate chips ¼ cup creamy peanut butter

## Directions:

1. Line a $9 \times 13$ baking pan with parchment paper. Set aside
2. Combine butter and peanut butter in big mixing bowl. Mix well
3. Add powdered sugar then mix again; finally add graham crackers one cup at a time.
4. Scoop mixture into pan, then spread out the mixture.

## To Make Chocolate Topping:

1. Add chocolate chips and peanut butter in bowl. Microwave for 20-30 increments.
2. Pour mixture on top of peanut butter layer.
3. Cover and refrigerate for $1 \frac{1}{2}$ hours
4. Cut and Enjoy!

## CHOCOHOLIC - Intermediate

Silver Medalist
Jakob Johnson - Kerman 4-H
WOOKIEE COOKIES

## Ingredients:

$21 / 2$ cups all purpose flour
1 cup unsalted butter, room temp
1 cup packed brown sugar
1 cup milk chocolate chips
1 tsp baking soda 1 tsp salt
1 tsp ground cinnamon 2 large eggs
$1 / 2$ cup granulated sugar 1 1/2 tsp vanilla
1 cup semi-sweet chocolate chips

Makes about 3 dozen

## CHOCOHOLIC - Intermediate

Gold Medalist
Sloan Ryan - Blossom Trail 4-H

## NUTELLA STUFFED DEEP DISH CHOCOLATE CHIP SKILLET COOKIE

## Ingredients:

$1 / 2$ cup butter, softened 1/2 cup lightly packed brown sugar 1 large egg
1/3 cup granulated sugar
1 cup flour
$1 / 2$ tsp baking soda $1 / 3$ tsp salt
2 tsp vanilla

1/2 cup dark/semi-sweet chocolate chips

## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$, Line a 9 " cast iron pan with baking parchment paper and set aside.
2. In a large bowl, whisk the butter, sugar and vanilla until light and creamy. Whisk in the egg until combined. Add the flour, baking soda and salt, mix the dry ingredients into the wet until just combined. Fold in half of the chocolate chips and spoon $1 / 2$ the cookie dough onto the prepared baking sheet.
3. Melt the Nutella in the microwave for 30 seconds until it becomes thinner in consistency.
4. Spread the Nutella over the cookie dough in the skillet evenly to 1 " of the edges. Top with remaining cookie dough, smoothing the layer with the back of a metal spoon (and your fingers if you need to) Sprinkle with remaining chocolate chips.
5. Bake for 25-30 minutes for a gooey cookie, or cover after 30 minutes with aluminum foil and bake for further 10 minutes for a set cookie.

## CHOCOHOLIC - Senior

Bronze Medalist
Caydin Simonian - Sierra 4-H

## A DAY AT THE BEACH WITH CHOCOLATE CRINKLE COOKIES

## Ingredients:

1 cup unsweetened cocoa powder
1 cups all-purpose flour
½ cup powdered sugar
$1 / 2$ cup melted semi sweet chocolate

2 cups white sugar 2 tsp baking powder ½ tsp salt

4 eggs
½ cup vegetable oil
2 tsp vanilla

## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$, line cookie sheets with parchment paper.
2. In a medium bowl, mix together cocoa, white sugar and vegetable oil
3. Beat in eggs one at a time, then stir in vanilla.
4. Combine flour, baking powder \& salt; stir into cocoa mixture.
5. Stir in melted chocolate chips
6. Cover dough \& chill for 4 hours
7. Roll dough into 1 " balls, then roll in powdered sugar before placing them onto prepared cookie sheets.
8. Bake for 10-12 minutes.
9. Let stand on cookie sheet for a minute before moving to wire racks to cool completely.


# CHOCOHOLIC - Senior <br> Silver Medalist <br> Nicole Ward - Reedley 4-H 

## ESPRESSO CARAMEL BARS

Crust Ingredients:<br>Vegetable cookie spray $\quad 1 / 4$ cup sugar $1 / 2$ tsp cinnamon<br>$11 / 2$ sticks unsalted butter, melted 12 whole graham crackers, crumbled<br>\section*{Caramel:}<br>$1 / 2$ cup heavy cream 1 ½ cups light brown sugar 1 TBS water<br>1 stick unsalted butter, room temperature

## Chocolate Layer:

2 cups semisweet chocolate chips $1 / 2$ cup heavy cream 2 tsp instant espresso powder

Himalayan sea salt - optional

## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$, line the bottom of a 9 " round springform pan with parchment or waxed paper. Spray the paper and sides of the pan with cooking spray. Position the oven rack in the middle of the oven.
2. In the bowl of a food processor, combine the graham crackers, sugar and cinnamon. Process until the mixture resembles fine bread crumbs. Add the melted butter and blend until the mixture forms into clumps. Spread the mixture into the bottom of the prepared pan, pressing gently to form an even layer. Place the pan on a baking sheet and bake for $10-12$ minutes until the crust is golden. Cool for 15 minutes.

## For the Caramel:

1. While the crust is cooling, in a medium heavy-bottomed saucepan, combine $1 / 2$ cup of cream, butter, sugar and water. Stir over medium heat until the mixture is smooth. Bring the mixture to a boil and cook, without stirring, until a candy thermometer registers $240^{\circ} \mathrm{F}$, about 5-7 minutes. Carefully pour the caramel over the warm crust. Cool for 20 minutes. Freeze until firm, about 10 minutes.

## For the Chocolate Layer:

1. Combine the chocolate chips and cream into a small bowl and microwave into 30 second increments, stirring each time, until melted and smooth. Stir in the espresso powder. Remove the springform pan from the freezer. Pour the chocolate mixture over the caramel layer and smooth with a spatula. Sprinkle the top with sea salt. Refrigerate for at least 1 hour until firm. Store in refrigerator.

## CHOCOHOLIC - Senior

Gold Medalist
Katrina Suarez - Fairmont 4-H

## MINI DEATH BY CHOCOLATE CHEESECAKE

## Ingredients for the Cheesecakes:

12 Oreos 4 TBS melted butter
18 oz block cream cheese, softened
1 cup bittersweet choco chips $1 / 4$ tsp kosher salt
1 TBS cocoa powder

## For the Chocolate Ganache:

1/4 cup chocolate chips
3 TBS heavy cream

## For the Chocolate Whipped Cream:

## $3 / 4$ heavy cream <br> 3 TBS chocolate syrup

1 Hershey's bar, broken into small pieces, for garnish

1/3 cup granulated sugar 2 large eggs
1 TBS all-purpose flour


## Directions:

1. Preheat oven to $350^{\circ} \mathrm{F}$. Line 12 muffin tins with paper liners.
2. Make crust: In a large resealable plastic bag or a food processor fitted with a metal blade, crush or blend Oreos until fine crumbs form. Transfer to a bowl and pour in melted butter. Stir until crumbs are completely coated and moistened. Press about 1 TBS of crumb mixture into the bottom of each liner.

## Make cheesecake

1. In a large bowl using a hand mixer; beat cream cheese, sugar, flour, cocoa powder, and salt until light and fluffy. Add eggs; beat until well combined. Fold in melted chocolate.
2. Pour cheesecake filling over crust in prepared liners.
3. Bake cheesecakes until only slightly jiggly in the center, 12-14 minutes.
4. Let cook for 5 minutes in the pan and then transfer to a rack to cool completely. Refrigerate until cold, at least 1 hour.

## Make Chocolate Ganache:

1. Once cheesecakes are cold, add chocolate chips and heavy cream to a microwave safe dish. Microwave in 10 second intervals until chocolate melts; stir until smooth and creamy.
2. Spread about 1 TBS chocolate sauce on top of each cheesecake. Return to refrigerator to let chocolate sauce set, about 10 more minutes.
3. Make chocolate whipped cream; in a large bowl, beat heavy cream with chocolate syrup just until stiff peaks form, about 4 minutes.
4. Transfer to a piping bag fitted with a star tip. Top each cheesecake with chocolate whipped cream and garnish with a piece of chocolate.

[^0]:    Senior
    Bronze - Lauren Leonard, Blossom Trail 4-H
    Silver - Katrina Suarez, Fairmont 4-H
    Gold - Diana Flores, Lonestar 4-H

