

Fresno County 4-H Guidelines

December 2016 and January 2017



University of California

Agriculture and Natural Resources | 4-H Youth Development Program



4-H Leaders, Members and Families,

As 2016 draws to an end, the Fresno County 4-H Youth Development Program staff would like to thank you for being a part of our Program! As we reflect on 2016 it is our wish to express to you how deeply grateful and appreciative we are for each and every one of you! May the 2016 Holiday Season find you Well and Blessed! Enjoy your family and all that matters most to you during this special time of year! Best to you all in 2017.



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Please send articles by the 20th
 to tnewton@ucanr.edu



Our programs are open to all potential participants. Please contact the Fresno County UCCE office (two weeks prior to the activity), at (559) 241-7515, if you have any barriers to participation requiring any accommodation.



UC Cooperative Extension
 550 E. Shaw Avenue, Suite 210-B
 Fresno, California 93710
Phone: (559) 241-7515
 Website: cefresno.ucanr.edu



Fresno County 4-H Leader's Council & Committee Meetings

Tuesday, February 7, 2017

UC Center -

550 E. Shaw Ave., Fresno, CA 93710

4-H Fair Planning Committee

6:00 p.m.

UCCE 4-H Office—210-B—Conference Rm

4-H Color Me Green

6:00 p.m.—Mariposa Rm

Fresno County 4-H Hi-C

7:00 p.m. - Mariposa Rm

Fresno County 4-H Leader's Council

7:00 p.m. UCCE 4-H Office—210-B—Conference Rm



Save the date!

Farm & Nutrition Day

Friday, March 17, 2017

Mark your calendar now for this one-day, interactive educational adventure for third graders. Reserve your buses today!

Registration is limited to the first 3,000 students. Spots fill quickly.

The deadline to register is January, 27, 2017, or until filled. Last year filled early.

For more information, or to register, visit the "Events" tab at www.fcfb.org.

Questions? Contact Bailey DeGraw at 559-237-0263 or info@fcfb.org.

MARK YOUR CALENDARS 2017...

Save the Dates:

Fashion Revue—February 11, 2017

Livestock Judging – February 25, 2017

State Equine Field Day— March 11, 2017

Fresno County 4-H Dog Show—March 11, 2017

Color Me Green Run—March 18, 2017

Fresno County 4-H Horse Show—March 25, 2017

KIDS CORNER: 2017 4-H HONEY BEE ESSAY CONTEST



I am very excited to announce that the National Beekeeping Essay Contest is now open. This contest is sponsored by The Foundation for the Preservation of Honey Bees, Inc. and it is open to all active 4-H Club members. However, previous national winners are not eligible, but the state winners are welcome to re-enter. This year's Essay Topic is "How can MP3 (Managed Pollinator Protection Plan) more effectively protect honey bees from pesticide exposure?" Wow! Now that's quite a topic and will certainly require lots of research into what is being done already across the country and in your home state.

In case you didn't know, in 2014 President Obama created a task-force (basically a group of very knowledgeable people) to develop a plan on how to help pollinators including honey bees. This resulted in the creation of "**The National Strategy to Promote the Health of Honey Bees and Other Pollinators**", which among other topics contains a recommendation for development of Managed Pollinator Protection Plans in states across the country. Most states focused on developing strategies for pollinator protection from pesticides, but many have also addressed other important issues such as meeting nutritional needs of pollinators and developing best management practices.

It is wonderful to see the entire country coming together to help our pollinators. And it is particularly important to engage younger generations in the conversation on this important topic. This is why it is crucial to hear your great ideas about how to make the MP3s even greater **In order to choose the State winner in time to submit the winning essay to the National competition, state essays are due to me (Elina L. Niño) by 5PM PST on Friday, January 27, 2017 and you can mail them to elnino@ucdavis.edu** To find all the rules for the competition visit The Foundation for the Preservation of Honey Bees [website](#)

SAVE THE DATE! 4-H CAMP at CAMP Keola!



When: June 20—June 24, 2017

Who: Fresno County 4-H Members Additional Details to follow

Save The Date: 4-H Camp Keola at Huntington Lake

WHO MAY ATTEND: Fresno County 4-H Members who are 9 years old by June 30, 2017 up to 8th grade graduates from class of 2017.

Camp proves to be a FAVORITE for many 4-Her's- Don't miss the FUN!!!

Start fundraising now to assure that all members have the opportunity to attend....

Cost per camper approximately \$270.00. Look for registration to begin in early spring 2017

Fundraising forms available here: <http://ucanr.edu/sites/4-H-Fresno/files/222464.pdf>

Fresno County 4-H Youth Development Program Festive Food Faire Competition

Saturday, January 21st, 2017****12:00 – 2:00 p.m.

Sequoia Elementary School

1820 S. Armstrong Avenue

Fresno, CA 93727

Baking and craft event for all 4-H'ers - you can make any food, displayed with decorations, and join the fun!

This is a great learning experience and 4-H tradition. Set up your display all by yourself, and wait for the judging. Clubs may display and sell craft items. For credit for showmanship in your record book, you must be present when judging begins. Present ONE category only. 4-H uniform is strongly encouraged. **Entries will be accepted from 1:00 to 2:00 p.m.; Judging begins at 2:15 p.m. A 10-minute photo session with participants and parents will be scheduled. Awards will be presented as soon as judging is completed. Then we eat!**

GUIDELINES TO FOLLOW FOR FESTIVE FAIRE

1. A total of seven entries may be made, one for each category; each food entry must have its own display.
2. Pre-entry is not required. All entries must be made by the contestant.
4. Contestant must set up their own display. No help is to be given.
5. Exhibit should be attractively displayed, i.e. place mat, decorations, etc., with a holiday theme or a theme for any festive event (birthdays, graduation, etc.)
6. Complete recipes must be included, printed or typed, on recipe cards: include category and division, **NAME/CLUB ON BACK**
7. **All displays must be in place for judging by 2:00 pm.**
8. All 4-H Members are eligible to participate. Primary members may enter in the Primary Age Division, (ribbons only).

We do not want to disappoint you; Your recipes must fall within one of the below categories or it will be disqualified.

Category 1 - Dairy Foods - One of the principle ingredients must be a dairy product such as butter, milk, cheese, sour cream, yogurt, etc. No substitutes. Acceptable entries include: Appetizers/ cheese balls, cookies, cakes, desserts, breads.

Category 2 - Traditional - Include some information about the original tradition of the recipe. Acceptable entries include: breads, cookies, cakes, desserts.

Category 3 - Candies - Caramels/taffies, chew candies, creams, fudges, divinity dipped candies, fruit and nut candies or brittles, can-died apples, stuffed dates, hard candies, lollipops, lemon drops, gum drops, popcorn balls, etc.

Category 4 - Healthier Goodies! One or more of the principle ingredients must be a nutritious ingredient i.e., whole wheat grains, bran, nuts, fruit, carob. Acceptable entries include: Appetizers and snacks, cookies, breads, desserts, cakes.

Category 5 - Made-From-a-Mix - Ingredients must be made with a prepared food and/or mix, but not made solely from a mix or "place and bake" product. Must include additional ingredients and not just items listed in mix instructions. Acceptable entries include: Appetizers & snacks (no meat items), cookies, breads, desserts, cakes.

Category 6 - Holiday Decorations - Must be designed and assembled by the 4-H'er. Entries may include: Centerpieces, Place Setting (include menu, but no food), Gift Basket (filled and decorated), Creative Holiday Craft (hand crafted holiday decorations, ornaments, jewelry, etc.).

NEW!! Category 7 – Cookies Cookies! – Acceptable entries include: rolled, drop, refrigerator, hand shaped, cut out, thumb drop, sandwich, bar, no bake, biscotti.



Fresno County 4-H Youth Development Program
Festive Food Faire Competition

NEW CONTEST!!!!

CUPCAKE DECORATING COMPETITION

Do **YOU** have a unique, silly, cute, pretty or scary cupcake DESIGN that you have made yourself that you would love to share? There are so many ways to make cupcakes for any kind of special occasion. So get creative, special colors or dyes, any fancy decorations or toppers, frosting tips used, any special techniques to inspire you to decorate your cupcakes!

Presentation is 35% of the judging

so be sure to have an attractive display to accompany your cupcake (plate, placemat, decorations)

No larger than 10"x10" space.

Time: 12:00 – 2:00 p.m. (30 minute time limit)

ONE CUPCAKE PER ENTRANT

CUPCAKES ARE PROVIDED BY COMMITTEE

BRING YOUR OWN SUPPLIES

Frosting, fancy decorating, toppers or other special techniques

Frosting/Fondant does not need to be homemade

The score card will be as follows:

Originality 40%

Presentation 35%

Cleanliness 25%

Age Divisions: There will be prizes for top three entries in each Division/Class!

Primary Members (Ages 5-8) Receive Participation ribbons only

Junior: Ages 9 & 10 years old

Intermediate: Ages 11 – 13 years of age

Senior: 14 – 19 years old

Parents and Leaders: Fun category for parents & leaders!

Medals awarded (Gold, Silver, Bronze) in each regular member division and category and a medal for Overall Display.

Reminders:

- Complete recipes (ingredients and instructions) are required for all categories except Category 6.
- Incomplete recipes will not be eligible for medals.
- Any item which poses a food safety risk will be disqualified.
- Meat dishes are **not** allowed.

Unique Cooking Opportunity for 4-Hers

My name is Jennifer Sternberg and I am the Senior Casting Associate for *Kids BBQ Championship*, Food Network's exciting culinary reality show. We are currently casting for kid cooks and would like to inform you and your awesome 4-H members about our search! We are looking for the most talented young grill masters around the country who have what it takes to compete for the chance to win a grand prize. We are in search of young cooking masterminds who can handle the heat and smoke the competition!

Please see the flyer for details. For more information and how to apply, please visit our website at www.JSCasting.com. If you have any questions or require further information, please email us at BBQKidsCasting@gmail.com



KIDS BBQ CHAMPIONSHIP

NOW CASTING

KIDS BBQ CHAMPIONSHIP SEASON 2!

LOOKING FOR THE MOST TALENTED KID GRILLERS ACROSS THE COUNTRY!
WE ARE IN SEARCH OF YOUNG COOKS WHO HAVE WHAT IT TAKES TO COMPETE FOR THE CHANCE TO WIN A GRAND PRIZE!
IF YOUR CHILD IS A COOKING PRODIGY WHO CAN SMOKE THE COMPETITION, WE WANT TO HEAR FROM YOU!

Apply now at www.JSCasting.com
For questions, please contact BBQKidsCasting@gmail.com

2017 Citizenship Washington Focus

Citizenship Washington Focus (CWF) is an educational conference for youth **ages 15 to 19**. Delegates must be at least 15 years of age by time of travel to participate. Hosted at the National 4-H Center near Washington, D.C, it gives youth the opportunity to explore, develop, and refine the civic engagement skills they need in order to become outstanding leaders.



Conference Only Package: \$2949.00

June 24, 2017-July 1, 2017

This 8-day trip is packed with educational adventure as participants tour our nation's Capital and learn how our national government works. Trip includes a pre-conference day of site seeing plus attendance at National 4-H's Citizenship Washington Focus Conference which includes touring many of the major sites in the National Mall. Cost includes transportation (air and ground), housing and most meals plus access to the tour sites.



Extended Conference Package: \$3999.00

June 24, 2017-July 5, 2017

This 12-day trip includes the above conference only package plus 4 extra days of educational tours of Gettysburg, PA, Philadelphia, PA and Baltimore, MD culminating with the 4th of July fireworks celebration at Baltimore Harbor. Cost includes transportation (air and ground), housing and most meals plus access to the tour sites.

To get more information and updates as it becomes available, please visit the CWF webpage at http://4h.ucanr.edu/4-H_Events/WF/



Registration:

Youth* can register for this conference using the link below between now and December 15, 2016 or until all spots are filled. A \$1200 deposit is required at the time of registration.

*Chaperones who are selected for this trip will be given a registration link when they receive their acceptance letter.

Register for CWF Here: <http://ucanr.edu/survey/survey.cfm?surveynumber=19103>



2017 Leadership Washington Focus

Registration is now being accepted for the experience of a lifetime!

Leadership Washington Focus (LWF) is a 4-H leadership program for **youth entering grades 7 through 9**. The program will take place at the National 4-H Youth Conference Center, just one mile from the Washington, D.C. border.

Leadership Washington Focus: \$1999.00

July 16, 2017-July 20, 2017

This 5-day trip is packed with educational adventure as participants tour our nation's Capital and learn life-changing leadership skills in a conference setting. Trip includes attendance at National 4-H's Leadership Washington Focus Conference which includes touring many of the major sites in the National Mall. Cost includes transportation (air and ground), housing and most meals plus access to the tour sites.

To get more information and updates as it becomes available, please visit the CWF webpage at http://4h.ucanr.edu/4-H_Events/LWF/



Spread the Word—Encourage your Friends—Still Time to Register

Leadership Conference of Regional Teens (LCORT)



LCORT is coming January 27-29, 2017. If you are a 4-H member age 12-14 as of 12/31/2016, get ready to have a fun weekend at LCORT! Registration is now open!

- LCORT 2017 is open to 4-H members in the counties of the Central Area and the former South Central Section.
- These are: Alpine, Amador, Calaveras, El Dorado, Inyo, Kern, Kings, Fresno, Madera, Mariposa, Merced, Mono, Monterey, Sacramento, San Benito, San Joaquin, Santa Cruz, Solano, Stanislaus, Tulare, Tuolumne, and Yolo.
- LCORT is held at Wonder Valley Ranch Resort & Conference Center, 6450 Elwood Rd, Sanger, CA 93657, in Fresno County.
 - See the conference center website and get driving directions at <http://wondervalley.com/>
- **Delegates** are age 12-14 as of 12/31/2016.
- **Workshops** are taught by teens age 15-18 as of 12/31/16 selected for Leadership Teams from the 12 South Central counties.
- **Chaperones** are adult 4-H leaders or staff age 21 and up. Each county sending delegates must send at least one chaperone. Counties are responsible for providing chaperones in the ratio of 1:8 delegates of each gender.
- **Cost is \$150 per person (Fresno County 4-H) from South Central counties** and \$165 from the other Central Area counties (because of fees paid by SCS counties to support LCORT). Youth and adults pay the same fees.
- The link to get to this page is: <http://ucanr.org/lcortinfo>

REGISTRATION

Registration for youth delegates and adult chaperones from the counties listed is open! Registration for teens on the 12 Leadership Teams and their adult advisor is open! Print the LCORT registration form and medical form, complete and sign, and take them to your county office with payment of fees. Your county office will register you online.

The final deadline for counties to enter registrations is January 10, 2017 so check with your county about turning in your paper forms. LCORT can hold 350 people. If it fills up before January 10, 2017 a waiting list will be established.

Youth forms:

[2017 LCORT Youth Registration form](#)

[Youth Medical Treatment form](#)

[LCORT 2017 Delegate FAQ](#)

Adult forms:

[2017 LCORT Adult Registration form](#)

[Adult Medical Treatment form](#)

[LCORT 2017 Chaperone FAQ](#)

Reminder :

Fresno Fair Livestock Exhibitors

Most of you have received your Fresno Fair checks, with a few still to come. Make certain that all thank you letters are being sent to all buyers and supporters. Utilize your holiday break to complete this very important aspect of your projects.



For Shooting Sports Leaders...

Shooting Sports Updates

Newly Updated manuals are now available for download:
http://ucanr.edu/sites/4-H-Fresno/Projects/Shooting_Sports/
For full details pertaining to Shooting Sports please start with CA 4-H web page:

http://4h.ucanr.edu/Projects/STEM/SET_Projects/ShootingSports/

Please be sure to review minimum requirements:
<http://ucanr.edu/sites/4-H-Fresno/files/238414.pdf>



Shooting Sports Leaders – Save the Date!

The California 4-H Shooting Sports Committee has scheduled a state meeting of California 4-H Shooting Sports leaders and those interested in shooting sports for Saturday and Sunday, February 25 & 26, 2017. The meeting will be held at Safety First Shooting Association in Winton, CA (Merced County). Topics to be covered include program updates, best practices, safety, and other information of interest to the shooting sports community. The program is open to teen leaders as well. More information will follow. This will be the first of several meetings the Committee would like to hold in different regions across the state. If you would like a meeting hosted closer to your region, please let us know. We would require an area that has a classroom and range facility next to each other.

4-H Shooting Sports Workshop

Rifle Discipline

Bakersfield, CA

Saturday, March 18, 2017 – 8:00 a.m. – 6:00 p.m.

Sunday, March 19, 2017 – 8:00 a.m. – 4:00 p.m.

A 4-H shooting sports workshop for the rifle discipline will be held at the UC Cooperative Extension Office, 1031 S. Mt. Vernon Avenue in Bakersfield. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at:

jaborba@ucanr.edu



Tis' The Season For The Annual 4-H Model Horse Show

Hosted By: Fairmont & Kingsburg 4-H Horse Projects

When: Saturday - February 4th, 2017 at 9:00 a.m. Registration at 8:00 a.m.

Where: Fairmont Elementary School- 3095 N. Greenwood Ave. Sanger, Ca. 93657

Who: Open to ALL 4-Her's. **Horse project membership is NOT required**

Break out the Breyers ~ Add them to your Christmas list ~ Showing rain or shine

Friendly competition, No horse hauling hassles, Join the FUN!!

We will offer showmanship this year so study up on horse knowledge

- ✓ Ribbons 1st thru 6th
- ✓ Rosettes Division Champions
- ✓ Trophies to Overall Champion
- ✓ Great Silent Auction
- ✓ Scrumptious Snack Bar
- ✓ Fee \$1.00 per class

For further information please contact:

Tracy Newton 559-970-3092 ~ Cindy Suarez 559-285-9209 ~ Debbie Ramirez 559-473-6299

Links for pre-registration coming soon. Save the date. Hope to see you all there!

Fresno County 4-H Livestock Achievement Program Reminder all Livestock Leaders, Parents, and Members...

Project Leaders Please Encourage Member Participation

The Fresno Co. 4-H Livestock Achievement Program was a huge success again this past year and we're looking forward to your participation in the program again this year! All members begin with Level 1. Those who completed the written and skills testing during the last 4-H year can move on to the next level. (If you did not receive a gold medal on your current level, you can repeat that level or move on to the next level). There are program guidelines, study guides, and resources available at:

http://ucanr.edu/sites/4-H-Fresno/Science,_Engineering,_and_Technology_SET/Livestock_Judging_and_Field_Day/

Be sure to view the updated Power Point so you know the requirements for Level 1, 2, & 3 testing! It is highly recommended that project members and/or leaders purchase the livestock resource books that were developed by the Ohio State Cooperative Extension. These books are available for purchase through the Fresno County 4-H office. As a reminder, the written test for Livestock Achievement is available to livestock project leaders during the month of April. All written tests must be turned in to the 4-H office by May 1st. The skills testing will take place at the 4-H Fair, scheduled for May 13, 2017. If you need help planning meetings or finding resources for your livestock project, or if you have a resource you'd like to share, please contact:



Beef Cattle	Susanne Carroll	269-9959
Dairy Goats	Clara O'Daniel	593-0449
Meat Goats	Tracy Newton	970-3092
Sheep	Teri Penfold	(209) 404-4538
Swine	Kristi Anderson	816-2414



2017 UC Davis, CA&ES Field Day

The UC Davis, College of Agriculture and Environmental Sciences Field Day will take place **March 3-4, 2017** at UC Davis. This field day is open to both FFA and 4-H members. 4-H members may compete in any of the [contests](#) offered. Please note that the Livestock Judging, the Poultry Judging and the Dairy Judging contests are considered State qualifiers to attend the National events.

Registration Deadlines

- **December 2nd** - Online Registration opens.
- **February 3rd** - Online Registration Deadline - Payments must be postmarked by this date. A \$25 late fee for payments postmarked after this date will be enforced.
- **February 10th** - Agriscience Fair and Job Interview materials due.
- **February 10th** - Online registration closed - Late registrations will no longer be accepted.

To register your team, please follow the instruction included in the attached letter.

For more information about the event, please visit: <http://www.caes.ucdavis.edu/connect/events/field-day>

Information on State Qualifiers

Livestock Judging

There are three National 4-H Livestock Judging Contests.

The first place team (composed of the top placing team at the State 4-H Livestock Judging Qualifier) may select which contest for which they will represent California. The second place team may select next, and the third placing team may select third. California 4-H does not need to send a team to all of the contests.

North American International Livestock Exposition (NAILE), Louisville, Kentucky. <http://www.livestockexpo.org/>

American Royal, Kansas City, MO. <http://www.americanroyal.com/>

Western National Round-Up, Denver, CO. <http://www.westernnationalroundup.org/>

For more information about the State qualifier, please visit: http://4h.ucanr.edu/Projects/STEM/SET_Projects/Animal/SLJC/.

Dairy Judging

To view contest rules and regulations, please see [California State 4H Dairy Contest Rules](#)

The top placing 4-H team in the Dairy Judging contest is eligible to represent California at the official National 4-H Dairy Judging competition as part of the World Dairy Expo in Madison, Wisconsin. The Expo is a five day event showcasing the finest in dairy genetics and the newest technologies available to the dairy industry. For more information about the National contest, please visit <http://www.worlddairyexpo.com/>

For more information about the State qualifier, please visit: http://4h.ucanr.edu/Projects/STEM/SET_Projects/Animal/SLJC/.

Poultry Judging

The top placing 4-H team in the Poultry Judging contest is eligible to represent California in the official National 4-H Poultry Judging competition in Kentucky. <http://national4hpoultryandegg.psu.edu/judging.html>.

For more information about the State qualifier, please visit: http://4h.ucanr.edu/Projects/STEM/SET_Projects/Animal/SLJC/.



January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 UCCE 4-H Office Closed December 23 thru January 2, 2017	2 UCCE 4-H Office Closed	3 UCCE 4-H Office Open	4	5	6	7
8	9	10 LCORT Late Registration Closes	11	12	13	14
15	16	17	18	19	20	21 2017 Festive Food Faire Competition
22	23	24	25	26	27 2017 4-H Honey Bee Essay Contest due 5:00 pm	28
29	30	31				

“What should young people do with their lives today? Many things, obviously. But the most daring thing is to create stable communities in which the terrible disease of loneliness can be cured.”
– Kurt Vonnegut