# **Fresno County 4-H Guidelines**

# November/December 2018



# University of California

**Agriculture and Natural Resources** 4-H Youth Development Program







#### 4-H Leaders, Members and Families,

As 2018 draws to an end, the Fresno County 4-H Youth Development Program staff would like to thank each and every one of you for your participation, dedication and outstanding efforts towards the success of our 4-H program. May the holiday season find you well and blessed with all that you hold near and dear! Enjoy all that makes this a SPECIAL time of you for you and yours. Best to you all in 2019.

#### In This Edition:

Fresno County 4-H Leader's Council & Committee Meetings
Important Reminder
CCL'S (Community Club Leaders) - Need to Know
Junior Camp Counselor Interviews—
Important Sewing, Clothing & Textiles Project Leaders Meeting
Google Science Fair
Handbook for New Families
Fresno County 4-H Emerald Star
Community Service Online Reporting
Please Do Not Sign Contracts of Agreements!
It's not to Late to Become a Project Leader!
Another Successful Fresno County Fair
Community Service to Support Camp Fire Victims

Fresno County 4-H Hi-C Meetings	8
Save the Date - November 27—Give to California 4-H Today	8
ORB - The 4-H Online Record Book	8
Welcome to STEM Lab	9
Upcoming Shooting Sports Project	10
Mark Your Calendars 2018—IMPORTANT DEADLINES	11
Santa's Village	11
Mark Your Calendar—Festive Food Fair Coming	12
Guidelines to Follow for Festive Faire	12
4-H Dog Field Day	13
Fresno County 4-H Livestock Judging Day Medalists	14
Add the Breyers to your Christmas List	14

Please send articles by the 20<sup>th</sup> to tlnewton@ucanr.edu

Words To Live By: 

'No one who achieves success does so without the help of others. The wise and confident acknowledge this help with gratitude." - Alfred North Whitehead



Our programs are open to all potential participants. Please contact the Fresno County UCCE office (two weeks prior to the activity), at (559) 241-7515, if you have any barriers to participation requiring any



#### **UC Cooperative Extension**

550 E. Shaw Avenue, Suite 210-B Fresno, California 93710

Phone: (559) 241-7515 Website: cefresno.ucanr.edu





ANR NONDISCRIMINATION AND AFFIRMATIVE ACTION POLICY STATEMENT FOR UNIVERSITY OF CALIFORNIA SINGLE PAGE FLYERS FOR EDUCATIONAL PROGRAMS ONLY. It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <a href="http://ucanr.edu/sites/anrstaff/files/215244.pdf">http://ucanr.edu/sites/anrstaff/files/215244.pdf</a> Inquiries regarding ANR's nondiscrimination policies may be directed to UCANR, Affirmative Action Compliance & Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397. For Local inquiries call 559-241-7515, UCCE Fresno County.

# Fresno County 4-H Leader's Council & Committee Meetings

Tuesday, February 12, 2019

UCCE 4-H Office 550 E. Shaw Ave. Fresno, CA 93710

# Fresno County 4-H Leader's Council

7:00 p.m.— Tulare/Madera Room

### Color Me Green Committee

Tuesday, February 12, 2019 6:00 p.m.— Mariposa Room

#### Hi-C

Tuesday, February 12, 2019 7:00 p.m.—Merced Room

#### **Incentives and Recognition Committee**

Wednesday, January 16, 2019 5:30 p.m.— Conference Room 24

### **Sewing Leaders Meeting**

Thursday, November 29 6:00 p.m.—Conference Room 24

All leaders and parents are welcome to attend Leaders Council meetings held in September, November, February, April, and July. A small number of meetings where BIG program decisions, event planning, and policy review takes place. A vital component to Fresno County 4-H.

Remember

ALL clubs MUST send a representative to ALL Council meetings.

#### IMPORTANT REMINDER

If you were a recipient of a "Tool Box Award" at the Fresno Fair or sold livestock or small animals, PLEASE BE SURE that you get your thank you cards out promptly!!



#### ATTENTION 4-Hers - SAVE THE DATE

Potential volunteer opportunity for 4-H members coming to the Tulare World Ag Expo.

February 12 – 14, 2019. More details coming soon from the State 4-H Office. If you would

are interested in this event please send an email to: the wton Oucan reductor

to: <a href="mailto:tlnewton@ucanr.edu">tlnewton@ucanr.edu</a> to be added to the

list to receive information as it becomes available.

# **CCL'S (Community Club Leaders)** ~ Need to Know

✓ Your 4-H Families are THANKFUL for you!

✓ Check your club enrollment weekly for accuracy & new members

✓ County 4-H website updates are being made, check calendar activities
 ✓ Watch your mail for hard copy of Guidelines & please share at club meetings

✓ Remember that GIVING TUESDAY is November 27th

✓ Make sure club enrollment fees have been paid

✓ Your club wouldn't be a club without your leadership efforts

### Junior Camp Counselor Interviews Tuesday, December 11, 2018

Thank you to all that submitted applications to be considered for 4-H Camp Keola 2019 JC's. Please note interviews are scheduled for Tuesday December 11<sup>th</sup> 6:30 pm at the 4-H Office. Pizza will be provided and available at 6:00 pm in the conference room on the 2<sup>nd</sup> floor. Interviews begin promptly at 6:30 held in the Mariposa room of the 1<sup>st</sup> floor. Dress to impress and be prepared to present your research of a new, fun activity or game that could be used at camp. Keep cost in mind (camp has a budget) and remember you MUST explain the directions to this activity or game during your interview.





# IMPORTANT SEWING, CLOTHING & TEXTILES PROJECT LEADERS MEETING \*Rescheduled\*



When: Thursday, November 29<sup>th</sup> at 6:00 pm

Where: Fresno County 4-H Office - 550 E. Shaw Avenue, Suite # 210-B, Room 24

**Why:** Meeting to discuss the curriculum, achievement test, possible county wide activities for our members and explore ideas for outreach, project growth, and

promotion.

**Who:** All adult project leaders as well as Jr./Teen leaders are encouraged to attend.

# Google Science Fair

# Please share this information This is not a 4-H Competition

### **Deadline December 12**

A good idea can come from anyone, anywhere. If you're between 13-18, we'd love for you to join us and share your best idea using science, technology, engineering, and math. It doesn't matter if you use pen and paper or a full-scale lab; it's all about the idea and the thinking behind it---no matter how big or small.

# What should you do next?

Start thinking up ideas. Go solo or grab some friends to join and dive into all the guides and inspiration we've collected to help you along the way. Oh, and <u>check out the prizes</u>---there's way more this year!

For more information on the Google Science Fair, please visit the Science Fair web page.

Best, Jessica Bautista, PhD CA 4-H STEM Academic Coordinator jbautista@ucanr.edu

#### Handbook for New Families

This handbook was created to help new families get to know the resources and activities available in 4-H in California. This handbook will be updated regularly; please share any comments and suggestions for improvement with your county 4-H Advisor or Program Representative.

NEW FAMILY HANDBOOK

Download Here: https://ucanr.edu/sites/4-H-Fresno/Resources\_and\_Forms/

# Fresno County 4-H Emerald Star Fresno County 4-H Youth Development Program

The purpose of the Emerald Star is to provide leadership opportunities to 4-H members who wish to share his/her skills and knowledge in any area of 4-H to help others. It is also required to apply for the Homer Williams Scholarship. Begin planning now for next years projects. For additional information please follow the link:

http://ucanr.edu/sites/4-H-Fresno/Youth\_Members/Citizenship\_and\_Leadership/

#### **Community Service Online Reporting**

Thank you for recent reporting! Please continue being diligent. CCL's - Please make all adult and teen leaders aware of the need to report all community service project activity hours in our online survey located on the Fresno County 4-H website. Please follow the link here:

http://ucanr.edu/sites/4-H-Fresno/Adult Leaders/Community Club Leaders/Community Service/

#### PLEASE DO NOT SIGN CONTRACTS OR AGREEMENTS!

Leaders please do not sign any contract, facility use form, or other agreements on behalf of your 4-H Club or the 4-H Program. Most of these documents contain liability statements which can make you personally liable if there is any accident or injury. Even parade entries can contain liability statements. Send these documents to the 4-H Office and we will be more than happy to have them processed and signed for your club. In order for the University to honor the agreement, it must be approved by County Office and signed by our County Director. Protect yourself and the 4-H Program by making sure these agreements are completed and signed correctly.

# It's Not to Late to Become a Project Leader!

Fresno County 4-H Clubs are looking for adult volunteers! If you have a particular interest in a subject, you can turn it into a 4-H project.

#### Here are just a few possible ideas for project topics:

- · Foods Preservation
- · Baking and Breadmaking
- · Cooking
- · Cake Decorating
- · Swine
- Shooting Sports
- · Camping
- · Photography
- Rabbits
- · Calligraphy

- · Ceramics
- · Leathercraft
- Bee Keeping
- Cats
- Dogs
- Reptiles
- Entomology
- · Floral Arranging
- · Quilting
- · Table Setting

- Fishing
- Indoor and Mini Gardens
- · Vegetable Gardens and Crops
- · Aerospace & Rocketry
- Automotive
- · Robotics
- Metal Working
- Video Production
- Small Engines

#### Steps to Becoming a Leader

- ✓ Determine your club and meet with your Community Club Leader
- ✓ Complete Ca4honline enrollment
- ✓ Complete Livescan background check
- ✓ Complete eXtension trainings
- √ Pay leader fees of \$18.00 to club (some clubs cover leader fees)
- ✓ Conduct a minimum of 6 hours of instruction through project group meetings, workfield trips, etc.
- ✓ Involve experienced Junior/Teen leaders in projects.
- ✓ Make a one year commitment to the project group.

For more details, go online to: http://ucanr.edu/sites/4-H-Fresno/Join\_4-H/



shops,



#### ANOTHER SUCCESSFUL FRESNO COUNTY FAIR



Congratulations on another GREAT year at The Big Fresno Fair!! If you were the recipient of a generous tool box award, please be CERTAIN to mail your Thank You's. All youth that sold an animal in the Jr Livestock Auction, it is

EXTREMELY IMPORTANT that you send personal Thank You's promptly. Still exhibit special award winner recipients also have a responsibility to send Thank You cards. The fair office works hard to give our youth positive experiences as exhibitors. Please let them know they are greatly appreciated! GREAT photos of you all!









# Community Service To Support Camp Fire Victims

4H, FFA, and Grange Families





Together, Let's help our Fellow 4-H Families Pets!





<u>Dog Food</u> Needed! <u>Monetary</u> Donations greatly appreciated!

An account has been established and overseen by Golden Valley Bank in Chico, Ca. All funds contributed to the "Camp Fire Agricultural Community Relief Fund" will go DIRECTLY to families of 4-H, FFA & Grange programs who have lost their homes.

Butte County 4-H alone has over 50 4-H families that have lost their homes.

Checks can be made payable to "GVBCF-Camp Fire" and mailed directly to: Golden Valley Bank
190 Cohasset Rd. Ste# 170, Chico, CA 95926

# Local collections will be gathered here:

Location: Festive Food Fair Sequoia Elementary School 1820 S. Armstrong Ave. Fresno, Ca. 93727

Date: Saturday, Jan. 12th, 2019

**Time:** 11 am - 4 pm

Please contact Anna Allen at (559) 448 - 7445 (After 4pm) annaallen@mail.fresnostate.edu (Any Time)

Submitted by Ciara Zito

Fresno County 4-H Hi-C Meetings Tuesday, January 8, 2019 and February 12, 2019 at 7:00 p.m. Location: 4-H Office, 550 E. Shaw Avenue, Merced Room

Special Holiday Hi-C event: Bowling at Fresno State Tuesday, December 4th at 5:30 p.m. Contact Tracy Newton for details (559) 241-7525



Open to all youth 12 or older interested in growth of leadership & citizenship skills. A great time of exploration, training, tools and support for positive experiences in these important areas. An opportunity to meet and work with fellow 4-Hers from across Fresno County. Lead by Cameron Standridge, a junior at CSUF majoring in Agriculture Education. He brings great enthusiasm, dynamics, and energy as well as fun lesson plans to this wonderful group of youth! Now's a great time to get onboard.

#### Leadership skills you can use in life

- Achieve a broad understanding of the meaning of leadership and the qualities of a leader while practicing leadership skills
- Identify problems and develop action plans to solve them
- Acquire teamwork and group building skills
- Assume responsibility for actions and follow through on goals
- Improve written, verbal, and interpersonal communication skills



Gain self-confidence and practice self-reflection







This site will help you learn how to use the California 4-H ORB. This site contains videos and written instructions that you can use to learn how to navigate the 4-H ORB. Manual Record Book resources also available here for latest versions from the State 4-H Website. Never too early to get started!

Start Here: http://4h.ucanr.edu/ Resources/Member Resources/RecordBook/ RBResources/



#### **More Fair Fun!**









#### **Welcome to STEM Lab!**

Looking for easy ways to get your kids interested in science? National 4-H <u>STEM Lab</u> provides fun, hands-on STEM activities for kids of all ages to do anywhere!

These hands-on activities are designed to instill curiosity, and critical thinking, helping kids develop the skills needed to be successful in life. They are also fun, easy to do, and feature a messy factor just for you! Check out the activities today to get started.

With the support of HUGHESNET, 4-H is bringing some of the best STEM activities from its land grant university network and other education partners to STEM Lab. 4-H has clubs in every county across the nation and STEM Lab can help you bring 4-H experiential learning to your family.

https://4-h.org/parents/stem-agriculture/youth-stem-activities/

# **Upcoming Shooting Sports Project**

#### SHOOTING SPORTS NEWS

Shooting Sports disciplines offered through 4-H consist of Rifle, Shotgun, Pistol, Archery, & Western Heritage. For a complete list of Shooting Sports Trainings, Resources, Events, Requirements, Applications, Etc., see the California 4-H State Website by accessing the following link: <a href="http://4h.ucanr.edu/Projects/STEM/SET\_Projects/ShootingSports/">http://4h.ucanr.edu/Projects/STEM/SET\_Projects/ShootingSports/</a>

# **4-H Shooting Sports Workshops**

SHOOTING SPORTS

**Rifle Discipline** 

Dale Wimp Rifle Range 7398 Avenue 328 Visalia, CA

Saturday, December 1, 2018 - 8:00 a.m. - 6:00 p.m.

Sunday, December 2, 2018 - 8:00 a.m. - 4:00 p.m.

Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders.

There is no cost for the course. Complimentary lunches will be provided.

For information about the facility and a map, please visit the range website

Rifle Discipline

UC Cooperative Extension Office, Kern County 1031 S. Mt. Vernon Avenue Bakersfield, CA

Saturday, February 16, 2019 – 8:00 a.m. – 6:00 p.m.

Sunday, February 17, 2019 - 8:00 a.m. - 4:00 p.m.

Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course.

## MARK YOUR CALENDARS 2018 ... IMPORTANT DEADLINES/EVENTS

Sewing Leader's Meeting – November 29

JC Application Deadline - November 30

Rifle Training Workshop – December 1 & 2

Hi-C Bowling Party - December 4

JC Interviews – December 11

Santa's Village - December 20 & 21

Festive Food Faire – January 12

State Equine Field Day – February 2

Model Horse Show – February 9



2018 4-H Calendar details found here: http://ucanr.edu/sites/4-H-Fresno/Events/Master\_Calendar

Southwest Fresno Police Department's – Bringing Broken Neighborhoods Back to Life Presents....

Santa's Village- Save the Date—Donations Needed

Thursday, Dec. 20<sup>th</sup> & Friday, Dec. 21st

3:00 – 8:00 pm COMMUNITY SERVICE opportunity open to 4-H members

(adult chaperone required)



Donations of the following items needed: Arts n Crafts supplies. Items may be dropped off at the 4-H Office.

Volunteers to assist in the evening activities which include working the Arts n Crafts stations. Distributing gifts, etc...

To reserve hours of service to this special event or for additional info please contact: Alena Pacheco at (559) 281-4010 or by email at apacheco@ucanr.edu

### Mark Your Calendar- Festive Food Faire Coming January 12th, 2019

Location: Sequoia Elementary School 1820 S. Armstrong Avenue Fresno, CA 93727

Baking, Cooking, Crafts, & Fun!!! More details coming soon







#### GUIDELINES TO FOLLOW FOR FESTIVE FAIRE

- 1. A total of seven entries may be made, one for each category; each food entry must have its own display.
- 2. Pre-entry is not required. All entries must be made by the contestant.
- 3. No meat items allowed.
- 4. Contestant must set up their own display. No help is to be given.
- 5. Exhibit should be attractively displayed, i.e. place mat, decorations, etc., with a holiday theme or a theme for any festive event (birthdays, graduation, etc.)
- 6. <u>COMPLETE RECIPES MUST BE INCLUDED</u>, printed or typed, on recipe cards: include category and division, NAME/CLUB ON BACK
- 7. All displays must be in place for judging by 12:00 pm.
- 8. All 4-H Members are eligible to participate. Primary members may enter in the Primary Age Division, (ribbons only).

We do not want to disappoint you; Your recipes must fall within one of the below categories or it will be disqualified.

Category 1 - Dairy Foods - One of the principle ingredients must be a dairy product such as butter, milk, cheese, sour cream, yogurt, etc. No substitutes. Acceptable entries include: Appetizers/ cheese balls, cookies, cakes, desserts, breads.

**Category 2 - Traditional -** Include some information about the original tradition of the recipe. Acceptable entries include: breads, cookies, cakes, desserts.

Category 3 - Candies - Caramels/taffies, chew candies, creams, fudges, divinity dipped candies, fruit and nut candies or brittles, can- died apples, stuffed dates, hard candies, lollipops, lemon drops, gum drops, popcorn balls, etc.

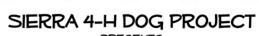
Category 4 - Healthier Goodies! One or more of the principle ingredients must be a nutritious ingredient i.e., whole wheat grains, bran, nuts, fruit, carob. Acceptable entries include: Appetizers and snacks, cookies, breads, desserts, cakes.

Category 5 - Trix-From-a-Mix – Begin with a mix, then add additional items, not just what is listed in mix instructions. Acceptable entries include: Appetizers & snacks (no meat items), cookies, breads, desserts, cakes.

Category 6 - Holiday Decorations - Must be designed and assembled by the 4-H'er. Entries may include: Centerpieces, Place Setting (include menu, but no food/suggest photo before for quick assembly), Gift Basket (filled and decorated), Creative Holiday Craft (hand crafted holiday decorations, ornaments, jewelry, etc.).

NEW!!! Category 7 – PIES - Acceptable entries include: single crust, double crust, cream, slab pies.







COME LEARN ALL THE FUN THINGS YOU CAN DO WITH YOUR DOG!

TRAINERS DEMONSTRATING:

AGILITY CONFORMATION BARN HUNT FLYBALL RALLY OBEDIENCE JUNIOR HANDLING

AND MANY OTHERS!

A VETERINARIAN WILL BE ON HAND TO DISCUSS VACCINATIONS AND HEALTHY DOGS

THE AKC REPRESENTATIVE WILL BE THERE – PLEASE BRING PICTURES OF YOUR DOG!

ON-SITE SNACK BAR OPEN TO ALL 4-H MEMBERS! SATURDAY, JANUARY 19, 2019

NO COST TO ATTENDEES

12:00 – 4:00 FRESNO FAIR GROUNDS – LIVESTOCK PAVILLION

PLEASE NO DOGS. QUESTIONS - CONTACT MELANIE KOONS TREVORDU@NETPTC.NET

ANR NONDISCRIMINATION AND AFFIRMATIVE ACTION POLICY STATEMENT FOR UNIVERSITY OF CALIFORNIA. It is the policy of the University of California (UC) and the UC Division o Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucanr.edu/sites/anrstaff/files/15244-pdf Inquiries regarding ANR's nondiscrimination policies may be directed to, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources 2801-Second Street Davis CA 95518 (530) 750-1397. For Local inquiries call 5502-041-7515. LICCE Ferson Country



#### Livestock Judging Day Medalists ~ November 2018

Congratulations to the following outstanding participants!!



<u>Juniors</u>

Jacie Tweedy – Fairmont

Gold

Katelyn Johnson – Blossom Trail

Silver

Cylie Keene – Fairmont

Bronze

**Intermediates** 

Emmalee Balch - Fairmont

Gold

Stephano Groppetti – Kerman

Silver

Sloan Ryan – Blossom Trail

**Bronze** 

**Seniors** 

Ciara Zito – Renegades

Gold

Kayla Sample – McKinley

Silver

Bryan Welch - Pleasant Valley

Bronze









#### Add the Brevers to Your Christmas List ~ Coming Soon- Annual 4-H Model Horse Show

Hosted By: Fairmont & Kingsburg 4-H Horse Projects

When: Saturday - February 9th, 2019 at 9:00 a.m. Registration at 8:00 a.m.

Where: Fairmont Elementary School- 3095 N. Greenwood Ave. Sanger, Ca. 93657

Who: Open to ALL 4-Her's. Horse project membership is NOT required

New this year - 2 entries allowed per class - Showing rain or shine

Friendly competition, No horse hauling hassles, Join the FUN!!

We will offer showmanship this year so study up on horse knowledge

- ✓ Ribbons 1<sup>st</sup> thru 6<sup>th</sup>
- ✓ Rosettes Division Champions
- ✓ Trophies to Overall Champion
- ✓ Great Silent Auction
- ✓ Scrumptious Snack Bar
- √ Fee \$1.00 per class

For further information please contact:

Tracy Newton 559-970-3092 ~ Ciera Hargis 559-862-5036 ~ Debbie Ramirez 559-473-6299

Links for class list found here: <a href="http://ucanr.edu/sites/4-H-Fresno/files/275054.pdf">http://ucanr.edu/sites/4-H-Fresno/files/275054.pdf</a>

Pre-registration coming soon. Save the date. Hope to see you all there!