Fresno County 4-H Guidelines



University of California

September 2022

Agriculture and Natural Resources 4-H Youth Development Program

5	Labor Day– 4-H Office is closed		
7	Livestock Clinic 6:00 PM @ Longhorn Feed & Supply in Clovis	Flyer C	
8	Countywide Money Management Project Meeting 5:00 PM via ZOOM	2	
12	BFF On-line entry deadline for Junior Exhibits (Still) & Feature Booths		
9	APR due to 4-H Office to be eligible to participate in Fresno & Caruthers Fairs		
13	County Leadership Council 6:30 PM In-Person or via ZOOM		
14	Incentives & Recognition Committee Meeting 6:30 PM In-Person or via ZOOM		
15	RSVP deadline for Achievement Tri-Tip Dinner		
18	4-H Achievement Night 4:30 PM-7:30 PM @ Hobbs Grove in Sanger		
18	Livestock Entries due for the Caruthers District Fair		
18-24	Fresno County celebrates National 4-H Week		
21	Livestock Leaders Meeting 7 PM via ZOOM		
28-1	Caruthers Fair - Free Admission! 13599 South Raider Avenue, Caruthers		
October	EVENT/DEADLINE	Page	
7	Photos of 4-H Week Displays due to 4-H Office	3	
5-16	Big Fresno Fair	7	
13	Countywide Money Management Project Meeting 5:00 PM via ZOOM	2	
16	Countywide Girls Health Project	6	



It's Time to Get Enrolled in 4-H!

The 2022-23 is getting underway, be sure to get enrolled at:

https://v2.4honline.com/#/user/sign-in

Words To Live By:

In This Edition...

- 2- Committee & Council Mtgs.
- 2- Using the 4-H Name
- 2- Thank You!!!
- 2- Money Management Proj.
- 3- Livestock Leaders Meeting
- 3- I & R Committee Meeting
- 3- 4-H Week in Fresno Co.
- 4- Achievement Night
- 4- Leadership Day Recap
- 4- Presentations at the Fair
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- 7- Stone Hudgins, Trap Shoot
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- Flyer A: Achievement Night
- Flyer B: Farmer's Market
- Flyer C: Livestock Clinic
- Flyer D: Donation Drive

Deadline

4-H News articles due for Guidelines- September 20th Please send articles totlnewton@ucanr.edu

"Put your heart, mind, and soul into even your smallest acts. This is the secret to success." by Swami Sivananda



Our programs are open to all potential participants. Please contact the Fresno County UCCE office (two weeks prior to the activity), at (559) 241-7515, if you have any barriers to participation requiring any accommodation.



UC Cooperative Extension

550 E. Shaw Avenue, Suite 210-B Fresno, California 93710

Phone: (559) 241-7515 Website: cefresno.ucanr.edu



Fresno County 4-H Leader's Council & Committee Meetings

Fresno County 4-H Leadership Council Meeting

Tuesday, September 13th at 6:30 PM

In-person at 4-H Office Conference Room or ZOOM

Zoom link: https://ucanr.zoom.us/j/97012109303? pwd=ZTB6QIFaQkVUY05CY3dybjlha3pKZz09

Meeting ID: 970 1210 9303 Passcode: 309813 One tap mobile +16699006833 # US (San Jose)

Incentives & Recognition Committee Meeting

Wednesday, September 14th at 6:30 PM In-person at 4-H Office Conference Room *or* ZOOM

Zoom link:https://ucanr.zoom.us/j/91297457019? pwd=M2VSM0ZRRnkwT3E4MDhLODhrQ3hzZz09

Meeting ID: 912 9745 7019 Passcode: 131834 One tap mobile +16699006833 # US (San Jose)

Livestock Leaders Meeting

Wednesday, September 21, 2022 at 7 PM

Zoom link: https://UCOP.zoom.us/j/354592487

Meeting ID: 354 592 487 Password: 042020

Join using computer or phone ALL meetings One Tap Mobile

1-669-900-6833 #US (San Jose)

Thank YOU !!!

When calling the 4-H Office, you will no longer hear the helpful, cheery voice of Yolanda Murillo. With over 20 years working as the 4-H Secretary, she has accepted a job with another department in Cooperative Extension.

Yolanda is joining the Cal Fresh Healthy Living Program. Yolanda has become a treasured source of information regarding the 4-H Program to all 4-H families.

The 4-H Program is so unique and takes awhile to comprehend. Your patience in working through the transition and educating her replacement will be greatly appreciated.

We wish Yolanda well, and we hope she enjoys the new challenges that a change in responsibilities brings. Thank you Yolanda, for all you have done to strength and serve the Fresno County 4-H Program.

Using the 4-H Name & Emblem



The four-leaf clover is the official 4-H emblem. The 4-H name and emblem is a federal mark with protections and standards that exceed that of trademarks and copyrights, like the Presidential Seal.

When using the term "4-H" it is to be written as the numeral "4" separated from a capital "H" with a hyphen.

Note:

- * Most style manuals will specify not to start a sentence with a numeral; try not to start a sentence with "4-H".
- *The elements of the 4-H name should not be separated at the end of sentences.
- *The 4-H emblem may NOT be used in place of the word "4-H".
- *The 4-H emblem may NOT be used to replace an individual letter within a word.

Tip: You can also refer to 4-H youth as "4-H'ers". Always use an apostrophe after "4-H" when this is used.

There's Still Time! Countywide MONEY MANAGEMENT PROJECT



Are you interested in learning about Money Management? This is a very useful skill as you plan for the future.

Meetings:

- Target audience- Senior 4-H members
- Meetings will last 2 hours
- Meetings will be held at 5 PM
- 2nd Thursday of every month
- Meetings begin September 8th
- Via ZOOM of WebEx

To join the Money Management Project Contact:

Leader: Sean Ryan

email: str1398@gmail.com or

Call: 530-903-0942



4-H Livestock Leaders Meeting

Wednesday, September 21 via ZOOM
7 PM

Calling all Livestock Project Leaders, Parents and Teen Members! The start of a new 4-H year and all the preparations for the fair makes this time of year very busy. As a result, this year the Livestock Leaders Meeting will be held via ZOOM. (See page 2 for ZOOM link).

This will be a time to learn and/or share ideas for project meetings, useful resources, meeting project time requirements, the Livestock Achievement Program, Livestock Judging Day, Kahoot, and anything else that you would like to discuss to help make 4-H Livestock Projects successful and fun for everyone!

Questions? Please contact-

Beef Cattle & Swine-Susanne Carroll (269-9959)

Dairy Goats—Clara O'Daniel (593-0449)

Meat Goats—Savanna Duncan (909-4744)

Sheep—Georgene Diener (269-1177)

Incentives & Recognition Committee

The Incentives and recognition Committee (I & R) has been dormant since COVID hit but is ready to become active again. A Committee meeting has been scheduled for:

Wednesday, September 14th at 6:30 PM via ZOOM

The purpose of the committee is reinforce the motivation of 4-H members to participate, create and achieve in the 4-H Youth Development Program; and to underscore a sense of belonging and being valued in the 4-H Youth Development Community.

To achieve this goal, the committee reviews any challenges or concerns with any incentives involved in Record Books, Countywide events, leadership programs etc. The Committee reports to the Leadership Council.

Who can participate in this committee? Any leader, parent or member is invited to attend the Committee meetings. The committee meets 2-3 times per year. All clubs should have a representative attend the meetings.

If you would like an item to appear on the Committee's agenda or have questions, please contact Tracy Newton at tlnewton@ucanr.edu or call (559)241-7525.



Fresno County Observes National 4-H Week September 18-24, 2022

Display Contest- Window & Social Media*

In honor of National 4-H week, Fresno County's 4-H observance is September 18 - 24, 2022. This is a time for clubs to promote 4-H and encourage new membership.

The annual *Display Contest* for 4-H Week will award \$225 in prize money to clubs based on display entries. (\$100 for 1st, \$75 for 2nd, \$50 for 3rd) The display should promote 4-H and 4-H projects in a fun & creative way. There is a **NEW** category this year – Social Media/Electronic Posts. Displays/Posts must be set up during the week of 9/18 – 9/24. Submit photos of displays to tlnewton@ucanr.edu or bring them to the 4-H Office by **Friday, October 7th**. Please note the location of display and viewing hours. For electronic posts note # of views, comments, shares. Entries will be judged based on creativity, informational/educational value, accessibility to general public and overall appeal of the display. **Let's celebrate 4-H Week by spreading the word about 4-H!**

Recruitment materials and informational brochures are available at the 4-H office. New items include a pop-up banner and a vinyl "4-H Grows Here" banner. Feather flags and table covers also available. Please reserve items by contacting Tracy Newton; (559) 241-7525 or tlnewton@ucanr.edu in advance of your event. Access here for State 4-H UC ANR Branding Tool Kit exciting new items:

http://4h.ucanr.edu/ResourcesBranding Toolkit/



2022 Achievement Night

Sunday, September 18th beginning at 4:30 PM Hobbs Grove 14265 E. Goodfellow Avenue near Sanger



Mark your calendar now to attend the 2022 Fresno County 4-H Achievement Night. The theme this year is-

"Celebrating The Legacy of 4-H"

This event promises to be a fun-filled formal evening - don't be surprised to see your Ambassadors Caleb and Lisa dressed up for the occasion! Members are welcome to dress up, wear their 4-H uniform or club shirts for this event.

Achievement Night begins at 4:30 PM; with a tri tip dinner served at 5:00 PM. There is no charge for the dinner, but everyone will need to make reservations in advance! Please <u>RSVP for dinner here</u> by September 15th. The awards program will begin as soon as dinner is served. The Ambassador Team cannot wait to see everyone and "*Celebrate The Legacy of 4-H"*. For more information or to RSVP by text, contact Audrey Taylor at (559) 352-7718.

Leadership Training Day Recap

I attended my first County Leadership Training Day on August 20th and my friends and I had a great time! We carpooled and drove out to Redeemer's Church in Reedley. The event was for all 4-Hers who want to learn about leadership and more about becoming or being a club officer.

We were greeted by a County Ambassador at the registration table where we received a raffle ticket and details about the day. We then moved inside the nicely air-conditioned meeting room and made some cards for veterans. After the Ambassadors welcomed us, we got to choose which classes we wanted to attend. There were classes for the different officer positions, how to talk to people about

4-H, and a special guest speaker about developing leadership skills. Then we had a snack before we met in one large group again. The morning ended with finishing the Mock Legislative Session that the Ambassadors had started during their welcome. It was really an interesting and fun learning experience! Oh, and three winners of the raffle received Dutch Bros gift cards!!!

~Rylee Nielsen from Renegades 4-H Club



4-H Presentations at the Fresno Fair

Here is a great opportunity to give a presentation at the Fresno Fair! Presentations take place on the stage in the livestock barn in Ag Venture Land. You can schedule

your presentation between 10:30 AM and 6 PM on most days. The exceptions are Wednesday, October 4th and Tuesday, October 11th. On these days presentations are between 4:30 PM – 6 PM. Your presentation should be easily understood by both kids and adults. All presenters will receive a special presentation medal from the 4-H Office. To schedule, email your name, contact phone number, club, title and topic of presentation, length of presentation, and what day and time you would like to present to Anne Cehrs. If you are not showing at the fair choose a time that is after school hours. You may reach Anne Cehrs at email: aacehrs@gmail.com



Farmer's Market- A Great Opportunity!



Fresno County 4-H has been invited to participate in the Farmer's Market sponsored by Reedley College, held most Saturday mornings beginning September 10-November 19th at Reedley College Parking Lot C from 8 AM to 12 PM.

Clubs may wish to set up a table or booth that ties in with topics such as healthy living, gardening, foods and nutrition, exercise and games, or information about 4-H and the great opportunities it has to offer. Clubs are invited to be creative and resourceful in selecting the focus of the booth.

4-H members are encouraged to participate by setting up activities the public may participate in or by giving a presentation (perhaps on how to make your favorite recipe), by leading games for the children present, educating the public about your favorite 4-H project or 4-H in general. There are many ways to participate which will provide "Communications" credit for your Personal Development Report Form and advance your opportunities to earn a star rank.

To reserve your space (you select the date(s) you wish to participate) please contact Janeen McCorkle at 559-494-3444 or email Janeen.mccorkle@reedleycollege.edu.

Please refer to the flyer at the back of the Guidelines for the specific dates of the Farmers Market.

Caruthers District Fair

September 28- October 2: Free Admission to the public

Junior Livestock Schedule & Information

Entry deadline for Livestock entries: September 18th

SEPTEMBER 28 (WEDNESDAY)

2:00 pm – Registration and Weigh-in begins 5:00 pm – Registration and Weigh-in closes

SEPTEMBER 29 (THURSDAY)

9:00 AM: Showmanship Lamb (4-H followed by FFA) 9:00 AM: Showmanship Swine (FFA followed by 4-H)

10:30 AM: Class Shows - Market Lamb (4-H followed by FFA) Market Swine (FFA followed by 4-H)

1:00 PM –Beef Showmanship (FFA then 4-H)

Breeding Beef followed by Market Beef and Stockers and Feeders

4:00 pm -Pee Wee Showmanship

SEPTEMBER 30 (FRIDAY)

9:00 AM: Showmanship Goats (4-H followed by FFA)

9:00 AM: Dairy Cattle (FFA followed by 4-H)

10:30 AM: Class Shows – Dairy Cattle (Milk Cows 12:00 Noon)

10:00 AM – Dairy Goat then Market Goat Shows (4-H followed by FFA)

3:00 pm - Round Robin

OCTOBER 1 (SATURDAY)

12:00 PM – Buyer Registration

1:15 PM – Cash Awards (premium) presentation – Chapter and Individual

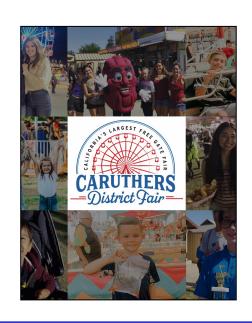
1:30 PM - Market Beef, Swine, Goat and Lamb Auction

OCTOBER 2 (SUNDAY)

6:00 AM – Animal exhibits may begin leaving the fairgrounds

NO EARLY RELEASES

For more information, visit: https://caruthersfair.com/







Periods....

We're talking about periods! Join us as we explore a girl's monthly cycle from a new perspective.

5 meetings held on Sunday afternoons in October, November, January, February, & March.

Contact Kristen Gilster at

559.325.4045

CLOVER FEST

DINNER & DANCE

FUNDRAISER

While often shrouded in a cloud of mystery & even shame, we'll be going "behind the scenes" to look at this 5th vital sign. Yup, vital sign! Back in 2015 the ACOG (American College of Obstetricians & Gynecologists) decreed that a girl's cycle is her 5th vital sign & indicator of health.

In this project we'll be exploring the different phases of a cycle & how each plays into a girl's everyday health - in the way she feels, eats, moves, & thinks. These incredible hormones really do impact so many aspects of our lives!

This program is not geared towards sex education but only body literacy as it pertains to female hormones & this 5th vital sign. There's a lot of taboo around this topic & it can be uncomfortable for some. But we're going to take that head on & address it with sensitivity together because this information is pertinent for healthy living.

We'll have 5 meetings that will include both experiential learning & sometime in the kitchen preparing foods that support each cycle phase. (There will be a small fee to cover the supplies for the cooking portion.)

There is no age requirement for this class because the information is pertinent to girls whether or not they have started cycling. Parents are always welcome to attend & participate in our meetings - though please check with your daughter for her permission as well.

Project meetings will take place on Sunday afternoons from 2-3:30 on the following dates: October 16, November 13, January 22, February 26, & March 26. Call or text Kristen Gilster at 559.325.4045

CONGRATULATIONS Rural Route 4-H Club ~ Pizza Party coming soon!!

Clover Fest 2022 was a very successful program fundraiser held in June 2022. In promotion of the event, it was established that the club selling the highest number of dinner tickets would receive a club pizza party compliments of our Sponsoring Committee. Your support was greatly appreciated!

The top 5 clubs were:

1st Rural Route –36 tickets sold

2nd Tied were Fairmont & Sierra –18 tickets sold

3rd Fowler – 16 tickets sold

4th Tied were Renegades & Blossom Trail -12 tickets sold

Thanks to all that supported the event!

State Shooting Sports Awards Update—**Congratulations** to **Stone Hudgins** of Reedley 4-H Silver Medalist in Trap Shoot competition. Inadvertently omitted on state results.



CONGRATULATIONS 2022 State Classic Winners



Western - Senior

Reserve Champion - Brianna Moya, Renegades 4-H riding Chantilly Lace

English - Senior

Reserve Champion – Brianna Moya, Renegades 4-H riding Chantilly Lace

Ranch Horse - Open

Champion – Brianna Moya, Renegades 4-H riding Chantilly Lace **Reserve Champion** – Miranda Moya, Renegades 4-H riding Barbie Dun It

<u>Over Fences - Open</u>

Champion – Adeline Wyatt, Renegades 4-H riding Here Comes the Sun **Reserve Champion** – Nicole Cooke, Renegades 4-H riding Elijah

Dry Creek 4-H Offering Horse Project – Welcome alumni member Miranda Morris as your new Horse Project Leader. Miranda brings years of experience in 4-H and the equine world.

If you are interested in signing up for the horse project please contact her directly at 559-554-5692 or email with questions mirandamd1245@gmail.com

Private pay riding lessons are available in addition to 4-H horse project participation.

Dry Creek currently structured as a SPIN Club, offering Horse and Girls Health projects. For enrollment you may select as secondary club to join the projects. Contact Tracy Newton for guidance on enrollment 559-241-7525 or tlnewton@ucanr.edu

Horse Project Calendar has been posted to website. For details https://ucanr.edu/sites/4-H-Fresno/Projects/Horse_Project/

Poultry Updates— All seminars presented last year by Dr. Maurice Pitesky of UC Davis School of Vet Med have been loaded as youtube videos and are available on our county 4-H website https://ucanr.edu/sites/4-H-Fresno/Projects/Poultry_Project/. Be sure to utilize this very valuable project information.

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Fresno Fair Information and Dates

The 4-H Office has a small supply remaining of white shirts and pants. If your members have outgrown uniform pieces from years past, please consider donating to the "Whites Exchange Closet" These items are offered to 4-H'ers at no cost. If you have a uniform need, please contact Tracy Newton (559) 241-7525 to access the supply on hand. Hats, scarves, and neckties are available for purchase at the 4-H Office Monday – Friday 8:30 am to 5:00 pm. Cash or checks only, payable to Fresno County 4-H. Costs: \$23 hats, \$16 scarves, \$15 neckties.

All livestock department purchased wristbands must be picked up by October 5th.

Livestock Show Dates

Wednesday, October 5th

8:00 AM: Dairy Goat Show

Thursday, October 6th

8:00 AM: Dairy Cattle Show- 4-H followed by FFA 10:00 AM: Pygmy Goat Show- FFA followed by 4-H

2:00 PM: Replacement Heifer Show

Saturday, October 8th

Phase I of Junior Livestock Auction

9:00 AM: Fur & Feathers 6:30 PM: Dairy Cattle

Tuesday, October 11th

5:30 PM: Sheep Lead Competition followed by Costume Contest

Wednesday, October 12th

8:00 AM: Market Lambs- FFA followed by 4-H 8:00 AM: Market Boer- FFA followed by 4-H 8:00 AM: Market Hogs- FFA followed by 4-H

8:00 AM: Beef Showmanship- FFA followed by 4-H

1:00 PM: Market Beef- FFA followed by 4-H

6:30 PM Selection of ALL Market Champions

Thursday, October 13th

8:00 AM: Swine Showmanship- 4-H followed by FFA 8:00 AM: Sheep Showmanship- 4-H followed by FFA

8:00 AM: Meat Goat Showmanship - 4-H followed by FFA

4:00 PM: Beef Lead Class

Junior Exhibits 4-H Awards ceremony held Thursday, October 13th in Junior Building at 6:00 pm.

Friday, October 14th

9:00 AM: Large Animal Round Robin

3:00 PM: Lads and Ladies Lead 4:00 PM: Beef Beaus and Belles

4:30 PM: Champion of Excellence Interviews

Saturday, October 15th

8:00 AM: Phase II of Junior Livestock Auction

Sunday, October 16th

1:00 PM: Barnyard Olympics



CONGRATULATIONS COUNTY RECORD BOOK MEDALIST

Jaelyn Selzer	American Union	Jr	Gold
Taylin Flores	American Union	Jr	Gold
Callie Flores	American Union	Int	Gold
Lena Valorosi	Blossom Trail	Jr	Gold
Jeremiah Valorosi	Blossom Trail	Jr	Gold
Madison Brown	Blossom Trail	Int	Gold
Blakeleigh Snell	Blossom Trail	Jr	Gold
Morgan Metzler	Blossom Trail	Jr	Gold
Cormick Ryan	Blossom Trail	Jr	Gold
Gatlin Snell	Blossom Trail	Int	Gold
Kendall Metzler	Blossom Trail	Int	Gold
Ronan Ryan	Blossom Trail	Int	Gold
Nia Co	Blossom Trail	Int	Gold
Annelise Co	Blossom Trail	Jr	Gold
Asa Chester	Blossom Trail	Int	Gold
Hannah Ruscomi	Blossom Trail	Sr	Gold
Trintiy West	Blossom Trail	Sr	Gold
Danielle Neff	Blossom Trail	Sr	Gold
Paige Metzler	Blossom Trail	Sr	Gold
Rachel Rusconi	Blossom Trail	Sr	Gold
Kashlynn Moore	Fairmont	Int	Gold
Atianna Marquez	Fairmont	Sr	Gold
Dahnya Martinez	Kerman	Jr	Gold
Harleen Sran	Kerman	Int	Gold
Massey Babshoff	Kerman	Int	Gold
Bristol Anderson	Kerman	Int	Gold
Gabriel Borges	Kerman	Sr	Gold
Evan Kliewer	Kingsburg	Jr	Gold
Finn Marshall	Kingsburg	Int	Gold
Rachel Nelson	Kingsburg	Int	Gold
Olivia McLaughlin	Kingsburg	Int	Gold
Claire Hager	Reedley	Jr	Gold
Rylee Martinez	Reedley	Jr	Gold
Jonathan Hofer	Reedley	Int	Gold
Danielle Hager	Reedley	Int	Gold
Allison Juarez	Renegades	Jr	Gold
Rylee Nielsen	Renegades	Int	Gold
Emily Addis	Renegades	Sr	Gold
Jose Patino	Rural Route	Jr	Gold
Mark Wenstrand	Rural Route	Int	Gold
lan Wenstrand	Rural Route	Sr	Gold
Vinny Johnston	Sierra	Jr	Gold
Olivia Hiester	Sierra	Jr	Gold
Wyatt Friend	Sierra	Jr	Gold
Austynn Beckham	Sierra	Jr	Gold
Logan Friend	Sierra	Int	Gold
Lillian Johnston	Sierra	Int	Gold







Farmer's MARKET

SEPTEMBER 10, 17, 24 OCTOBER 1, 15, 22, 29 NOVEMBER 5, 12, 19

8:00 a.m. to 12:00 p.m.

Reedley College parking lot C - off of Reed Avenue

- Fresh Produce
- Family Activities
- Food Trucks



- Food Presentations
- Artisan Vendors
- College Information















SURE CHAMP (3) STOCK SHOW



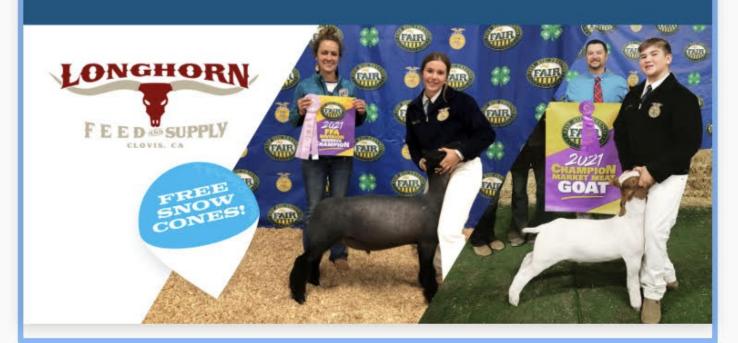


BECAUSE WINNING DOESN'T FREE SHOW CLINIC



JUST HAPPEN ON SHOW DAY. WED. SEPT. 7, 6PM

IERE: LONGHORN FEED, 5092 N. ACADEMY AVE. CLO WHO: BRAD MENDES WITH ASSOCIATED FEED & SUPPLY WHAT: ALL SPECIES (CATTLE, SHEEP, GOATS & HOGS)



~Let's SUPPORT Addie Niles of Lone Star 4-H Club ~ Community Service Drive

