HEALTHY FOOD SYSTEMS | HEALTHY ENVIRONMENTS | HEALTHY COMMUNITIES | HEALTHY CALIFORNIANS

# **Fresno County 4-H Guidelines**

Newsletter for 4-H Families in Fresno County

December 2023-January 2024



# University of California

Agriculture and Natural Resources 4-H Youth Development Program

Dec.	EVENT/DEADLINE	Page
3	Health, Hormones & Menstruation Project Meeting– Call 559-325-4045	
7	Teen Leader Essentials– Anatomy of a Workshop– via ZOOM	Nov. Issue
7	Junior Camp Counselor Interviews– 4-H Office	
9-10	4-H Shooting Sports Workshop: Archery Discipline	
9	County Fair 4-H Horse Show 7:30 AM Reg. @ Verde View Farms, Sanger	Nov. Issue
14	Incentives & Recognition Meeting 6:30 PM via ZOOM	2
25-Jan. 3	4-H Office is closed to observe the Winter Holidays	
Jan.	EVENT/DEADLINE	Page
<b>Jan.</b> 11	EVENT/DEADLINE Color Me Green Committee Meeting 6:30 PM via ZOOM	<b>Page</b> 2
		-
11	Color Me Green Committee Meeting 6:30 PM via ZOOM	-
11 15	Color Me Green Committee Meeting 6:30 PM via ZOOM 4-H Office is closed to observe Martin Luther King Day	2
11 15 16	Color Me Green Committee Meeting 6:30 PM via ZOOM 4-H Office is closed to observe Martin Luther King Day Clover Fest Committee Meeting 7:00 PM via ZOOM	2
11 15 16 17	Color Me Green Committee Meeting 6:30 PM via ZOOM 4-H Office is closed to observe Martin Luther King Day Clover Fest Committee Meeting 7:00 PM via ZOOM The Art of Facilitation– Teen Leader Essentials via ZOOM 6:30-8:00 PM	2 2 Nov. Issue



Holiday Wishes

May the holidays bring peace, love & joy to your family and may the New Year be everything you hope for and more! Happy 2024!



#### In This Edition...

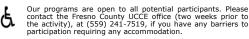
- 2- Committee & Council Mtgs.
- 2- Clover Fest 2024 Update
- 2- Clover Fest- A success!
- 3- FFF & Judging Contests
- 3- Wanted- Co-Chairs
- 4- Color Me Green
- 4- Fresno Fair Results
- 4- Livestock Achievement
- 4- Volunteer Educators Guide
- 5- Livestock Judging Results
- 5- Give a Presentation
- 6- Horse Rally Results
- 6- Model Horse Show
- 7- 4-H, FFA, Grange Agree
- 7- Fresno Co.- New Awards
- 8- Fashion Revue/Emerald Star
- Insert A– Community Service
- Insert B– Ambassador Info

#### Deadline

4-H News articles due for Newsletter- January 20th Please send articles totlnewton@ucanr.edu

Words To Live By:

"Learn from yesterday, live for today, hope for tomorrow." -Albert Einstein





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# Fresno County 4-H Leader's Council & Committee Meetings

*Fresno County Leadership Council Meeting* Tuesday, February 20, 2024 at 6:30 PM

Join ZOOM Meeting



https://ucanr.zoom.us/j/92610760064? pwd=SGpuRGc2V1FlcVkvSzAzZ3BoMmtodz09

Meeting ID: 926 1076 0064 Passcode: 971709

*Color Me Green Planning Meeting* Thursday, January 11, 2024 at 6:30 PM

Join ZOOM Meeting https://ucanr.zoom.us/j/93561627817? pwd=b1hhSIFOQmtXL0p0dEVid3JYUnZJQT09

Meeting ID: 935 6162 7817 Passcode: 654317

*Clover Fest Planning Meeting* Tuesday, January 16, 2024 at 7:00 PM

Join Zoom Meeting <u>https://ucanr.zoom.us/j/97997598975?</u> pwd=eG10VlJzR05VamxMY3hHTEJrM29XQT09

Meeting ID: 979 9759 8975 Passcode: 450579

Join using computer or phone All Meetings One Tap Mobile +1669 900 6833 #US (San Jose)

#### **\*** Clover Fest 2024 Update

The Clover Fest Committee is looking for additional members. The committee is in need of volunteers to head up-

- decorations & centerpieces
- Publicity
- Co-Chair the event with the Masons Rep.

Job descriptions are available, if you would like more information.

Interested in helping but can't commit to serving on the committee? Your help is also needed! If you would like to assist with decorations, securing donated items, help with set-up or a variety of other jobs– let us know so we can keep you in the loop.

The next Committee meeting is scheduled for

Tuesday, January 16th at 7:00 PM via ZOOM

The meetings usually last about 1 hour. Please refer to the column on the left for ZOOM access information.

Clover Fest is a great way to get involved. If you know of any 4-H Alumni or Alumni Parents that wish to contribute, please share this information.

Questions? Georgene Diener 559-269-1177



#### **Clover Fest Dinner Dance 2023– another Great Success!**

Clover Fest 2023, held June 3rd at the "Ally-V" and sponsored by the Sanger Masonic Lodge was a tremendous success! At a special presentation at the November Lodge meeting, Nathan Williams, representing the Sanger Masonic Lodge, presented Tracy Newton, 4-H Program Representative and the Fresno County Ambassadors with a check made out to Fresno County 4-H for \$39,486.14. (That's a whopping \$11,206.47 more than was made last year!) Thank you to all that helped make this happen. From promoting tickets to securing donated items to attending the event, everyone's participation and help is sincerely appreciated!

Left to Right-Tracy Newton, Brianna Moya, Miranda Moya, Nathan Williams



Photo by Cheryl Senn / The Sanger Scene



### Fresno County 4-H Festive Food Faire &

## Judging Contests-

*Consumer Science, Plants & Mechanical Science* 



#### Saturday, January 20, 2024

Sequoia Elementary School- 1820 S. Armstrong,

## Schedule for the day:

11:00 AM: Check-in begins for Festive Food Faire Judging Contest begins
12:15 AM: Festive Food Faire Showmanship begins
12:30 AM: Festive Food Faire Judging begins Activities begin- Bingo & Community Service
1:30 PM: Judging Contest ends Event will conclude after Awards Presentation, approx. 3:30 PM
Special note: An on-site snack bar will be provided

Join the FUN of baking and displaying creative foods at the Festive Faire. This event is open to **ALL** 4-H members.

#### **Registration:**

Pre-registration is encouraged (no recipes are required to pre-register.) This enables the planning committee to better prepare for the number of entries that will be arriving.

To pre-register:

https://docs.google.com/forms/d/e/1FAIpQLSeipH32fm8iG8e10d14JiZUVI1Cc3Gz1QQTdDvnl8LBBhG3LA/viewform

Late entries will **NOT** be accepted after January 20th at 12 noon the day of the event.

Please see the 4-H website for complete details including categories & descriptions-

https://ucanr.edu/sites/4-H-Fresno/Annual\_Events\_Page/Festive\_Faire/

The Fresno County 4-H program is looking for individuals willing to give of their time and talents to co-chair -

\*Festive Food Faire 2024

\*4-H Fair Still Exhibits 2024

Both jobs have similar job descriptions— including promotion, securing evaluators, reviewing rules and guidelines for clarity and accuracy, recruiting volunteers, set-up, tabulations, etc. If interested in learning more, please contact Tracy Newton at 559-241-7525.

## Save the Date!



#### Fresno Fair Results!

Many Fresno 4-H members participated in the BIG Fresno Fair in October with wonderful results! Top awards for the fair have been posted on the Fresno County 4-H website. Please check it out and see the wonderful accomplishments of our 4-H members.

> https://ucanr.edu/sites/4-H-Fresno/2019\_Fresno\_County\_Fair\_Information/



#### Livestock Achievement Update

As you get back into the swing of project meetings, check out this great resource- an interactive livestock anatomy poster available for Sheep, Swine, Meat Goat & Dairy Goat (Beef Cattle available soon).

Contact Clara O'Daniel at 559-593-0449 to borrow a poster for your next meeting.

Mark your calendars:

Livestock Achievement Day April 20, 2024

New this year:

Sheep Field Day June 29, 2024



Watch future Guidelines and your email for more information.

Check out-

Livestock Achievement Program webpage:

https://ucanr.edu/sites/4-H-Fresno/Projects/Livestock\_Achievement/

Livestock Achievement Program Resources page:

https://ucanr.edu/sites/4-H-Fresno/Projects/Livestock\_Achievement/Livestock\_Achievement\_Resources/

Questions? Contact Livestock Achievement Chairman- Susanne Carroll 559-269-9959

#### Volunteer Educators Guide-New Resource from California 4-H Office

For those facilitating 4-H educational experiences. Access the new guide aka VEG, for program information, youth development thriving model, 4-H lingo, lesson plans, and more. Beneficial to all 4-H volunteers whether new or returning leader.

https://ucanr.edu/sites/4-H-Fresno/files/391350.pdf

#### 4-H Livestock Judging Day Results

A little bit of rain didn't keep 4-H members from enjoying the Livestock Judging held at Fresno State on Saturday, November 18<sup>th</sup>. Congratulations to those 4-H members receiving medals. The classes judged included Beef, Sheep, Swine, Dairy and Goats. Medals given were the result of all the classes combined scores. Oral reasons were given for the class of swine.

#### Medalists are-

Junior Division-	1st place Gold- Brayden Kolofer 2nd place Silver- Brynn Downs- 3rd place Bronze- Grady Rocca-	Fairmont 4-H	4 🔨
Intermediate Division-	1st place Gold- Tom Collup- Fai 2nd place Silver- Carter Biddy-Fa 3rd place Bronze- Bode Downs-	airmont 4-H	$\mathbf{r}$
Senior Division-	1st place Gold- Brianna Moya- H 2nd place Silver- Macie Richards 3rd place Bronze- Sloan Ryan- B	son- Fairmont 4-H	
	Oral R	easons – Swine Clas	SS .
Junior Division-	1st place Gold- Brynn Downs- Fa 2nd place Silver- Grady Rocca- A 3rd place Bronze- Jesse Smith- S	American Union 4-H	[
Intermediate Division-	1st place Gold- Bode Downs- Fa 2nd place Silver- Allison Juarez- 3rd place Silver- Carter Biddy- Fa	Renegades 4-H	
Senior Division-	1st place Gold- Brianna Moya- Renegades 4-H 2nd place Silver- Jordyn Craft- Fairmont 4-H 3rd place Bronze- Sloan Ryan- Blossom Trail 4-H		
Primary Participants –	Claire Barone Reedley 4-H Delaney Ryan Fairmont 4-H	Reagan Sellenrick	Blossom Trail 4-H ont 4-H

Fresno and Madera County clubs represented – American Union, Blossom Trail, Dixieland, Fairmont, Kingsburg, McKinley, Reedley, Renegades, Rural Route, and Sierra. A total of 36 4-H members participated. *Thank you to the Fresno State Livestock Coach, Hannah Price and her team for the assistance and support.* 

#### Now is the time to Give a Presentation!



County Presentation Day–March 23, 2024

You can get a head start on preparing a presentation for Fresno County's 4-H Presentation Day by beginning now! 4-H encourages every member to develop and polish their public speaking skills by participating in County Presentation Day. There are many ways to participate in Presentation Day. Participants may give a traditional demonstration or illustrated talk where they show "how-to-do" something using visual aids or posters or a prepared speech or an interpretive reading or an impromptu speech etc. The ways to participate are explained in the CA 4-H Presentation Day Manual. Take time to read about the various ways to participate in Presentation Day, and then research your topic. Find an interpretive reading you enjoy or a favorite recipe you can use to develop into a presentation. Prepare your script, make your posters, or gather your props, if your category requires such items. Spend time practicing your presentation. The old adage that "practice makes perfect" is especially true for presentations. Project meetings are a great place to start presenting! The Presentation Manual is available by clicking: http://4h.ucanr.edu/files/2193.pdf

Questions? Please contact Georgene at 269-1177 or georgenediener@gmail.com.

#### Horse Rally 2023 Results

It might be the year 2023 A.D., but it felt like 2023 B.C. to the participants of the EXPEDITION UNKNOWN horse rally hosted by Renegades 4-H. With a bit of imagination, riders met ten trail course challenges mimicking archeological finds such as Machu Pichu, King Tut's Tomb, Lost Temples, etc. Congratulations to our brave horse project members!

First three places in each division are as follows:

*The Historians* (1st Year and Novice)

1st : Taylin Dixon, Fairmont 4-H riding Trigger

2nd : Avari Box, Renegades 4-H riding Winchester

3rd : Meliha Box, Renegades 4-H riding Mick

#### The Explorers (Juniors)

1st : Livi Hiester, Sierra 4-H riding Eddy

2nd : Lillian Brown, Renegades 4-H riding Slick

3rd : Addison Kimbler, Sierra 4-H riding Star Dox (Pudge)

#### The Adventurers (Seniors)

1st : Emily Addis, Renegades 4-H riding Aladdin2nd : Noelle Frantz, Renegades 4-H riding Caesar3rd : Isabella Andrist, Renegades 4-H riding Giselle



All the help offered by parents was much appreciated and made for a great day.

#### Tis the Season for Fairmont 4-H Model Horse Show



Be sure to add Breyer horses to your Christmas list!

Saturday, February 3, 2024

Registration begins at 8:00 AM: Event starts at 9:00 AM

Cost—\$1.00 per class

Fairmont Elementary School- 3095 North Greenwood Avenue, Sanger

(Located just west of Academy Avenue and North of Shields Avenue)

The Model Horse Show is open to <u>all</u> 4-H members. *Horse Project membership is not required!* This is a friendly competition with no hauling hassles and great food. A silent auction is included. If you've never attended, now's the time to give it a try. The show is located in a larger and more convenient facility. Ribbons will be awarded to 1st through 6th place and rosettes will be given in 5 divisions. Trophies will be presented to Over-All.

Delicious snack bar, nachos, frito boats etc. Fantastic deals in the silent auction. Enjoy the warmth of the only indoor horse show. Leaders, watch your email for premium, registration forms and links on the Fresno County 4-H website in early January for pre-registration. *By pre-registering before January 31st, you will be entered in an exclusive drawing for a new Breyer model horse.* Prepayment is not required, changes allowed the day of the show. Contacts: Tracy Newton at 559-970-3092 or Megan Brown at 805-444-4321.



Horse Show High Point Awards—December 9, 2024						
English	Gymkhana					
Sr. Kalia Nostrant—Renegades	Sr. Ashlyn Ainger—Fairmont					
Jr. Rosalyn Brown—Renegades	Jr. Paige Covey—Sierra					
1st Yr. Lillian Brown-Renegades	1 <sup>st</sup> Yr. Lindy Keosky—Fairmont					
& Morgan Vandergon—Fairmont						
Reserve High Point Awards						
Sr. Brianna Moya—Renegades	Sr. Cadie Edwards—					
Jr. Rylee Nielsen—Renegades	Jr. Madison Brown—Fairmont					
1 <sup>st</sup> Yr. Morgan Vandergon— Fairmont	1 <sup>st</sup> Yr. Bella Corzine—Sierra					
	English Sr. Kalia Nostrant—Renegades Jr. Rosalyn Brown—Renegades 1st Yr. Lillian Brown—Renegades <b>Reserve High Point Awards</b> Sr. Brianna Moya—Renegades Jr. Rylee Nielsen—Renegades 1 <sup>st</sup> Yr. Morgan Vandergon—					

An amazing turn out with 38 entries and sunny skies, it was a very successful event! Thank you to our judges, Karen Kroske & Lilly Kerr for their contribution to the days event. Great appreciation also

**Fresno County 4-H is proud to introduce the release of two new awards programs.** Members may earn exciting new custom medals for completion of Community Service or Events Attended programs. Developed to give ALL members (Yes- including Primary youth) incentive to explore county and state level events and take part in community service activities. Building your community service muscles and learning the value of our motto **"To Make the Best Better".** Forms and additional details found https://ucanr.edu/sites/4-H-Fresno/files/391495.pdf



Questions contact the 4-H Office at 559-241-7519 or email Tracy <u>tlnewton@ucanr.edu</u> or Zach <u>zjniles@gmail.com</u>.

Many THANKS to Incentive & Recognition Committee members: Zach Niles, Anne Cehrs, Harinder Sran, Amber Friend, Jessica Patino, Marlene Miyasaki, Jane Bedrosian, and Tracy Newton for the development of this program.

### 4-H, FFA, Grange & Independent Agreement

When an individual belongs to more than one organization, or exhibits as an independent, he/she must carry a different ownership/entrepreneurial project in each organization/independent. To further clarify this policy,



a different ownership/entrepreneurial project in each organization/independent. To further clarify this policy, when a member maintains projects in 4-H, FFA, Grange, or independently, the projects may <u>not</u> be in the same kind of livestock or crop production classification. "Production classifications" refers to the grouping of livestock and crops with consideration given to their production type and usage and not by species. *For example*, a beef project in FFA and a sheep project in 4-H would be acceptable since these two projects are both different species and produce a different commodity, but a beef breeding project in FFA and a beef market project in 4-H would not be acceptable as they are of the same species and produce the same commodity of beef; even if the animals are of different breeds. A further example of a project of the same specie but different production type would be a dairy goat project in Grange and a meat goat project in 4-H, that would be acceptable since the production of milk versus meat is clearly different.

For further clarification visit: https://ucanr.edu/sites/UC4-H/files/20199.pdf .

## Fashion Revue 2024—Categories have been announced!

All categories remain the same as last year's event. NEW– Traditional & Consumer Science Purchased \$50 limit are the two events requiring "County Winner" to be eligible for State competition. All other categories do not need to qualify at a County 4-H Fashion Revue event to be eligible for State contest.

Members may enter two categories at State Fashion Revue 2024.

The winners in Senior Traditional, Make It With Wool, and the top two in Senior Consumer Science Purchased will qualify for the FCS National Championship & Conference Fashion Revue categories.

TRADITIONAL—CONSUMER SCIENCE PURCHASED, \$50 LIMIT —SOFTIE CHALLENGE— QUILTS MAKE IT WITH WOOL- LEATHER CREATIONS—QUILTS



#### SAVE THE DATE-CENTRAL VALLEY FASHION REVUE-SATURDAY, APRIL 20th

#### New Emerald Star Program Resource to Fresno County 4-H families

With the release of the revised Achievement Programs from CA 4-H State office our goal is to support all members as they navigate the new processes and programs. You are invited to join us either in person or on zoom for a countywide "Emerald Star Review" meeting Tuesday, January 30th at the 4-H Office beginning at 6:00 pm.

Meeting will help to:

- Better understand the new program
- Prepare both members, parents, and mentors
- Devise goals & clear path forward
- Strategically review timeline
- Provide you with forms & materials

Please RSVP for In person attendance to Tracy tlnewton@ucanr.edu or use link https://ucanr.zoom.us/j/91886040025? pwd=dkZPR0lvUEt3Q1BPVEs1NURNZk91Zz09 ID 918 8604 0025 PW 252585



# **STOCKINGS FOR "CORNERSTONE CARE CENTER**" **RESIDENTS OF SANGER**

Please contribute to our Tis the Season to Brighten Their Day! stocking drive. Items listed below are needed. Our goal



- Adult Coloring Books
- Christmas Cards
- Colored Pencils
- Crayons
- Decks of Playing Cards
- Games
- Hand Cream
- Markers
- Non-Skid Socks
- Small Puzzles
- Stretchy Gloves
- Word Search Books





been secured. If you would like to make a cash donation, we can do the shopping. If you would like to be involved in the delivery, please let Carter Biddy know. Ouestions 559-250-9965

> **Drop off locations:** Biddy's home 12266 E. Shields or Newton's 3498 N. Newmark (may hang on gate) Last day to contribute Tuesday **December 19th.**

Fairmont 4-H Community Service

# **4-H Ambassador Team** Service Learning Project

"Bravery Bags" benefiting Valley Children's Hospital & Golden State Family Services









Please join us in supporting the Neurology & Pediatric Intensive Care units of Valley Children's Hospital and Foster Agency, Golden State Family Services

Team goal of 100 bags to each agency by June 30th

- Art Craft Kits
- Candy
- Chapstick
- Colored Pencils
- Crayons
- Dental Floss
- Ear Plugs
- Eye Masks
- Fidget Toys
- Gum
- Hand Cream
- Hygiene Items

- Jellyfish Cafe Gift Cards
- Markers
- Non-Slip Socks
- Notepads / Pens
- Playing Cards
- Protein Bars
- Small Puzzles
- Snacks
- Starbucks Gift Cards
- Stickers
- Travel Pillow / Cups
- Word Search / Puzzle Books

Drop off location: 4-H Office 550 E. Shaw Avenue Ste# 100. We encourage collections at club level and we are happy to arrange for pick-up.

Contacts: Asa at <u>ac1426@aol.com</u> Brianna at <u>bri.moya@icloud.com</u> Miranda at <u>mirandamoya583@gmail.com</u>

# Caring For Those In Time Of Need