Fresno County 4-H Newsletter



University of California

Agriculture and Natural Resources 4-H Youth Development Program

Nov.	EVENT/DEADLINE	Page
5	Health, Hormones & Menstruation Project Meeting– Call 559-325-4045	Oct. Issue
10	4-H Office is closed to observe Veteran's Day	
11	Horse Rally sponsored by Renegades 4-H	3
14	County Leadership Council 6:30 PM via ZOOM	2
15	Teen Leader Essentials– Managing Your Goals & Building Consensus– ZOOM	Insert B
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Dec.	EVENT/DEADLINE	Page
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7	Teen Leader Essentials– Anatomy of a Workshop– via ZOOM	Insert B
7	Junior Camp Counselor Interviews– 4-H Office	2
9-10	4-H Shooting Sports Workshop: Archery Discipline	8
9	County Fair 4-H Horse Show 7:30 AM Reg. @ Verde View Farms, Sanger	5
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November 2023

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- Insert A– Livestock Judging
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Deadline

4-H News articles due for Newsletter- November 20th Please send articles totlnewton@ucanr.edu

Words To Live By:

You'll never be bored when you try something new. There's really no limit to what you can do! -Dr. Seuss



Our programs are open to all potential participants. Please contact the Fresno County UCCE office (two weeks prior to the activity), at (559) 241-7519, if you have any barriers to participation requiring any accommodation.



UC Cooperative Extension 550 E. Shaw Avenue, Suite 210-B Fresno, California 93710 Phone: (559) 241-7519 Website: cefresno.ucanr.edu



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Fresno County 4-H Leader's Council & Committee Meetings

Fresno County Leadership Council Meeting Tuesday, November 14, 2023 at 6:30 PM

Join Zoom Meeting <u>https://ucanr.zoom.us/j/99221656258?</u> pwd=dW9BcmlJQXIvYzk1WENLeFBxU1JUQT09



Meeting ID: 992 2165 6258 Passcode: 969022

Clover Fest Planning Meeting Tuesday, November 28, 2023 at 7:00 PM

Join Zoom Meeting https://ucanr.zoom.us/j/93106778842? pwd=UyswMktDVWNYaUZhdTloZjhvZWVFUT09

Meeting ID: 931 0677 8842 Passcode: 885409

Color Me Green Planning Meeting Thursday, November 30, 2023 at 6:30 PM

Join Zoom Meeting https://ucanr.zoom.us/j/92766608793? pwd=SnAzVzdxSkxYbnITNVFDZXhJRjhEUT09

Meeting ID: 927 6660 8793 Passcode: 514296

Incentive and Recognition Committee Meeting Thursday, December 14, 2023 at 6:30 PM

Join Zoom Meeting https://ucanr.zoom.us/j/92894814444? pwd=VXJmQWIxWFBuMDdwNjRJVEdmVUFKUT09

Meeting ID: 928 9481 4444 Passcode: 473167

Join using computer or phone All Meetings One Tap Mobile +1669 900 6833 #US (San Jose)

⊁ Clo



The Clover Fest Dinner and Dance has been very successful in generating needed funds for the Fresno County 4-H program. It takes a "village" to pull off such an event. The committee has worked tirelessly to enlist the help of 4-H alumni and 4-H alumni families to serve on the committee in order to avoid overtaxing existing 4-H leaders. However, the committee welcomes anyone that would like to get involved.

The first planning meeting for the 2024 event will be:

Tuesday, November 28th at 7:00 PM via ZOOM (see column on the left for the link)

This will be the 3rd year for the Clover Fest. The committee uses the 4-H motto for inspiration- "to make the best better." Each year the committee works to make the event even more enjoyable for the guests and to work out the little snags for a smooth running evening.

Clover Fest 2024 will be held-

June 1, 2024 Location: Alli-V in Fresno

Please consider this your invitation to join the committee. If you know of a 4-H alumni or alumni family that would like to reconnect with 4-H in this way, please pass this information on to them. There are many wonderful opportunities to become involved in this event and to make a difference for the benefit of our Fresno County 4-H members.



Meet the New 4-H Advisor- Pearl Avari



Dr. Pearl Avari is the 4-H Community Engagement & Development Advisor for UCCE Tulare, Kings and Fresno Counties. Her previous research and extension work has focused on social-emotional development in young children and promoting emotional, psychological and workplace well-being for educators in schools, thus developing a healthy and supportive workforce for children. Her experience in Extension programming includes evaluation, piloting of programs, research dissemination to the community audience and program development. She earned a Bachelor's degree in Psychology from the University of Nebraska–Lincoln and her doctorate in Human Science with a focus on Child Development/Early Childhood Education at the University of Nebraska–Lincoln. Dr. Avari's research and programmatic interests include community development, youth well-being and engagement and volunteer retention. Pearl's office is located in the Tulare County UCCE Complex in Tulare.



4-H Summer Camp 2024

Junior Camp Counselor Applications are now available!

Do you enjoy Teen Leader opportunities? Is summer camp at Huntington Lake something you would like to plan, organize, and participate in? If so, consider becoming a Summer Camp Junior Counselor (JC) or a JCT (JC in training).

DEADLINE TO APPLY: POSTMARKED By Nov. 17th OR RECEIVED BY November 20th, 2023.

Summer Camp JC participation is a wonderful leadership development opportunity offered to 4-H teens currently in the 9th grade and above, and JCT is offered to current 8th graders. Summer Camp 2024 will be held June 17th – 22nd . Interviews will be held at the 4-H Office on December 7th .

At camp you will be expected to teach an hour-long educational skill class. At your interview you <u>MUST</u> provide your lesson plan for the workshop in written form. Start planning now for your creative teaching session. The first planning meeting will be January 15th , 2024. Any questions please contact Anne Cehrs (559) 618-0250.

To learn more and/or apply: https://ucanr.edu/sites/4-H-Fresno/files/388895.pdf



HORSE RALLY 2023

Saturday, November 11, 2023

Registration begins at 8:30 AM

Event: 9:00 AM to Noon

Location: Mane Trail– 791 North Armstrong, Clovis, CA 93611 (Southeast corner of Armstrong & Alluvial)

Driveway is drive through for unloading ease!

4-H horseback riders, come test your skill and knowledge at the **EXPEDITION UNKNOWN** horse rally hosted by the Renegades 4-H Horse Group. Ten stations located on Mane Trail Property will put you and your horse through your paces. Offering three divisions:

Novice- walk, trot only; Juniors 9 - 13, and Seniors 14 and over.

Juniors and Seniors are also walk, trot, but some cantering options for extra points. Score goes to rider so horse may be used multiple times.

Entry Fee: \$10 per rider

Fresno Fair Presenters- Way to Go!

A big shout-out to the following 4-H members that gave presentations during the Big Fresno Fair!

Kaelyn & Landon Johnson– Sanger 4-H Addie Niles– Fowler 4-H Avery Niles– Fowler 4-H Allison Juarez- Renegades 4-H Gatlin and Blakeleigh Snell– Blossom Trail 4-H Emma Kasper– Blossom Trail 4-H Jeremiah Valorosi– Blossom Trail 4-H Lena Valorosi– Blossom Trail 4-H Senna Saad– Fowler 4-H Ayame & Nylah Saad– Fowler 4-H Jina Khezri– Fowler 4-H Jade Bracamonte– McKinley 4-H Ian Bates– McKinley 4-H Paige Heu- Lone Star 4-H



Fresno County 4-H Livestock Judging Contest

Saturday, November 18th Registration 8:30 AM to 9:00 AM Event normally concludes around 2 PM



What is a Judging Contest? A judging class consists of four items. The 4-H'er is asked to evaluate and rank the class in order from best to worst. Points are given on how close the participant comes to matching the placing an expert gives the class. Junior, Intermediate and Senior 4-H participants will also be given the opportunity to give oral reasons. Oral reasons enable the participant to explain to a judge why they placed the class the way they did. Points are given for how convincing the reasons are. Even if the class wasn't placed correctly, if good reasons are given, the points will reflect that.

How to Give Reasons: When you explain your choices in a judging contest, you are "giving reasons". Before you can give your reasons, you need to have a clear picture of the class in your mind. After judging the class, be sure to make some notes. Giving reasons will be easier after you have studied your notes. Step up to the judge and explain your reasons using the following example:

Opening Statement: I placed this class of <u>(i.e. – Feeder Class of Lambs)</u> 4-1-2-3. *Explanation:* In my top pair, I place 4 over 1 because:

Questions? Please contact Erin Collup at 559-367-2542.



4-H Hat Etiquette- There is a Correct Way!

Left side of hat

• Ambassador, platinum, gold, silver, or bronze stars in front. You may "cascade" the stars.

Place the junior/teen leader emblems and the Hi 4-H patch (in that order) behind the stars.



Right side of hat

- Stripes earned for each year completed in 4-H.
- Year completion pin (primary, junior, intermediate and senior) place above the stripe of the year the pin was earned, starting with the primary pins next to the 4-H clover
- Officer pins align with year earned.

100% Attendance pins - place below the stripe of the year the pin was earned.

County Fair 4-H Horse Show High Point Buckle Awards New Show Date Saturday, December 9th, 2023

Location: Verde View Farms, 1683 N. Del Rey Avenue, Sanger, CA 93657

7:30 am Registration - Showmanship starts at 8:00am - Open Card Trail ENGLISH ~ WESTERN ~ GYMKHANA

High Point Buckles awarded to the highest placing in each age division of competition for English, Western, & Gymkhana events

> Special Reserve High Point awards Same rider & horse required for High Point eligibility Division must have 3 or more riders to qualify for high point buckle

> > *Rosette Ribbons* 1st – 6th place

Onsite Snack Bar Available

For forms click here: https://ucanr.edu/sites/4-H-Fresno/Annual Events Page/Horse Shows and Activities/





HORSE HEALTH ALERT – Vesicular Stomatitis aka VSV

The equine industry has seen recent outbreaks of a virus which has been dormant for nearly 40 years according to a CDFA veterinarian. This can be fatal in some cases. All horse owners should use extra care in fly control as a preventative measure and keep transporting to a minimal (quarantine if symptoms). Please review the information from CDFA fact sheet accessible here https://www.cdfa.ca.gov/ahfss/Animal Health/pdfs/VS Factsheet.pdf. Contact your local DVM should you discover signs of blister-like lesions on ears, mouth, nostrils, teats, or hooves. Other species susceptible to the disease are cattle, swine, sheep, and goats. Additional information may be found here https://www.cdfa.ca.gov/ahfss/Animal Health/pdfs/VS Factsheet.pdf. Contact your local DVM



Attention all Fresno County 4-H Livestock Project Leaders, Members, & Parents!

Now that the Fresno Fair is in the history books, be sure to check out the **Livestock Achievement Program** webpage:

https://ucanr.edu/sites/4-H-Fresno/Projects/Livestock_Achievement/

and the Livestock Achievement Program Resources page:

https://ucanr.edu/sites/4-H-Fresno/Projects/Livestock_Achievement/Livestock_Achievement_Resources/

Leaders, there are lots of resources to help you plan your project meetings.

Members, the study guides and outlines let you know what information and skills you should practice for Livestock Achievement Day, scheduled for April 20, 2024.

The page will be updated regularly so if you have resources that you would like to share with other livestock leaders and members, please forward the information to Susanne Carroll at: susanneandkevin@gmail.com

If you need help planning meetings or finding resources for your livestock project, or if you have a resource you'd like to share, please contact the following species leads:

Beef Cattle - Susanne Carroll 559-269-9959 Dairy Goats - Clara O'Daniel 559-593-0449 Meat Goats - Savanna Duncan 559-909-4744 Sheep - Susanne Carroll 559-269-9959 Swine - Hannah Rothenfluh 559-287-5604





Join the #GivingTuesday movement to support the 4-H Program on Tuesday, *November 28* from 12 AM to 11:59 PM. \$20,000 is available for a dollar-for-dollar match up to \$3,000 per county, starting at midnight until the fund is depleted on Giving Tuesday!

#GivingTuesday, is a global generosity movement, unleashing the power of people and organizations to transform their communities and the world. #GivingTuesday is held annually on the Tuesday after Thanksgiving (in the U.S.).

The mission is to connect the power of UC research in agriculture, natural resources, nutrition, and youth development (4-H) with local communities is moving forward. Your gift helps ensure UC ANR continues to provide essential resources and trusted information to the people of California.

To donate click here: https://donate.ucanr.edu/. Look for the 4-H clover and click on the clover. Then specify Fresno County so your donation will be used specifically for the Fresno County 4-H Program. Be sure to make you donation early so matching funds will be applied.

Please share this information with any potential donors! Your support is sincerely appreciated!

thank you

Congratulations to our 2023 4-H Week Display Winners!!

There was a tie for 1st place! 1st place tie -Reedley 4-H \$75 award



1st place tie- Renegades 4-H \$75 award

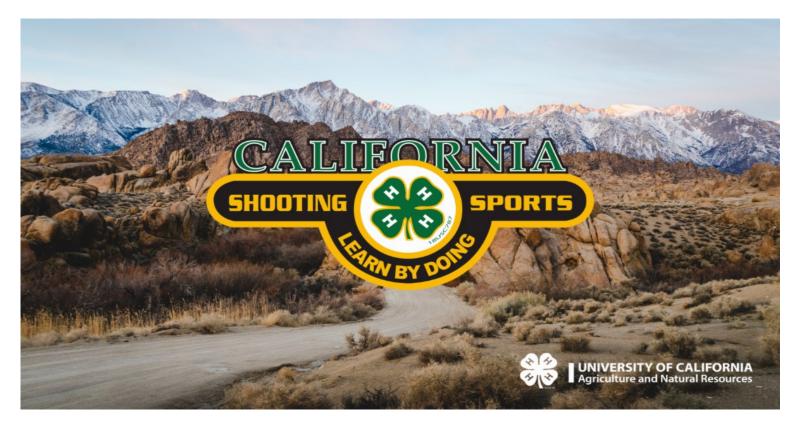


2nd place- Lone Star 4-H \$50 award 3rd Place- Kingsburg 4-H \$25 award



Honorable Mention

Rural Route 4-H & Fowler 4-H Clubs Thank you all for your efforts in promoting Fresno County 4-H



UPCOMING 4-H SHOOTING SPORTS WORKSHOPS

Western Heritage & Archery

Shooting Sports Workshops have been scheduled in the following disciplines.

4-H Shooting Sports Workshop: Western Heritage Discipline

- Date: Saturday & Sunday, November 25-26, 2023
- Time: 9:00 am -5:00 pm (SAT) | 8:00 am -3:00 pm (SUN)
- Location: Safety First Shooting Association/River Oaks Range, Winton, CA
- Audience: Adult Volunteers seeking Level 1 (Project Leader) Certification
- Limit: 20 participants
- Fee: \$35
- Registration: https://forms.gle/A2XJLiZJwGQCSKUV9

4-H Shooting Sports Workshop: Archery Discipline

- Date: Saturday & Sunday, December 9-10, 2023
- Time: 9:00 am -5:00 pm (SAT) | 8:00 am -3:00 pm (SUN)
- Location: Safety First Shooting Association/River Oaks Range, Winton, CA
- Audience: Adult Volunteers seeking Level 1 (Project Leader) or Level 2 (Trainer)* Certification
- Limit: 24 participants
- Fee: \$35
- **Registration:** <u>https://forms.gle/F8jb5vm8AvbZBaCu6</u>

*Level 2 (Trainer) Certification has additional requirements. Please read the registration survey for complete details.

Connect with us!



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Festive Food Faire 2024

Saturday, January 20, 2024

Sequoia Elementary School-1820 South Armstrong, Fresno

Open to all 4-H Members!

Now is the time to start trying recipes and plan your Festive Food Faire entries.

Festive Food Faire Categories for 2024:

Read carefully as there have been some changes!

Your recipe(s) must fall within one of the categories below or it will be disqualified.

SIZE OF ENTRIES LIMITED TO 12 inch X 12 inch square area.

Category 1 - Dairy Foods - One of the principal ingredients must be a dairy product such as

butter, milk, cheese, sour cream, yogurt, etc. No substitutes. Acceptable entries include: Appetizers/ cheese balls, cookies, cakes, desserts, breads.

Category 2 - Traditional - Must include story/bio about the origin and/or tradition of the recipe and how it relates to your family. Acceptable entries include: breads, cookies, cakes, desserts.

Category 3 - Candies - Caramels/taffies, chew candies, creams, fudges, divinity dipped candies, fruit and nut candies or brittles, candied apples, stuffed dates, hard candies, lollipops, lemon drops, gum drops, popcorn balls, etc.

Category 4 - Healthier Goodies! Main ingredient(s) must be nutritious i.e., whole wheat grains, bran, nuts, fruit, vegetables. Acceptable entries include: Appetizers, snacks, granola, fruit wraps

Category 5 - Trix-From-a-Mix – Entry must include ADDITIONAL ingredients SEPARATE from the box mix instructions. Acceptable entries include: Appetizers & snacks (no meat items), cookies, breads, desserts, cakes. *Additional Ingredients must be specified on recipe – such as lemon cake mix with 7-up added*

Category 6 – Holiday Decorations – Must be designed and assembled by the 4-H'er. Entries may include: Centerpieces, Place Settings (include menu, no food) suggest photo before quick assembly), Gift Basket (filled & decorated), Creative Holiday Craft (hand crafted holiday decorations, ornaments, jewelry, etc.)

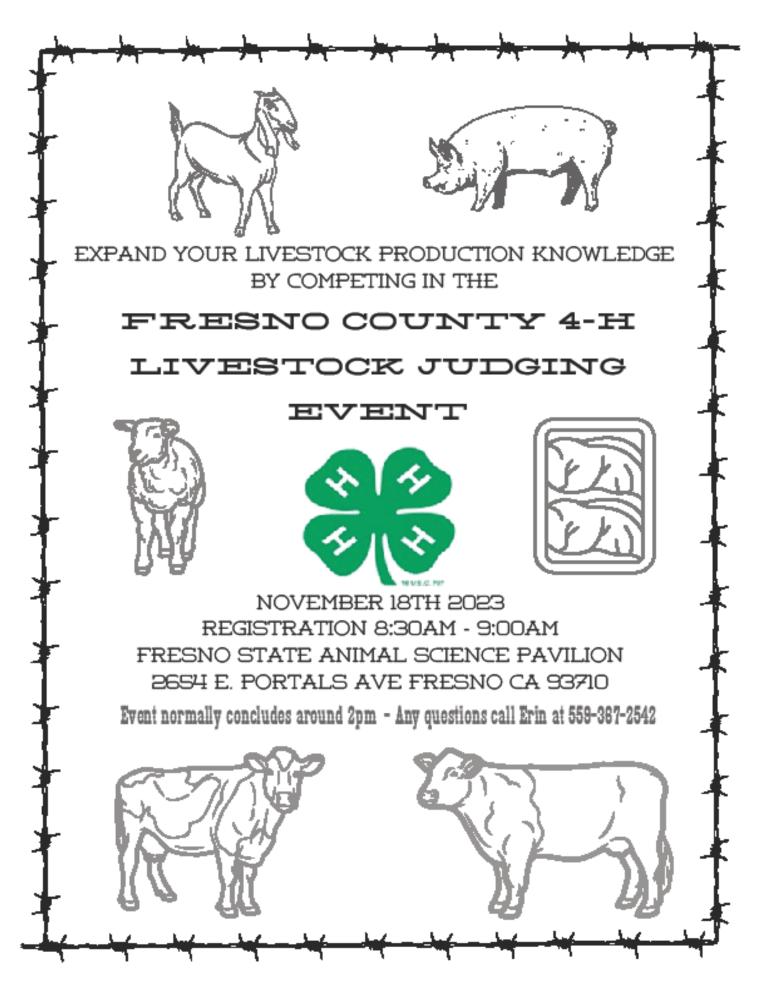
Category 7 – For 2024 – Creative SALADs - size limited to 12 inch x 12 inch area. Acceptable entries include: green salad, vegetable salad, pasta/legumes or grain, mixed salad or fruit salad PLEASE NO MEAT (This category changes every year.)

Pre-Registration is requested using the following link-

Festive Food Faire Registration Link







4-H Guidelines- Insert A

Teen Leadership Essentials: Setting up for Success

Learn how to bring your leadership skills to the next level through interactive webinars led by the State Ambassadors. Earn a Certificate of Completion for attending all workshops!

This workshop series is for youth leaders ages 13 and up. County Ambassadors, County Ambassador Coaches, and Leadership Project Leaders. **Register** Zoom link.

Schedule

September 20, 2023 6:30-8:30 pm: Youth- Adult Partnerships & Finding your niche as a Teen Leader

Using Hart's Ladder of Participation, learn about the different levels of youth-adult partnerships and strategies for improving youth-adult relationships both within and outside of a County Ambassador Program. As a team, you will also work through an activity designed to help you understand the Leadership Competencies and how to use them as a Teen Leader.

October 19, 2023 6:30-8:00pm: Creating a Strong Plan of Action

Discover the key components to service learning and practice transforming community service activities to service-learning projects.

November 15, 2023 6:30-8:30pm: Managing Your Goals and Building Consensus

Goal Management and decision making are key components to true success as a team. This workshop guides you through goal selection and how to make decisions cooperatively.

December 7, 2023 6:30-8:00pm: Anatomy of a Workshop

One of the functions of a Teen Leader is to educate members. In this workshop, learn how to build a cohesive, interactive, and fun workshop and still include learning outcomes.

January 17, 2024 6:30-8:00pm: The Art of Facilitation

After learning how to build a successful workshop the next step is learning how to deliver it. This workshop will provide the key elements and skills teams need to facilitate an interactive and engaging workshop.

February 15, 2024 6:30-8:00pm: Adapting without Collapsing

What happens when things do not go as planned? Flexibility and resourcefulness is key. Learn how to develop your backup plan along the way, so you are ready in the event your plan has to change.

Questions? Email StateAmbassador@ucanr.edu