



MEMOS

NOVEMBER 2011

University of California
Agriculture and Natural Resources

4-H Youth Development Program

Making a Difference
for California

2011-12 Officer Training Day

Teen Council put on a successful Officer Training Day October 8th. The following clubs attended the sessions: Ramona Stars, Escondido 4-H, Santa Ysabel Julian, VC Homesteaders, Poway 4-H, Jamul Chaparros, San Dieguito, Olivenhain Valley, Sagebrush, Fallbrook, Ramona Wranglers. Our office has training information to send to club officers who could not attend the training or for those who would like more information to help them with club responsibilities. Please email Carol Hrigora at chrigora@ucdavis.edu to receive the training you need to help you make the best better as an officer for your club.

Teen Council Laser Tag Fun

Teen Council had a Teen Fun night of Laser Tag October 15th. Teens experienced team building events and a lot of fun.

Teen Council would like to invite all junior and teen members to their next meeting November 8th at 6:30PM at the County Office

County Council's Pancake Breakfast

County Council had a successful Pancake Breakfast at the Escondido Street Fair October 16th. They made \$500 for the county council budget at the event. Thanks to everyone who contributed time, effort, food, materials and funds for the successful event.



Service Project Funding for Your Club

This year our state is focusing on contribution (one the six C's) demonstrating youth who Thrive. The Revolution of Responsibility is the perfect opportunity for funding your club's service project as part of their leadership development project using the Thrive curriculum. The Revolution of Responsibility first application review date was October 15th. The next application date is January 15th. Prepare your application now for the January review.

Need ideas for a club service project?

Here are 50 service project ideas based on SET and 50 more ideas based on Healthy Living projects.....



50 WAYS TO INCLUDE HEALTHY LIVING IN 4-H SERVICE LEARNING PROJECTS

1 Plan a formal dance for a senior citizen community 2 Demonstrate how to pack a healthy lunch at a local school 3 Launch a “Rethink Your Drink” campaign 4 Lead physical activities for an afterschool program 5 Start a youth hiking program for low income children 6 Bring fresh fruit and vegetable tasting into a local school 7 Launch a bicycle helmet drive and donate helmets to children in need 8 Teach others how to manage stress 9 Facilitate a peer mentoring program 10 Start a gleaning program and donate harvested produce



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11 Partner with local police to stage a realistic car accident to increase awareness of distracted driving 12 Host a movie screening and community forum around bullying 13 Build a community garden

14 Perform a skit about healthy living during a schoolwide

assembly 15 Collect and distribute food to those in need

16 Help local children achieve the President’s Active Lifestyle Award

17 Choreograph dance routines and teach them to others 18 Map

safe routes to local schools and distribute them to students 19 Build

a safe walking trail 20 Teach others how to interact with people who have a physical disability

21 Identify places to buy healthy food in the community and provide recommendations

to community leaders 22 Take children on a visit to a local farm 23 Organize a community

health night featuring activities, cooking lessons and exhibits 24 Host a blood drive

25 Teach children the importance of dental care 26 Organize a walking school bus

27 Facilitate a cooking class that teaches others how to make healthier desserts

25



*The projects listed are creative ideas to get you started and are not necessarily stand-alone service learning projects. To learn more about service learning, visit www.ca4h.org/Projects/Citizenship/ServiceLearning.



50 WAYS TO INCLUDE SCIENCE, ENGINEERING, OR TECHNOLOGY IN 4-H SERVICE LEARNING PROJECTS

1 Host a community science fair 2 Create a GIS disaster evacuation map and present it to the City Council 3 Plan a science career fair at your school 4 Become a nature guide at an arboretum or park 5 Research and present on a hot science topic to a community organization 6 Tutor as part of an organized science or math program 7 Plan a youth engineering challenge event 8 Start a science education program at an afterschool program 9 Promote environmentally safe ways to control household pests 10 Design, build, and plant a community garden 11 Organize a drive to paint ‘No Dumping’ signs on storm drains 12 Offer to help local scientists with their research 13 Develop a public display that highlights local community scientists 15 Identify the source of your city’s electricity and advocate for more renewable sources 16 Take children on a visit to a local science center 17 Host



15



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a ‘Meet a Scientist’ or ‘Meet an Engineer’ night 18 Organize a stream or beach cleanup and conduct water quality testing 19 Educate others about engineering careers 20 Collect animal or plant specimens for environmental groups 21 Educate others about proper ways to recycle

electronic equipment 22 Partner with a local science center to offer public science days 23 Share the science behind proper nutrition at a healthy

living event 24 Advocate for environmental protection to local and

county governments 25 Host a public 4-H National Youth Science

Day event 26 Work with a wildlife refuge to build environmental

preserves 27 Start a reforestation campaign in places ravaged by

wildfire 28 Educate others about the risks of online identity theft



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The projects listed are creative ideas to get you started and are not necessarily stand-alone service learning projects. To learn more about service learning, visit www.ca4h.org/Projects/Citizenship/ServiceLearning.



Thrive Training Nov 5 -County Office 9335 Hazard Way

Part 1: 9-Noon Lunch: 12:00-12:30 Part 2: Rubric Evaluation Training 12:30-2:00

Ten clubs' Leadership Development Project Leaders completed Part 1 of the Thrive Curriculum Training at Officer Training Day. Certificates and a disc containing the materials for part 2 of the Thrive Rubric Evaluation Training have been sent to leaders from Fallbrook, VC Homesteaders, San Dieguito, Escondido, Poway, Ramona Stars, Alpine Amigos, Japatul, Sagebrush, and Jamul Chaparros.

November 5th is the next leadership development project leaders' training for using Thrive Curriculum. Part 1 of the training will be from 9-noon at the County Office. Every club should have a leadership development project for their club officers and any Junior or Teen member interested in developing their leadership potential. Curriculum materials for leaders and their members will be given to leaders following their completion of the Thrive Training Part 1.

To complete part 2 of the Thrive Training Leaders can take the rubric evaluation training 3 ways as shown below:

1. **Here is the information needed to successfully complete part 2 by phone conference.** You will need a phone line and computer with internet access for this training. It is very important to download the video
 - 1)Open this link to the training materials: http://www.ca4h.org/Resources/Volunteers/GPS_Rubrics_and_Thriving_Training/
 - 2)Download the video (Entitled "Ardeene") ahead of time (give yourself at least 10 minutes)
 - 3)Download and print out all the other documents BEFORE the training begins.
 - 4)Read the overview paragraphs on the Web site page, and keep the Web page open during the conference call
 - 5)Call in to our Ready Talk Conference Line @ 1-866-740-1260 Access code: 7524783 Please do not hesitate to call if you have any questions or if you have issues logging in to the system

Dates for phone conference training:

Thursday, November 3rd, 6:30-8pm
Saturday, November 5th, 9-10:30am
Thursday, November 10th, 6:30-8pm
Monday, November 14th, 6:30-8pm
Thursday, November 17th, 6:30-8pm

2. **You can complete part 2 of the training online at your convenience** If you prefer to complete the rubric training online: Instructions for online option are shown below:
 - 1) View the Rubrics PowerPoint and read the notes section for each slide.
 - 2) Follow the instructions on each slide. For example: Slide #7 says to Observe Ardeene; at that point you will view the Ardeene video by clicking on "Ardeene" above.
 - 3) Complete Alejandra, Josh, and Talia vignettes and rubrics observation tools on all three youth.
 - 4) Complete the quiz. Follow this link:
<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=7384>
3. **You can complete the rubric training Face to Face November 5th at the county office, 12:30-2:00. You will not need your computer, just your presence. This training follows part 1 of the Thrive Training from 9-12. Please call Carol if you have any questions at 858 614 7614.**

County Record Book Evaluation Complete

Thank you to our county record book evaluators. Your contribution to our 4-H members is appreciated. A special Thank You to Karen McKinsey for overseeing the evaluations! Please contact Karen if you have ideas regarding evaluation of record books or awards and incentives for record books.

Teen Council Christmas Wreath Pre-Order

Teen Council is selling Christmas Wreaths. Please contact Robin Whitecotton at <robwhtco@yahoo.com> for the order form or call her with your order at 760-840-0325

Small Animal Learning Day December 3rd Save the Date

The Small Animal Advisory Committee is planning a small animal learning day on December 3rd from 9AM-1PM at the County Office. Learn what you need to know about caring for and showing your small animal. If you are a small animal leader please attend the next meeting on November 8th at 6PM at the County Office. Your input, expertise and participation is needed to make this year’s event great!

Contact Marian head for more information lordhans@att.net or 760-489-8507.

Please submit your favorite, delicious recipes as soon as possible to Robbie Cranor at 67ford@nethere.com

If you have trouble scanning them and emailing..... you can mail them directly to Robbie at 1471 Star Valley Road Alpine, CA 91901.

He would like to receive them soon so that they will be ready for Holiday gifts.



Sign-Up Now for Junior Leadership Camp January 27-29

Dive into Leadership, Make a Splash at this year’s Junior Leadership Camp, January 27-29 at Camp Oliver in Descanso. San Diego County’s 4-H Teen Council is looking for Senior Level 4-H members to present workshop sessions. This year’s camp activities include a team building ropes course, and archery as well as excellent leadership development activities. The registration, Session Leader Application and Flyer are on the following pages.....



2012 SAN DIEGO COUNTY JUNIOR LEADERSHIP CAMP

“DIVE INTO LEADERSHIP”

This camp is open to 4-H members and military youth in grades 6, 7, 8 only (for home schooled youth, age 11 by December 31st). A member does not have to be a Junior Leader to attend. Chaperones must be a minimum of 25 years of age. The Conference is organized and conducted by the San Diego County All Stars and Teen Council. Delegates will participate in sessions / workshops / activities that will help them develop leadership skills and increase their knowledge of 4-H!

WHEN: Friday- Sunday, JANUARY 27, 28, 29- 2012

CHECK IN: 5 p.m. -7 p.m., Friday, January 27, 2012

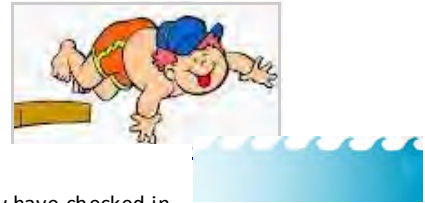
CHECK OUT: 12:00 –1:00 pm, Sunday, January 29th (Must be picked up by 1:00 pm)

Delegates will not be allowed to leave the conference for any reason once they have checked in.

If you cannot stay, please do not register - NO EXCEPTIONS. No late check-in.

WHERE: Camp Oliver, 8761 Riverside Drive, Descanso CA

COST: \$110.00 Includes Friday night snacks, 3 meals on Saturday, and breakfast Sunday.



SESSION LEADERS: Members giving presentations must fill out a session application and attend a mandatory audit on **January 9th** starting at 5:00 p.m. Session Leaders must be in High School and at least age 14 by December 31st 2011. No exceptions! Sessions should last 60 minutes. Sessions should be new, with no repeats from the previous two years. All Session Leader Applications are due in the county 4-H Office by December 9th at 5:00 p.m.

ACCOMMODATIONS: Cabins with bunk beds; central showers, restrooms and a dining hall. Bring a sleeping bag, pillow, warm blankets. Bring towels, washcloths, etc. Girls will be in one cabin and boys will be in two smaller cabins. Delegates are expected to participate in the assigned sessions. Part of the learning process for the conference comes from meeting new people and sharing ideas and experiences!

DRESS: Warm camp clothes - jeans, T-shirts, sweatshirts, jackets, comfortable shoes. Casual but warm. The 4-H dress code will be strictly enforced. There will be a party and dance on Saturday evening. For non dancers there will be games, movies, and a Camp Fire.

TRANSPORTATION: All participants must provide their own transportation to and from the conference.

REQUIRED: *Medical Release/Health History Form*
Junior Leadership Camp Application
Camp fees
Code of Conduct form



Clubs must turn in the delegate applications together as a group along with chaperone applications and the Club Check. Individual checks not accepted. Conference limit is 100 delegates. Reserve your space now!!! Please include a separate sheet of paper with the name of your club, check number and a list of delegates being paid for. Reminder: your Club will be required to send Chaperones if you have more than 3 members attending the Conference. We need adult Chaperones (male and female) 1 per 8 members of same gender. If this quota is not met we will have to refuse the last Delegates to register.

Contact: Robin Whitecotton at robwhctco@yahoo.com Or the 4-H office at 858-614-7614 for more information

SAN DIEGO COUNTY JUNIOR LEADERSHIP CAMP APPLICATION

YOUTH DELEGATE INFORMATION

NAME: _____

ADDRESS: _____

PHONE: () _____ CLUB or BASE: _____

PARENT/GUARDIAN NAME:: _____

GRADE: _____ MALE _____ FEMALE _____ E-Mail: _____

CHAPERONE INFORMATION

MALE _____ FEMALE _____ CPR / FIRST AID CERTIFIED _____

CHAPERONES ARE REQUIRED TO PERFORM CAMP RELATED DUTIES ASSIGNED BY THE CAMP COORDINATORS. CHAPERONES COULD BE ASKED TO ASSIST IN PREPARING MEALS, OBSERVING SESSIONS, ESCORTING DELEGATES TO AND FROM CABINS, COURTEOUSLY ENFORCING CAMP RULES, ETC. THERE WILL BE A MANDATORY CHAPERONE TRAINING AT CAMP. CHAPERONES MUST BE APPROVED 4-H LEADERS.

AS A CHAPERONE, MY SIGNATURE CERTIFIES THAT I AM AT LEAST TWENTY-FIVE (25) YEARS OLD AND WILLING TO ASSIST THE CAMP STAFF, DOING WHAT IS NECESSARY TO PROVIDE YOUTH WITH A POSITIVE EDUCATIONAL EXPERIENCE.

SIGNATURE: _____ DATE: _____

Upon receipt of Application, Health History/Medical Release forms and Code of Conduct forms will be E-mailed to you along with Camp Do's & Don'ts

DEADLINE TO COUNTY OFFICE: 5:00 PM January 13, 2012

COUNTY USE ONLY:

DATE RECEIVED: _____ CHECK #: AMT: _____

ENROLLED ONLINE: _____ COC: _____ MR/HH Form: _____





JUNIOR LEADERSHIP CAMP 2012 WORKSHOP PROPOSAL FORM APPLICATION



NAME(S): _____

COUNTY: _____

ORGANIZATION/CLUB(S): _____

MAILING ADDRESS: _____

CITY AND ZIP CODE: _____

PHONE NUMBER(S): _____

E-MAIL(S): _____

TITLE OF WORKSHOP: _____

Please provide a detailed description of your Workshop.

2. Do you need any special equipment in your session? (i.e.: electrical outlet, projector, etc.)

Circle: Yes No If "Yes," explain below:

3. What kind of facility and amount of space do you need/prefer? (Table with chairs, seating only, indoor, outdoor, small or medium sized room, etc.)

4. Would you be able to complete your session within the allotted hour? Would you need to use two session periods? Would you be able to put on this session more than once during this conference?

5. Please provide the maximum # you can accommodate in the Workshop. Maximum _____

**If possible please attach a session outline and be prepared to give presentation to a committee on
January 9th at 5:00pm at the County Office**

I, _____, hereby state that to my knowledge the information included in my Junior Leadership Conference 2012 Workshop Proposal Form is correct, and my Workshop will hold up the integrity of the California 4-H Youth Development Program.

Signature of Applicant

Date

**San Diego
County
4-H Leaders'
Council :**



Charla Cranor

President
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arabian@nethere.net

Colleen Tschumperlin

Vice President
760-445-3675
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Ariel Sauln

Treasurer
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Mary Bradley

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Deanna Oswald

Corresponding Secretary
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Natasha Mini

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4-H Admin Asst II
ndmini@ucdavis.edu

San Diego County 4-H Office

9335 Hazard Way, Ste 201
San Diego, CA 92123
Phone: (858) 694-2861
Fax: (858) 694-614-7786



This month we say goodbye and best wishes to our office staff members Terri Barratt and Natasha Mini. We wish them well in their new opportunities.

Terri has been in the 4-H office for 4 years. She has been the first face 4-H volunteers see when they walk into our office and our volunteers are all familiar with her voice as she answers their questions by phone. Her dedication to the program is well known by all of our clubs. We will miss her thorough attention to detail and accurate processing of all things 4-H. We know she takes 4-H with her in her heart. We wish her well in her new position with the Department of Public Works.

In the short time Natasha has been with us most clubs have gotten to know her well as she assisted them with their treasurer's reports and documentation to become approved volunteers. She also negotiated contract completions. Natasha is working on the reorganized website and will continue on part time to help us in the transition to new office staff. Natasha will still be available via email to address any of your questions or concerns.

We feel enriched having had these two individuals in our lives and program.

DATES TO REMEMBER

Date	Event	Location & Time	Contact	Phone
Nov 1	Club Budgets, By-Laws	Affirmative Action Report	due to County	Office
Nov 5	THRIVE Training-see pg 3	County Office 9am-2	Carol Hrigora	858-614-7614
Nov 5	Beef Play Day	Santa Barbara	Debbie Torres	760-728-6078
Nov 7	County Council Mtg	County Office 6:30 pm	Charla Cranor	619-322-8069
Nov 8	Horse Advisory mtg	County Office 6:30 pm	Jason Gosschalk	619-850-8426
Nov 11	State Leaders Forum	Asilomar, CA	Carol Hrigora	858-614-7614
Nov 14	Teen Council mtg	County Office 6:30 pm	Robin Whitecotton	760-840-0325
Nov 14	All Star Mtg	County Office 6:00 pm	Kevin Fletcher	619-922-5342
Nov 19	Horse Competition	Trail Ride	Charla Cranor	619-322-8069
Nov 24-25	Thanksgiving Holiday	County Office closed		

Dec 3	Small Animal Learning Day	County Office	Marian Head	760-489-8507
Dec 5	County Council Mtg	County Office	Charla Cranor	619-322-8069
Dec 10	Large Animal Conf.	Imperial County		
Dec 12	All Star Mtg	County Office 6:00 pm	Kevin Fletcher	619-922-5342
Dec 12	Teen Council mtg	County Office 6:30 pm	Robin Whitecotton	760-840-0325
Dec 13	Horse Advisory mtg	County Office 6:30 pm	Jason Gosschalk	619-850-8426
Dec 26	Christmas Holiday	County Office closed		

Jan 2	County Council Mtg	County Office	Charla Cranor	619-322-8069
Jan 9	All Star Mtg	County Office 6:00 pm	Kevin Fletcher	619-922-5342
Jan 9	Teen Council mtg	County Office 6:30 pm	Robin Whitecotton	760-840-0325
Jan 9	JLC Session presentations	County Office 5:30 pm	Robin Whitecotton	760-840-0325
Jan 10	Horse Advisory mtg	County Office 6:30 pm	Jason Gosschalk	619-850-8426

San Diego County 4-H Military Sites: Area 3

BayView Gateway Hartman Silverstrand
 Murphy Canyon Community Murphy Canyon Youth Center
 Chesterton Village at Serra Mesa



Quote of the Month

Life's greatest accomplishments are those that at first seem impossible.

The University of California prohibits discrimination against or harassment of any person employed by or seeking employment with the University on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (which includes pregnancy, childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), genetic information (including family medical history), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: *service in the uniformed services* includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) or any person in any of its programs or activities.

University policy also prohibits retaliation against any employee or person seeking employment or any person participating in any of its programs or activities for bringing a complaint of discrimination or harassment pursuant to this policy. This policy is intended to be consistent with the provisions of applicable State and Federal laws.

Inquiries regarding the University's equal employment opportunity policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources,

One Shields Avenue, Davis, CA 95616, (530) 752-8495

