

San Diego County

4-H

MEMO



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State Leadership Conference

Workshop Proposals Deadline: February 13, 2012

The 2012 California 4-H State Leadership Conference needs presenters! If you would like to present a session on Friday, August 10th or Saturday, August 11th, please submit a workshop proposal form to the State 4-H Office. Sessions can address many subject areas, they should emphasize one of the three National 4-H Mission Mandates: 4-H Science, Engineering & Technology (SET), Citizenship, or Healthy Living. Applications and additional criteria can be found at: <http://www.ca4h.org/Programs/Conferences/SLC/>.

With SLC in San Diego this year, lets show the rest of the state that San Diego County has the best leaders and members by presenting outstanding workshops at State Leadership Conference. Sign up TODAY!

Did You KNOW?

- ❖ **All-Star** applications are due February 24th. San Diego County All Star is an award earned by members who have given of themselves in service to the principles of 4-H and the community. It is the highest award given to members in San Diego County. It requires two years of service as a Teen Council member and a countywide service project. Universities and colleges treat this award equally if not more than Eagle Scout for Boy Scouts or Gold Award for Girl Scouts when considering admittance applications.
- ❖ Avian Bowl took 6th in the nation at the national competition in Louisville, Kentucky. Congratulations to Jeannette Kremp who had a perfect score on the written test.
- ❖ San Diego County 4-H Leaders Robin Whitecotton and Paulette Sauln with Drew Middleton attended the Western Regional Leader's Conference in Cheyenne, Wyoming. Come to the February County Council Meeting, February 5th at 6:30 PM to hear what they learned. Drew was recognized for 25 years of 4-H service.
- ❖ Save-the-date! Regional 4-H Thrive Master Trainer Trainings and Updates are scheduled for 2012. The Master Trainer Training is for volunteers who wish to become part of their county's training team. Current Master Trainers who wish to extend their service an additional year will attend a one-day update training. New Master Trainers will attend the entire weekend. The Regional Training Date is: Southern California—September 22-23, 2012. All conferences are sponsored by 4-H Thrive and will cover the cost of conference, travel, and lodging. Registration information and more details to come.
- ❖ NEW Resource: 4-H Project Sheets. 4-H Project Sheets were designed by 4-H staff and experienced volunteers to help 4-H project leaders determine meaningful content and lead youth in hands-on activities. Additionally, 4-H youth and their families may use these sheets to decide which project they might be interested in. Visit www.ca4h.org/Projects/Project_Sheets to learn more about bread-making, foods and nutrition, livestock judging, global education, gardening, and many other 4-H projects.
- ❖ Save the Date: **2012 State 4-H Leaders' Forum**
November 9-11, 2012 at Asilomar Conference Center in Pacific Grove, CA
For 4-H Adult Volunteers
<http://www.ca4h.org/Programs/Conferences/SLF/>
The State 4-H Leaders Forum provides a weekend retreat for 4-H volunteers across California to gather for networking, education, relaxation, and fun.
For more 4-H opportunities for you and your club go to: <http://www.ca4h.org/files/134982.pdf>



San Diego County All Star Faith Knipe

Faith Knipe, San Diego County All Star and all around awesome 4-H member. Faith starting in 4-H because her best friends/ neighbors Lydia and Miranda Cain did. They were always at meetings or events and could never hang out with her. She thought, what a better way to hang out than go with them? So she joined, and she is so glad that she did.

She has been a member since 4th grade that makes 8 years at the end of this 4-H season.

Faith believes definitely that 4-H is serving youth of the community in a substantive way. She says, *“By teaching kids leadership, speaking and other life skills, 4-H prepares youth to be productive, independent members of society for the future. The community service and learning opportunities that 4-H provide also allows kids to interact and express themselves in a safe and fun environment.”*

One of the big goals in her life is to travel. By bonding with and hearing the stories of other 4-H members and adults, she has realized that there is so much to do and see in the world outside of San Diego. *“4-H has allowed me to embrace the diversity of my surroundings, making me curious to see what the rest of the world has to offer!”*

Faith applied to be an All-Star so she could be more involved at the county level and have an opportunity to work with adults and other facilitators on a service project to benefit her community. To Faith, an All Star is an extremely dedicated 4H-er who is willing to put others before themselves. He or she must be charismatic, confident and above all, a leader. She said of the program, *“All Stars are the face of San Diego County 4-H and should be honored to hold such a title.”*

Faith was asked if she had a message for teens and her response had some impressive points; *“One: Truly embrace what 4-H is teaching you and use it the best you can in your community and future. Two: Don't be afraid to be yourself! Sometimes it may seem hard to do, but it will always work out better in the end. Three: Work hard in school, but save time for yourself and loved ones. School gets tough, but as long as you set aside relaxation/down time, you can do whatever you set your mind on. Finally, try to look on the positive side of every situation and person. You will get the most out of anything if you look at it as a challenge as opposed to not being able to do it. Everyone has something special to bring to the table (big or small) and we should all be given the opportunity to do so, just as 4-H allows!”*



Presentation Days are Here!

Are you ready for Presentation Days? The Area Presentation Day dates are shown below as well as the County Presentation Day, Arts and Design Day, Sectional and State Field Day dates. Please click on the links you see for more information.

Public speaking skills are ranked number one among the skills sets of professionals. Other guiding factors for developing public speaking skills include:

- Discovering an important component of development
- Increasing self-esteem, self-confidence, and the ability to accept feedback
- Expanding skills for planning, preparation and performance

Presentations are not just demonstrations. You have many options ranging from traditional

demonstrations to problem solving for senior members. All of the various presentation styles require similar skills, but are designed to meet the interests and age-appropriate levels of the member. No style of presentation is better than any other. Choose the style that best fits you for your first presentation and then try other styles as you advance in 4-H. Every member is encouraged to give a presentation each year. Show what you've learned; give a presentation!

Special Recognition at 2012 State Presentation Day A special recognition pin will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living. This year's focus area is healthy food. Potential topics may include USDA's MyPlate, serving sizes, sugar-sweetened beverages, nutrition facts labels, food groups, nutrients, and more. Visit www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities for details.

February Area Presentation days

- Area 1 Presentation Day Feb. 4th
- Area 2 Presentation Day Feb. 25th
- Area 4 Presentation Day Feb 23th
- Area 5 Presentation Day Feb. 4th

County Presentation Day March 24th watch for more information in our March newsletter.

San Diego County 4-H has a long history of public speaking. In 4-H culture we call it making a presentation. Dozens of members will be taking on the challenge of developing a presentation and delivering it in front of judges. Members will first face judges at an area presentation day. From these area presentations, members who medal may advance to County Presentations and another set of judges. These brave few can move further to Regional Presentation with the South Section or Sub Sectional. The best speakers can go on to present at UC Davis in the state presentation competition.

Every member should be encouraged to develop presentation skills. The 4-H program is about developing life skills for our youth members and giving, and organizing a presentation is an amazing life skill to develop early.

4-H Scholarships

Higher Education Scholarships Deadline: April 30, 2012. The California 4-H Youth Development Program, with help from donors, offers statewide scholarships to graduating high school seniors and current college students to cover educational expenses such as tuition, books, room and board. Applicants may apply for multiple scholarships but are only eligible to receive one scholarship per year. Previous scholarship recipients may reapply. For scholarship categories and application details, please visit:
<http://www.ca4h.org/Resources/Members/Scholarships/>.

Are you in the ORB?

San Diego 4-H members have really jumped into the ORB. If you're still wondering what the ORB is all about join one of these upcoming trainings in February and March.

Introduction and Logging-In Volunteers and Youth Version on February 9, 7-8pm

Paper vs. Electric: Navigating the Forms in the Online Record Book: PDR, APR, Story. Volunteer and Youth Version on February 23, 7-8pm

Youth Functions, Forms, and Privacy Settings Volunteer and Youth Version on February 23, 7-8pm

Project & Club Leader Functions and Approving Forms Volunteer and Youth Version on March 1, 7-8pm



To register for the webinars, go to <http://www.ca4h.org/Resources/Members/RecordBook/ORB/>

Registration for Area 4 Presentation Day

Please send the following to: Ramonastars@gmail.com

Name:

Club:

Contact information: Address, phone, email

Division: Junior – Intermediate – Senior

Presentation Category:

Title of Presentation:

Special Accommodations Needed:

Please Register by: Feb 21st.

Area 4 Presentation Day will be Feb 23 at 6:30 PM. The event will be hosted at Ramona Fair Grounds Ec building. Questions can be directed to Robin Evans-Becker and Diane Collins at Ramonastars@gmail.com

Arts and Design Day

March 31st

Location: Tierra Bonita Elementary School

Watch for more information in our March newsletter.

You're just not into 5 AM feeding, walking a pig down the street, picking mites off your chicken... but you are into design, welding, carpentry, small engines, sewing, painting, and/or photography; then Art and Design Day is for you! Art and Design Day is the event where 4-H members can display their non-animal projects for recognition of their work. Members may even move on to sectional and State events. Speak with your leader to learn more about the Fashion Revue competitions, or the Plate Setting competition. It's a fun day for everyone in the family.



State Field Day

May 26, 2012, 8:00am - 6:00pm

University of California, Davis (Wellman, Hart, and Olson Halls) including Presentation Day, State 4-H Fashion Review, State 4-H Plant Science Contest, State 4-H Photography Contest, State 4-H Film Festival, State Interview Contest, Logo Design Contest for more information go to the state website at:

<http://www.ca4h.org/Programs/Events/SFD/>

The **State Fashion Revue Manual** has been revised for 2012 and posted on our state website at <http://www.ca4h.org/Programs/Events/SFR/>. The rubric scorecards used at SFR are also online for use at local events State Fashion Revue will be Saturday, May 26 at UC Davis, as part of State Field Day. Delegates must qualify at their local County Fashion Revue. See the updated manual for information. If you need a pattern for the Tote Bag Challenge or you have questions about the SFR service projects, contact Mary Engebretth at maryengebretth@comcast.net.



Dates to Remember

| Date | Event | Location | Contact | Phone/Email |
|----------|-------------------------|---------------------------------------|---------------------------------|--|
| Feb 4 | Area 1 Presentation Day | Antique Gas & Steam Engine Museum | Salena Woodall | Salena.charlie@gmail.com |
| Feb 4 | Area 5 Presentation Day | Jamul Community Church | Mary Bradley | l_mbradley@hotmail.com |
| Feb 5 | County Council | County Office | Charla Cranor | Arabian@nethere.net |
| Feb 13 | Teen Council | County Office | Robin Whitecotton | robwhtco@yahoo.com |
| Feb 14 | Horse Advisory | County Office | Carol Hirgora | clroberts@ucdavis.edu |
| Feb 20 | President's Day | County Office Closed | | |
| Feb 23 | Area 4 Presentation Day | Ramona Fair Grounds – Ec Building | Robin Evans-Baker/Diana Collins | Ramonastars@gmail.com |
| Feb 25 | Area 2 Presentation Day | Poway High School | Margaux Payton | Margaux.payton@gmail.com |
| | | | | |
| March 3 | Area 5 Field Day | Lakeside Fair Grounds | Margaret Drown | 760-765-3381 |
| March 5 | County Council | County Office | Charla Cranor | Arabian@nethere.net |
| March 10 | Super Saturday | TBA | Teen Council | Teen Council |
| March 12 | All Stars | County Office | Kevin Fletcher | k.fletch@yahoo.com |
| March 12 | Teen Council | County Office | Robin Whitecotton | robwhtco@yahoo.com |
| March 13 | Feb 14 | Horse Advisory | County Office | Carol Hirgora |
| March 24 | County Presentation Day | Poway Elementary | Charla Cranor | Arabian@nethere.net |
| March 30 | Cesar Chavez Day | County Office Closed | | |
| March 31 | Art and Design Day | Tierra Bonita Elementary School/Poway | Sandra Dalagar | smdalager@msn.com |
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SUPER SATURDAY BOOTH APPLICATION

Super Saturday- March 10th, 2012

-Time TBA, but around 10AM-2PM

Leader Name:

Club Name:

Booth Name:

Booth Description:

Materials Needed: (i.e. chairs, electricity, open space)

Please completely fill out this form and return to the San Diego County 4-H Office by March 1st, 2012. Applications will be reviewed on March 5th. Thank you for sharing your knowledge and experience with us!

9335 Hazard Way Suite 201 San Diego, CA 92123

- San Diego County 4-H Teen Council

Super Saturday is San Diego County's opportunity for the public and clubs to come together to celebrate all things 4-H. Clubs are allowed booth space to demonstrate new or best practices in their projects or activities. This is a great way for all the clubs to see and listen to what is happening in the county. Come out to Super Saturday and represent your club in San Diego County.



San Diego County Office Intern Internship Job Description

Position Summary

The intern will work on projects that support the goals of the University of California Cooperative Extension (UCCE) of San Diego County 4-H. The UCCE is designated Farm and Home Advisors Office and is tasked with serving the San Diego area in cooperative agreement with the County of San Diego. The Farm and Home Advisor's Office conducts a variety of programs in education and applied research in a unique three-way partnership with the U.S. Department of Agriculture, the University of California, and the County of San Diego. Also known as "Cooperative Extension (CE)," the Farm and Home Advisor Office plays a central role in connecting San Diegans to the resources of a national network of land-grant universities.

Responsibilities

- Answering phones
- Preparing correspondence
- Filing
- Program support
- Active willingness to support and work on a variety of projects as assigned
- Attend and staff outreach events on behalf of the San Diego County 4-H YDP

Desired Qualifications

- Knowledge of the 4-H Program
- Experience with general office procedures
- Assertive personality, persistence, and strong people skills critical for working with a variety of departments, volunteers, and personalities
- Training will be provided
- Ideal candidate would be high school, college student or retired person

Application Guidelines

Priority will be given to candidates who email resume and cover letter to:

Quang "Hogan" Tong, qtong@ucdavis.edu. You may mail a hard copy resume and cover letter to: 9335 Hazard Way Suite 201 San Diego, California 92123. Deadline: Feb 24, 2012

The University of California Division of Agriculture & Natural Resources (ANR) prohibits discrimination against or harassment of any person participating in any of ANR's programs or activities on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (which includes pregnancy, childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), genetic information (including family medical history), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services). University policy also prohibits retaliation against any employee or person participating in any of ANR's programs or activities for bringing a complaint of discrimination or harassment pursuant to this policy. This policy also prohibits retaliation against a person who assists someone with a complaint of discrimination or harassment, or participates in any manner in an investigation or resolution of a complaint of discrimination or harassment. Retaliation includes threats, intimidation, reprisals, and/or adverse actions related to employment or to any of its programs or activities. The University is an affirmative action/equal opportunity employer. The University undertakes affirmative action to assure equal employment opportunity for minorities and women, for persons with disabilities, and for covered veterans (including veterans with disabilities, recently separated veterans, Vietnam era veterans, veterans who served on active duty in the U.S. Military, Ground, Naval or Air Service during a war or in a campaign or expedition for which a campaign badge has been authorized, or Armed Forces service medal veterans). University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's equal employment opportunity policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, One Shields Avenue, Davis, CA 95616, (530) 752-0495.

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University of California advisors work with community leaders, government agencies, private organizations, and individuals to address local issues and solve problems. They extract useful and practical information from research and extend it to farmers, land managers, business people, educators, families, and consumers. Educational programs are conducted by way of public outreach through individual consultations, seminars, field days, publications, and the mass media.



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University of California
Agriculture and Natural Resources



100 years of 4-H



San Diego
County

A mission of service.

Many clubs like the San Diego County Council has begun the process of asking members and leaders if they are interested in serving as an officer next year.

Charla Cranor, current San Diego County President, has served her two terms and is currently asking if there are leaders who would like come forward to service as an officer for San Diego County Council.

4-H is the largest youth organization in the United States, serving over six million youth. The program is a youth organization served by the hundreds of thousands of volunteers, parents; moms and dads.

The program can only exist if there are the willing few to come forward to serve, to sacrifice in service to the youth of 4-H; a mission of service.