SMART Goal Examples

1. By September 2018, I and a member of the PA team will conduct 1 CATCH train-the-trainer training, that will provide staff with a general understanding of the CATCH Curriculum.

2. By March 2019, I will identify and integrate 1 PSE activity (Garden, Stencils) at a community site that will involve adult participation.

3. By March 2019, I will implement the Smarter Lunchrooms Movement at Ewing Elementary to encourage the consumption of healthy foods.

4. By March 2019, I will have a plan in place where SLM is implemented by the student council at Ayer elementary.

5. By March 2019, I will continue to support the SHCP Madison teacher in the school garden grant by guiding her to resources and partners that can assist her with garden maintenance and education.

6. By March 2019, I will identify and implement one policy, system or environmental change that supports SLM efforts at Bakman, in order to improve the school environment with comprehensive programming.

7. By the end of FFY19, plan, develop and test a process for school wide tastings that increases student reach to support FUSD menu items by increasing consumption of more fresh fruits and vegetables.

8. By March 2019, I will attend a training on time management to increase my ability to handle multiple school site priorities successfully.

9. By June 2019, I will complete a writing training course that will enable me to produce impactful blogs highlighting my work and better tell UC CalFresh Stories.