

IN 4-H WE BELIEVE IN

Opportunity for All

Every kid needs the chance to thrive. It'll inspire their lives, and they'll inspire our community.

4H.ucanr.edu



4-H IS A COMMUNITY FOR ALL KIDS

We believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us.

The University of California 4-H Youth Development Program welcomes all youth ages 5-18. For more than 100 years, we have welcomed young people of all beliefs and backgrounds.

Through hands-on experience, kids gain a voice to express who they are and find ways to make their lives and communities better.

Youth learn how to be effective leaders in a safe environment with youth-adult partnerships. Their opportunities to grow include experiences at the local, county, state and national levels.

With a direct connection to the University of California, 4-H is the first experience many young people have with higher education. At the annual State Leadership Conference and Juntos Summer Academy, teens can also experience life on a university campus as they attend workshops on leadership and college preparedness to help them envision life after high school.



UNIVERSITY OF CALIFORNIA
Agriculture and Natural Resources

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4-H clubs, camps and conferences offer a safe environment for kids and teens to complete hands-on projects in areas like health, science, agriculture and civic engagement. They receive guidance from adult and teen mentors and are encouraged to take on proactive leadership roles.

With over 260 projects to choose from, 4-H offers youth many opportunities to explore different interests and try new things. As their experiences grow, they have opportunities to expand their skills to lead and share their knowledge. Older youth play a major role in state advisory committees and planning state and county-wide events.

These hands-on learning opportunities help young people in 4-H develop into mature young adults ready to serve as leaders and role models in their communities as they enter today's challenging workforce.

"I learned how to work in a group more effectively. I also learned how to handle conflicts a lot better. Both of these skills will help me as a leader in general with all of my leadership positions."

4-H'er at 4-H State Leadership Conference



MORE INFO at 4H.ucanr.edu



I remember at the very first meeting I went to, I met people who are now some of my best friends. To me, that is one of the greatest things about 4-H; there are so many different bonds that can be formed through it.



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