



# GROW MAKE SERVE THRIVE

## 4-H IS A COMMUNITY FOR ALL KIDS

The University of California 4-H Youth Development Program welcomes all youth ages 5-18. For more than 100 years, we have welcomed young people of all beliefs and backgrounds.

Through hands-on experience, kids gain a voice to express who they are and find ways to make their lives and communities better.

In 4-H programs, kids and teens complete hands-on projects in areas like health, science, agriculture and civic engagement. They receive guidance from adult mentors in a positive environment and are encouraged to take on proactive leadership roles.

**Every kid needs the chance to thrive. It'll inspire their lives, and they'll inspire our community.**

For more information, visit [4H.ucanr.edu](http://4H.ucanr.edu)

THE UNIVERSITY OF CALIFORNIA DIVISION OF AGRICULTURE & NATURAL RESOURCES (UC ANR) IS AN EQUAL OPPORTUNITY PROVIDER.

