Local Health Department CalFresh Healthy Living FFY 2022
Introduction to PEARS Data Briefs
July 2023

Background and Overview

CalFresh Healthy Living (CFHL) promotes healthy lifestyles through nutrition and physical activity interventions delivered in low-income communities across California. This set of brief reports provides (1) an overview of program data reported by CDPH-funded local health departments during Federal Fiscal Year (FFY) 2022 and (2) trends in program data from FFYs 2019 to 2022. The briefs are intended to inform decision-making, program development, and future initiatives to support the health and well-being of communities across the state. The topics addressed include: educational activities (direct and indirect), policy, systems, and environmental change interventions, partnerships and coalitions, and a multi-year review comparing data from FFYs 2019 to 2022.

The Ongoing Impact of COVID-19

Examining data from multiple years, the Multi-Year PEARS Data Review offers insight into the impact of the COVID-19 pandemic on CFHL programs by comparing program data before (FFY 2019) and during (FFYs 2020-2022). The findings demonstrate how local health departments adapted their interventions and delivery methods to address unique challenges experienced by community members during the COVID-19 pandemic.

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