



**University of California**

**Agriculture and Natural Resources** ■ **4-H Youth Development Program**

*The Newsletter for the 4-H Family*

# *Clover Country 4-H Newsletter*

## *November 2014*

*This newsletter is online along with Record Book forms, scholarship applications, event registration forms and more! Visit <http://cecentralsierra.ucanr.edu/> for information.*

*Like us on Facebook! <https://www.facebook.com/CalaverasCounty4HProgram>*

### **November 4-H Council Meeting**

The next 4-H Council meeting will be held on Wednesday, **November 19th** at the CCWD Board Room, at their old location in San Andreas. It begins at 7 pm. All 4-H families are welcome to attend! You do not need to be a 4-H leader to attend. Parents and 4-H members may also represent your club.

Remember, there is no December 4-H Council meeting.

### **November 4-H Volunteer Leader Training & Orientation**

The next training for adults who would like to become volunteer 4-H leaders will be on Wednesday, November 19<sup>th</sup>, 5 pm in San Andreas. Please RSVP the 4-H Office no later than November 17<sup>th</sup> if you plan to attend, 754-6474.

### **Need Help With Record Book Forms?**

A great resource for answering questions about the new forms is at [www.groups.yahoo.com](http://www.groups.yahoo.com) where you can join the group called **ca4hrb**. This site provides an excellent opportunity for 4-H families to ask questions and receive feedback from others, including staff at the State 4-H Office.

### **Tax Tips For 4-H Volunteers**

4-H volunteers (leaders, parents, teens) who incur out-of-pocket expenses or make a direct contribution to 4-H may be able to claim income tax deductions for:

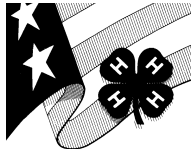
- The fair market value of property and materials donated to 4-H
- Cash contributions to 4-H
- Cost of raising a guide dog puppy
- Cost of travel while serving as a volunteer (consult a tax manual for actual allowances)
- Non-reimbursed out-of-pocket expenses for stationary, postage, telephone calls, refreshments, photocopying, etc. incurred in rendering volunteer expenses.

You CANNOT claim the value of your volunteer services, time, or costs of transporting or paying expenses for your own child. Consult with your tax advisor if you have any questions. Be sure to keep complete records and receipts in case your contributions are ever questioned.



## Using A School For Meetings?

Many schools or organizations require that an agreement be signed to use their facilities for 4-H meetings or events. Please remember that **ONLY** the County Director, Scott Oneto, may sign these agreements. 4-H leaders and parents cannot sign on the behalf of the 4-H program.



JOIN TODAY

## Signed Up For A Project In A Different Club?

4-H members: If a project isn't available through your club, you may have signed up for the project in a different 4-H club. If this is the case, **be sure and contact the project leader** to find out when their project meetings will be held. It is your responsibility to find out their meeting dates.

## All Star Applications Available

An All Star is the highest rank that a 4-H member can achieve at the County level. The goal of the All Star program is to recognize the achievements of active 4-H members and to offer additional resources and opportunities for leadership, career and life planning.

To become a Calaveras County 4-H All Star you must meet criteria that includes: be in 9<sup>th</sup> – 12<sup>th</sup> grade; be eligible for or have earned your Gold Star; and have completed at least three years as a 4-H member by July 1<sup>st</sup> of the year you are selected. Please contact Jennifer at the 4-H office, 754-6474, for an application and all requirements or visit our website at

[http://ucanr.org/sites/Calaveras\\_4-H\\_Program/files/116996.pdf](http://ucanr.org/sites/Calaveras_4-H_Program/files/116996.pdf)

All Star applications are due to the 4-H office no later than January 21<sup>st</sup>. Interviews will be held on February 18<sup>th</sup> prior to the 4-H Council meeting. Community club leaders and project leaders are encouraged to recruit potential 4-H members who would be interested in becoming 4-H All Stars!

## Snow Camp Opportunity!

Each year Stanislaus County Hi 4-H invites high school age members from other counties to join them at our Snow/Winter Camp held at Camp Sylvester in Pinecrest, CA (just down the hill a bit from Dodge Ridge Ski Area). Camp will be from Jan 1 to 4, 2015 this year. Contact Jennifer at the 4-H Office for more information, 209/754-6474.

## SUMMER CAMP 2015

The Central Sierra 4-H staff is working on two 4-H summer camps for 2015—both will be open to youth from Calaveras County. The summer camp hosted by Tuolumne County is tentatively scheduled to be held **Camp Sylvester in Pinecrest on August 2nd-6th, 2015**. Recruitment for Junior and Adult Camp Staff will begin in November of 2014. Tuolumne County 4-H Program Representative, Melanie Curtis, is currently accepting volunteers for a Camp Planning Committee. Please contact Melanie at (209) 533-6990 or [mkwast@ucanr.edu](mailto:mkwast@ucanr.edu) if you are interested in being part our Camp Planning Committee. Junior Counselor applications are available online at <http://ucanr.edu/cs4hcamp>.

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**CALAVERAS 4-H COUNCIL**  
**Minutes October 15, 2014**

President – Chris Markus Vice President - Kenny Reed  
Secretary – Patty Reed Treasurer – Michele Compton

1. **Call to Order** 7:10 pm
  - a. Pledge of Allegiance Lead by Kylie S.
  - b. 4-H Pledge Tyler S.

2. **Roll Call & Club Reports**

Angelus Ranus (2) Murphys (0) San Andreas (0) Tri-Dam (7), West Point (1) Jenny Lind (3) Mokelumne Hill (0) Mountain Ranch (0) Calaveras Wranglers (0) Toyon (0) Copper Hills (0) Countywide (0) and Ex-Officio (1) Guest (0)

Angelus Ranus - Held awards night and Q-Dip They have a new soap making project & held officer elections.

Tri-Dam – Installed new officers and having Awards night and Q-Dip

West Point - Had a fun time at Lumber Jack days and the petting zoo was very successful

Jenny Lind – Oct mtg. will be the Fall Harvest Festival Nov will have Q-Dip they have a new welding project and the Aug fundraiser paid for all returning members and project leader enrollment fees.

- 3 Additional Agenda Items None

- 4 Correspondence Jason Barry Thank you for Scholarship & Sectional Dues request

5. **Reports**

- a. Secretary: Patty Motion made to accept September minutes as read Kelsey M. 2<sup>nd</sup> Anita motion passed

- b. Treasurer: Michele Motion made to accept the Sept report Kenny R 2<sup>nd</sup> Kelsey M motion passed

- c. All Star Kenny R talked to Laurie and will meet to discuss planned activity during fair. He will also talk to Jennifer for guidelines.

- d Staff: Jennifer Entomology project supplies are available for the clubs

Returning member with livestock projects deadline is October 15<sup>th</sup>.

Murphys Pigeon project is getting started

6. **Old Business**

- a. 100 for 100 fundraiser Update: Chris in contact with American River Bank for grant money

- b Ironstone Concourse recap: Attendees Kenny R reported he enjoyed serving at the buffet lunch and met fellow 4H members he met at the SLC. Jennifer reported that she would like to see more families bake cookies as only one family from Calaveras county baked any. 4H had a good presence and overall things went well. The show had more entries than ever.

- c. All Star process review. Tabled

- d. Cook Shack Tabled

- e. Fan for CCWD building Sylvia B procured a fan for the meetings Thank you Sylvia

- f CAST recap: attendees The Belts attended and helped with the event. The goal for 2015 is to have more 4H participation and have a table with an activity to promote 4H

- g. Kiss the Pig Fundraiser Kelsey reported Marti Crane, Hugh Swift & Barb Yook are confirmed. Still looking to confirm 2 others and have the boards done by December/January.

- h. Jr Livestock meeting Kenny reported the rule changes went to the fair board for review and approval.

- i. National 4H Week Jenny Lind participated by going to Apple Hill and making pies, other club members wore 4-H t-shirts to school and talked with their peers about 4-H.

7. **New Business**

a. Record Book training; October 21<sup>st</sup> CCWD board room

b. Wildlife Project: Sylvia Tabled

c. C.A.L. Conference Chris M Calaveras County has 15 spots available and the conference is for members 6<sup>th</sup> grade & up. It will be held at Walker Ranch Jan 23 -25. Deadline to enroll is November 19<sup>th</sup>.

**DATES TO REMEMBER:**

By 20<sup>th</sup> of each month, 4-H Clover newsletter article submissions are due to 4-H Office Meeting Adjourned Motion to adjourn 1<sup>st</sup> Kelsey M 2<sup>nd</sup> Michele C motion passed.

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*Higher Education Scholarships*



The winter season is in full swing and as students are researching schools and colleges they'd like to attend after graduation, 4-H members are reminded to plan to apply in Spring 2015 for one of the Statewide 4-H Higher Education Scholarships available. For more information on the scholarship program, visit: <http://www.ca4h.org/Resources/Members/Scholarships/> .

**4-H Club Bylaws**

Does your 4-H club have bylaws? If you do or not, the bylaws should be reviewed every **two** years by the club membership. Any draft changes should be submitted to the Calaveras 4-H Office for approval, before the club approves the final draft. Each 4-H club received the templates earlier this year, so please contact Jennifer at the 4-H Office if you need help.

**Salute To Excellence Awards**

It is time to start the selection process for the 2015 Salute to Excellence 4-H Volunteer Awards.

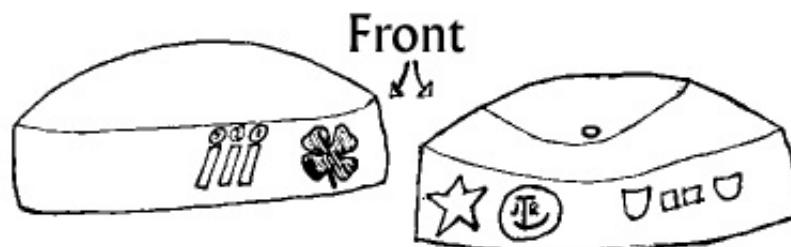
The National 4-H Salute to Excellence Volunteer Recognition Award recognizes 4-H volunteers who demonstrate exemplary service to 4-H. Volunteers are the heart and soul of 4-H. In an age when time is at a premium, 4-H **Salute to Excellence** Awards are an opportunity to acknowledge our volunteers' unwavering dedication to the 4-H Youth Development Movement.

The categories are as follows:

1. The **Volunteer of the Year Award** is for individuals who have served as 4-H adult volunteers for **less than 10 years**.
2. The **Outstanding Lifetime Volunteer Award** is for individuals who have served **10 or more years** volunteering for 4-H.

Please take the time to nominate outstanding individual volunteers using the [Nomination Application](#) and [Resume Template](#). Additional information is available at: <http://www.4-h.org/resource-library/grants-awards/opportunities/salute-to-excellence-awards/>.

## THE 4-H FELT HAT EXPLAINED



Green hat - through 8th grade  
White hat - 9th grade and above

Service Stripes for 4-H Hat:

White bar on green - worn on green hat, one bar for each year of 4-H completed.

Gold bar on green - worn on green hat, one bar for each year of junior leadership completed (7th and 8th grade only).

Green bar on white - worn on white hat, one bar for each year of 4-H completed.

Gold bar on white - worn on white hat, one bar for each year of junior or teen leadership completed (9th grade on).

When a member reaches 9th grade and begins wearing a white hat he/she will receive new service stripes at Achievement Night to put on the 4-H hat. The service stripes from the green 4-H hat should not be transferred to the white hat, as the member will receive stripes to represent past years for the new hat.

## 4-H HAT ETIQUETTE

A 4-H member wears a green hat through the 8th grade and a white hat beginning with the 9th grade.

Service stripes (year stripes) are worn directly behind the clover on the right side of the hat.

Achievement pins (year pins) are fastened to the hat just above the stripes for the corresponding year, starting with the first year pin next to the 4-H clover.

Star rank emblems are worn in front on the left side; only the highest star earned is worn. The all star replaces the gold star. The All Star pin should be fastened to the center of the all star emblem.

Medals are usually worn on the left side of the hat behind the emblems but may be worn on either side of the hat. The cap should reflect the dignity of the 4-H club work and should be kept clean. Only pins and emblems earned while representing 4-H should be worn on the hat.

The junior/teen leader emblem is placed behind the star 3/8 to 1/2 inches. If you don't have a star rank emblem the jr./teen leader emblem is worn about 1/2 inch from the front fold of the cap on the left side. Only one jr./teen leader emblem should be on the hat. The Hi 4-H emblem is worn behind that.

**Always write your name in your hat!!!**



## Mountain Ranch 4-H Needs Your Help!

The Mountain Ranch 4-H Club is in need of a Community Club Leader. If you are an adult looking to volunteer or a current 4-H leader, please consider taking over this task. The Mountain Ranch 4-H Club has been around for decades and it would be a true shame to see this club disappear! If you are willing to help, please contact Jennifer at the 4-H Office, 209/754-6474 or [jggoerlitz@ucanr.edu](mailto:jggoerlitz@ucanr.edu).

## Calaveras County 4-H Seeks 100 Sponsors for 100 Youth

By Chris Markus, Calaveras 4-H Council President

2014 concludes the 100-year Centennial celebration of the Smith-Lever Act, which is the legislation that created the UC Cooperative Extension system for a nationwide community based education.

Your Calaveras County 4-H Council is requesting help to assist our youth in enrolling in the 2014-2015 program year. The current cost for member enrollment is \$40. Although most of our families are able to afford this cost, there are always some families that just can't afford multiple children or it is beyond their budget. Last year, Calaveras County 4-H Council supported more than 25 families and are getting requests for more this current year. In addition, some of our volunteer leaders are also asking for some financial help as well within their clubs. We want every youth that wants to be able to join 4-H and needs some help to be able to access a special fund we are setting up to assist these hardship cases. This is where you come in.

The cost to join 4-H is \$40. Our goal is to be able to help up to 100 youth to access the unique experiences that 4-H can offer through practical, trusted and science based solutions through our 4-H Youth Development programs. We hope that you will give serious consideration to helping to sponsor a youth for our program.

As a tax-exempt program, your donation is tax deductible. All sponsors will be recognized through the local media. Checks can be made payable to "Calaveras 4-H Council".

Thank you in advance,  
Chris Markus  
[markuschris@hotmail.com](mailto:markuschris@hotmail.com)



## Butterflies & Ladybugs!!!

We have several ladybug and butterfly kits for project leaders who would like to begin an entomology 4-H project. Tri-Dam 4-H Club and West Point 4-H Club have already received these kits. They come with a habitat, feed dropper, curriculum and life cycle posters for the ladybugs. Contact Jennifer at the 4-H office if your Calaveras 4-H club would like to incorporate this fun and exciting project, 754-6474.

## Open Garden Day

The Calaveras Master Gardeners will be holding their next Open Garden Day on November 22<sup>nd</sup> from 10 am – noon.

Topics will be:  
Gifts from your Garden  
Lengthening the growing season and protecting from frost

For more information call their helpline at 209/754-2882. No RSVP required.

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## **Livestock News**

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### **Animals As Gifts**

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The 4-H Youth Development Program does not accept animals as gifts or donations. Councils, clubs or projects must not accept title or ownership of animals. Any such gifts should be made directly to individuals.

### **Free Livestock Curricula**

- Sheep From the Animal's Point of View
- Swine From the Animal's Point of View
- Rabbits From the Animal's Point of View
- Biosecurity in 4-H Animal Science



All of the curricula included can be found for FREE on the State 4-H website:  
<http://4h.ucanr.edu/Projects/Curriculum/FREE>

### **Fair Entry Books Online**

Calaveras Fair Entry Guidebook Now Online at <http://frogtown.org> ! This year the pygmy and dairy goat show will be held at the annual Fair. In addition, the Fair has added a replacement heifer show as part of the beef breeding show and there will be a cow-calf show as well. The Calaveras Fair is May 14- 17, 2015.

### **Youth Rabbit Challenge**

Hosted by the Liberty leadership Rabbit Project

*November 22 2014*

*\*\*The Event Check in will Start 8:30 am\*\* Event Starts Promptly at 9:00 am*

**Location:** Sonoma County 4-H Center, 6445 Commerce Blvd, Rohnert Park, CA 94928

#### **You can compete in:**

1. Showmanship (*You can bring your own showmanship rabbit or we will have a few loaner rabbits*)
2. Breed ID
3. Judging
4. Written test

#### **The age groups are (as of January 1st):**

Junior: (9-11), Intermediate: (12-13), Senior: (14+)

**To enter the event please go to:** <http://ucanr.edu/survey/survey.cfm?surveynumber=14021>

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Accessibility clause:

Should you need assistance or require special accommodations for any of our educational programs, please contact us at 530-621-5502.

Cooperating statement:

The University of California working in cooperation with County Government and the United States Department of Agriculture.



## All Goat Seminar & Field Day

This event is open to our youth livestock clientele in Amador, Calaveras, Mariposa, El Dorado and Tuolumne counties

### Seminar Details:

**DATE:** Saturday, November 8, 2014

**LOCATION:** Country Feed & More, Airport Rd., San Andreas

**TIME:** 9 am – 1 pm

**COST:** Free

**Open to 4-H, FFA, Grange and Independent livestock exhibitors, parents, advisors and volunteer leaders**



### Topics will include:

- Veterinary care (vaccines, animal health, etc.)
- Feed quality/types/nutrition
- Livestock housing
- Judging Clinic
- “Do’s and don’ts” of exhibitors, parents and volunteers
- Fitting Market Goats
- Skill-A-Thon



### Guest Speakers will be:



- **Dr. Ellen Hart, DVM, Angels Camp Veterinary Hospital**
- **Mike & Gina Nelson, 4-H volunteer leaders**
- **Jarod Penfold, Stanislaus Farm Supply**

**Please RSVP by November 5th**

~ ~

By contacting Jennifer Goerlitz at the 4-H/UCCE Office in Calaveras County  
209/754-6474 or email [jggoerlitz@ucanr.edu](mailto:jggoerlitz@ucanr.edu).

\*\*\*Please note: This seminar does not qualify for California State Fair requirements as an ethics class.

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## Free Backyard Poultry Necropsy Program

By Felicia De La Torre, Research Scientist I - Avian Coordinator

The California Animal Health and Food Safety (CAHFS) Laboratory System is the backbone of California's warning system that helps to protect the health of California's livestock and poultry. CAHFS serves the people of California by safeguarding the public health with rapid and reliable diagnoses for animal diseases affecting humans. CAHFS operates in partnership with the CDFA, UC Davis, livestock and poultry producers, and California Veterinarians.

### **Veterinarians and Owners of Backyard Poultry are encouraged to submit sick or recently dead birds for necropsy (postmortem) examination**

- **Standard diagnostic work for one (1) or two (2) birds per submission is performed at no charge\* to the owner.**
- The necropsy service is available to California backyard flock owners of fewer than 1,000 birds (chicken, turkeys, waterfowl, and squabs) *Does not include pet birds, game birds, or racing pigeons*
- If submitting a recently dead bird(s), carcass(es) must be kept cold (in a cooler or equivalent).
- Submission form must be included at time of submission. Submission form, guidelines, and shipping instructions can be found at: [http://cahfs.ucdavis.edu/submission\\_forms/index.cfm](http://cahfs.ucdavis.edu/submission_forms/index.cfm)
- This program assists with the State's surveillance program to monitor and detect immediate threats of disease.

*\*If delivered by mail, shipping and handling costs are at the owner's expense.*

#### **For more information contact a local CAHFS laboratory:**

##### **CAHFS - Davis Laboratory**

University of California  
620 W. Health Sciences Dr.  
Davis, CA 95616  
Phone: (530) 752-8700  
[cahfsdavis@cahfs.ucdavis.edu](mailto:cahfsdavis@cahfs.ucdavis.edu)

##### **CAHFS - Tulare Laboratory**

18830 Road 112  
Tulare, CA 93274  
Phone: (559) 688-7543  
[cahfstulare@cahfs.ucdavis.edu](mailto:cahfstulare@cahfs.ucdavis.edu)

##### **CAHFS - San Bernardino Laboratory**

105 W. Central Avenue  
San Bernardino, CA 92408  
Phone: (909) 383-4287  
[cahfs-sanbernardino@cahfs.ucdavis.edu](mailto:cahfs-sanbernardino@cahfs.ucdavis.edu)

##### **CAHFS - Turlock Laboratory**

1550 North Soderquist Rd.  
Turlock, CA 95380  
Phone: (209) 634-5837  
[cahfsturlock@cahfs.ucdavis.edu](mailto:cahfsturlock@cahfs.ucdavis.edu)

## Water Education Fresno County Centennial Celebration



Fresno County 4-H Youth Members

On May 8, 2014 Fresno County 4-H members educated the public about water at the University of California Cooperative Extension Centennial Celebration. The Centennial celebration featured various exhibits, farm advisors, Master Gardeners, nutrition and 4-H Youth Development. The event was located the Garden of the Sun - Master Gardener Demonstration Garden in Fresno, CA.

4-H members informed the public of the importance of water consumption and conservation. Part of the 4-Her's presentation was having attendees fill out water "droplets" stating why water is important for a healthy body and how they can take some steps in preserving water during the draught. 4-H members then logged the information on the "Be a Scientist," the one-day science project commemorating the UCCE's centennial.

Approximately 120 public took part in the activity including a group of local elementary school students from Fresno Unified.

*Authored by: Elizabeth Villalobos, 4-H Program Representative, UCCE Fresno County*

### Member Tip of the Month:

Did you know that California's 4-H sections hold annual teen conferences? These conferences engage 4-Hers in learning opportunities and workshops, increasing their leadership, citizenship, and public speaking abilities. They also include fun recreational and social activities that allow 4-H members to network with those outside their region.

See what's happening in your region:

[http://4h.ucanr.edu/4-H\\_Events/Sectional/](http://4h.ucanr.edu/4-H_Events/Sectional/)



# 4-H Calendar of Events

Check out our statewide calendar of events, dates & deadlines!

## November

- 11/3/2014 [Records Books for State Competition](#) DUE
- 11/3/2014 [National 4-H Conference](#)—Applications DUE
- 11/7-9/2014 [North Section—WHY Conference](#)
- 11/8/2014 [North Central Sectional Skills Day](#)
- 11/14/2014 [Save the date: 2014 State 4-H Leaders' Forum](#)

## December

- 12/6/2014 [Shooting Sports Workshop - Rifle Discipline](#)
- 12/21/2014 [4-H Day at the Oakland Raiders](#)

## January

- 1/5/2015 [2015 State 4-H Horse Classic Planning Team](#) Applications DUE
- 1/15/2015 [WRLF Registration](#) DUE
- 1/16-18/2015 [South Section—TIC Conference](#)
- 1/23-25/2015 [North Central Section—CAL Conference](#)
- 1/23-25/2015 [South Central Section—LCORT Conference](#)
- 1/27/2015 [WRLF 2015 Session 1](#)
- 1/31/2015 [Spark Score Surveys Close](#)
- 1/31/2015 [Master Trainer Incentive Deadline](#)

## February

- 2/12/2015 [WRLF 2015 Session 2](#)

## March

- 3/2/2014 [WRLF 2015 Session 3](#)

## April

- 4/11-18/2015 [National 4-H Conference](#)

## May

- 5/27-29/2015 [4-H Animal Science Symposium](#)

## June

- 6/19-23/2015 [California Focus](#)
- 6/28-7/7 [Citizenship Washington Focus](#)

## July

- 7/14-18/2015 [Leadership Washington Focus](#)
- 7/23-26/2015 [State Leadership Conference](#)

# SLF 2014

## READY...SET...GO!!

The State Leaders' Forum Committee is ready to welcome you to a very distinctive event on Nov. 14 – 16, 2014. On the website you can see the guest speakers that are in place—Complete with brief bios. Monumental decorations have been crafted. Silent auction tables await your donations. Your fellow 4-H colleagues are registered. The recognition is unique. The recreation is out of this world. There are over 101 innovative project ideas at your disposal to take back to your counties and clubs. Put these all together and you have the marvelous, memorable 2014 State Leaders' Forum to be held in Sacramento.



Time is short for registering but there is still room! We can assure you of a grand experience and 101 Innovative moments. The website link has changed. Please note the website link has changed: [http://4h.ucanr.edu/4-H\\_Events/SLF/](http://4h.ucanr.edu/4-H_Events/SLF/). Use [2014 SLF Registration Form](#) to register. Contact [rmeade@csuchico.edu](mailto:rmeade@csuchico.edu) for any registration questions. Use [Crown Plaza Hotel Registration Link](#) to register with the hotel at a group discount rate. See [SLF Auction Flyer](#) for silent auction ideas.



Happening Soon ...



**State Record Book Competition DEADLINE FAST APPROACHING!**

**November 3, 2014:** Record Books for State Competition must arrive by close of business to the 4-H State Office, 2801 Second St., Davis, CA 95618. For more information see <http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/>

**State Record Book Judges Needed!**

Please submit your application TODAY and no later than **November 3<sup>rd</sup>**!  
<http://4h.ucanr.edu/files/190833.pdf>



**2015 National 4-H Conference—APPS DUE!!**

National Conference dates are **April 11-18, 2015**

The National 4-H Conference is a working conference in which youth and adults develop recommendations to help guide 4-H Youth Development Programs nationally and in their communities.

National Conference [Applications](#) are now available!

**Application Deadline will be November 3, 2014**

<http://4h.ucanr.edu/Programs/Conferences/N4-HC/>

**North Central Sectional Skills Day**

<http://4h.ucanr.edu/News/Calendar/?calitem=247271&g=1245>

**November 8, 2014** at the San Joaquin Robert J. Cabral Agriculture Center

2101 East Earhart Avenue Suite 200, Stockton, CA 95206

8:30 a.m.-3:00 p.m. \$10 fee—Lunch included (\$15 after Oct. 25)

5 sessions, at 30 minutes long throughout the day and fun life skill stations and primary member activities. There is a list of the workshops and life skill stations on the 4-H website to choose from. Please see above link for more detailed information on the sessions and key note speaker. If you have questions, contact Lorita Sutton at [loritas@sbcglobal.net](mailto:loritas@sbcglobal.net).

**Save the Date**

*YOUTH SAFETY: A Day of Public Policy Awareness for Camp & Out of School Time Professionals*

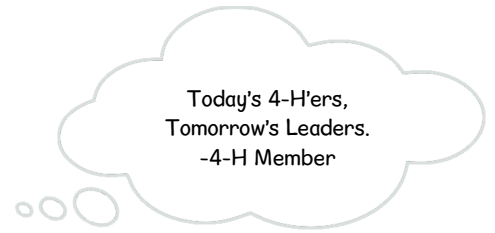
*Presented by the California Collaboration for Youth*

**November 13, 10:30am-5pm** | State Capitol, Sacramento

Facilitated discussions will include the role of public policy, state and federal regulations, and the operation of programs serving children and youth. This conference will focus on child safety topics including violence prevention; camper safety; criminal background checks; concussion identification and management; diversity and inclusion and more. Registration materials available early October.



# Scholarships, Awards & Grants



**Prudential Spirit of Community Awards**  
**Deadline: November 4**  
More [info](#). Send certification pages to [ca4h@ucanr.edu](mailto:ca4h@ucanr.edu).

**NYLC Service-Learning Practitioner Leadership Award**  
**Deadline: November 7**  
More [info](#).

**NYLC Youth Leadership for Service-Learning Excellence Award**  
**Deadline: November 7**  
More [info](#).

**America's Farmers Grant Opportunity**  
**Deadline: November 30**  
More [info](#).

**Sports-For-All Clinic Grants**  
**Deadline: Rolling**  
More [info](#).

**VolunTEEN Nation International Service Project Grants**  
**NEW**  
**Deadline: Rolling**  
More [info](#).

*Check out more grant & award opportunities on the Youth Services America website:*  
<http://www.ysa.org>

## State Ambassador Corner:



Hi everyone!

It seems far away, but you can already start dreaming about SLC 2015! The 2014-15 Ambassador team is already hard at work, and we've got some amazing plans up our sleeves. We just had our Autumn meeting, and besides SLC planning, we've created workshops surrounding our platforms of All-Star program uniformity and Civic Engagement! These are both topics we're all extremely passionate about, and we

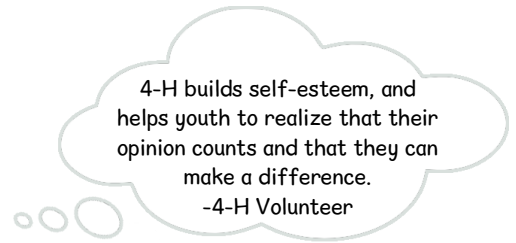
are excited to use our position as State Ambassadors to bring it to the members and leaders of California 4-H.

Besides that, we're also planning our adventures to state and sectional conferences, and we hope to see everyone there. If you'd like to follow along with our ambassador team, check out the hashtags #iamCA4H and #CA4HSA15 on Instagram! We love hearing from members and leaders, so feel free to interact with us on all of our platforms, and if you see us in person, say hi!

As always, stay tuned for more State Ambassador News!



# Program Updates



## POSITIVE YOUTH DEVELOPMENT



**Spark Score Surveys are open! Surveys opened Sept 15<sup>th</sup> and close January 31<sup>st</sup>, 2015!** Ever wonder why we ask you to take surveys once or twice a year? Here's why: You are constantly growing and changing, and you may not answer questions the same from one point in time to the next! By doing the surveys once or twice a year, we can see how youth in 4-H are developing and changing. These surveys are our way to find out about you and how the California 4-H Youth Development Program is doing overall! Thank you to everyone who has completed their surveys so far. A list of previous survey winners can be found here: [http://4h.ucanr.edu/Research/Evaluation\\_Updates/](http://4h.ucanr.edu/Research/Evaluation_Updates/)

As an incentive and in recognition of the investment of project leaders to deliver **iGrow** or **iThrive**, each county VMO is eligible to receive up to \$300 which can be used for resources and supplies related to 4-H iGrow or iThrive Leadership Projects. Checks will be provided at the end of the program year if the county has at least one trained Master Trainer and one Trained Project Leader and submits all of the reporting requirements below. Incentives are based on the number of successfully completed 4-H Thrive projects in your county:

- 1-2 Projects **\$75**
- 3-4 Projects (or county-wide project for 25-40 youth) **\$150**
- 5-6 Projects (or county-wide project for 41-60 youth) **\$225**
- 7 or more Projects (or county-wide project with 61 or more youth) **\$300**

Requirements for funding include:

1. Complete all required online course work for your role (Master Trainer or Project Leader) by **January 31<sup>st</sup>, 2015**.
2. Complete the pre and post surveys for your role (Master Trainer or Project Leader) by **January 31<sup>st</sup>, 2015**.

Surveys will be emailed to you following the completion of your online courses. Complete all post lesson surveys for your iGrow or iThrive project (previously in the form of postcards) by **July 31<sup>st</sup>, 2015**. All surveys from requirements 2 and 3 above can be completed online or printed out and emailed to [4hthrive@gmail.com](mailto:4hthrive@gmail.com) or mailed to:

*iThrive4  
California 4-H YDP  
Division of Agriculture & Natural Resources  
California State 4-H Office  
2801 Second Street  
Davis, CA 95618*

### Are you a project leader for iThrive or iGrow? Here's a chance to earn a \$20 gift card!

Complete the pre and post surveys for your role by **January 31<sup>st</sup>, 2015** (pre) and **July 15<sup>th</sup>, 2015** (post). Surveys will be emailed to you following the completion of your online courses. Post-test survey link will be sent out in **May 2015**.

Complete all post lesson surveys for your *iGrow* or *iThrive* project (previously in the form of postcards) by **July 31<sup>st</sup>, 2015**.

All surveys can be completed online or printed out and emailed to [4hthrive@gmail.com](mailto:4hthrive@gmail.com) or mailed to:

*iThrive4  
California 4-H YDP  
Division of Agriculture & Natural Resources  
California State 4-H Office  
2801 Second Street  
Davis, CA 95618*

Gift cards will be sent out in **August 2015**.



# Program Updates



## POSITIVE YOUTH DEVELOPMENT CONTINUED...

### Golden Clover Awards

We are pleased to announce and congratulate the recipients of the 2014 Golden Clover Awards. The selection committee was impressed with the depth and breadth of contributions of all of the nominees. It is an honor for us to recognize the following awardees.

#### Member:

Innovative Ideas: Glenda Marshall, Ventura  
Spirit of Citizenship: Julien Levy, San Mateo/San Francisco  
4-H Member of Excellence: Rachel Ricchiutto, Sacramento  
Ironstone Concours Service Dog: Alison Bayard, El Dorado  
Robert Brownlee Science: Abigail Wright, Riverside  
Clay Outdoor Adventure: Austin Kozlowski, Sacramento

#### Volunteers:

Fundraising: Mindy Gillen, Santa Cruz  
Spirit of Citizenship: Jeannie Stroing, Tehama  
Volunteer Mentoring Award: Janine Homon, Alameda  
Robert Brownlee Science: Kristine Konrad, Alameda and Enid Gonzalez-Orta, Sacramento  
Emerging Leader: Genesta Zarehbin, Alameda

#### Group:

Collaboration and Outreach: 4-H's Responsible Pet Ownership 101, Alameda

#### Special Events:

Teen Involvement Conference, 4-H South Section

#### Staff:

Engaging Youth in Reaching their Fullest Potential: Delynda Eldridge, Yolo

The **Thrive Master Trainer & Project Leader Professional Development Courses** are now live on and can be accessed at <http://4h.ucanr.edu/Resources/Volunteers/iDevelop/>. Curriculum will be available beginning of November. Project leaders will receive a link so they can order it directly from the California State 4-H Office this year.

## HEALTHY LIVING

### 4-H Healthy Living

A recent needs assessment of 4-H Healthy Living Programs revealed the need to incorporate healthy living throughout all 4-H programs. To assist in this goal, the following recommendations were outlined:

1. Offer healthy snack
2. Provide fruit as an alternative to sugary foods
3. Offer water in place of soda
4. Limit salty foods
5. Encourage physical activity breaks throughout program meetings and activities
6. Utilize peer leaders to mitigate bullying
7. Provide resources to families that address behavioral and emotional struggles
8. Select fundraising activities that are consistent with the healthy living program goals
9. Elect a Healthy Living Club Officer!

Full article: <http://www.joe.org/joe/2014august/comm2.php>



# Program Updates

4-H is not just a club.  
It's a way of life.  
-4-H Member

## SCIENCE, ENGINEERING & TECHNOLOGY (SET)



**Entry deadline: January 30, 2015**

<http://caringforourwatersheds.com/>

### Caring for our Watersheds (CFW)

The CFW program is an environmental contest and project funding opportunity for high school students. CFW asks students to submit a proposal that answers the question, "What can you do to improve your watershed?" Students research their local watershed, identify an environmental concern, and come up with a realistic solution. Ten finalists will present their ideas and win up to \$1,000 cash rewards. NOTE: This program is open to 9th-12th grade students in the Sacramento-San Joaquin watershed (select counties).

### Newly Revised 4-H SET Checklist

<http://4h.ucanr.edu/files/199672.pdf>

"Check-Out" the newly revised 4-H Science, Engineering, and Technology Program checklist. The checklist is designed for use in the planning, development, and evaluation of new and existing 4-H science programs, curriculum materials, and professional development of staff and volunteers.

### The Go-To Guide for Engineering Curricula, PreK-5, 6-8<sup>th</sup>, and 9-12

<http://www.corwin.com/productSearch.nav?q=engineering>

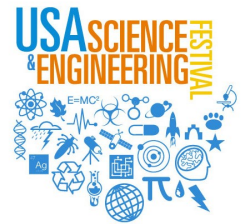
With the implementation of the Next Generation Science Standards, youth won't just be scientists—they'll be engineers. These three volumes collect time-tested curriculum materials to seamlessly weave engineering and technology concepts into science. Check out PreK-5<sup>th</sup>, Chapter 12: Engineering for Everyone: 4-H's Junk Drawer Robotics Curriculum!

### 4th USA Science & Engineering Festival

**April 16 & 17, 2016**

<http://www.usasciencefestival.org/>

The 4th USA Science & Engineering Festival, the largest and only NATIONAL science festival, features nationwide contests and school programs, including our popular 'Nifty Fifty' science speaker program and X-STEM Symposium.



### Understanding Science's Image Library

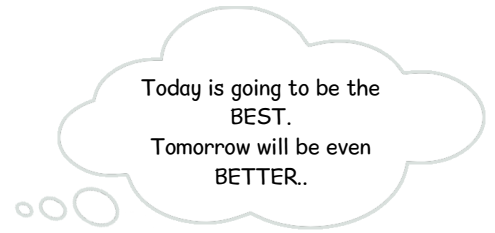
<http://undsci.berkeley.edu/search/imagelibrary.php>

Looking for the perfect image about the nature or process of science to include in a presentation or illustrate a handout? Look no further than Understanding Science's image library. All of the cartoons and graphics that we've developed for the site are now freely available for you to download and reproduce for non-commercial projects.





# Program Updates



## ANIMAL SCIENCE

### SAVE THE DATE: 4-H Animal Science Symposium, May 27-29, 2015

The 4-H Animal Science Symposium is a professional development opportunity for 4-H staff and key volunteers on key topics and skills relating to bio-security and animal health. Central to this symposium will be a foundational training on the "Bio-Security Proficiencies for Beginning Producers," which participants will implement back home with 4-H volunteers and junior/teen leaders.

Registration will open in January 2015.  
See [informational flyer](#) for more details.



### Hosting a Qualifying Horse Show?

Register your show here: <http://ucanr.edu/qualifying-shows> for it to be considered a qualifying show for the 2014 California Horse Classic.

### Looking for a Qualifying Horse show for the 2015 California 4-H Horse Classic?

Visit <http://ucanr.edu/classic-qualifiers> to find a Horse Show near you!

**2015 State 4-H Equine Field Day-** Working on a location in the Fresno area for **January 31, 2015**. More information will be released once a location is secured.



### 2015 State 4-H Horse Classic –Save the Date June 24-28, 2015

Brookside Show park  
[http://4h.ucanr.edu/4-H\\_Events/Horse\\_Classic/](http://4h.ucanr.edu/4-H_Events/Horse_Classic/)

Check out the blog for up-to-date information!

### Want to help plan the 2015 State 4-H Horse Classic?

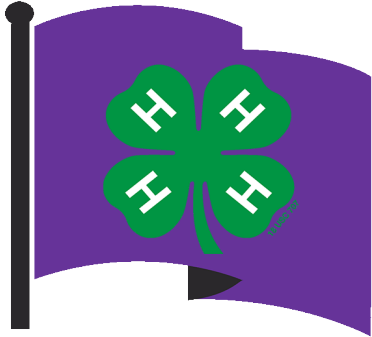
Apply here: <http://ucanr.edu/survey/survey.cfm?surveynumber=13572>  
**Applications are due Jan 5, 2014.**



# Program Updates



## MILITARY



### CALIFORNIA 4-H MILITARY PROGRAM

#### 4-H/NAVY YOUTH DEVELOPMENT PROJECT

In July, 2007 CSREES signed an agreement with the United States Navy Child and Youth Programs (CYP) to initiate the **4-H/NAVY Youth Development Project**. Like existing 4-H partnerships with Army and Air Force, this project will be a collaboration of 4-H National Headquarters, 4-H faculty of Land Grant Universities, and Navy Child and Youth Programs staff.

This partnership links resources of the Land Grant University Extension System in the development of a common mission of positive youth development experiences. To assist Child and Youth Program staff in the development of these clubs worldwide, 4-H program (state &/or local) staff support bases through on-site training, technical assistance and local programming. Further information about the 4-H Military Partnership can be found under [4-H Military Partnerships](#).

## CITIZENSHIP/LEADERSHIP



#### Save the dates!

California Focus  
**June 19-23, 2015**

Leadership Washington Focus  
**July 14-18, 2015**

Citizenship Washington Focus

**June 28-July 4, 2015**

Extended travel days to:  
Gettysburg, Philadelphia & Baltimore  
**July 5-7, 2015**

**Registration is coordinated through the CA State 4-H Office.** For more information on these programs please visit <http://4h.ucanr.edu/>

## MORE UPDATES

The U.S. Department of State Announces Scholarships for American High School Students to Study Abroad

[National Security Language Initiative for Youth \(NSLI-Y\)](#) - Deadline: **October 30, 2014**

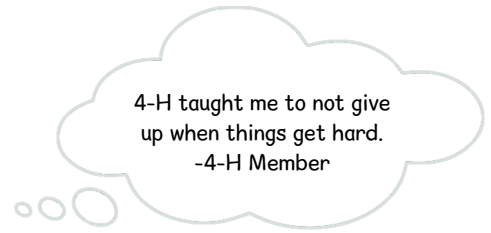
[Kennedy-Lugar Youth Exchange and Study Abroad \(YES Abroad\)](#) - Deadline: **January 7, 2015**

[Congress-Bundestag Youth Exchange \(CBYX\) with Germany](#) - Deadline: **(Dec., 2014 – Jan., 2015)**

For more information on exchanges sponsored by the U.S. Department of State's Bureau of Educational and Cultural Affairs, visit [www.exchanges.state.gov](http://www.exchanges.state.gov) or watch [this video](#) about U.S. high school student exchanges.



# Program Updates



## MORE UPDATES

### American Youth Leadership Program to Ghana

The American Youth Leadership Program (AYLP) provides an opportunity for youth and adult participants to travel to Ghana, learn about Ghanaian history, culture, traditions, and ways of life by staying with a host family during the four week program mid-June to mid-July 2015. American and Ghanaian host siblings will also study cultural issues in the U.S. and Ghana around nutrition and food security. Education topics on structures to provide healthy school lunches, marketing, and access to food. Detailed information and applications are available: [www.wyoming4h.org](http://www.wyoming4h.org)

Applications are due December 1, 2014 - <http://4h.ucanr.edu/files/199813.pdf>



### State Field Day Updates

May 30, 2015, 8:00am-6:00pm

UC Davis Campus-Wellman Hall

Revamped State Field Day Webpage check it out:

<http://4h.ucanr.edu/Programs/Events/SFD/>

Here you will find an interactive map along all the exciting activities you can participate and enjoy!

**Special Recognition and Impromptu Topics for 2015 Presentation Program are now available!** Find them here: [http://4h.ucanr.edu/4-H\\_Events/SFD/PD/](http://4h.ucanr.edu/4-H_Events/SFD/PD/)

### 2015 National 4-H Beekeeping Essay Contest

2015 Essay Topic: *"Planting for Bees from Backyards and Up"*

Participate in the 2015 National 4-H Beekeeping Essay Contest and submit a 750 to 1000 word essay with the listed criteria in this document:

<http://4h.ucanr.edu/files/199256.pdf>

This contest is open to active 4-H club members and must adhere to the requirements and designated subject.

Awards: 1<sup>st</sup> Prize - \$750, 2<sup>nd</sup> Prize - \$500, 3<sup>rd</sup> Prize - \$250

The National winners' essays will appear in an issue of the American Beekeeping Federation's newsletter.





# Program Updates



## MORE UPDATES

### NEW 4-H PROJECT: DISCUSSION MEET

#### Discussion Meet- New Project & Contest!

This new project was unveiled at SLC and will be offered to 4-Hers aged 15-19. The project and contest are modeled after the Young Farmers & Ranchers Discussion Meet through the Farm Bureau. Project meetings (in a Discussion Meet, Leadership, or Public Speaking project) will be held to prepare for the competitive event; the first round will be held at [Sectional Presentation Days](#). Discussion Meet questions center around Healthy Living, SET, Citizenship and 4-H Membership. Top competitors at Sectional levels will advance to the State Field Day. [Watch](#) the Young Farmers & Ranchers competitions. If you are interested, please check out the 4-H Discussion Meet website at <http://4hdiscussionmeet.weebly.com/>

#### State Fashion Revue 2015

California State Fashion Revue is **May 30, 2015**.

For more information about this year's categories, visit our web site at [http://4h.ucanr.edu/4-H\\_Events/SFD/SFR/](http://4h.ucanr.edu/4-H_Events/SFD/SFR/). The SFR community service projects are pillowcases (sewn), which will be donated to children's hospitals and homeless shelters, and hats (knitted, crocheted, or sewn) which will be made for cancer patients. Instructions for the pillowcases and hats can be found on our website. They can be made throughout the year and brought to SFR to be donated or you can donate them in your county. If you can't make the trip to SFR, you can mail them to the committee. This year we will be offering some new workshops and activities at SFR which are open to anyone attending [State Field Day](#).



Don't forget the program cover art contest deadline is **December 15, 2014**. Have your original art published on our SFR program! Contest rules are at <http://ucanr.edu/sfrcovercontest>

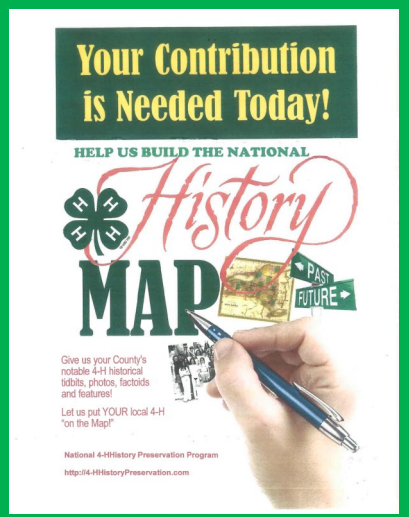


## 4-H History Map:

Help record 4-H history by contributing to the National 4-H History Map: <https://docs.google.com/forms/d/1zleHQbRqaPGNcBPq5EEqPAX6zqVaknDhagxt0BsiPvA/viewform>

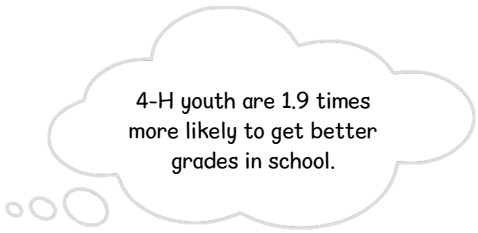
Submit your county's most significant 4-H historical photographs and tidbits. There is no better guide toward our future than to learn from and build upon our past.

Check out the National 4-H History Preservation Program: <http://4-hhistorypreservation.com/>





# Research Updates



4-H youth are 1.9 times more likely to get better grades in school.

**Smith, M., Schmitt-McQuitty, L., Ambrose, A., & Worker, S. (2014). Professional development in 4-H: A case for reform. *California Classroom Science*, 27(2). <http://www.classroomscience.org/professional-development-in-4-h-a-case-for-reform>**

The California 4-H Youth Development Program endeavors to help advance the levels of scientific literacy among K-12 youth in the state. To accomplish this, the 4-H Youth Development Program is seeking to improve the professional development of 4-H volunteer educators in order to increase their capacity to utilize effective science pedagogy in their work with youth audiences.

**Report: America's Hispanic Children - Gaining ground, looking forward**

<http://www.childtrends.org/?publications=americas-hispanic-children-gaining-ground-looking-forward>

For many groups of children, there's significant research to inform decisions meant to promote their healthy development. This is less true when it comes to Latino children, yet this group is the nation's fastest-growing. Today, a new report presents a rich, nuanced statistical portrait of Hispanic children in the United States, drawn from nationally-representative data. One notable area of growth highlighted in the report is in education. The report is a product of the Child Trends Hispanic Institute, with support from the Televisa Foundation.

## 4-H in the Media

Read 4-H State Ambassador Justina Sharp's piece, **5 Things I've Learned in My 7 Years As a 4-H'er** (originally published in the HuffingtonPost Teen) on National 4-H's website:

<http://www.4-h.org/4-H-Today/5-Things-I-ve-Learned-in-My-7-Years-As-a-4-H-er/>

*"As a true 4-H'er, I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service, and my Health to better living, for my club, my community, my country and my world."  
-- 4-H Pledge*



**"I am a Girl Scouts drop-out... Then we went to my first 4-H meeting and that was that. This was my place and these were my people."**





# The 4-H Pledge

Every day I use what I learned and practiced in 4-H. It was the best activity of my youth and life!  
-4-H Member

I pledge my...

**HEAD** to clearer thinking,

**HEART** to greater loyalty,

**HANDS** to larger service,

**HEALTH** to better living,

for my club, my

community,

my country and my

world.

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Get connected with 4-H through social media!



**4-H VOLUNTEER CAFE**  
A resource site for our 4-H Thrive leadership



**CALIFORNIA 4-H FOUNDATION**