



University of California

Agriculture and Natural Resources ■ 4-H Youth Development Program

The Newsletter for the 4-H Family

Clover Country 4-H Newsletter

July 2015

This newsletter is online along with Record Book forms, scholarship applications, event registration forms and more! Visit <http://cecentralsierra.ucanr.edu/> for information.

Like us on Facebook! <https://www.facebook.com/CalaverasCounty4HProgram>

July 4-H Council Meeting

The next 4-H Council meeting will be held on Wednesday, **July 15th** at the old CCWD Board Room in San Andreas (same location as always). The meeting begins at 7 pm. All 4-H families are welcome to attend! You do not need to be a 4-H leader to attend. Parents and 4-H members may also represent your club.

UPCOMING DATES TO REMEMBER

July 1st, NEW 4-H Year BEGINS!

August 1st, Financial/End of Year forms due from 4-H clubs

July 15th, Calaveras 4-H Council meeting, 7 pm, old CCWD Board Room, San Andreas (by San Andreas Mini Mart)

July 15th, Calaveras 4-H Council Officer Elections & Record Books **DUE** for countywide Record Book Judging

July 18th, Countywide Record Book Judging, 9 am, Calaveras County Office of Education, adult judges will be needed. Please RSVP the 4-H office if you would like to judge, by July 15th, 209/754-6474. Clubs that don't provide judges will not have books from their club judged. **Please no children.**



Welcome to the New 4-H Year!

For enrolling in 4-H this year, the cost per 4-H leader will be \$15 and the cost per 4-H member will be \$40 after July 1st. All details on the enrollment process are at

http://cecentralsierra.ucanr.edu/4-H_Youth_Development/Join_Now/

Families that meet the guidelines for free and reduced school lunch programs can request the member enrollment fees waived. This does not apply to the 4-H adult leader fees. Calaveras 4-H Council works diligently to fundraise to help out with those families who qualify. Many of our clubs have also made fundraising efforts to help with the costs. We do not turn away any child because of financial barriers.

If you have any questions or problems with enrolling, please contact the 4-H Office or Nancy Starr at 530/621-5503 or email njstarr@ucanr.edu.

4-H Council Elections!

Please note that so far, no one has stepped up to run for a Calaveras 4-H Council office (president, vice-president, secretary or treasurer) for the 2015/16 4-H year. If you are an adult 4-H volunteer leader or a high school 4-H member, you are eligible to be an officer. 4-H Council meets 10 times per year, typically on the 3rd Wednesday of the month at 7 pm in San Andreas. Please contact the 4-H Office if you would like to be placed on the ballot, 754-6474. Elections will be held at the July 15th 4-H Council meeting. Become an active part of the Council!

California 4-H Night at the River Cats

August 15th. Post game fireworks are sponsored by Sutter Health. Senate Seating is \$25 per person, of which \$5 benefits California county 4-H programs. Folks will be able to designate their county when they purchase their tickets. River Cats will send Solano County 4-H Leaders Council one check. Solano County 4-H Leaders Council will then send proceeds to each county with ticket sales.

If you have questions please contact Valerie Williams at vawilliams@ucanr.edu

4-H ThrowDown at the State Fair

The 4-H Throwdown will be taking place on **July 14th (senior day) and July 21st (junior day)**. Please register for this event by **Friday June 26, 2015**.

We are still looking for additional teams and judges!! Please encourage teams to register at the link below. Also, if you (or a volunteer) are interested in being a judge this year please email amiaccopucci@ucanr.edu. Volunteers that have food prep experience and/or nutrition experience are ideal.

4-H Throwdown - All 4-H members are invited to participate in the 4-H Throwdown at the California State Fair. Teams will consist of 3 youth members.

Each round will have a secret ingredient. Each team must prepare an appetizer, main course, and desert. Each course must include and focus on the secret ingredient. Each team will have 15 minutes to prep and then 60 minutes to cook a three course meal. A panel of judges will taste all courses prepared and the winners of each round will then compete at 4:00pm each day to determine the daily 4-H Throwdown Champion!

Each team may bring one tool to use during competition. No cookbooks are allowed. Each team must wash their dishes and return them after competition.

Register here: <http://ucanr.edu/4h-throwdown>

Age Divisions: Juniors: 9-13 years old, Seniors: 14-19 years old

*The oldest member on the team determines the group's age division

Dates:

July 14th- Senior Day ***There is room for one additional team from 11-1 and one team from 1:30-3:30**

July 21nd- Junior Day ***There is room for two teams from 11-1 and three teams from 1:30-3:30**

Themes:

- July 14th- Pack a Picnic
Final Round-Le Tour de France
- July 21nd- Everything Sandwich
Final Round-Outdoor Movie Night

Daily Schedule:

- Round One: 11am-1pm
- Round Two: 1:30pm-3:30pm
- Final Round: 4:00pm-6:00pm

State Leaders' Forum 2015

Who are you to be petrified? You, who can provide members with opportunities to develop strong, positive relationships while engaging in infinite meaningful activities! We are "Keepin' It Fresh!" Come enjoy and experience the awesome weekend the South Section 2015 Forum Committee has been working hard to create! It will be fun, it will be stimulating and it's an educational event designed to keep you engaged!

Enjoy a weekend at the beautiful Crowne Plaza – Mission Valley in San Diego. **Save the date! SLF 2015 – Nov. 6-8, 2015.** Start making your plans **NOW!** Visit the State Leaders Forum Website and watch the video: http://4h.ucanr.edu/4-H_Events/SLF/. Have you ever been to Sea World San Diego? Have you been behind the scenes? Here is your chance! The first 50 to register has the opportunity to join us for a Complimentary behind the scenes tour at Sea World on Thursday morning Nov. 5th 2015.

Learn about careers and research opportunities for our 4-H members. Oh yeah – that's FRESH!! Want to be a part of "Keepin' It Fresh!" Workshop Proposal Forms are online at <http://ucanr.edu/survey/survey.cfm?surveynumber=14884>. We have a goal to provide a wide range of workshops at the forum that helps us keep things fresh. We are looking for workshops in the areas of: science, engineering, technology, project curriculum, youth and adult leadership development, citizenship, healthy living, hands-on projects, 4-H opportunities at a state & national level, outreach, and more! Stop being petrified! Register Online Now! Thanks to State 4-H Staff and resources, Credit and Debit cards are accepted for registration!

State Leadership Conference News!

This year California 4-H will be partnering with StandUp For Kids in support of homeless teens in and around Orange County transition off the streets to independent living.

<http://www.standupforkids.org/>

StandUp For Kids is a national non-profit charity. Their mission is to end the cycle of estimated 1.5 to 2.8 million homeless youth across America. The primary goal for the organization is to build relationships with runaway, homeless, and street-dependent youth between the ages of 13 to 25. StandUp For Kids teaches youth essential life skills needed to survive off the streets, helping to build a foundation away from the streets and street life. Much like 4-H, StandUp to Kids focuses on skill building, including anger management to goal setting. That is why this particular organization resonated with the team. StandUp to Kids is doing much of the same work 4-H is with an at-risk population. With the help of California 4-H members and volunteers we can impact our community and fellow youth that are in need by donating to StandUp For Kids. This year's State Ambassadors and SLC planning

team are asking delegates to bring items to SLC that will help these youth and change their lives for the better.

Here a list of requested items needed for the youth that are moving into their own apartments.

- Paper towels and toilet paper
- Canned goods (soups, chili, tuna, etc.)
- Cereal

Your support will directly impact the lives of homeless youth and help at-risk teens!

Food Network's Chopped Casting for Youth Chefs!

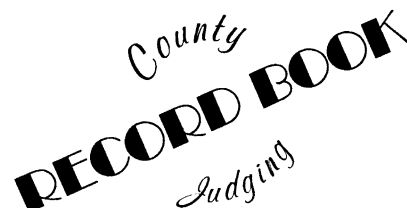
Chopped, Food Network's exciting culinary reality series is currently casting for the most talented kid chefs around the country who have what it takes to compete in culinary competitions. They are in search of young culinary masterminds between the ages of 9 and 17 who can take the heat in the kitchen and the competition! See full [promotional flyer](#). For more information and how to apply, please visit www.jscasting.com. If you have any questions or require information, please email choppedkidsandteens@notional.com.

ANNUAL FINANCIAL REPORT & INVENTORY REPORT REMINDER

Community Club Leaders - You will be receiving the Financial Report and Inventory Report forms that must be completed by your club's Audit Committee. I would like the completed reports no later than **August 1st**. Thank you! ~Jennifer

COUNTY RECORD BOOK JUDGING

County Record Book Judging will be held on **Saturday, July 18th**, 9 am at the Calaveras County Office of Education (located in Angels Camp, next to Calaveras Lumber). Leaders and parents are welcome to attend and a complimentary lunch, funded by 4-H Council will be served. Please bring your own drinks. Please provide one judge for every ten record books sent from your club.



If judges are not provided, the record books from that club will not be judged, unfortunately. Record books will be due by the July 15th 4-H Council meeting - no exceptions. Please provide Jennifer with the judges' names from your club by July 15th. As always we will be making every effort to mix things up with our judges, so that no two judges from the same club are on the same judging team. We will be pairing experienced judges with novice judges, so if you have parents or leaders who have not judged in the past, let them know that they are eligible to judge the books. We ask that no children be in attendance, and that only judges who can be at the event for the full event duration attend.

DEADLINES APPROACHING FOR STATE RECORD BOOK COMPETITION!

Be sure to complete an Intent to Submit form to your county UCCE 4-H Office and complete the Record Book Quick Start Course by **June 30th**. More information and links to these and other eligibility requirements can be found at: <http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/>

New State Record Book Competition Dates: November 13-15, 2015. Books are due to the State Office on **November 2, 2015**.

Congratulations to Kelsey Markus!

Kelsey Markus has been hired as the new 4-H Program Representative for Tuolumne County 4-H! Many of you know Kelsey, who was a former 4-H All Star, and is now a 4-H volunteer leader. We are so thrilled to have Kelsey join the team of 4-H staff!

Auction Items Needed for Ironstone Concours d'Elegance

The Ironstone Concours d'Elegance Foundation is in need of items for their silent auction. The Concours will be held on September 26th. If you would like to make a donation, please contact Gail Kautz at 209/931-0782.

JR. & TEEN LEADERS PLEASE READ

If you state in your record book that you were a Junior or Teen Leader in your project you must enclose the Leadership Project Plan & Report in your record book. It is available on our office website at [http://ucanr.org/sites/Calaveras_4-H_Program/Forms - Publications/Record Books Pubs Forms/](http://ucanr.org/sites/Calaveras_4-H_Program/Forms_-_Publications/Record_Books_Pubs_Forms/).

Club Achievement Nights

Each 4-H club will be hosting their own Achievement Night. Achievement Night is an evening where the 4-H members receive their year pins and medals as well as their stars and club awards. It is suggested that the clubs hold the awards meeting during a Dime or Quarter Dip meal, where family and friends can attend and enjoy a nice meal together.

Please note that 4-H clubs will be assuming the responsibility of purchasing 100% Attendance, 100% Uniform and Officer pins. Some of these items are available at www.4hmall.com (we use pin # **M 301 GO P** for the 100% Uniform and **P 398** for the 100% Attendance). The 100% Attendance pins are also available at All Action Awards, and their number is 530/666-3220.

4-H Council will provide stars, stripes and year pins.



ATTENTION CLUB TREASURERS!!!

It's Club Audit Time! The following auditing guidelines are to be used by each community club:

For each 4-H Community Club in Calaveras County, the guidelines set forth in the 4-H Treasurer's Manual are to be used. Each club is to keep documentation of income, expenses, and equipment using the Treasurer's Manual forms. Audit Committee shall follow procedures set for in the Treasurer's Manual.

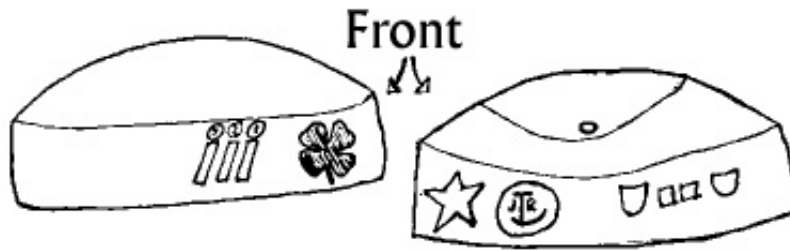
Copies of the Financial Reporting forms are in the Treasurer's Manual. Documents are to be turned over to the 4-H office by **August 1st**:

Each community club leader has been sent a copy of the required forms. Please contact your community club leader to help you organize your club's audit.

THE 4-H FELT HAT EXPLAINED

Green hat - through 8th grade

White hat - 9th grade and above



Service Stripes for 4-H Hat:

White bar on green - worn on green hat, one bar for each year of 4-H completed.

Gold bar on green - worn on green hat, one bar for each year of junior leadership completed (7th and 8th grade only).

Green bar on white - worn on white hat, one bar for each year of 4-H completed.

Gold bar on white - worn on white hat, one bar for each year of junior or teen leadership completed (9th grade on).

When a member reaches 9th grade and begins wearing a white hat he/she will receive new service stripes at Achievement Night to put on the 4-H hat. The service stripes from the green 4-H hat should not be transferred to the white hat as the member will receive stripes to represent past years for the new hat.

4-H HAT ETIQUETTE

A 4-H member wears a green hat through the 8th grade and a white hat beginning with the 9th grade.

Service stripes (year stripes) are worn directly behind the clover on the right side of the hat.

Achievement pins (year pins) are fastened to the hat just above the stripes for the corresponding year, starting with the first year pin next to the 4-H clover.

Star rank emblems are worn in front on the left side; and stars can be “shingled”. For All Star pledges and All Stars, the All Star pin should be fastened to the center of the All Star emblem.

Medals are usually worn on the left side of the hat behind the emblems but may be worn on either side of the hat. The cap should reflect the dignity of the 4-H club work and should be kept clean. Only pins and emblems earned while representing 4-H should be worn on the hat.

The junior/teen leader emblem is placed behind the star 3/8 to 1/2 inch and is worn only while serving as a junior or teen leader. If you don't have a star rank emblem the jr./teen leader emblem is worn about 1/2 inch from the front fold of the cap on the left side. Only one jr./teen leader emblem should be on the hat. The Hi 4-H emblem is worn behind that.

Always write your name in your hat!!!

Shooting Sports Opportunities

2015 National 4-H Shooting Sports Workshop

September 29 – October 3, 2015 | Camp San Luis Obispo (San Luis Obispo County)

For those counties that want to strengthen their shooting sports programs or counties that want to start

one, this is the event you need to attend. It is open to staff and 4-H adult volunteers who are at least 21 years of age. This training allows the participants to become certified in one of six different disciplines: archery, hunting, muzzle loading, pistol, rifle, or shotgun. A coordinator course will also be offered for those who want to learn more about administering a county program.

Please note, this is not for 4-H adult volunteer who are interested in running a project or summer camp program. This is for 4-H adult volunteers who want to become instructors to strengthen the county and state programs. Successful completion of this course allows these participants to hold certification workshops.

Early bird registration is \$195 per person. This fee includes all course material and meals and housing for the duration of the course! The course will end on the evening of October 2nd and participants can spend the night and depart on the morning of the 3rd after breakfast. For more information contact John Borba at 661-868-6216 or email: jaborba@ucanr.edu

4-H Shooting Sports Workshops—Archery Discipline

*Safety First Shooting Association, River Oaks Range,
1584 Shaffer Rd, Winton,
Winton, CA – Merced County*

Class 1: July 11 & 12, 2015

Class 2: September 12 & 13, 2015

If you have an interest in sharing your archery skills with youth, consider becoming a 4-H archery leader.

See complete information and registration on the California state shooting sports website:

<http://4h.ucanr.edu/Programs/Projects/SET/ShootingSports/>

4-H Shooting Sports Workshops—Rifle Discipline

*Safety First Shooting Association, River Oaks Range,
1584 Shaffer Rd, Winton,
Winton, CA – Merced County*

Class 1: August 8 & 9, 2015

Class 2: October 10 & 11, 2015

If you have an interest in sharing your shooting skills with youth, consider becoming a 4-H shooting sports leader.

See complete information and registration on the California state shooting sports website:

<http://4h.ucanr.edu/Programs/Projects/SET/ShootingSports/>

4-H Home Arts Expo Results

- | | |
|------------|-------------------------------------------------------------------------------------------|
| Daz B. – | Warm colored leaf water color, Gold award California riverside water color, Gold award |
| Dezjani B. | Cardboard Dezjani at 13, Gold award Leaf blowing in the wind colored ink, Gold award |
| Nathan D. | Lego castle, Gold award |
| Kara D. | Water color flowers, Silver award Colored ink owl, Silver award |
| Kilah D. | Water color flowers, Gold award Colored ink owl, Gold award |

Thank you to our judges:
Chris Markus and Michele Compton

Steps to Success

What does “member in good standing” mean to you as a 4-H member? What about “project completion”? These and other terms are common in 4-H but there are different requirements across clubs and counties. To help make the 4-H experience fair for every member regardless of which club or county they participate in, the 4-H Policy Advisory Committee which includes 4-H members, adult volunteers, and 4-H YDP staff, underwent the task of not only defining these terms but also documenting the Steps to Success in 4-H. This document outlines:

- What member in good standing means,
 - What is required for project completion,
 - How members earn a year stripe and pin,
 - Club participation standards,
 - Requirements to exhibit at fair, •Participation in 4-H events, •
- And, ways to earn recognition in 4-H.

As a statewide program delivered locally, we set out to standardize some key aspects of the program while allowing some flexibility at the local level. For example, six hours of project instruction is required but project leaders may require more based on the project and goals. Please review this document for more information so you know the steps to your success in 4-H. The new Steps to Success in 4-H and associated policy changes are effective July 1. We hope you find the **Steps to Success** in 4-H help make your 4-H experience the best it can be.

Warmly, Shannon Horrillo

<http://4h.ucanr.edu/files/209879.pdf>

Employment Opportunity

The University of California Cooperative Extension is currently recruiting for an academic nutrition, family and consumer sciences advisor for El Dorado, Amador, Calaveras and Tuolumne counties. If you are looking for an exciting career and enjoy working with adults, youth and have the passion for teaching and conducting applied research, visit <http://ucanr.edu/jobs/> for more information. Job closes July 3rd.

If you are having trouble see our [Nutrition, Family, and Consumer Sciences Advisor \(NFSC\)](#) webpage for details and application process.

4-H at the Calaveras Fair

By Sara

I had a great day with my friends. All five members of our 4H Club, the Valley Springs Afterschool 4-H members went to the fair. We have Bella, Danielle, Vaughn, Owen and me, Sara, in our club. It was so fun. We all helped with asking people if they wanted to learn more about 4-H. If they said yes, we would have them fill out a slip. We took turns doing different jobs at the 4-H booth. We spun a wheel where every spin was a win. Then we colored a bit. After that to pass a little time we were being funny. We all had so much fun while we were helping. We had two teams that worked 30 minutes each. I wanted to help longer but all of my friends wanted to go on the rides. We had fun on the rides, too, but we all agreed that we had more fun helping at the 4-H booth.

Amador County Fair Exhibitor Guides Available

For more information about the Fair or assistance in entering the Fair competition, please visit www.AmadorCountyFair.com or call (209) 245-6921.

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Livestock News

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Mountain Horse Camp

We are trying to get a few more horse kids to come to our annual Mountain Horse Camp. This has always been a favorite of the horse members in our county, but as with many 4-H activities, the number of kids coming to horse camp from Sacramento County has been declining over the past few years. So we are reaching out to our surrounding counties in an effort and fill our available spots (this is a "first come first serve" opportunity). We would appreciate it if you could forward this e-mail to your Horse Project leaders and any members that might be interested. Campers must be 12 years old or have graduated from the sixth grade. They must also be a second year member in their 4-H Horse Project. This year's Horse Camp dates are July 12 - 18, 2015.

We have created a Facebook page with photos and more information. So click the link enjoy the photos and hopefully some of your members will be able to take advantage of this wonderful opportunity.

<https://www.facebook.com/pages/Sacramento-County-4-H-Mountain-Horse-Camp-July-12th-thru-18th-2015/546933948775526?ref=hl>

Please contact us at mountainhorsecamp@gmail.com



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Accessibility clause:

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Cooperating statement:

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