

# El Dorado County 4-H HOTLINE NEWSLETTER



University of California

Agriculture and Natural Resources | 4-H Youth Development Program

August 2014

## New Program Year 2014/15 Open Enrollment Going on Now

Deadlines to be eligible for 2015 fair:  
For returning members, Wednesday, October 15th  
For new members, Monday, December 1st

### Follow the steps below to enroll a youth and volunteer.

- Log onto <http://cecentralsierra.ucanr.edu>.
- Click on the 4-H Logo.
- Click on the "Enroll in 4-H Now" then click on "4-H Online".
- Enroll into the 2014/2015 and update profile (only create a new family profile if you are new to 4-H)
- Return to the Enroll in 4-H Now screen and click on El Dorado Co for required reading and online payment. You can also pay by check made out to UC REGENTS and given to the 4-H office. By enrolling in the 4-H Youth Development Program you are agreeing to your county's enrollment policies and guidelines.
- Print out the Treatment Authorization form AND Health History form. Give both forms to your COMMUNITY CLUB LEADER and each project leader. No need to bring them to the office.

If you have questions about the enrollment process itself, please check out our "Enrollment Help" page on the Central Sierra 4-H Website. **For additional help, contact Nancy Starr our Enrollment Coordinator at (530) 621-5503 [njstarr@ucanr.edu](mailto:njstarr@ucanr.edu)**

**JOIN THE REVOLUTION  
OF RESPONSIBILITY**

## Record Books Due to County 4-H Office August 26th

Record books are an essential part of 4-H! They are your time capsule for the future as well as a record of accomplishments, expenses and activities related to 4-H. Contact your 4-H Community Club Leader to find out when your record book is due for club judging.

Club record book winners come to the 4-H office on Tuesday, August 26th (check back on time). Every club that turns in record books must also send judges. Many hands make light work, and it's fun to see the 4-Hers accomplishments!



## Six Open Positions for County All Star Ambassadors

All Star applications and record books are due to the 4-H office by September 19th with interviews scheduled Sept. 29th! There are 6 open positions for youth with exceptional leadership skills and time to commit to county program promotion.

<http://cecentralsierra.ucanr.edu>. Look on left side tab for All Stars and download handbook and application.

## Fall VOLUNTEER Retreat Scheduled for September 6th , 2014

**Calling ALL 4-H Volunteers  
Current and New!**

Mark your calendar today. We're hosting our 1st annual **Fall Volunteer Retreat!** Join us for this day long event and learn about working with youth of mixed ages, ages and stages of youth development, games and activities to strengthen your meetings and much more. Retreat is free and expect to come away **READY** for the 2014/15 project year with new tools, excitement and energy! **September 6th from 9am-3pm** at the El Dorado Hills Library .

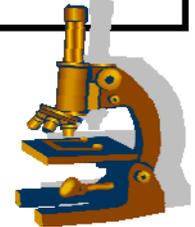
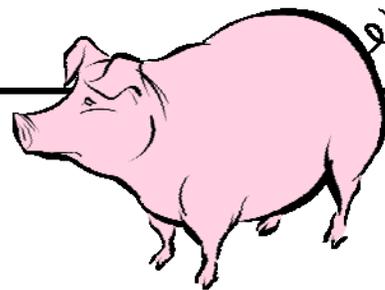
**To RSVP call: 530 621-5503  
Space is limited so sign up now to  
reserve your spot!**

## Event Committee Sign Ups

We need your help to make 2014/15 a successful year for the 4-H youth! There are some easy ways to get involved. Sign up for a committee:

- Event Planning
- Volunteer Development
- Service Learning
- Fundraising
- To name a few

How can you help?  
Contact Tracy Celio at  
(530) 621-5507 or [tbcelio@ucanr.edu](mailto:tbcelio@ucanr.edu)



## Now Recruiting for New Projects Leaders in 2014

To make our clubs more successful next year, we need more projects. Would you consider becoming a project leader? A 4-H project meets a minimum of 6 hours, usually once a month between September and May. There is curriculum in the 4-H office for project leaders!

Project leaders don't have to be members parents either. Maybe you have a friend or neighbor who has a skill, talk to them and have them talk with the 4-H desk!

Contact Tracy at the 4-H office if you would like more information: (530) 621-5507 or [tbcelio@ucanr.edu](mailto:tbcelio@ucanr.edu)



<i>If your Spark is...</i>	<i>You might be interested in...</i>
How things work	Robotics, Computers, Small Engines, Rocketry, GIS/GPS...
Making a difference in the community	Child Development, Leadership, Community Service, Public Speaking...
Getting fit, staying healthy	Fitness and Sports, Food and Nutrition, Health, Cooking...
Animals and how to care for them	Birds, Cattle, Dogs, Goats, Rabbits, Pigs...
Singing, dancing, painting, pottery	Dance, Photography, Theater Arts, Graphic Arts, Clay Arts...
Shooting sports, hunting	Archery...
Clothing, interior design, shopping	Textiles, Fashion Revue, Consumer Education...
Gardening, landscaping, farming	Junior Master Gardener, Horticulture, Mini-gardens...
Hiking, nature, the environment	Camping, Astronomy, Fishing, Forestry, Oceanography...

## So What – It's Just a Pop Top! NOT!

We had the privilege to deliver the El Dorado County 4-H pop tops to the Ronald McDonald House in Sacramento. Did you know that your contribution helps hundreds of children and their families every year who otherwise would not have a home away from home. While weeks or months of treatment is given at hospitals such as UC Davis Children's Hospital, Sutter, Shriner's or Kaiser?

We felt privileged to bring pop tops collected throughout 2014 to Louise Polaschek, House Manager at Ronald McDonald House. Because for 2 1/2 years we used the services of this wonderful organization! Kelsey, a former EDC 4-H member was treated for over 2 years at UC Davis and even spent 2 months without leaving the hospital. During this time, we spent Thanksgiving and Christmas meals at Ronald McDonald House with other families going through similar experiences. The house provided a time to feel "normal", during a challenging time. Kelsey's sister Faith would not have been able to see her sister during the 2 months hospitalization if not for having had a room at the Ronald McDonald House.

This wonderful house gave us a bed to rest, a shower as well as a place to eat and do laundry. There are even faithful cookie bakers that stock cookie jars for families! If not for the Ronald McDonald House, our over 100 miles one way trip for treatments would seem impossible to comprehend how we would have survived any of this overwhelming times of our lives. It was truly ours and many other's silver lining during a terrible storm and we are grateful beyond words.

Yes, YOU, the 4-H members of El Dorado County made a BIG difference again this year as you gathered pop tops and turned them in at each meeting. Louise shared that during the year they receive between \$15,000-\$16,000 from the pop top donations! Each donation adds up and makes a difference. You helped make a difference for hundreds of families!

Louise shared that sadly, each year families are turned away because there is not room at Ronald McDonald House. They are beginning to work on new additions which will allow them to serve more families. We encourage 4-H clubs to keep collecting pop tops because united we bring in a lot and it makes difference. Visit the Ronald McDonald website for more information or other volunteer opportunities: [www.rmhcnc.org](http://www.rmhcnc.org)

Thanks everyone for the pounds of appreciation– We were able to deliver!

-The Robinson Family, Rescue Up N Comín



Faith and Kelsey at Ronald McDonald House

## 4-H Farm Opportunities with American River Conservancy

The American River Conservancy (ARC) purchased the 272-acre Wakamatsu Colony Farm in 2010. Since then, they have been moving towards the creation of a working farm and educational resource for local schools, youth programs and the public. ARC envisions a unique partnership with the El Dorado County 4-H Program that may be able to accomplish our mutual goals of community service, youth education and preserving the County's agricultural history.

### Project ideas might include:

- Goats for targeted grazing/weed management, milk production and more
- Poultry production (meat birds)
- Other livestock (sheep, cattle, swine)
- Mulberry orchard with silkworm raising
- Demonstration green tea crop
- Rice farming
- A history project (Japanese history, early CA agricultural history, CA Indians)
- Native plant and/or orchard tree nursery
- Sustainable/no-spray community garden for donation of fruits and veggies to the community (food bank, etc.)

Recruiting project leaders now for 2014/15 4-H year. Call the 4-H office 530-621-5503 with questions or ideas.

4-H hiking project photos taken on property!



## Changes to County Management Structure Update

El Dorado County 4-H program is making a change in the governing body of the county 4-H management. This change will not affect the way clubs are run but will function to support all county 4-H programs.

This change from County Council to a **Management Board** and **Program Development Board** has been highlighted in Hotline newsletters and the new structure was voted into place October of 2013. Since then, we have been building the new boards and designing a business plan.

Open discussion will take place Tuesday, August 19th at 7:00pm (Council mtg.) regarding proposed bylaw adoption. To review the proposed bylaws which will be voted on at the Tuesday, September 16th at 7:00pm (Council mtg.).

Please go to the county website:  
[http://ucanr.edu/sites/EDC\\_4-H\\_Program/Management\\_-\\_Program\\_Development\\_Boards/](http://ucanr.edu/sites/EDC_4-H_Program/Management_-_Program_Development_Boards/)  
Questions can be directed to the 4-H office.

## Training Opportunities for Volunteers & New Members Orientation

There will be two opportunities for volunteers to receive training this fall. The first opportunity will be September 6th, from 9:00am—3:00pm. This volunteer workshop will teach new ice breakers, games and much more. We will also do a introduction to teaching ethics in every project (See page 2).

The second Volunteer Orientation will address policies, experiential learning model and project leadership. This will be held on October 7th at 5:30pm.

New Member Orientation is aimed at families who are brand new to 4-H and want to learn more. This will be held on Nov. 6th at 5:30 pm

**All meetings will be held at the 4-H office.**

## The 4-H Online Record Book Launches New Help Website

We have now launched a new ORB Help Website at [www.4horb.weebly.com/](http://www.4horb.weebly.com/). This site will be updated regularly with “How to” directions and video to help members in using the California 4-H Online Record Book.

To ask a question, report a problem or make a suggestion about the 4-H Online Record Book, please fill out the ORB Request Form which you can find at: <http://ucanr.edu/survey/survey.cfm?surveynumber=11078>.

*Remember that a 4-H member needs to be active in the enrollment system to be able to access their record book.*

## Donate to El Dorado Co. 4-H While You Shop

### Sign Up for E-Script

Raise funds for 4-H while you shop

Enroll in Something Extra/extracredit: Select **El Dorado County 4-H Council** as your organization of choice.

Once enrolled, follow these steps:

- Visit [www.raleys.com/extracredit](http://www.raleys.com/extracredit)
- Click on the green “Get Started” button
- Select **El Dorado County 4-H Council** from the menu
- Designate the percentage of scrip to donate.

Let your friends, family & alumni know about this easy way to support youth!

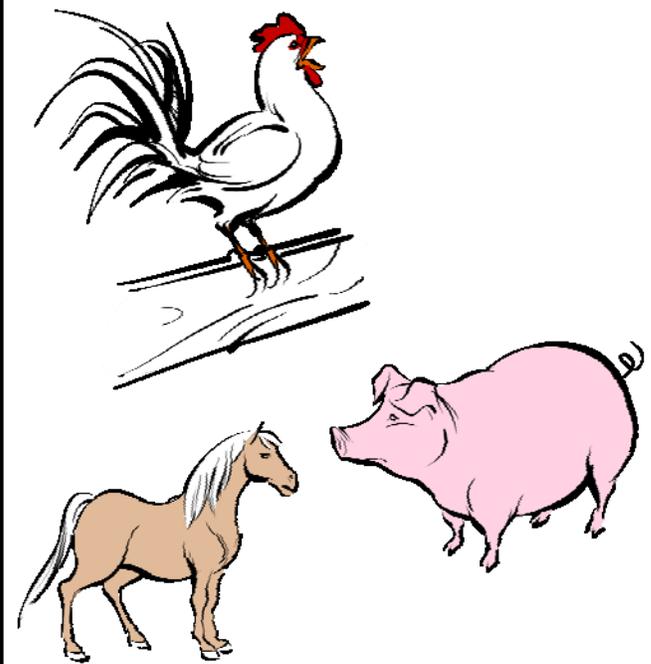
## Ask Livestock Advisory Committee (LAC)

Do you participate in a **Livestock project** in 4-H? Do you have questions from time to time that you might like answered by an expert?

Every month from September until fair we will feature a question and answer section. Questions can be submitted by 4-H members, project leaders or parents and will be answered by resource leaders who are on the Livestock Advisory Committee.

Ask questions about your species, project, proficiency, Round Up, record keeping or fair and get answers from 4-H resource leaders.

Questions can be submitted to [tbcelio@ucanr.edu](mailto:tbcelio@ucanr.edu) by the **20th of each month**. This new question and answer column will allow us to stay in communication and is here to help our program thrive. So please start submitting those questions. We know you have some!



## Important 4-H State Office Information

**California State Leaders Forum**– “101 Way’s 4-H Thrives” we aim to rekindle our capacity for inspiration and innovation; for the inspiration of what we do in 4-H, for relishing the inspiration of the people we know in 4-H, for the inspiration of strengthening our vision for the future of 4-H. the State Leaders Forum in Sacramento on Nov. 14 – 16, 2013. We will be updating the web page <http://ucanr.edu/slf2014> for information, soon. The SLF Workshop Request for Proposal Form will be ready soon for you to fill out and submit. Proposals are due by June 30. Contact Sandy Cohen (530) 210-6993 / [Sandybear74@hotmail.com](mailto:Sandybear74@hotmail.com) if you have any questions.

### #4hwaterwed

Pledge to drink more water! Each Wednesday take a picture of yourself drinking water and post it to Facebook, Twitter, and Instagram. Be sure to #4hwaterwed to show your commitment to healthy living. For more information on the importance of hydration and ideas for your club visit: [http://4h.ucanr.edu/Projects/HealthyLiving/Water\\_For\\_Better\\_Living/](http://4h.ucanr.edu/Projects/HealthyLiving/Water_For_Better_Living/)

### REVOLUTION OF RESPONSIBILITY SERVICE LEARNING MINI-GRANTS

The University of California 4-H Youth Development Program is dedicated to fostering an environment where youth and adults work together as equal partners to gain new skills and create positive community change. 4-H groups can apply for up to \$1,000 to identify, plan, and carry out a service-learning project in their community. Projects will be focused on the three key content areas that form the core of all 4-H programs, Science, Healthy Living, and Citizenship. Need ideas? Go to: <http://ca4hfoundation.org/>.



## 4-H VOLUNTEER RESOURCES

### iDevelop

iDevelop is our virtual platform for professional development. The purpose of iDevelop is to provide deeper learning around the principles of positive youth development and to assist 4-H staff and volunteers in creating and sustaining healthy environments for our 4-H members to reach their full potential. For a description of the trainings offered and access to them, click on the following link: [http://4h.ucanr.edu/Resources/Volunteers/4-H\\_Thrive\\_Resources/4-H\\_Thrive\\_Virtual\\_Trainings/](http://4h.ucanr.edu/Resources/Volunteers/4-H_Thrive_Resources/4-H_Thrive_Virtual_Trainings/).

### 4-H Volunteer Café

Are you a club or project leader who is tired of doing the same old activities month after month? Maybe you need something designed just for you to be encouraged and encourage your own personal growth. The 4-H Volunteer Café is a place designed just for you providing encouraging and thought-provoking articles of how the principles of positive youth development translate into your 4-H experience, it offers tons of resources for you as a 4-H volunteer that you can use immediately in your meetings and gives you a place where you can contribute your own experiences and challenges. To check out the 4-H Volunteer Café, use the following link: <http://4hvolunteercafe.wordpress.com/>.

**VOLUNTEER TODAY. INSPIRE FOR A LIFETIME.**



**JOIN THE REVOLUTION OF RESPONSIBILITY** | VISIT [4-H.ORG](http://4-H.ORG)



## Youth Submissions WANTED

Please send in your 4-H news stories by the 20th of each month! Email them to Tracy at [tbcelio@ucanr.edu](mailto:tbcelio@ucanr.edu)  
Pictures– Articles– Club & Project News

## Sign Up for E-Script

Raise funds for 4-H while you shop

Enroll in Something Extra/extracredit:  
Select **El Dorado County 4-H Council** as your organization of choice.  
Once enrolled, follow these steps:  
• Visit [www.raleys.com/extracredit](http://www.raleys.com/extracredit)  
• Click on the green “Get Started” button  
• Select **El Dorado County 4-H Council** from the menu  
• Designate the percentage of scrip to donate.  
Let your friends, family & alumni know about this easy way to support youth!

## August

August 14-17: State Leadership Conference - Santa Cruz  
August 25: 5:30pm -Treasury end of year review  
August 26: County Record Book judging (time TBA)

## September

September 6: Volunteer Workshop (page 2)  
September 19: All Star Applications due to 4-H office by 5:00pm.  
September 26: All Star Interviews (time TBA)

## October

October 4: Premium Record Book judging  
October 7: 5:30pm - Volunteer Orientation  
October 15: Returning Members Enrollment Deadline  
October date TBA County Recognition Night

## November

November 6: 5:30pm - New Member Workshop

## December

December 1: New Members Enrollment Deadline  
Holiday Parade

## January

## February

Presentation Day

## March

## April

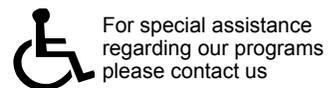
Home Arts Day

## May

Round Up

UCCE Central Sierra  
 4-H Office - El Dorado Co.  
 311 Fair Lane  
 Placerville, CA 95667

The **Hotline** is published monthly (September to August) for the El Dorado County 4-H community club program.



<b>UCCE OFFICE LOCATION</b>	<b>CONTACTS</b>	<b>Hotline NEWS</b>
311 Fair Lane Placerville CA 95667	Tracy Celio, Youth Development El Dorado County Central Sierra MCP <a href="mailto:tbcelio@ucanr.edu">tbcelio@ucanr.edu</a> or (530) 621-5507	Articles about 4-H or topics of general interest to families are welcome.
	UCCE Office      530-621-5503 Fax                      888-764-9669	Deadline for next month submission is due by the 20th of each month
	Website: <a href="http://cecentralsierra.ucanr.edu">http://cecentralsierra.ucanr.edu</a> State 4-H <a href="http://www.ca4h.org">http://www.ca4h.org</a>	

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