## DEVELOPMENTAL CHARACTERISTICS OF YOUTH: IMPLICATIONS FOR EXPERIENTIAL LEARNING

CHARACTERISTICS OF EACH AGE GROUP		TIPS FOR THE EXPERIENTIAL LEARNING	
AGES 12 TO 14		PROCESS	
	Ready for in-depth, longer learning experiences	Experi	ience
	Concerned about physical development—sometimes		Concentrate on developing individual skills—help learners
	practice excessive grooming behaviors		compare skills to their own standards
	Self-conscious—many need help overcoming		Encourage learning experiences related to understanding self
	inferiority complexes		and getting along with others
	Want to be liked by friends		Encourage active and fun learning experiences such as
	Interested in activities involving boys and girls together		canoeing, hiking, and environmental stewardship—but not
	Interested in sports and active games		weighted toward physical prowess
	Like fan clubs—many have adult idols		Encourage learning experiences involving boys and girls—
	Getting over the age of fantasy—beginning to think of		provide activities to be with the opposite sex in healthy ways
	what they will do when they grow up		such as planning groups, parties, fund raising activities, etc.
	Often unclear of needs and values		Provide hands-on and skill-centered experiences in specific
	Desire independence—but want and need their parents'		subject matter
	help		Give learners a chance to choose when and if they are "on
	Want to explore outside of their own community		stage"
			Allow chances for quiet time
			Tasks can be more difficult and of longer duration—making a
			model, keeping a journal, etc.—allow for creativity!
			During activities, ask questions to encourage predicting and
			problem solving such as "What if this doesn't work? What
			could then happen?"
			Help learners find necessary information and support
			activities
			Encourage working with older teens and adults to complete
			learning experiences and apprenticing
			Teen and adult leaders must be well-liked to be effective—
			teen leaders should be three or four years older than the
			learners and considerably more mature
			Encourage deeper exploration of leadership roles—provide
			opportunities to practice leadership roles with coaching, and
			encourage keeping more detailed records of leadership
			experiences
			Encourage involvement in teen councils and planning boards
			Involve the group in setting rules for the group or for the
		_	program
			Provide realistic parameters—explain why they are necessary

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	☐ Do NOT use put-downs or "in-the-face" behaviors with this	
	group	
	☐ Avoid singling learners out in front of others either to	
	commend or to criticize	
	□ Provide learning experiences outside of the community	
	Share	
	☐ Ask learners to reflect on what they learned in the activities	
	☐ Ask learners to share feelings about any relational	
	interferences they encountered during the activities	
	☐ Have learners prepare and give presentations on what they	
	gained from or thought of the activities completed	
	☐ Ask learners to share how their personal values interfaced	
	with the decisions of the group	
	Ask learners to share any emotions they observed in the group	
	☐ Ask learners to define their leadership style based on their	
	performance in the activities completed	
	☐ Based on observations of the activities completed, ask	
	learners to state what they think would be an appropriate	
	symbol for the group	
	Process	
	☐ Ask learners to explain the plan of action undertaken to	
	complete the activities—or the steps involved in creating the	
	resulting product	
	□ When activities result in a product, ask learners what could	
	have been done to improve the product	
	Ask learners to share observations they made of how different group members went through the same experiences	
	□ Provide opportunities for learners to ask and question ways of	
	doing things in the group	
	□ Provide opportunities to explore the values and beliefs of the	
	group—encourage them to articulate aspects of their group's	
	culture they can identify	
	☐ Have learners articulate or demonstrate in a creative way how	
	they benefit from their association with the group	
	☐ Have learners list and examine varying points of view	
	surfaced in the activities	
	surfaced in the activities	

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	☐ Have learners describe ethical dilemmas they observed in the	
	activities and how they were resolved	
	<ul> <li>Pose abstract questions to help learners process realizations made during activities</li> </ul>	
	☐ Present similar scenarios, and ask learners to predict results	
	☐ Provide honest information for the sexual issues and questions	
	they have—listen to their fears and worries about their sexual	
	development without judging or trivializing	
	☐ Find time to talk with them individually to help them work	
	through problems or to discuss personal issues	
	Generalize	
	☐ Present multiple alternatives in related situations, and ask	
	learners to compare and choose the best possible option	
	☐ As a result of the activities, ask learners to set long-term goals	
	and to plan strategies for reaching those goals	
	☐ Ask learners to construct simple budgets to reach stated goals	
	Assist learners in identifying ways they can practice assertiveness around the results of the activities completed	
	☐ Ask learners to share, in detail, skills and education needed	
	for related jobs	
	Ask learners to explain actions or decisions that took place in	
	the activities related to healthy or safe living	
	Apply	
	☐ Have learners keep a journal of personal decisions and	
	changes they make related to the activities experienced	
	☐ Encourage technological application of key concepts	
	presented	
	☐ Help learners identify and perform personal and group	
	community contributions that meet special needs within their	
	community	
	☐ Relate activities completed to career choices	
	☐ Have learners shadow experienced workers in related fields	