**[Date]**

**A Snapshot of CalFresh Healthy Living in [county/city]**

# **About [LHD] CalFresh Healthy Living**

CalFresh Healthy Living (CFHL) promotes healthy lifestyles through nutrition and physical activity interventions delivered in low-income communities across California. This brief report provides an overview of the CFHL program activities implemented by [LHD] during Federal Fiscal Year (FFY) 20xx to inform decision-making, program development, and future initiatives to support the health and well-being of communities in [county/city].

Among [county/city’s] XXXXXX residents, **XX% live in low-income households** that are eligible for CalFresh Healthy Living programming. These residents are more likely than higher-income residents to experience barriers to good health. Among low-income residents of [county/city]:

* XX% have access to a nearby supermarket
* XX% report that fresh fruits and vegetables are always affordable
* XX% can always find fresh fruits and vegetables
* XX% report being food secure

During FFYXX, [LHD’s] CFHL interventions reached **XXXX individuals** through a combination of [Policy, Systems, and Environmental (PSE) change efforts, Direct Education (DE), and Indirect Education (IE) activities].

# **CFHL Transforms Communities through Policy, Systems, & Environmental (PSE) Changes**

PSE interventions aim to transform communities by increasing access to healthy food and expanding opportunities for physical activity, creating conditions that enable SNAP-eligible populations to make healthy choices. In FFYXX, [LHD] planned and implemented PSE activities at **XX sites** in low-income communities **XX (XX%)** of these sites reported **XX PSE changes adopted**, reaching **XXXX individuals**. The most common PSE approaches used were: [top 3 change topics].

## *Change Topic 1*

LHDs implemented **XX [topic] changes** adopted at **XX sites**.

[Topic] interventions were most commonly implemented in:

* List of most common settings
* List of most common settings
* List of most common settings

Key focus areas for [topic] interventions included:

* List of most common changes adopted
* List of most common changes adopted

## *Change Topic 2*

LHDs implemented **XX [topic] changes** adopted at **XX sites**.

[Topic’ interventions were most commonly implemented in:

* List of most common settings
* List of most common settings
* List of most common settings

Key focus areas for [topic] interventions included:

* List of most common changes adopted
* List of most common changes adopted

## *Change Topic 3*

LHDs implemented **XX [topic] changes** adopted at **XX sites**.

[Topic’ interventions were most commonly implemented in:

* List of most common settings
* List of most common settings
* List of most common settings

Key focus areas for [topic] interventions included:

* List of most common changes adopted
* List of most common changes adopted

# **CFHL Education Gives Individuals the Knowledge and Skills to Make Healthy Choices**

CFHL provides education through classes that actively engage participants (direct education) as well as distribution of health education materials (indirect education).

In FFYXX, [LHD] delivered **XX DE activities** in **XX sites**, reaching **XXX individuals**.

## ***Youth Direct Education***

Direct education reached **XXX youth ages 0-17 years** (XX% of DE reach). Youth education classes covered a variety of healthy lifestyle topics, including nutrition (XX%), physical activity (XX%), or a combination of the two (XX%). Settings where children were commonly reached include:

* Setting 1: XX% of children
* Setting 2: XX% of children
* Setting 3: XX% of children

Youth DE activities were most often delivered in a **[single session/series of 2 or more lessons]** (XX%). The remaining activities were delivered as a [single session/series of 2 or more lessons]. The most common curricula used for DE with children were:

* Curriculum 1 (XX%)
* Curriculum 2 (XX%)
* Curriculum 3 (XX%)

## ***Adult Direct Education***

Direct education reached **XXX adults aged 18 years and over** (XX% of DE reach). Adult education classes covered a variety of healthy lifestyle topics, including nutrition (XX%), physical activity (XX%), or a combination of the two (XX%). Settings where adults were commonly reached include:

* Setting 1: XX% of adults
* Setting 2: XX% of adults
* Setting 3: XX% of adults

Adult DE activities were most often delivered in a **[single session/series of 2 or more lessons]** (XX%). The remaining activities were delivered as a [single session/series of 2 or more lessons]. The most common curricula used for DE with adults were:

* Curriculum 1 (XX%)
* Curriculum 2 (XX%)
* Curriculum 3 (XX%)

## ***Indirect Education***

[LHD] reached **XXX individuals** with health education messaging through **XX indirect education activities** delivered via **XX information channels**.

*The most commonly used channels for delivering IE:*

* Channel 1
* Channel 2
* Channel 3

*Key settings for IE:*

* Setting 1
* Setting 2
* Setting 3

# **CFHL Partnerships & Coalitions Support System-wide Change Efforts**

[LHD’s] CFHL program engages in partnerships and coalitions to leverage resources and enhance sustainability. These collaborations are especially important for supporting PSE change efforts.

|  |  |
| --- | --- |
| **Partnerships** occur formally or informally between LHDs and other entities involved in CFHL programming during a given year. | **Coalitions** are groups of individuals and/or organizations who commit to joint action over an extended period. |

## ***Partnerships***

During FFYXX, [LHD] engaged with **XX partners**. These partners reflect the settings where CFHL are implemented and organizations that support these efforts. **Common partners** include:

* Partner type 1
* Partner type 2
* Partner type 3

As mutually beneficial partnerships, [LHD] provided assistance to their partners as well as received assistance in return. Assistance commonly included:

|  |  |
| --- | --- |
| Assistance Provided   * Assistance Provided 1 (XX%) * Assistance Provided 2 (XX%) * Assistance Provided 3 (XX%) | Assistance Received   * Assistance Received 1 (XX%) * Assistance Received 2 (XX%) * Assistance Received 3 (XX%) |

## ***Multi-sector Coalitions***

In FFYXX, [LHD] participated in [name of coalition]. This coalition aims to [insert a description, mission, vision statement, etc.]. The coalition included **X members** from **X diverse sectors**, demonstrating the ways [LHD] works together with other sectors to collectively impact the health and wellbeing of community members. The sectors represented were:

* Sector 1
* Sector 2
* Sector 3

In FFYXX, [LHD] participated in **X multi-sector coalitions** with two or more members. These coalitions included:

* Consider listing the names of all coalitions, if space permits
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These coalitions ranged from **X to XX members** and in combination represented **XX diverse sectors**. The most common sectors represented in these coalitions were:

* Sector 1
* Sector 2
* Sector 3

# **CFHL Efforts are Making a Difference in [county/city]**

During FFYXX, [LHD’s] CFHL program accomplished [summarize one or two high-level accomplishments]. For example:

* Example 1 of one of the following:
  + New partner, program, or setting, or expanded reach of a program
  + Program recognition, awards, or press/media coverage
  + Improved community capacity to sustain PSE change
* Example 2 of one of the following:
  + New partner, program, or setting, or expanded reach of a program
  + Program recognition, awards, or press/media coverage
  + Improved community capacity to sustain PSE change

The **greatest adoption of best practices** at sites where LHD partners plan, implement, and maintain PSE changes were:

* [SLAQ setting] in [section] (xx/100)
* [SLAQ setting] in [section] (xx/100)
* [SLAQ setting] in [section] (xx/100)
* [SLAQ setting] in [section] (xx/100)

## ***LHD’s CFHL programming is making a difference for participants!***

Among **youth** participating in school-based interventions, improvements were found in:

* XX% increase/decrease in [behavior]
* XX% increase/decrease in [behavior]

Among **adults** participating in series-based direct education, improvements were found in:

* XX% increase/decrease in [behavior/outcome]
* XX% increase/decrease in [behavior/outcome]

Highlights from [LHD’s] FFYXX CFHL programming are evident in feedback we receive from our [partners/participants].

* [Insert quotes or a summary of other feedback from partners or participants]
* [Insert quotes or a summary of other feedback from partners or participants]
* [Insert quotes or a summary of other feedback from partners or participants]