NUTRIENTS IN SOIL

Element	Symbol	Function	Optimal Soil pH	Sources
Carbon	С			Air
Hydrogen	Н			Water
Oxygen	0			Air, water
Primary Nutrients				
Nitrogen	Ν	 Responsible for rapid foliage growth and green color Mobile in plant, moving to new growth Easily leaches from soil 	6.0 - 8.0	Air, compost, animal manures, fish, kelp, soybean meal
Phosphorus	Ρ	 Promotes root formation Affects quality of flower and fruit formation Mobile in plant, moving to new growth Does not leach from soil readily 	6.5 – 7.5 and 9.0 – 10+	Bone meal, bat guano, superphosphate
	К	 Improves overall vigor of plant Mobile in plant Leaches from soil 	6.0 – 10+	Compost, kelp meal, wood ashes, greensand
Secondary Nutrients				
Calcium	Ca	 Essential for growth of shoot and root tips Improves soil structure and helps bind organic and inorganic particles together 	6.5 – 8.5	Calcitic lime, dolomitic lime, gypsum
Magnesium	Mg	 Necessary for the production of chlorophyll Aids movement and efficiency of phosphorus 	6.5 – 8.5	Organic matter, Epsom salts, dolomitic limestone
Sulfur	S	Component of many proteins	6.0 – 10+	Animal manure, elemental sulfur, gypsum
Micronutrients				
Boron	В	 Helps in use and regulation of nutrients 	5.0 – 7.0	Organic matter, borax
Chlorine	Cl	Required in photosynthetic reactions	Not available	Soil
Copper	Cu	 Needed for enzyme activity Aids in root metabolism Helps in utilization of proteins 	5.0 – 7.0	Soil
Iron	Fe	Essential for maintenance of chlorophyll	4.0 – 7.0	Soil, iron sulfate, iron chelate
Manganese	Mn	Needed for enzyme activity	5.0 – 7.0	Soil
Molybdenum	Мо	Needed for enzyme activity	6.5 – 10+	Soil
Nickel	Ni	Essential for seed development	Not available	Soil
Zinc	Zn	 Needed for enzyme activity 	5.0 — 7.0	Soil, zinc oxide, zinc sulfate, zinc chelate