

## Reading List

The Seed Underground: A Growing Revolution to Save Food by Janisse Ray- Carmel Valley Library

Seedswap: The Gardener's Guide to Saving and Swapping Seeds by Josie Jeffery- Monterey library

Starting Seeds: How to Grow Healthy, Productive Vegetables, Herbs, and Flowers from Seeds by Barbara W. Ellis-Monterey library

Plant Propagation by Alan Toogood- Monterey library

Seed to Seed: Seed Saving and Growing Techniques for Vegetable Gardeners Suzanne Ashworth

## Checklist

- **Harvest seeds from healthy plants**
- **Label**
- **Keep seeds clean and dry indoors (they are alive!)**
- **Store and label in airtight containers**
- **Keep in refrigerator 34-41 degrees**
- **Add desiccants if you open the jars regularly (packets of silica gel or rice)**
- **Keep some seeds for swapping which will help increase the diversity of your collection**

**SAVING SEEDS IS A DUTY TO THE EARTH AND TO  
FUTURE GENERATIONS**