Apple Crisp

Makes: 8 servings (1/2 cup each)
Preparation time: 45 minutes

Ingredients:
- 5 apples (Golden Delicious)
- ¾ cup uncooked oatmeal
- ¼ cup whole wheat flour
- ½ cup margarine (0 trans fat)
- ¾ cup brown sugar
- 1 Tbsp cinnamon

Instructions:
1. Heat the oven to 350°F.
2. Grease the bottom and sides of a 8X12 inch bake pan.
3. Remove the cores and slice apples thinly.
4. Spread apples on bottom of pan.
5. Mix the flour, oatmeal, brown sugar and cinnamon in a bowl.
6. Using a fork, cut the margarine into the mixture.
7. Spread the mixture over the apples.
8. Put pan in the oven and bake for 25-30 minutes.

Option: Serve with a spoonful of vanilla yogurt.

My Family’s Goal: We will try our best to