

| Kit Name | Activities (Individual or Group) | Activity Name | Estimated Activity Time | DRDP |
|--|----------------------------------|----------------------------------|-------------------------|---|
| Eating the Alphabet | I | Eating a Rainbow | 15 min | • 3 ATL-REG • 5 COG • 10 PD-HLTH • 4 COG |
| | I | Fruit & Vegetable Tissue Art | 15 min | • 3 ATL-REG • 4 PD-HLTH |
| | G | Book Reading | 15 min | • 5 LLD • 9 LLD |
| | G | Fruit & Vegetable Musical Chairs | 25 min | • 4 SED • 5 COG • 9 LLD • 3 PD-HLTH • 4 ELD • 10 PD-HLTH • 4 COG |
| | G | Phonic Spy | 30 min | • 8 LLD • 1 ELD • 3 ELD |
| D.W. The Picky Eater | I | Discovering MyPlate | 15 min | • 3 ATL-REG • 6 ATL-REG • 4 COG • 4 PD-HLTH |
| | I | Art of Grains | 10 min | • 3 ATL-REG • 6 ATL-REG • 4 PD-HLTH • 10 PD-HLTH • 1 VPA |
| | G | Book Reading | 15 min | • 5 LLD • 9 LLD |
| | G | Creating a Complete Meal | 15 min, ext 5 min | • 4 SED • 10 PD-HLTH • 1 LLD • 5 HHS • 1 ELD • 4 COG • 3 PD-HLTH |
| | G | Food Group Corners | 25 min, EXT 5 min | • 6 ATL-REG • 10 PD-HLTH • 4 SED • 5 HHS • 1 LLD • 1 ELD • 3 PD HLTH |
| Farm to Table Four Seasons Make a Year Seasons of Arnold's Apple | I | Lacing Food to Source | 10 min | • 3 ATL-REG • 5 ATL-REG • 4 COG • 5 COG • 4 PD-HLTH |
| | I | Potato Harvesting | 5 min | • 3 ATL-REG • 4 ATL-REG • 6 ATL-REG • 5 SED • 10 COG |
| | G | Harvest Time Game | 20 min | • 1 ATL-REG • 6 ATL-REG • 4 SED • 5 SED |
| | G | Food to Source Maze | 20 min | • 4 ATL-REG • 1 ELD • 6 ATL-REG • 4 COG • 3 SED • 3 PD-HLTH • 4 SED • 1 LLD • 2 LLD |
| | G | Coloring Book Activity | 20 min | • 1 LLD • 5 LLD • 7 LLD • 1 ELD • 3 ELD • 4 ELD • 12 COG • 4 PD-HLTH |
| | G | Agriculture DVD | 25 mins | • 3 ATL-REG • 1 LLD • 2 LLD • 1 ELD • 12 COG |

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| The Tortilla Factory | I | Picking Kernels | 10 min | • 3 ATL-REG • 4 ATL-REG • 5 ATL-REG • 6 ATL-REG • 4 COG • 4 PD-HLTH |
| | I | Grinding Oats | 10 min | • 3 ATL-REG • 4 ATL-REG • 6 ATL-REG • 5 SED • 1 LLD • 3 COG • 4 PD-HLTH • 10 PD-HLTH |
| | G | Book Reading | 15 min | • 5 LLD • 9 LLD |
| | G | Corn Dance | 10 min | • 5 SED • 1 LLD • 4 LLD • 5 LLD • 1 ELD • 3 PD-HLTH • 4 VPA |
| | G | Making Corn Tortillas | 50 min | • 4 ATL-REG • 6 ATL-REG • 3 SED • 4 SED • 1 LLD • 1 ELD • 3 COG • 7 COG • 4 PD-HLTH • 10 PD-HLTH |
| | G | Corn Popping | 10 min | • 10 PD-HLTH |
| | G | Planting Corn | 15 min | • 3 COG • 10 PD-HLTH • 1 HHS • 3 HHS |
| Growing Vegetable Soup | I | Where Does This Grow? | 10 min | • 3 ATL-REG • 4 ATL-REG • 5 ATL-REG • 6 ATL-REG • 1 LLD • 1 ELD • 4 COG • 12 COG |
| | I | Guess What's Inside | 15 min | • 3 ATL-REG • 4 ATL-REG • 5 ATL-REG • 6 ATL-REG |
| | G | Book Reading | 15 min | • 5 LLD • 9 LLD |
| | G | Painting a Garden | 20 min | • 5 ATL-REG • 6 ATL-REG • 1 LLD • 1 ELD • 4 PD-HLTH • 1 VPA |
| | G | Exploring my Taste Buds | 15 min | • 4 ATL-REG • 6 ATL-REG • 3 LLD • 4 LLD • 1 ELD • 2 ELD |
| | G | I Spy | 15 min | • 4 ATL-REG • 1 LLD • 3 LLD • 1 ELD • 3 PD-HLTH |
| I Will Never Not Ever Eat a Tomato | I | Seed Counting | 10 min | • 3 ATL-REG • 5 COG • 6 COG |
| | I | Seed Sorting | 10 min | • 3 ATL-REG • 4 COG • 5 COG • 5 COG • 9 COG • 4 PD-HLTH |
| | I | Pie Chart | 10 min | • 3 ATL-REG • 4 COG • 5 COG • 6 COG |
| | G | Book Reading | 15 min | • 5 LLD • 9 LLD |
| | G | Squash Bowling | 30 min | • 4 ATL-REG • 3 PD-HLTH • 9 PD-HLTH |
| | G | Our Story Book | 15 min | • 1 LLD • 2 LLD • 3 LLD • 4 LLD • 5 LLD • 9 LLD • 1 ELD • 3 ELD • 4 ELD |
| | G | Food Character | 25 min | 4 PD-HLTH |

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| Ugly Vegetables Seeds Grow Seeds Seeds Seeds | I | Feely Box | 10 min | • 3 ATL-REG • 4 COG |
| | I | World Map of Foods | 20 min | • 3 ATL-REG • 4 PD-HLTH • 2 HSS |
| | I | Measuring Beans | 10 min | • 3 ATL-REG • 5 COG • 7 COG • 4 PD-HLTH |
| | G | Book Reading | 15 min | • 5 LLD • 9 LLD |
| | G | Planting a Radish Seed | 15 min | • 3 ATL-REG • 1 LLD • 1 ELD |
| | G | Parachute Anatomy | 15 min | • 1 SED • 5 COG • 3 ATL-REG |
| | G | Parachute Movement | 15 min | • 1 LLD • 1 ELD • 2 PD-HLTH |
| | G | Let's Make Vegetable Soup | 10 min, Ext. 5 min | • 5 COG • 4 PD-HLTH |
| Lunch | I | Weighing Fruits & Vegetables | 15 min | • 3 ATL-REG • 4 ATL-REG • 5 SED • 1 ELD • 1 LLD • 5 COG • 7 COG • 4 PD-HLTH |
| | I | Fruits & Vegetables Puzzles | 20 min Ext. 20 min | • 3 ATL-REG • 4 ATL-REG • 5 ATL-REG • 1 LLD • 1 ELD • 4 PD-HLTH |
| | I | Finding Round Fruits & Vegetables | 10 min | • 3 ATL-REG • 9 COG • 4 ATL-REG • 1 LLD • 1 ELD • 4 COG |
| | G | Fruit & Vegetable bingo | 20 min | • 6 ATL-REG • 3 SED • 4 SED • 4 PD-HLTH |
| | G | Fruit Racing Relay | 15 min | • 4 ATL-REG • 6 ATL-REG • 4 SED • 3 PD-HLTH • 5 HSS |
| | G | Reading Activity | 15 min | • 5 LLD • 9 LLD |
| | G | Discovering Energy | 20 min | • 6 ATL-REG • 4 SED • 1 LLD • 1 ELD • 9 COG • 3 PD-HLTH • 3 PD-HLTH |
| Handa's Surprise | I | Balancing The Fruit Basket | 10 min | • 3 ATL-REG • 5 COG • 1 PD-HLTH • 3 PD-HLTH |
| | I | Who Took What? | 5 min | • 3 ATL-REG • 4 COG |
| | G | Book Reading | 10 min | • 5 LLD • 9 LLD |
| | G | Making Orange Juice | 20 min | • 3 ATL-REG • 10 PD-HLTH |
| | G | Moving Like the Animals | 15 min | • 4 ATL-REG • 6 ATL-REG • 4 SED • 3 PD-HLTH |
| Alphabet Fiesta | I | Stamping the Alphabet | 15 min | • 5 LLD • 9 LLD • 3 ELD • 4 ELD • 4 PD-HLTH |
| | I | Bead Sequencing | 10 min | • 3 ATL-REG • 4 COG • 8 COG • 9 COG • 4 PD-HLTH |
| | G | Book Reading | 20 min | • 5 LLD • 9 LLD |
| | G | Alphabet Soup | 30 min | • 9 LLD • 4 ELD • 4 PD-HLTH |
| | G | Move Like the Alphabet | 15 min | • 4 SED • 9 LLD • 4 ELD • 1 PD-HLTH • 3 PD-HLTH |
| | G | Fruit & Vegetable Recall Game | 10 min | • 4 SED • 8 LLD • 9 LLD • 4 ELD • 4 COG |

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| Kiss the Cow | I | Measuring the Dairy Food | 10 min | • 3 ATL-REG • 4 ATL-REG • 6 ATL-REG • 1 LLD • 2 LLD • 1 ELD • 7 COG • 4 PD-HLTH |
| | I | Sort the Dairy Food | 10 min | • 3 ATL-REG • 6 ATL-REG • 4 COG • 10 PD-HLTH |
| | G | Book Reading | 20 min | • 5 LLD • 9 LLD |
| | G | Cow Puppet | 25 min | • 5 ATL-REG • 6 ATL-REG • 1 LLD • 2 LLD • 1 ELD • 4 PD-HLTH |
| | G | Mill Luella Relay | 15 min | • 4 ATL-REG • 4 SED • 5 SED • 3 COG • 3 PD-HLTH |
| | G | Pin Dairy Food on Cow | 15 min | • 4 ATL-REG • 4 SED • 5 SED • 4 COG • 3 PD-HLTH |
| Two Eggs Please | I | Bean Sorting | 10 min | • 3 ATL-REG • 4 COG • 5 COG • 4 PD-HLTH |
| | I | Sorting the Protein Foods | 10 min | • 3 ATL-REG • 4 COG • 4 PD-HLTH • 10 PD-HLTH |
| | I | Egg Shakers (Noise Making) | 10 min | • 3 ATL-REG |
| | G | Making Hummus | 20 min | • 4 ATL-REG • 3 SED • 1 LLD • 2 LLD • 1 ELD • 5 COG • 7 COG • 4 PD-HLTH |
| | G | Egg Spoon Relay | 15 min | • 1 PD-HLTH • 3 PD-HLTH • 4 PD-HLTH |
| | G | Shaking to the Music | 10 min | • 3 PD-HLTH • 2 VPA |
| | G | Reading Activity | 15 min | • 5 LLD • 7 LLD • 3 ELD • 4 ELD • 10 PD-HLTH |
| Green Eggs & Ham | I | Matching the Ending Sound | 10 min | • 3 ATL-REG • 4 COG • 8 LLD • 3 PD-HLTH |
| | I | Animal/Plant Protein Mobile | 15 min | • 3 ATL-REG • 4 COG • 4 PD-HLTH |
| | G | Book Reading | 15 min | • 5 LLD • 9 LLD |
| | G | Egg Critters | 25 min | • 6 ATL-REG • 4 PD-HLTH • 10 PD-HLTH |
| | G | Sam I Am Relay | 15 min | • 1 PD-HLTH • 2 PD-HLTH |
| The Hungry Caterpillar | I | Sorting Fruit & Vegetable Cards | 10 min | • 3 ATL-REG • 4 COG • 5 COG |
| | I | Apple Slicing | 10 min | • 3 ATL-REG • 1 LLD • 2 LLD • 1 ELD • 4 PD-HLTH • 7 PD-HLTH • 10 PD-HLTH |
| | I | Tasting Edamame Beans | 10 min | • 3 ATL-REG • 4 PD-HLTH • 7 PD-HLTH • 10 PD-HLTH |
| | G | Book Reading | 15 min | • 5 LLD • 9 LLD |
| | G | Very Hungry Caterpillar Game | 20 min | • ALT-REG • 4 SED • 1 LLD • 2 LLD • 1 ELD • 5 COG |
| | G | Anytime, Sometime, Rarely Foods | 25 min | • 4 COG • 3 PD-HLTH • 10 PD-HLTH • 1 HSS |
| | G | Wet Chalk Art | 25 min | • 6 ATL-REG • 4 PD-HLTH • 1 VPA |

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| Feast for Ten | I | Grocery Activity/ Paying for Food | 15 min | •3 ATL-REG •4 ATL-REG •6 ATL-REG •5 SED •1 LLD •1 ELD •5 COG •6 COG •4 PD-HLTH •10 PD-HLTH |
| | I | Making Vegetable Soup | 5 min | •3 ATL-REG •4 ATL-REG •6 ATL-REG •5 SED •4 PD-HLTH •10 PD-HLTH |
| | I | Putting Away the Groceries | 10 min | •3 ATL-REG •6 ATL-REG •5 SED •1 LLD •1 ELD •4 COG •5 PD-HLTH •10 PD-HLTH |
| | G | Reading Activity | 10 min | •6 ATL-REG •1 LLD •2 LLD •3 LLD •5 LLD •6 LLD •7 LLD •1 ELD •3 ELD •4 ELD •5 COG •10 PD-HLTH |
| | G | Food Safety Stretch | 10 min | •5 SED •2 PD-HLTH •5 PD-HLTH •10 PD-HLTH |
| Ratatoullie | I | Using Different KitchenWare | 10 min | •3 ATL-REG •4 COG •10 PD-HLTH |
| | I | Practice Serving | 10 min | •3 ATL-REG •1 LLD •2 LLD •1 ELD •4 PD-HLTH |
| | I | Setting a Table | 15 min | •3 ATL-REG •2 LLD •3 LLD •2 ELD •4 PD-HLTH •10 PD-HLTH |
| | G | Sing Along w/ Chef Puppet | 15 min | •3 PD-HLTH •10 PD-HLTH |
| | G | Meal Etiquette | 20 min | •4 ATL-REG •10 PD-HLTH |
| | G | Food Critic | 20 min | •3 LLD •2 ELD •10 PD-HLTH |
| | G | Anyone can Cook | 45 min | •4 ATL-REG •6 ATL-REG •4 SED •1 LLD •1 ELD •8 COG •4 PD-HLTH •7 PD-HLTH •10 PD-HLTH |
| | G | Kitchen Safety | 25 min 20 ext min | •4 ATL-REG •1 LLD •2 LLD •1 ELD •2 ELD •3 ELD •4 PD-HLTH •10 PD-HLTH |
| Bearobics | I | Animal Counting | 10 min | •3 ATL-REG •4 ATL-REG •5 ATL-REG •5 COG •4 PD-HLTH |
| | G | Book Reading | 15 min | •5 LLD •9 LLD |
| | G | Jump Rope/Chalk Activity | 15 min | •6 ATL-REG •4 SED •9 COG •2 PD-HLTH •3 PD-HLTH •9 PD-HLTH |
| | G | Storybook Felt Board | 15 min | •4 ATL-REG •6 ATL-REG •4 SED •1 LLD •2 LLD •9 LLD •1 ELD •4 ELD •5 COG •4 PD-HLTH |
| | G | Syllable Clap | 10 min | •5 LLD •3 ELD •3 PD-HLTH |

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| Can You Move... Elephant? | I | Do Our Bodies Need Water? | 5 min | •3 ATL-REG •4 ATL-REG •3 COG •4 PD-HLTH •10 PD-HLTH |
| | I | Color Mixing | 15 min | •3 ATL-REG •4 ATL-REG •5 ATL-REG •6 ATL-REG •1 LLD •1 ELD •3 COG •4 PD-HLTH |
| | G | Reading Activity | 15 min | •5 SED •5 LLD •3 ELD •4 ELD •3 PD-HLTH |
| | G | Animal Mask Race | 30 min | •4 ATL-REG •6 ATL-REG •4 SED •5 SED •3 PD-HLTH •4 PD-HLTH |
| My Daddy Is A Pretzel | I | Fun Yoga Poses | 10 min | •3 ATL-REG •4 ATL-REG •2 COG •1 PD-HLTH •3 PD-HLTH •10 PD-HLTH |
| | G | Reading & Practicing Poses | 20 min | •1 ATL-REG •5 LLD •1 PD-HLTH •3 PD-HLTH |
| | G | Group Yoga Poses | 15 min | •4 SED •1 LLD •1 ELD •1 PD-HLTH •3 PD-HLTH •10 PD-HLTH 5 HSS |
| | G | Balancing Bean Bags | 15 min | •5 COG •1 PD-HLTH •3 PD-HLTH •1 HSS |
| | G | DVD Kids Yoga | 45 min | •1 PD-HLTH •3 PD-HLTH |
| Happy Healthy Monsters Get Moving with Grover The Get Healthy Now Show | I | Stamp Your Lunch | 10 min | •3 ATL-REG •4 ATL-REG •4 SED •4 COG •4 PD-HLTH •10 PD-HLTH |
| | I | What's Edible | 10 min | •3 ATL-REG •4 ATL-REG •4 COG •4 PD-HLTH •10 PD-HLTH |
| | G | Bend & Stretch like Elmo | 15 min | •5 COG •3 PD-HLTH •10 PD-HLTH |
| | G | Elmo Hot Tomato Game | 10 min | •6 ATL-REG •4 SED •1 LLD •3 LLD •1 ELD •2 ELD 3 PD-HLTH |
| | G | Watching DVD | 30 min | •3 PD-HLTH •10 PD-HLTH |
| | G | Move Along | 10 min | •5 SED •9 LLD •3 ELD •4 ELD •3 PD-HLTH |
| | G | The Get Healthy Show Reading Activity | 20 min, Ext. 20 min | •1 ATL-REG •1 LLD •5 LLD •1 ELD •10 PD-HLTH |
| | We Like to Move | I | Moving to the Dice | 10 min |
| G | | Hearing Your Heart | 25 min | •3 ATL-REG •1 LLD •1 ELD •3 COG •3 PD-HLTH •10 PD-HLTH |
| G | | We Like to Jump | 15 min | •4 ATL-REG •6 ATL-REG •3 SED •4 SED •5 COG •7 COG 3 PD-HLTH |
| G | | Reading Activity | 15 min | •5 LLD •3 PD-HLTH |

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| Wash Your Hands Germs on Their Fingers Germs are Not For Sharing | I | Germ Coloring | 5 min | •3 ATL-REG •4 PD-HLTH •6 PD-HLTH •10 PD-HLTH |
| | G | How Many Times...Wash my Hands? | 15 min, ext. 35 min | •5 COG •6 PD-HLTH |
| | G | Glo Germ Box | 30 min | •1 LLD •1 ELD •6 PD-HLTH |
| | G | Red Light Green Light | 15 min | •3 PD-HLTH •6 PD-HLTH |
| | G | Making Your Own Germ | 10 min | •6 ATL-REG •4 PD-HLTH |
| | G | Invisible Germ | 10 min | •5 SED •6 PD-HLTH |
| | G | Passing along a Germ | 10 min | •4 SED •6 PD-HLTH |
| | G | Book Reading | 20 min | •5 LLD •9 LLD |
| Taking Care of My Teeth | I | Tooth Brush Model | 15 min | •3 ATL-REG •4 ATL-REG •5 SED •4 PD-HLTH •6 PD-HLTH •10 PD-HLTH •1 HHS |
| | G | Teeth Brushing | 15 min | •3 ATL-REG •1 LLD •2 LLD •1 ELD •3 COG •6 PD-HLTH 1 HHS |
| | G | Flossing | 10 min | •3 ATL-REG •1 LLD •1 ELD •3 COG •4 PD-HLTH •6 PD-HLTH |
| | G | Book Reading & Coloring | 15 min | •6 ATL-REG •5 LLD •9 LLD •4 ELD •4 PD-HLTH •6 PD-HLTH |
| Getting Enough Sleep Sleep is for Everyone | I | Recognizing Signs of Being Tiered | 10 min | •3 ATL-REG •1 LLD •1 ELD •8 COG •10 PD-HLTH •1 HHS |
| | I | What Time Can I Get Up? | 10 min | •3 ATL-REG •1 LLD •1 ELD •8 COG •10 PD-HLTH •1 HHS |
| This Little Piggy | G | Self-Calmin Exercises | 75 min | •4 ATL-REG •6 ATL-REG •1 LLD •1 ELD •5 COG •3 PD-HLTH 10 PD-HLTH |
| Yawning Yoga | G | Bedtime Routine | 15 min | •4 ATL-REG •6 ATL-REG •5 SED •2 LLD •6 PD-HLTH •8 PD-HLTH 10 PD-HLTH |