

New study shows access to elementary physical education teachers in California is lacking and may be negatively impacting student health



School physical education (PE) is very important for youth health.



Many California public elementary schools do not provide the PE minutes required by law.



Half of California school districts don't have elementary PE teachers on staff.



PE teachers are disproportionately lacking in districts with more Black/Latinx youth.



Having more PE teachers per students is associated with increased student fitness.



Creative action to fund PE teachers is needed to ensure youth from all backgrounds benefit from PE.