## SMART-MEALS <br> Survey of Students in grades $4^{\text {th }}$ and $5^{\text {th }}$ School Year 2023-24

This survey is about what students eat at school. Your answers will help improve school meals. You do not have to answer all the questions, but we hope that you will. This is a chance for you to have your voice heard.

Remember: This is not a test! There are no right or wrong answers. We want to know what you think. Read each question carefully. Mark only one response for each question unless told otherwise. The survey is anonymous, and your answers will not be shared. These questions should take about 10-15 minutes to answer.

Do you agree to take the survey?Yes
No

Please select the school district where you are enrolled.
V XYZ School District ... Don't know

## Which school do you attend?

- XYZ School ... Don't know

What grade are you in?
4th grade
5th grade
None of the above

## SCHOOL MEALS

Think about this school year when you answer these questions.

Mark "yes" if you agree with the sentence. If you do not agree, mark "no". Yes

I usually like school lunch.

School lunch tastes good.

School lunch is healthy.

School lunch looks good.

School lunch foods are like what my family eats at home.

I have enough time to eat school lunch.

I know what is on the lunch menu before I get to the cafeteria.

Lunch lines are too long.

There are enough places to sit for lunch.

The cafeteria or eating area is too noisy.

Most of my friends eat school lunch.

I get tired of the same foods at school lunch.

I usually eat most of the school lunch.

Students waste too much food from school meals.

Eating the school lunch helps me concentrate at school.
School meals are only for students whose families don't have much money.

I like that school meals are free for all students.

I feel embarrassed or ashamed to eat school meals.

The school cafeteria staff are friendly.

I usually like school breakfast/brunch (breakfast served after school begins).

I don't get to school early enough to eat school breakfast.

## ABOUT YOU

Usually, how many days a week do you eat a school lunch?
1 day2 days3 days4 days5 daysI don't usually eat a school lunch
Usually, how many days a week do you eat a school breakfast or brunch (breakfast served after school begins)?1 day2 days3 days4 days5 daysI don't usually eat a school breakfast/brunch

For each statement, mark how often this has happened to you within the last 12 months.

|  | Never | 1 or 2 times | Many <br> times |
| :--- | :--- | :--- | :--- |
| We couldn't get the food we wanted because there |  |  |  |
| was not enough money. |  |  |  |
| I worried about how hard it was for my parents to |  |  |  |
| get enough food for us. |  |  |  |
| I felt hungry because there was not enough food to |  |  |  |
| eat. |  |  |  |

What is your race and/or ethnicity? Mark all that apply.
$\square$ AsianBlack or African AmericanHispanic or LatinoMiddle Eastern or North AfricanNative American or Alaska NativeNative Hawaiian or Pacific IslanderWhiteOther (please specify):


Prefer not to respond

Are you...?Female (Girl)Male (Boy)Prefer to self-describe:Prefer not to respond

