

FFY2023 UCCE San Joaquin County

Successes

- “The video demonstrated how much sugar is in sugary drinks, very helpful.”
- Parent
- “I got to experience a career I never thought of doing before, but after this program I have definitely found a liking to teaching. I'm now considering becoming a teacher one day.”
- Teens as Teachers Student

Results

Youth

- Of 16 teen teachers surveyed, 63% strongly agreed that through their experience with the Teens as Teachers program, they gained skills through serving their community that will help them in the future.

Adult

- Of 184 adult participants surveyed, 58% used the Nutrition Facts Label more often.

Organizational

- 43 sites made PSE changes reaching a total of 2,984 participants. Of the 43 sites, 41 reported implementing mechanisms to support the sustainability of these changes.



Improving California's Health Through CalFresh Healthy Living

County Statement:

San Joaquin County is home to an ethnically diverse population of 793,229 residents. Many of the county's children live in households where families struggle with poverty, food insecurity, and unemployment. According to the 2022 San Joaquin County Community Health Needs Assessment, 12.4% of the population faced food insecurity in the year of reporting, while 34% of the adults (age 18 and older) and 43% of youth (age 10-17) are overweight or obese. Physical inactivity and unhealthy eating contribute to high rates of obesity and chronic disease such as diabetes and heart disease.

Serving Individuals and Communities

- 2,991 total participants (youth & adults) were reached through direct nutrition and physical activity education.
- 3,991 participants were reached through indirect education delivered at health fairs and other community events.
- 2,984 participants were reached with policy, system and environmental change (PSE) activities.
- The CalFresh Healthy Living, UCCE San Joaquin (CFHL, UCCE SJ) Program partnered with a total of 82 different organizations and agencies. These included schools and preschool sites, non-profit organizations, parks, low-income housing groups and shelters.

Providing Education

- The CFHL, UCCE SJ program provides low-income participants nutrition and physical activity education through series-based and workshop classes. Most classes offered in FFY 2023 were in-person. The CFHL, UCCE SJ team increases the number of participants reached by training community educators/teachers to deliver CFHL, UC approved curricula.

Helping to Make Organizational and Environmental Changes

- In support of nutrition education efforts, the CFHL, UCCE SJ team implements and supports partner agencies in implementing PSE strategies such as school and community gardens, structured physical activity, and the Smarter Lunchrooms Movement .

Serving California Agriculture

- CFHL, UCCE SJ is an active partner in the AgVenture Program. This program brings nutrition and agricultural education to almost every 3rd grader in the county.

Building Partnerships

- CFHL, UCCE SJ key partners include First 5 Home Visitation programs, Migrant Education, Stockton USD ECE, CAPK Early Head Start, Catalyst Kids, Lodi USD Food Services, and San Joaquin County AgVenture..

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