What are presentation skills?

Good presentations engage people so they pay attention and remember your key points.

What’s the difference between good presentations and bad presentations?

<table>
<thead>
<tr>
<th>Good presenters</th>
<th>Bad presenters</th>
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</thead>
<tbody>
<tr>
<td>Clearly present a few key points</td>
<td>Lack a clear take home message</td>
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<tr>
<td>Use eye contact with the audience</td>
<td>Have poor body posture</td>
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<tr>
<td>Speak enthusiastically and clearly</td>
<td>Mumble and look bored</td>
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<tr>
<td>Use motion while they speak</td>
<td>Stay firmly fixed in one spot and stare into space</td>
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<tr>
<td>Use appropriate language, anecdotes and humor</td>
<td>Use inappropriate language or humor or words that</td>
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<tr>
<td>Present logically</td>
<td>aren’t understood</td>
</tr>
<tr>
<td>Use visuals that are clear and easily read</td>
<td>Use jumbled visuals that are hard to understand</td>
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<tr>
<td>Dress appropriately</td>
<td>Dress in a way that detracts from their message</td>
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What are the components of a good presentation?

Prepare!

Analyze your audience.

- What are they interested in hearing? What is their background and education?

Structure your talk in three parts

1. Opening
   - Grab the audience’s attention (e.g., use a quote, statistic, or picture etc.)
   - Clearly state the purpose of your talk and why it is important.
   - Write out in 1-2 sentences (or 3-4 bullet points) your main (simple) message.
   - Note: If you can’t clearly state your key message(s), then the audience likely won’t understand either.

2. Body
   - Write out the 3-4 main points of your talk in a logical sequence
   - Identify the stories, data and/or illustrations to support each point
   - After each point recap and make the transition to the next point

3. Conclusion
   - Review the key points you covered and why they are important
   - Finish with a call to action or a memorable statement

In presenting

- Practice. Be familiar with your talk and its flow
- Draw on day-to-day experiences and use stories; Relate the talk to current events
- Turn “butterflies” into positives
  1. Know the room, the audience and your material
  2. Relax and visualize yourself giving the speech
  3. Realize that people want you to succeed
  4. Don’t apologize
  5. Concentrate on the message not the medium
  6. Turn nervousness into positive energy – excitement produces the same effect as nervousness!
  7. Learn from each experience

Who is your audience? What are their interests and the 3-4 main points you want them to remember?

Talk with your audience, not at them.