



CalFresh Healthy Living, UC FFY 2023 Annual Report San Luis Obispo & Santa Barbara County

Narrative Annual Report: The purpose of this Annual Report is to briefly elaborate on the SNAP-Ed activities and outcomes already reported through the Program Education and Reporting System (PEARS) and evaluation tools implemented during the previous fiscal year (October 1, 2022-September 30, 2023). It also requests some specific information needed for the CalFresh Healthy Living, UC's annual report to the California Department of Social Services (CDSS) and US Department of Agriculture (USDA).

A. CalFresh Healthy Living, UC Program Overview

For FFY2023, please describe program highlights in bulleted points that your UCCE team was able to achieve. In your description, incorporate the FFY2023 PEARS year-end summary program data and evaluation results provided to your County/Cluster program by the State Office as appropriate. Highlights from evaluation results can be bulleted out separately or integrated into program-related bulleted summaries.

Suggested maximum length: 1,500 words (approximately 3.5 pages single space with Arial 12pt font) not including photos. Photos are encouraged but **are required to have releases on file for any individuals depicted**.

i. Key Integrated Work Plan activities

During FFY2023, CalFresh Healthy Living, UCCE in San Luis Obispo and Santa Barbara counties (SLO/SB) supported comprehensive, school-based nutrition and physical activity education and supports for policy, systems, and environmental (PSE) changes including:

- Direct education reaching 3,136 youth and 9 adults.
- Indirect education reached 40,281 community members, of whom 16,689 were estimated as new reach.
- Engaged 41 community partners in CalFresh Healthy Living, UCCE programming including agricultural partners, schools, food banks, nonprofit organizations, and parks and recreation centers.
- Participated in 4 multi-sector coalitions across counties to address food security and equitable access to policies, systems, and environments supportive of health and wellness. Sectors represented on these coalitions included: agriculture, education, food industry, government, community-based organizations, and public health.
- PSE supports implemented at 17 sites, reaching 17,925 low-income community members, including:

- Supported the adoption of 64 nutrition, 16 physical activity and 3 nutrition and physical activity supports across both counties for a total of 83 PSE changes adopted or actively maintained.
- Conducted 9 needs assessments, plus additional environmental scans, and staff readiness assessments.
- Delivered additional programs in support of PSEs including EatFresh.org, Harvest of the Month (HOTM), Rethink Your Drink (RYD), Gardens, PowerPlay, Smarter Lunchrooms Movement (SLM), and the 4-H Student Nutrition Advisory Council (SNAC) guide.
- Of the sites implementing or maintaining PSE changes, a majority also offer complementary strategies such as evidence-based education (0% in SLO, 83% in SB), Parent/Community Involvement (20% in SLO, 83% in SB), and/or staff training (100% in SLO and SB).
- For sustainability of PSE changes, 100% in SLO and 100% in SB report at least one sustainability mechanism is planned, in process, or already in place.

ii. Major achievements/outcomes

- Direct Education: Strengthened our partnership with teacher extenders, staff, parents, and students at partnering elementary schools to provide comprehensive nutrition education and PSE support on-site and through in-person lessons.
- Developed partnerships with the Santa Maria Bonita School District summer school program to increase partnerships and participation in programming.
- When 4th-grade students (n=136) were asked to complete the Eating and Activity Tool for Students (EATS), increases in physical activity, fruit, and vegetable consumption, and decreases in sugar-sweetened beverage consumption were reported.

Table 2: Percent of Students with Improved Diet and Physical Activity Behaviors

BEHAVIOR	N	MET CFHL, UC SMART OBJECTIVE	PERCENT IMPROVED
Ate Fruit (with 100% Juice) Yesterday	133	30% or more increase frequency	37%
Ate Vegetables (with Beans) Yesterday	121	30% or more increase frequency	35%
Drank Sweetened Beverages (with Flavored Milk) Yesterday	122	30% or more decrease frequency	44%
Days with 60+ Minutes of Physical Activity Last Week	127	35% or more increase frequency	52%

- Engaged 40 student leaders in two 4-H Student Nutrition Advisory Council (SNAC) clubs in leadership training, health promotion, and teens-as-teachers teaching activities around healthy eating and active living reaching 630 peers and their families.
- Engaged 46 student leaders at Hapgood Elementary to become garden leaders and conduct garden-based nutrition education, and peer-to-peer teaching activities reaching 225 of their peers.
 - Youth Leader Survey results indicated that students improved their comfortability in leading group discussions from 9% (pre) to 49% (post) and their confidence in teaching others from 19% (pre) to 60% (post). Additionally, as a result of participating as a garden leader, 88% of students agreed that they are more confident in helping others and 81% reported an increase in their overall confidence.

- Students also reported improvements in health behaviors after serving as garden leaders. 95% of students reported learning cooking skills, 95% reported washing hands frequently and 88% reported their family has purchased healthier foods.
- Student leaders presented their garden efforts at the Lompoc Unified School District school board meeting in April.
- Student leaders led a garden tour for a third district supervisor in Santa Barbara County, Joan Hartman. “I was absolutely astonished by the student-led Nutrition Advisory Council (SNAC) garden presentation I had the opportunity to witness at Hapgood Elementary School” [Social Media Reel by Joan Hartman](#)



- Expanded partnership with UC Master Food Preservers (MFP) to provide food preservation lessons in collaboration with nutrition education lessons at school and community sites including Boys and Girls Club of South San Luis Obispo County, Santa Maria Recreation and Parks, Rice Elementary, Liberty Elementary and Hapgood Elementary. See [Success Story](#)
- Hosted the 4-H SNAC Culinary Academy. See [Success Story](#)

- 40 students from four different school sites attended the full-day event focused on learning various culinary skills and different cultures.
- 32 students responded to the What Did You Learn open-ended survey. 75% of the 32 students stated that they learned how to cook new and different foods. Other responses included the themes of learning about other cultures and an increased confidence in cooking. Responses included “One thing I learned is how to cook different types of food and where they come from” and “One thing I learned from these classes is that meals can be fun and simple”. When asked what students would do differently because of participating in Culinary Academy, students responded, “To be confident and careful on what you are doing” and “I would hold the knife differently and safely”.



- Partnered with our newest school site, Grover Beach Elementary to provide virtual Family Cook Nights, 4 lesson series for families, engaging a total of 15 families. Results from the Healthy, Happy Families survey (n=5) revealed that parents made improvements to child feeding practices. From pre to post assessment, there was a 60% increase of children who eat snacks at the same time every day and a 20% increase in children who sit and eat meals with an adult.
- The Teacher Observation Tool revealed that in Santa Barbara County (n=18), 100% of teachers agreed/strongly agreed that more students can now identify healthy food choices, and 94%

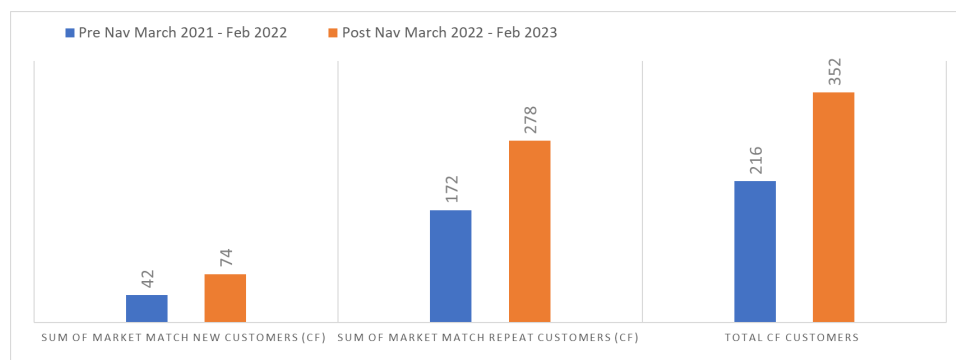
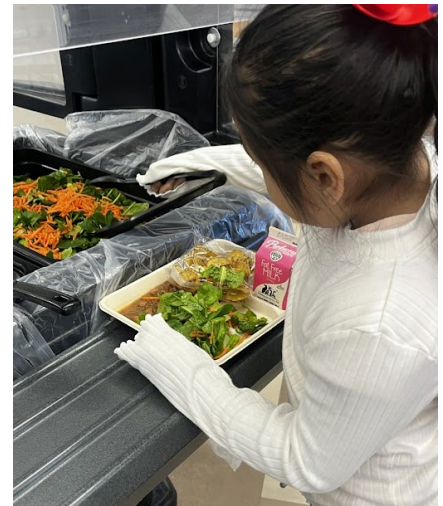
agreed/strongly agreed that more students are willing to try new foods at school. In San Luis Obispo (n=3), 100% of teachers agreed/strongly agreed that more students can now identify healthy food choices, and 100% agreed/strongly agreed that more students are willing to try new foods.

- Partnered with Community Action Partnership of San Luis Obispo County (CAPSLO) to assist with implementing a USDA Farm to School grant. UCCE provided training and technical assistance to 11 teen leaders and staff on garden-enhanced nutrition education and teaching TWIGS curriculum to elementary school students.
 - Results from the Youth Leader Survey indicate that teens improved their comfortability with leading group discussions. Before receiving training only 2 out of 7 respondents stated they had “excellent ability” in leading group discussions and after receiving training 5/7 respondents reported “excellent ability”. Additionally, after receiving training 7 out of 7 respondents reported that they can teach others.
 - Additionally, 6 out of 7 teens felt supported, recognized, and set up for success. When asked what the best part was of participating as a teen teacher, responses included “I was able to learn and teach at the same time. Working with kids is always so fun and exciting” and “It made me feel good about helping others”.
- Partnered with Santa Maria Recreation and Parks to provide a summer culinary camp for adolescents in low-income communities with the opportunity to obtain ServSafe certification. See [UC Delivers Link](#)
 - Six students expressed interest in obtaining ServSafe certification and were provided ServSafe online training codes at no cost.
 - Twenty-three students who responded to the What Did You Learn open-ended survey, reported that they learned how to properly use a knife and proper food safety. When asked what they will do differently as a result of these classes students responded, “I am going to be more involved in the kitchen and learn how to cook new things” and “One thing I am going to do differently is change the way I hold knives.”
- Collaborated with Master Food Preservers to deliver UC programming to the Boys and Girls Club of South San Luis Obispo County to provide a 4-week Cooking for Health Academy series, engaging a total of 20 students.
 - Fifteen students responded to the What Did You Learn open-ended survey. Eleven out of fifteen students reported that they learned how to cook new things. When asked what students would do differently because of these classes, responses included “I will try to make the smoothies again” and “I eat healthier”.
- Partnered with the Lompoc Library, Master Gardeners, and Master Food Preservers to host a “Learn and Grow” summer garden series, reaching 18 families. See [Success Story](#)
- Partnered with Santa Barbara Food Bank and Santa Maria Bonita School District to provide nutrition education and food resource management skills at Healthy School Pantry food distribution events, reaching over 950 families.

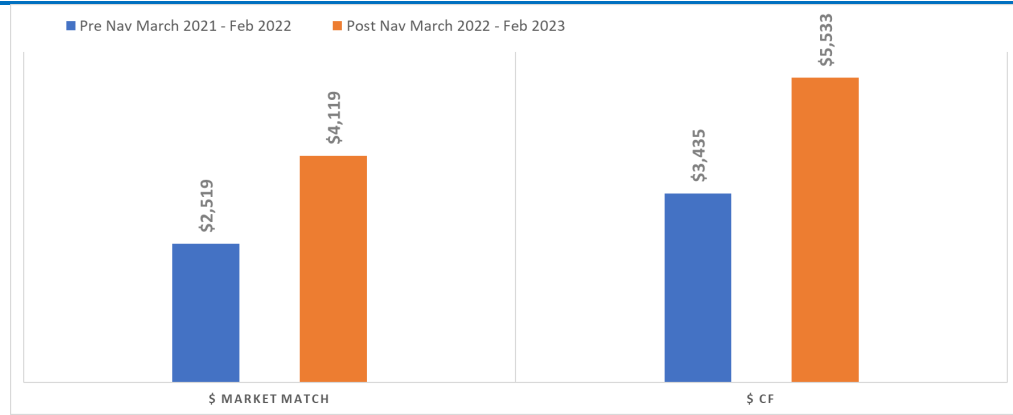


FFY 2023 Annual Report – San Luis Obispo & Santa Barbara Counties

- Continued to maintain, plant, harvest, and teach in school gardens. This resulted in the donation of an estimated 500 pounds of fresh produce to school meals.
- Hosted three, 4-hour Nutrition and Gardening Trainings for community partners to gain skills to conduct garden-enhanced nutrition education and promote school garden sustainability.
- Promoted two staff members to Community Education Specialist 3 positions to assist in expanding PSE efforts.
- Hosted CalFresh Healthy Living, California Department of Social Services staff for a Management Evaluation in SLO County. Received no findings or corrective actions.
- EBT at Farmers Market-SLO/SB continued to chair and provide staff support for the EBT at Farmers Markets working group of the San Luis Obispo County Food System Coalition. Efforts included:
 - Continued implementation of the Farmers Market Navigator program funded by the Danone Healthy Planet, Healthy People grant in San Luis Obispo County. Partners of this project include the North County Farmers Market Association, Center for Family Strengthening, and the Food Bank Coalition of San Luis Obispo County.
 - Navigators concluded work in September 2023 and preliminary results indicate that over a one year period there was a 76% increase in new CalFresh customers, a 76% increase in total CalFresh customers and a 62% increase in total nutrition incentive (Market Match and CalFresh) redemptions. Other evaluation methods that are currently being reviewed include interviews with navigators and surveys with market vendors and managers.



FFY 2023 Annual Report – San Luis Obispo & Santa Barbara Counties



- Postcard mailers reaching over 5,400 low-income families in San Luis Obispo and Northern Santa Barbara Counties.
- Supported increased awareness of the CalFresh and Market Match programs at regional farmers markets, including \$221,706 in CalFresh/Market Match purchases between October 2022-August 2023 (5% increase from the same reporting period in FFY2022).
- Supported 1,217 new customers and 5,582 repeat customers in accessing CalFresh at Farmers Market from October 2022- August 2023.
- Led efforts to celebrate National Farmers Market Week (NFMW). See [Success Story](#)
 - Submitted a proclamation that was accepted by the San Luis Obispo County Board of Supervisors declaring National Farmers Market Week in the County and highlighting the importance of farmers markets that accept CalFresh.
 - Submitted a press release to local news stations, resulting in media coverage of National Farmers Market Week on 5 media outlets.
 - Developed kits for partners including reusable tote bags, recipes, and family activities. Eleven partners in SLO and SB counties distributed over 425 farmers market week promotional items including healthy recipes, children’s coloring books, and tips on using EBT and Market Match at the market.
 - Social media campaign reached over 830 individuals promoting NFMW, the benefit of shopping at local markets, and info on EBT and Market Match redemption.



B. Summary FFY2023 Program Activities from PEARS

County specific summaries will be provided by the State Office based on data entered by county/cluster program into PEARS for the 9 following tables. **Please copy and paste the table, data or image into the space provided.** The information for two of the graphics (PSE stages and PSE changes adopted) can be

FFY 2023 Annual Report – San Luis Obispo & Santa Barbara Counties

obtained from the PEARS Impact Dashboard found under the Reports drop down. Snippets of your PEARS Summary Data (see samples below) can be pasted directly into your report or provided as an attachment to your report. Please include the summary information for items **i. – iv.**

- i. FFY 2023 Direct Education Participants Reached by Age Group and Setting – tables to be provided by the State Office based on PEARS data

County	Total Youth	0-4	5-17	Total Adult	18-59	60+	Prefer not to Respond	Unknown	Total DE Participants
San Luis Obispo	94	1	93	9	9	-	-	5	108
Santa Barbara	3,042	-	3,042	-	-	-	-	11	3,053

County	Reach by IWP Setting			Schools K-12			After School					
	0-4	5-17	Total Youth	18-59	60+	Total Adults	0-4	5-17	Total Youth	18-59	60+	Total Adults
San Luis Obispo	1	56	57	9	-	9	-	20	20	-	-	-
Santa Barbara	-	2,947	2,947	-	-	-	-	55	55	-	-	-

County	Early Childhood						Community					
	0-4	5-17	Total Youth	18-59	60+	Total Adults	0-4	5-17	Total Youth	18-59	60+	Total Adults
San Luis Obispo	-	17	17	-	-	-	-	-	-	-	-	-
Santa Barbara	-	-	-	-	-	-	-	40	40	-	-	-

- ii. Indirect Education channels and reach (total and new) – to be provided by State Office

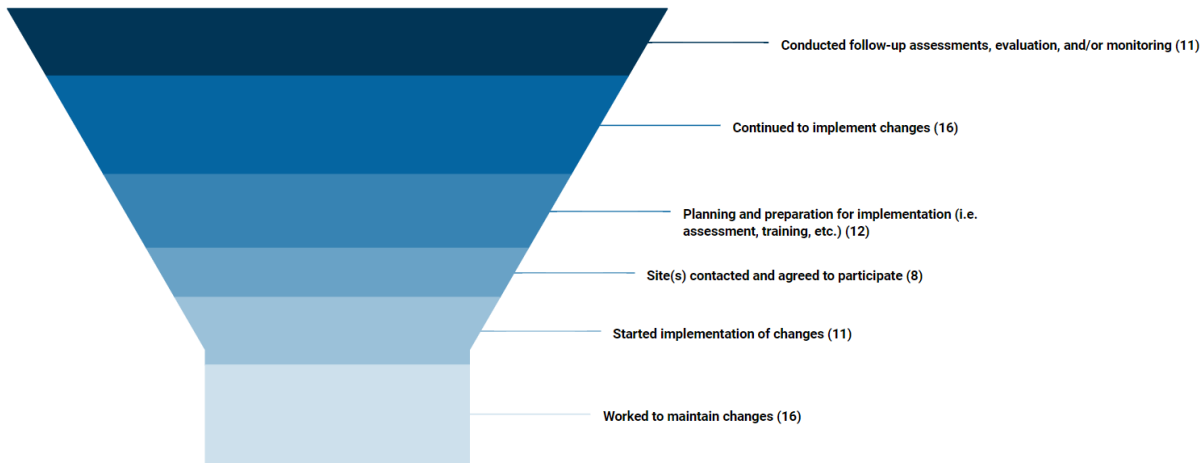
Indirect Education	San Luis Obispo	Santa Barbara
Unique Reach	17,049	23,232
New Reach	4,533	12,156
Billboards, bus/van wraps, or other signage	-	-

FFY 2023 Annual Report – San Luis Obispo & Santa Barbara Counties

Community events / fairs - participated	1	7
Community events / fairs - sponsored	-	-
Electronic materials	-	-
Hard copy materials	6	10
NERI	1	4
Other	-	-
Site Level assets	-	-
Social Media	4	4
Videos	1	1
Websites	-	-
Food Demonstrations	4	5

- iii. PSE sites by stages, needs assessments conducted, reach by settings, changes adopted – information either provided by the State Office or available from PEARS Impact Dashboard SNAP-Ed Highlights.

PSE Activity Pipeline



The PSE Activity Pipeline can be clipped from the PEARS Impact Dashboard SNAP-Ed Highlights. Filter for FFY2023 data and for your county or cluster.

NEEDS ASSESSMENTS

Number of PSE Assessments and PSE Sites/Organizations with Assessments*

Number of Assessments and PSE Sites/Organizations with Assessments	SLO		SB	
	Number of Assessments (n=6)	Number of Sites (n=11)	Number of Assessments (n=4)	Number of Sites (n=6)
Total Needs Assessments / Environmental Scans	6	6	3	3
CalFresh at Farmers Markets Assessment Tool	5	5	0	0
SLAQ – Elementary School Site-Level Assessment Questionnaire	1	1	2	2
Other Assessments: <i>Principal Meeting (1), Food Services Manager Feedback Survey (1)</i>	0	0	1	1
Total Staff Readiness Assessments	0	0	1	1
Other Assessments: <i>Principal Meeting (1)</i>	0	0	1	1
Total Organizational Readiness Assessments	0	0	0	0

*Reported for all PSE stages.

POLICY, SYSTEMS, AND ENVIRONMENTAL (PSE) SITES AND REACH

Total PSE Sites/Org and Number with One or More PSE Change Adopted and Reach*

COUNTY	All Stages of Implementation	Only Implementation and Maintenance Stages					COUNTY REACH TOTALS
	Number of PSE Sites/ Orgs	Schools (elementary, middle, and high)	Early care and education (ECE)	Before/ afterschool programs	Other**	Number of PSE Sites/ Orgs with Changes Adopted	
SLO	11	0	0	0	10	10	14,900
SB	6	5	0	0	1	6	3,025
SLO/SB	17	5	0	0	11	16	17,925

*Summary statistics provided for PSEs in all stages of implementation and for those in the implementation and maintenance stages only.

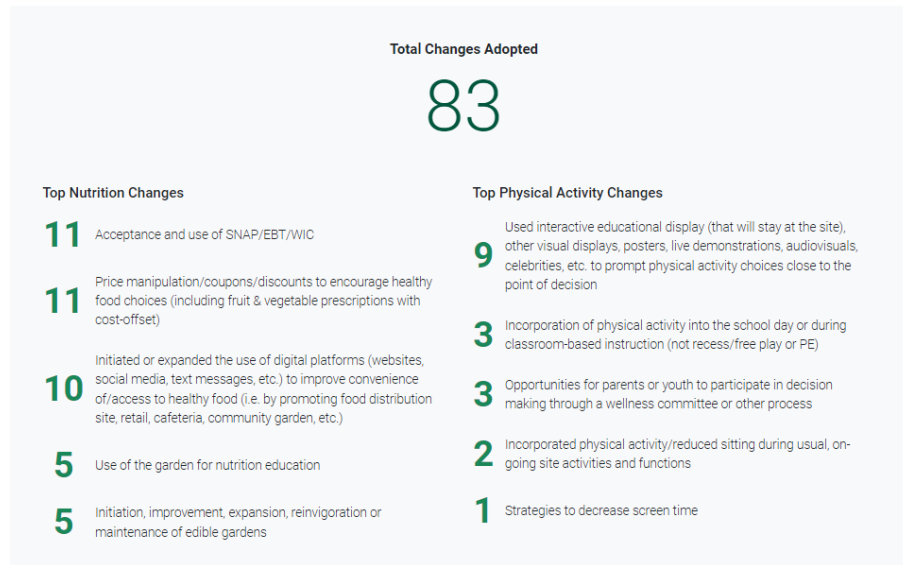
**Other includes Farmers markets.

Number of PSE Sites and Reach by Setting for *Implementation and Maintenance Stages* *

COUNTY	Schools (K-12, elementary, middle, and high)		Farmers markets		TOTALS	
	PSE Sites	Reach	PSE Sites	Reach	PSE Sites	Reach
SLO	0	0	10	14,900	10	14,900
SB	5	2,625	1	400	6	3,025
SLO/SB	5	2,625	11	15,300	16	17,925

*Summary statistics include only those PSEs in the implementation and maintenance stages.

PSE Changes Adopted



The PSE Changes Adopted (total and top 5 for Nutrition and Physical Activity) can be clipped from the Impact Dashboard SNAP-Ed Highlights. Filter for FFY2023 data and for your county or cluster.

iv. Total Partners and Partners by Type and Number of Coalitions and Members by Sectors of Influence) – Tables to be provided by the State Office

Partnerships by Type	San Luis Obispo	Santa Barbara
Total Partnerships	22	19
Agricultural organizations (includes farmers markets)	9	1
Community members/individuals	-	-
Early care and education facilities	-	-
Faith-based groups	-	1
Federal governments/agencies	2	1
Food banks/food pantries	1	2
Foundations/philanthropy organizations/nonprofits	3	1
Government program/agency (Fed., St., local, etc.)	-	-
Hospitals/healthcare organizations	-	-
Human services organizations	-	-
Indian Tribal Organizations	-	-

FFY 2023 Annual Report – San Luis Obispo & Santa Barbara Counties

Labor/workforce development groups	-	-
Libraries	-	1
Local governments/agencies	2	1
Organizations that work w/ people w/ disabilities (excludes housing)	-	-
Other:	-	-
Other Commercial Enterprises/Businesses	-	-
Parks and recreation centers	1	1
Public health organizations	-	-
Public/low-income housing groups	-	-
Schools (colleges and universities)	1	-
Schools (PK, K-12)	2	8
Senior Centers	-	-
Senior Housing	-	-
Shelter/temporary housing groups	-	-
State governments/agencies	1	2
Worksites	-	-

Coalition Members by Sector	San Luis Obispo	Santa Barbara
Total Coalitions	2	2

C. Success Stories, Challenges and Planned Improvements for FFY 2023

I. Success – See PEARS Success Story entry

From the PEARS Success Story Module, please provide the PEARS ID number and name of at least one success story if possible one per county. The State Office county contact will review and follow-up with questions as needed. Photos are terrific to include. But, a photo release needs to be on file for each identifiable participant.

Success Story	PEARS ID
CalFresh Healthy Living, UCCE Promotes Food Access During National Farmers Market Week	33635
UCANR Programs Partner to Increase Nutrition, Garden and Food Preservation Skills to Youth	33636

Success Story	PEARS ID
CFHL, UCCE Integrates the Master Food Preservers Into Programming to Promote Healthy Living	33637
Student Leaders Increase Their Confidence in Cooking: 4-H SNAC Culinary Academy	33639

II. Responding to Challenges

Describe how your program responded to challenges. What were the major areas of focus to adapt programming and build capacity to continue to contribute to CalFresh Healthy Living, University of California goals and objectives. Suggested maximum length: 500 words

The San Luis Obispo and Santa Barbara team continues to adapt to challenges by listening to the needs of our community members and partners and maintaining flexibility despite ongoing challenges. As we moved beyond the challenges faced during the pandemic, we planned for a full return of in-person programming for the FFY23 school year.

Throughout the summer, SLO/SB prepared to support teacher extenders and partners for the upcoming school year. This included revising our lesson plans and food demonstrations for each grade level and maintaining a controlled website for enrolled extenders to access grade-level curricula and materials developed by SLO/SB and other CalFresh Healthy Living, UC, and EFNEP programs. SLO/SB delivered a variety of summer programming including a summer cooking camp for teens, a cooking camp for 4th-6th grade youth, and adapted the UC Garden Nutrition Extender training to meet the needs of our community partners. Additionally, we established new relationships with summer school programs to implement an extender model to deliver programming.

Our team has also adapted to the challenges of having limited members on our team by working with extenders to take on additional roles to help fill gaps. This includes encouraging the extender model with our sites and having an extender assist with the implementation of a 4-H SNAC club. In addition to increasing extender roles, we have worked closely with Master Food Preserver volunteers as partners to assist in implementing quality direct education.

Although we have responded to the above challenges, some ongoing challenges include:

- Staff vacancies and leave: When staff were asked what the biggest challenge was that impacted our programming in FFY23, all responded with a lack of staffing. Although we have had the opportunity to promote two current staff members to Community Education Specialist 3 positions and have not experienced any turnover amongst our team, we have been unsuccessful in filling our vacancies. Additionally, we have had multiple Community Education Specialists on various types of leave throughout the fiscal year. We have maintained flexibility despite this challenge but this reduction in staff has caused some gaps in our ability to serve our clients and partners and expand our programming. We are hopeful in FFY24 that we will be able to onboard a new staff member to help alleviate this need.
- Lack of bilingual staff and a lack of translation services available to the large Mixteco community in SLO/SB poses a challenge for our program and limits opportunities for parent and community engagement/education. Santa Maria Bonita School District recently expanded its translation services

for families, and we hope to explore opportunities to partner to provide parent lessons in Spanish and Mixteco as well as seeking bilingual candidates when hiring.

- Although we have seen an increase in extender involvement in FFY23, school staff, and teachers continue to be overwhelmed and lack the capacity to schedule meetings, respond to emails, and take on additional responsibilities that support student health. This remains an ongoing issue of competing priorities. To adapt to this challenge, the SLO/SB team works with extenders to meet their needs while communicating clear expectations of participation in CFHL programming.

III. Planned Improvements

Describe any modifications you plan to make in the next fiscal year to improve the effectiveness of your program based on program findings and feedback and/or to address problems experienced during the past year. **Suggested maximum length: 250 words**

We continue to modify and improve our programming to attempt to meet the needs of the youth, families, teachers, and community partners we serve. Improvements that are in progress of making and refining include:

- Improve our system for sharing evaluation results with community partners to highlight the impact of our work.
- Continue to explore methods to improve overall reporting including streamlining reporting and evaluation collection procedures and working with extenders to ensure understanding of reporting forms.
- Work with staff to create focused and detailed plans on goals for the FFY 24-26 integrated work plan.
- Continue to build relationships with new and existing clients and partners.
- Continue to provide professional development and training opportunities for staff.
- Explore new ways to engage families through garden workdays, family cook nights, and adult education using family-centered curriculum.
- Train extenders on BEPA 2.0 curriculum to continue to increase opportunities for physical activity during the school day.
- Continue to partner with Farmers Market Managers to increase awareness and utilization of nutrition incentives at Farmers Markets.
- Strengthen partnerships and collaborations with other UCANR programs including Master Food Preservers, Master Gardeners, and 4-H.
- Explore opportunities to apply the extender model to 4-H SNAC clubs to expand the reach and decrease the workload of educators.
- Continue to develop best practice guidelines for collaborations with Master Food Preserver volunteers.
- Implement additional opportunities for peer-to-peer education in our programming.
- Work with 4th-grade extenders to ensure that the minimum of program sessions are reported to collect EATS post-surveys.
- Once fully staffed, partner with additional school sites in SLO County.
- Hire and train a new educator to expand the reach of programming in SLO/SB.

D. Presentations, Publications and Awards

i. Conference Presentations and Posters, Publications

Please list publications in the following sub-categories with links.

APA format is preferred for publications. Example: Last name, First name. (Year). Title. Publication. DOI or website link.

- Conference and Invited Presentations:

Marrs, A. (2022) A Beginners Guide to Gardening. CalFresh Healthy Living Forum. October 2022

Marrs, A. (2022) Delivering Garden Enhanced Nutrition Education to Students. CalFresh Healthy Living Forum. October 2022

Marrs, A., Hong, K. (2022) School Gardens: How to Empower Youth on Site to Run the Garden Program Networking Session. CalFresh Healthy Living Forum. October 2022

Klisch, S., Vargas, R., Costa, M. (2023) Building a Community Coalition to Support Food Access, Promote CalFresh and Nutrition Incentives. CalFresh Healthy Living Forum. October 2023

Hathorn, K., Marrs, A. (2023) Growing Healthy Together: Cross-Program Collaboration to Deliver Adult and Older Adult Garden Education. CalFresh Healthy Living Forum. October 2023

Brian, K., Hathorn, K., Marrs, A. (2023) Garden Heroes: Empowering Youth as Leaders of Their Garden Programming. CalFresh Healthy Living Forum. October 2023

Hathorn, K., Marrs, A. (2023) Garden Networking Session. CalFresh Healthy Living Forum. October 2023

Klisch, S., Vargas, R., Costa, M. (2023) Farmers Market Navigators Program for a Healthy Planet and Healthy People Midpoint Update. Danone Institute “One Planet. One Health”. February 2023

Marrs, A. (2023) Rethinking Farm to School. Center For Ecoliteracy. June-July 2023

Klisch, S., Keisler, A., Koch, R. (2022, November). *Systemic barriers to equitable access to SNAP: A survey of people who work in the system*. [Conference presentation]. 2022 APHA Annual Meeting. Boston.

Macias, K., McMurdo, T., Brock, L., Spicer, T., Pressman, J., Vincelli, C., Klisch, S., (2023, March 1). *The SNAP-Ed Educator Self-Assessment Tool: Ensuring excellence in SNAP-Ed program delivery*. [Conference abstract]. 2023 Association of SNAP Nutrition Education Administrators.

Klisch, S., Soule K, Iaccopucci A. (2022, October 11). *4-H Student Nutrition Advisory Council Clubs (SNAC): Integrating extension programs to improve community health*. [Conference abstract]. NAE4-HYDP Conference, Madison, WI.

Hong, K., Klisch, S., Soule, K.E. (Sept 2023). *Meet the Author: 4-H SNAC Guide*. [Invited presentation]. National 4-H Council.

Dailey, A., Klisch, S. (Sept 2023). *The San Luis Obispo County Food Access and Participation Map*. [Invited presentation]. San Luis Obispo County GIS Community of Interest.

Klisch, S. (2022, November). *Success of CalFresh/SNAP incentive projects at farmers markets*. [Invited presentation] UC ANR Town Hall.

- Journal Articles:

Klisch, S. (submitted September 2023). Systemic barriers to SNAP: A survey of frontline workers. *Journal of Hunger and Environmental Nutrition*.

- Posters:

Vargas, R., Rorabough, M., Klisch. (2022) Building Community and Promoting Health During COVID-19. CalFresh Healthy Living Forum. October 2022

Marrs, A., Vargas, R. (2022) Engaging Student Leaders to Teach TWIGS Lessons in the Garden and Lead Garden Tours. CalFresh Healthy Living Forum. October 2022

Marrs, A., Costa, M., Klisch, S. (2023) “SPROUTS” Teens as Teachers in the Garden. CalFresh Healthy Living Forum. October 2023

Hong, K., Costa, M., Klisch, S. (2023) Building Capacity for Authentic Youth Engagement. CalFresh Healthy Living Forum. October 2023

Vargas, R., Costa, M., Klisch, S. (2023) Farmers Market Program Increases Access to Healthy, Local Foods. CalFresh Healthy Living Forum. October 2023

Klisch, S., Soule, K., Vargas, R., Rorabough, M., Hong, K., Diaz, M., Plascencia, B. (2023) The 4-H SNAC Guide: Integrating Nutrition and Youth Development Programming for Policy, Systems and Environmental Changes to Improve Community Health. University of California Agriculture and Natural Resources Statewide Conference. April 2023

Vargas, R., Rorabough, M., Costa, M., Klisch, S. (2023) Building Community and Promoting Health During COVID-19. University of California Agriculture and Natural Resources Statewide Conference. April 2023

Marrs, A. (2023) Engaging Student Leaders to Teach TWIGS Lessons in the Garden and Lead Garden Tours. University of California Agriculture and Natural Resources Statewide Conference. April 2023

Soule, K.E., Iaccopucci, A., Klisch, S., Miller, J., Nayak, R. (2023). *Expanding Integrated Healthy Living and Youth Development Programming: 4-H SNAC Clubs*. University of California Agriculture and Natural Resources Statewide Conference. April 2023

Macias, K., McMurdo, T., Brock, L., Spicer, T., Pressman, J., Vincelli, C., Klisch, S., (2023). *Community Educator Self-Assessment Tool*. 2023 University of California Agriculture and Natural Resources Statewide Conference. April 2023

- SNAP-Ed Connection:

Khaira, K., Nicoli, A., Klisch, S., Vargas, R. (August, 2023) Partnerships Support More Equitable Access to Healthy Food and Income to Local Farmers in California

<https://snaped.fns.usda.gov/library/success-stories/partnerships-support-more-equitable-access-healthy-food-and-income-local>

- UC Delivers Blogs:

Hong, K., Costa, M., Vargas, R., Klisch, S. (April, 2023) CalFresh Healthy Living, UCCE in Santa Barbara and San Luis Obispo Counties Promote Healthy Eating Practices with Teens Love Cooking.

<https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=56406>

Klisch, S., Marrs, A., Petit, M., Vargas, R. (December, 2022). UCCE engages a school community to increase the use of a school garden, promoting school and community health and wellness, and shaping future leaders.

<https://ucanr.edu/blogs/blogcore/postdetail.cfm?postnum=55775>

- UC ANR Blogs (Healthy Youth, Families and Communities Blog):

Klisch, S. (July 2023) San Luis Obispo Celebrates National Farmers Market Week August6-th-12th- Join Us!

https://cesanluisobispo.ucanr.edu/uccalfreshslosb/Healthy_youth_families_and_communities_blog/?blogpost=57415&blogasset=135697

Hong,K., Klisch, S. (May 2023) 4-H Student Nutrition Advisory Council Students Promote Healthy Living at Family Wellness Night

https://cesanluisobispo.ucanr.edu/uccalfreshslosb/Healthy_youth_families_and_communities_blog/?blogpost=56918&blogasset=135697

Klisch, S., Hong, K., Costa, M. (May 2023) Culinary Academy Returns, Post-Pandemic

https://cesanluisobispo.ucanr.edu/uccalfreshslosb/Healthy_youth_families_and_communities_blog/?blogpost=56884&blogasset=135697

- News coverage - Broadcast Media:

July 27, 2023: A-Town Daily News *National Farmers Market Week*

<https://pasoroblesdailynews.com/slo-county-joins-in-national-farmers-market-week-celebration/180859/>

July 28, 2023: Paso Robles Daily News *National Farmers Market Week*

<https://pasoroblesdailynews.com/slo-county-joins-in-national-farmers-market-week-celebration/180859/>

August 4, 2023: KEYT *National Farmers Market Week*

[https://keyt.com/news/san-luis-obispo-county/2023/08/04/local-markets-prepare-for-national-farmers-market-](https://keyt.com/news/san-luis-obispo-county/2023/08/04/local-markets-prepare-for-national-farmers-market-week/#:~:text=San%20Luis%20Obispo%20County%20joins,from%20Aug.%20%2D12)

[week/#:~:text=San%20Luis%20Obispo%20County%20joins,from%20Aug.%20%2D12](https://keyt.com/news/san-luis-obispo-county/2023/08/04/local-markets-prepare-for-national-farmers-market-week/#:~:text=San%20Luis%20Obispo%20County%20joins,from%20Aug.%20%2D12)

August 7, 2023: KEYT *National Farmers Market Week*

[https://keyt.com/news/santa-maria-north-county/2023/08/07/local-farmers-market-prep-for-national-farmers-market-week/?fbclid=IwAR0ajyILn_-](https://keyt.com/news/santa-maria-north-county/2023/08/07/local-farmers-market-prep-for-national-farmers-market-week/?fbclid=IwAR0ajyILn_-Wx6Nn8XulzQtraU1Jq0OPDGRmNj7aJ1NC_qP-1wi1QAdrpY)

[Wx6Nn8XulzQtraU1Jq0OPDGRmNj7aJ1NC_qP-1wi1QAdrpY](https://keyt.com/news/santa-maria-north-county/2023/08/07/local-farmers-market-prep-for-national-farmers-market-week/?fbclid=IwAR0ajyILn_-Wx6Nn8XulzQtraU1Jq0OPDGRmNj7aJ1NC_qP-1wi1QAdrpY)

August 9, 2023: KSBY *National Farmers Market Week*

<https://www.ksby.com/news/local-news/arroyo-grande-market-kicks-off-natl-farmers-market-week-celebrations-in-slo-county>

- Statewide Leadership/Collaboration

Lead:

- Educator Self Assessment- Klisch, S.
- Garden Evaluation Work Group (developed statewide survey) - Klisch, S.

Participated:

- Supervisor Onboarding- Vargas, R.
- Promotional Materials- Vargas, R., Marrs, A.
- Youth Engagement- Hong, K, Marrs, A.
- Physical Activity- Rorabough, M.
- Garden- Marrs, A.
- Evaluation Work Group - Klisch, S.
- CalFresh Healthy Living, UCCE Regional Managers - Vargas, R.

Presentations at Workgroup Meetings

- Hong, K., Diaz, M., Klisch, S. (February 2023) 4-H SNAC Clubs: Promoting Youth Leadership and Community Health. CFHL, UC Youth Engagement Call
- Marrs, A. (April 2023) Youth Led Garden Clubs and Activities. CFHL, UC Youth Engagement Call
- Costa, M. (May 2023). CFHL, UC and EFNEP Healthy, Happy Families Overview and Best Practices Webinar

ii. Awards Received

Please list any external awards received. Do not include UCD or UC ANR internal staff awards. If none, note "N/A". Ex: "Award Name" - Presented to Persona Fake - 2/2023

SNAP-Ed/EFNEP Educational Program Award, 2nd Place Western Region Winner- September 2023, National Extension Association of Family and Consumer Sciences

SNAP-Ed/EFNEP Educational Program Award, 1st Place State - September 2023, California Extension Association of Family & Consumer Sciences

