

SECTION 1: COVER/TITLE PAGE

See page 7 of the manual for additional information.

Include:

First and Last Name Your age now Your birthdate Name of Club County Name Program Year (ex: "2024-25") Your 4-H age division (as of December 31st, of the program year. Junior, Intermediate, Senior)

Use any artwork, photo, or graphics you like on this page.

The best advice we can give you is to: Work on the forms throughout the year. Read the manual on how to complete each form. Work on assembling the Record Book one section at a time. Read the manual for each section.

Oh, and read the manual!





SECTION 2: TABLE OF CONTENTS

See page 7 of the manual for additional information.

Section 1: Cover/Title Page	Page #
Section 2: Table of Contents	Page #
Section 3: Achievement Rank Forms worked on this year If no achievements, omit this material and re-order Sections so that Section 3 becomes My 4-H Story and so on.	Page #
Section 4: My 4-H Story (omit if Senior member working on Impact Star only and re-order following sections as needed)	Page #
Section 5: Annual Project Report (APR) for each project Expression page for each APR ONE Leadership Report (optional, behind 1st APR in this section)	Page #
Section 6: Activity Summary (Optional)	Page #
Section 7: 4-H Resume (Senior members only)	Page #

SECTION 3: ACHIEVEMENT RANK FORMS

Does not need to be included for competition.

Current Achievement Forms that you are currently working on. Sparks Achievement Report form

chievement Report Emerald Star I Emerald Star II Impact Stars

Achievement Program Manual

If no achievements are documented, omit this page and move to the next Section. Be sure to re-order the Section numbers if no achievements.

SECTION 4: MY 4-H STORY

See page 8 of the manual for additional information.

The My 4-H Story can use any media type. You can write it, make a video, make an audio recording, make a slide deck, make a scrapbook.

If you are writing, insert your words here. Follow these word counts: Junior: 250 – 500 words Intermediate and Senior: 500 – 2000 words

If writing your story, you can also include a few photos with captions.

If you make video, audio, slide deck, or scrapbook, put the URL to the digital place where you created the media right here on this page.

Make sure that evaluators can see your work by making the settings "anyone with the link can view".

Make sure your media follows these guidelines: Junior: 1 – 2 minutes long or not more than 5 slides or pages Intermediate and Senior: 2 – 4 minutes long or not more than 10 slides or pages

SECTION 5: ANNUAL PROJECT REPORT (APR)

See pages 9-10 of the manual for additional information.

Annual Project Report for each project Expression Page for each Project Optional: Leadership Report behind 1st APR Expression Page

SECTION 6: ACTIVITY SUMMARY - OPTIONAL

See page 10 of the manual for additional information.

This is used to track your 4-H activities, if using the 4-H Activity Tracker App, you can include a printed copy here..

Annual Activity Summary

Name: Birthdate: Program Year: Club: Age:

List activities in calendar (chronological) order. The 4-H program year is typically July 1st - June 30th each year.

Record date or date range of activity, List name of activity and enter an activity type. Activity type can be leadership, civic engagement, event, honor, award, communication, project skill, community service, service learning, or your own category.

Use of this form is optional and can be inserted in the 4-H Record Books as a final section. You may also insert the printed report from the 4-H Activity Tracker App instead of using this form. You can find the app in Apple and Google Play as a free download.

Add rows as needed.

Date(s)	Name of Activity	Activity Type



SECTION 7: 4-H RESUME - SENIOR MEMBERS

See page 11 of the manual for additional information.