

Understanding Family Food Resiliency During COVID-19

Dear Colleagues,

I am initiating a virtual project to understand family food resiliency during COVID-19.

I need your help with reaching out to families with young children to answer an open-ended question:

During COVID-19, what changes do you have to make in your household food availability, food accessibility, food purchasing, food preparation, and food consumption?

Information about this project is described in this flyer.

Appreciate your help and support.

Sincerely,
Deepa Srivastava, Ph.D.
Nutrition Family &
Consumer Sciences
Advisor
UCCE Tulare-Kings
Email: dsr@ucdavis.edu



May 18, 2020

About the Project

- ❖ **Purpose:** To understand family food resiliency during COVID-19.
- ❖ **What is family food resiliency?**
 - ✓ Resiliency is “the ability to prepare for, withstand, and recover from a crisis or disruption.” (Source: <https://clf.jhsph.edu/projects/food-system-resilience>)
 - ✓ Family food resiliency refers to families who are able to withstand crisis and disruptions in a way that ensures ability to buy, grow, or otherwise appropriately obtain, prepare, and store food that meets nutritional needs of family members and ensure having enough healthy food to eat. (Adapted from food resource management/food security indicators)
- ❖ **Open-ended question for primary caregivers of young children:**
 - ✓ During COVID-19, what changes do you have to make in your household food availability, food accessibility, food purchasing, food preparation, and food consumption?
- ❖ **Steps to collect participant responses:**
 - ✓ Please share the open ended question listed above with primary caregivers of young children whom you know through your contacts.
 - ✓ No identifiable information is collected.
 - ✓ Participation is voluntary.
 - ✓ Please email participant responses to Deepa Srivastava at dsr@ucdavis.edu
- ❖ **How will the responses be analyzed?**
 - ✓ Participant responses will be analyzed thematically.
- ❖ **How will the responses collected be used and reported?**
 - ✓ Information from participant responses will inform household food related strategies used by families with young children during COVID-19.
 - ✓ Thematic findings will be shared and communicated in meetings and presentations.
 - ✓ This is not a research study. IRB determination is not needed.

Please contact Deepa Srivastava at dsr@ucdavis.edu if you have any questions.

Thank You!