

SEPTEMBER 2013

A NOTE FROM SANDRA

First, let me start by thanking you for such a warm welcome. I come to this job as an Assistant II with enthusiasm and excitement. As I continue to get to know you all, it becomes even clearer that this is the place for me. When I am not here, I have many things that occupy my time. I have three children, Elise, 10, Ethan, 9, and Eli 2, who attend Sonora Elementary School and Kiddie College. My husband, Mike, works locally as a general contractor. We all enjoy being outside and active as much as possible. The kids play baseball, softball, soccer, and all of us enjoy running. I have completed one full marathon, three half marathons, and a variety of other races. I look forward to the many things I will learn about this job and my colleagues. Here in the Tuolumne office I will be assisting with the 4H Programs & Youth Development, Nutrition, Master Gardeners and with the Natural Resources. My hours are Monday-Thursday 9am-5pm and Friday 9am-1pm.

Sandra Sturzenacker, Assistant II
UC Cooperative Extension, Central Sierra

SUMMER CAMP 2014

The Central Sierra 4-H staff is working on the possibility of two 4-H summer camps for 2014—both will be open to youth from Tuolumne County. Recruitment for Junior and Adult Camp Staff will begin in November of 2013. I am immediately accepting adult and teen volunteers for a Camp Planning Committee. Please contact Melanie Cutis at (209) 533-6990 if you are interested in being part our Camp Planning Committee.

NEW LEADERS NEEDED!

4-H is always looking for more volunteer leaders! If you or someone you know has a particular

interest or talent they would like to share with our 4-H youth please call the 4-H Office. Our leaders are what makes this program a success!

ACHIEVEMENT NIGHT

October 6

Columbia College, Dogwood Building

Mark your calendars for Achievement Night! All 4-H members who turn in a complete record book for the 2012-2013 4-H year will be recognized at Achievement Night. This is a great way to celebrate your hard work and accomplishments over the last year. We hope to see everyone there!

SCIENCE EDUCATION TEAM

Calling all young leaders with an interest in science and engineering! Applications are now being accepted for youth in at least sixth grade who would like to be part of our new Science Education Team. The team will teach science curriculum at PM Club sites throughout the year. There will be monthly training sessions for all team members. As the team develops, we will establish schedules for working with the various PM club sites. The larger the team is, the more work we will be able to do with the PM Clubs. If you have friends who are not yet enrolled in 4-H, but may be interested in this leadership opportunity, please encourage them to apply. Applications are submitted online at: <http://ucanr.edu/TCSscience>

For more information about the Science Education Team, please contact Melanie Curtis at makwast@ucanr.edu or (209) 533-6990.

PM CLUB OUTREACH

All 4-H members who would like to share information about their 4-H projects with one or more of the local PM Clubs may volunteer to do a presentation at a PM club site. You can bring in an animal, do a simple foods demonstration, do a

craft, or share any knowledge or skill you think will be of interest to other young people. This is a great opportunity to share the 4-H community club program with while building your public speaking skills and earning presentation credits for your star ranks. If you would like to volunteer, contact Melanie Curtis at 533-6990 or simply complete the online sign up form at: <http://ucanr.edu/PMOutreach>.

SMALL LIVESTOCK ASSOCIATION

SLA will meet to review our part of the fair on Monday evening, September 16 at 6 PM at the UCCE Office. Any youth or adult interested in assisting us with the Small Livestock Auction and related activities is welcome. For more information, contact Sue Moore at 743-2020 or 2moores@mlode.com. SLA is for 4-H, FFA and independent exhibitors so come to our meeting to get involved!

SOUTH CENTRAL SECTION LEADERS' COUNCIL MEETINGS

Tuolumne County is one of 12 counties in the South Central Section and sends adult leaders and teen members as representatives to the SCS Leaders' Council meetings. The next meeting is from 10-1 on Saturday, **September 14**, at the Fresno County 4-H office located at 550 E. Shaw Ave., Suite 210, Fresno, CA 93710 (across the street from Fashion Fair Mall). If you would like to attend, talk to Ron Hamilton or Sue Moore for more information. It is also possible to participate via conference call. Other meetings are scheduled for:

- Nov. 10, 2013 at State Leaders' Forum (time TBA)
- Feb. 8, 2014, Merced County 4-H Office, 10 a.m.
- May 17, 2014, Fresno County 4-H Office, 10 a.m.

LCORT

Leadership Conference of Regional Teens January 24-26, 2014

LCORT is the South Central Section's leadership conference for members in grades 7-9. The heart of the conference is a series of workshops presented by high school-age members from the leadership teams in the 12 member counties. This year's event will be held on **January 24-26, 2014** at Wonder Valley Conference Center in

Sanger (Fresno County). Registration packets, LCORT 2015 Youth Chair applications, and other materials are available at http://4h.ucanr.edu/Resources/Volunteers/Councils/Sectional/South_Central/LCORT/

CONCOURS d'ELEGANCE

The Ironstone Concours Foundation has again requested 4-H members from the foothill counties come to the 4-H Concours d'Elegance to volunteer for the event and/or give presentations and show their displays between 10 am – 2 pm. This is an excellent opportunity for 4-H members to talk about their projects, show off their animals and receive credit in their record books! The event will be held on **September 28th** at Ironstone Vineyards in Murphys, and will include over 300 classic automobiles, vintage motorcycles and classic trailers. The Ironstone Concours Foundation raises funds for youth agricultural programs such as our foothill county 4-H Councils.

Admission and lunch is free for 4-H members volunteering and/or presenting. For more information and to sign up to present or volunteer, please go to:



<http://ucanr.edu/youthsignup> for youth or <http://ucanr.edu/adultsignup> for adults.

NATIONAL YOUTH 4-H SHOOTING SPORTS YOUTH LEADERSHIP INSTITUTE

Hello, my name is Peter Tidball, from the Foothill 4-H club in Tuolumne County. I recently attended the National 4-H Shooting Sports Ambassador Training. I traveled to Baton Rouge, Louisiana and met with 29 ambassadors from all over the nation. There we exchanged ideas on how to help young adults and children become active members of the shooting sports program, and discussed the shooting sports project as a whole.

Shooting sports is a wonderful program that teaches members how to safely handle firearms and archery equipment, but it also teaches life skills such as perseverance, responsibility, respect, and leadership. If you are interested in the shooting program, please contact your local 4-H Representative, Melanie Curtis at (209) 533-6990.

HAVING TROUBLE ENROLLING?

Thank you to everyone who has already submitted their enrollments through 4-H Online! If you have not enrolled yet please do so as soon as possible. Having trouble with the system? Don't have internet access? Please call Melanie at the 4-H Office to get help over the phone or make an appointment to come in and use the computer.

The 4-H office does need any enrollment paperwork for members or leaders; medical treatment forms should be submitted to your club and project leaders (forms can be copied, but signatures must be original). Payments can be made online with a credit card or dropped off or mailed to the 4-H Office if you prefer to pay by cash or check. If you need a fee waiver, those forms must be mailed to or dropped off at the 4-H Office.

CLUB MEETINGS!

Don't forget to attend your 1st club meetings of the year this month! If you aren't sure when your club meeting is please refer to the club news section in this edition of the Tooter. Haven't chosen a club yet? Aren't sure which one to join? Call the 4-H Office or contact one of the local club leaders to find out more information on their club. Members who wish to exhibit an animal at the Mother Lode Fair must attend 80% of all club and project meetings in order to be eligible. Don't miss your 1st meetings!

TEEN RETREAT

November 2-3, 2013

Camp Sylvester, Pinecrest

4-H Teen Retreat will be held at Camp Sylvester in Pinecrest this year. We are planning a great retreat and are looking forward to using the amazing facilities at Camp Sylvester. Teen Retreat is open to 4-H members 6th grade and up. We are in need of at least one male chaperone! Registration forms are included in this issue of Tooter and are due October 25th.

COUNTYWIDE RECRUITMENT DAY

We will be holding a recruitment/public awareness event for Tuolumne County 4-H on Saturday, September 14th from 9 a.m. to 4 p.m.

next to the Sonora Wal Mart. We will be distributing 4-H information, enrolling members and volunteers, promoting our countywide fundraiser and more. If you would like to help us create interest in 4-H by setting up an information table/booth for your club or project, hosting a carnival game or have other ideas to promote Tuolumne County 4-H, please join us! Call Melanie Curtis at the 4-H Office at 533-6990 for more information or to volunteer to help make this a great recruitment event!

4-H WEEK BABY BASKET

This is a traditional activity to honor the first baby born to Tuolumne County parents during National 4-H Week. Every 4-H club is invited to contribute. If you would like to donate baby items or gift certificates, please bring them to the 4-H Office, your club meetings or Achievement Night in October.



COUNTYWIDE FUNDRAISER

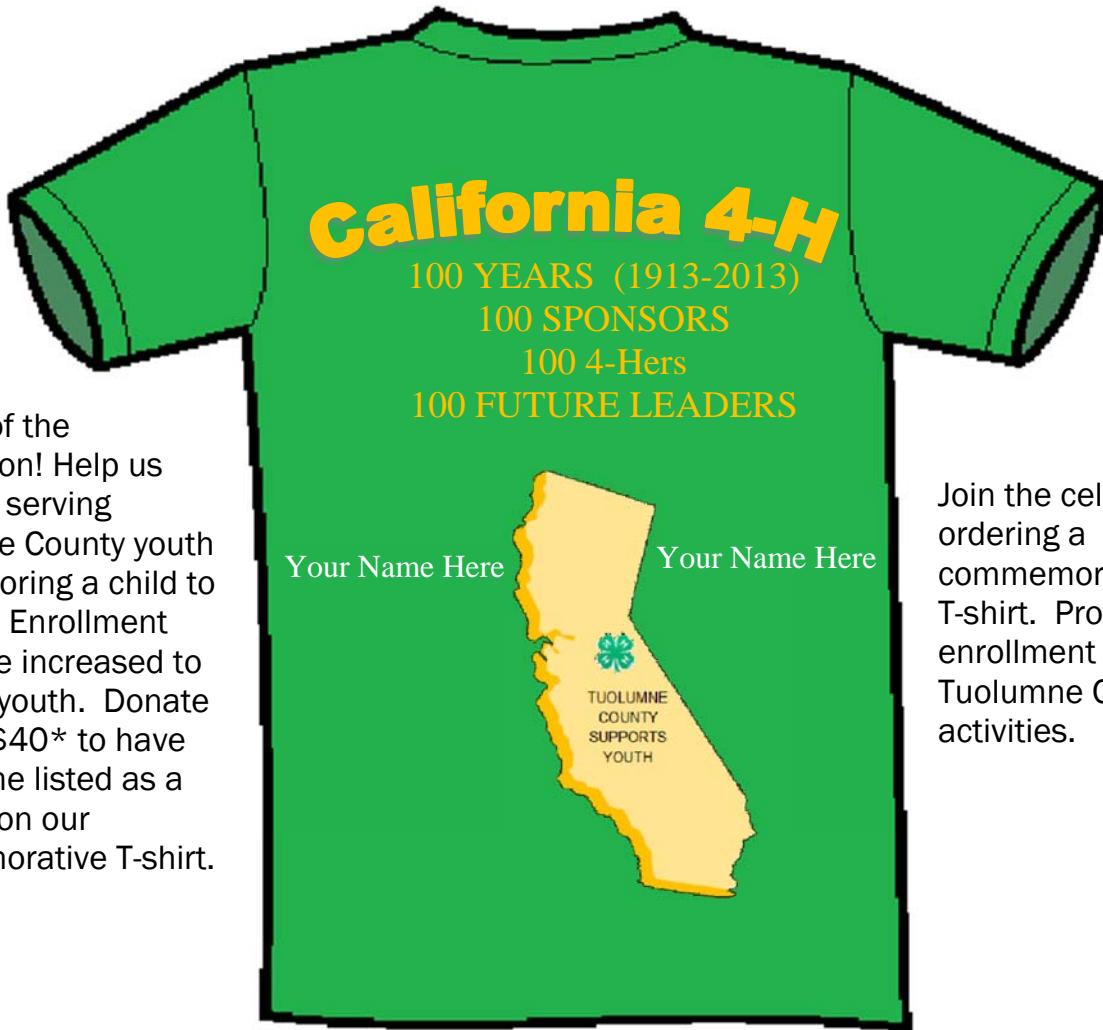
In order to serve as many youth as possible in the Tuolumne County 4-H Program, it is necessary that we fundraise as a county organization to provide fee waivers for members in need of assistance. This year we have a great new fundraising plan that involves reaching out to our community to sponsor 4-H members. We will be printing T-shirts with the names of individuals and businesses who support the membership of at least one Tuolumne County 4-Her.

Commemorative 100th Anniversary T-shirts will be sold recognizing our donors. Funds from the sale of T-shirts will help sponsor additional members and cover other 4-H program costs. If you can help sponsor a 4-H member, would like to order a T-shirt, or know someone who can help, the form in this month's *Tooter* can be used for donation instructions or to pre-order an anniversary T-shirt. Please call Melanie Curtis at (209) 533-6990 if you have any questions.

IMPORTANT: WE ARE EXTENDING THE DEADLINE FOR T-SHIRT INCLUSION AND PRE-ORDERS TO SEPTEMBER 30TH!

California 4-H

Celebrating 100 years of positive youth development!



Be part of the celebration! Help us continue serving Tuolumne County youth by sponsoring a child to join 4-H. Enrollment fees have increased to \$40 per youth. Donate at least \$40* to have your name listed as a sponsor on our commemorative T-shirt.

Join the celebration by ordering a commemorative T-shirt. Proceeds will fund enrollment fees and Tuolumne County 4-H activities.



Yes, I will sponsor a child! I am donating \$_____ to sponsor the membership of a Tuolumne County youth in the 4-H program.

I would like my name listed as _____ on the 100th anniversary commemorative T-Shirt.

My mailing address** is: _____

My Email address is: _____

I would like to purchase commemorative T-shirts at \$20 each:

Men's XS Men's S Men's M Men's L Men's XL Men's XXL Men's XXXL

Ladies' XS Ladies' S Ladies' M Ladies' L Ladies' XL Ladies' XXL Ladies' XXXL

Total Donation and/or purchase: \$ _____.

Please make checks payable to Tuolumne County 4-H and return forms and checks to:

Tuolumne County 4-H Program, 2 South Green St, Sonora, CA 95370

For more information, contact the 4-H program at 209-533-6990. Membership in 4-H is open to any youth ages 5-19. 4-H is a program of the University of California Cooperative Extension.

*Donation must be made by September 30, 2013 (Deadline Extended) to be included on the commemorative T-Shirt

**You will receive a letter acknowledging your donation for tax purposes.



STATE 4-H OFFICE NEWS



4-H RESOURCES

Looking for educational resources and materials for 4-H? Want to share your resources with others? Have you wondered why there isn't a central hub of 4-H curricula and other resources? If you answered yes....

It's time to share, discuss and learn about my4-H! Next Generation my4-H (www.4-H.org/my4-H) debuted in March. To date, nearly 1000 resources are available on the site. The new my4-H serves as a central and collaborative source for more of the 4-H resources you want – including the National Directory of 4-H Materials. 4-H professionals, volunteers and even youth leaders, from anywhere, can now upload, download, comment, even rank local, state and nationally produced 4-H resources. Whether it's training staff at a statewide event or supporting volunteers with project materials, my4-H is the tool for effectively engaging an audience around resources important to them, and to you.

To upload or download resources you will need to sign-up for an account. To do this go to <http://www.4-h.org/my4h> and click on the Log in | Sign Up tab.

STATE RECORD BOOK COMPETITION

It's that time of year again! Youth who are planning to submit a 2013-14 Record Book to state competition must complete the Record Book Quick Start Course by October 15, 2013 (The cover sheet says October 1st; we are granting a 15 grace period this first year). All of the information needed to submit a Record Book to state competition, including the Quick Start Course, is found at:

<http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/>

The course is completed online and takes about 25 minutes to view. After the course members take a short quiz which will take about another 7 minutes to complete. The quiz is how we will verify that a member took the course—it is important that they don't skip that step!

In addition to helping youth prepare to submit a Record Book to state competition, the course is open to anyone who would like some additional guidance on completing a record book.

Individuals wishing to be 2013 Record Book judge need to complete and submit the Judge's Application by October 1, 2013 by following the link to the application by survey.

4-H ARCHERY CERTIFICATION TRAINING 2013

Ukiah Gun club, Mendocino County

Saturday, October 12th - 9am-5pm

Sunday, October 13th 9am-12pm

A 4-H Archery Certification Training for volunteers and junior/teen leaders will be offered Saturday, October

12th, 9 a.m. – 5 p.m., and Sunday, October 13th, 9 a.m.-12 noon, at the Ukiah Gun Club 2300 Vichy Springs Road, Ukiah in Mendocino County. You must be an enrolled 4-H leader or member and attend both days to receive certification to teach archery at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$20 per person to include a resource binder and lunch on Saturday. To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at <http://www.ca4h.org/files/2123.pdf>, and an adult or youth 4-H medical release form with a \$20 check payable to "Mendocino County 4-H Council" and mail to Linda Edgington, 890 N. Bush St. Ukiah, CA 95482 Registration is due Friday October 4th and space is limited. For more information contact Linda Edgington at 707-463-4495 or lgedgington@ucdavis.edu.

2013 STATE HORSE FIELD DAY

November 16th in the Chino Hills

This year's field day will be filled with workshops, demonstrations and tours as we travel to multiple ranches in the Chino Hills. Chino Hills is filled with equestrian centers that are side by side and within walking distance of each other. San Bernardino is the host county and is taking the lead in planning this event. More information and registration is coming soon!

2014 State Field Day, May 31, 2014

Want to help plan and implement the 2014 State Field Day? Sign up here to join the 2014 State Field Day planning committee:

<http://ucanr.edu/sfdpt2014>

Committee members will help plan the overall event and can specialize and help with one main contest. The committee will be 50% youth or more. This is a chance for youth to be involved in the biggest California 4-H event in the State! We will be having monthly conference calls/Adobe Connect meetings to plan the 2014 State Field Day.

Conference Calls are set for the 2nd Wednesday of over month from 7:00pm-8:00pm.

Applications are due by October 31, 2013

Committee members will be notified by November 7, 2013.

CLUB NEWS

CLOVERBUDS

Cloverbuds is open to all youth ages 5-8 years of age. The meetings will be held at the 4-H office on the first Tuesday of the month, beginning September 3rd. Dedra Danicourt will be leading the group and has the year planned. The September meeting will be an introduction to 4-H and Cloverbuds. Members will learn the 4-H pledge and more about 4-H. In October the theme will be "Harvest" and there will be discussion about agriculture and health and an outing to Cover's Apple Ranch. Some of the other topics covered during the year will be community service, crafts, nature and wildlife and most of the meetings will include a field trip/outing. Call Dedra Danicort at (209)770-6279 for additional information.

FOOTHILL 4-H

First meeting at the **Sheriff's Posse Grounds, 19130 Rawhide Rd, Jamestown** Wednesday, September 11th at 7:00 pm. New and Returning project leaders, please contact Sharon before this first meeting. For more information, contact Sharon Smales at sl_smales@att.net or 532-5036 or Ida Ponder at 984-5515.

GROVELAND HIGHLANDERS

Welcome back, Groveland Highlanders!! Congratulations for the wonderful Mother Lode Fair results – you all really worked hard! Our first meeting of the new school year will be Tuesday, September 10th, at 6:30 to 7:30 in Room 10. We will have election of officers, and will make a 4-H banner for 4-H Week in October. Bring a friend! Also, Back to School Night will be Wed. Sept. 4th; we'll have a 4-H display table, so please bring items you'd made, and photos of fair animals. Carol Willmon

HI 4-H

Hi 4-H is both a club and a project. It is a club for anyone in 7th grade and above, who want to do Hi 4-H and/or Haunted House only. It is a project for any 4-H member enrolled in any 4-H club in the county. Hi 4-H takes a trip to Disneyland each year in the Spring. We also have a pancake breakfast fundraiser in March.

Meetings are held on the 3rd Wednesday of the month at Sonora Youth Center, at 7 pm. Our first meeting will be on September 18. We are always looking for new members, so bring a friend to the meeting. Any questions, call Linda Mager, 532-5896 or Linda Hembree, 532-8656.

MOUNTAIN RANGERS

Welcome back Mountain Rangers, hope that everyone had a fantastic summer and that you are ready for another exciting year in 4-H. Our first meeting will be held on Wednesday the 10th of September at 6pm. We will once again be meeting in the cafeteria of Soulsbyville Elem. Bring a friend and let them see what 4-H is all about. We have some new and exciting projects starting this year so make sure you take the time and look to see what is offered. If you have any questions, please feel free to call Brittney or myself at 536-4098 or 770-1109. See everyone in a month.

—Anita Vicini

SONORA CLOVERLEAFS

Welcome back Cloverleafs! The first meeting of the new 4-H year for the Cloverleafs is on Tuesday, September 10th at 7 pm at the Sonora Youth Center on Barretta Street (the log cabin building). Please remember to bring along a parent/guardian and be sure to invite a friend. Returning members must enroll on-line by October 15th and don't forget to turn in your medical release forms to me. I hope to see familiar faces and new ones as well. Please feel free to contact me, Deniel Sheffield, at 536-9791 or sheffy@msn.com if you have any questions.

TUOLUMNE PIONEERS

The first club meeting is September 9, 2013 at 7:00 at Mother Lode Christian. The club will once again pay the enrollment of all project leaders. For more information, please contact Ron & Kris Hamilton at 928-1815.

COUNTYWIDE PROJECTS

CITIZENSHIP

I look forward to another year in the citizenship project. Brittney has been working on some ideas for this year and our goal is to take a trip to San Francisco and tour Angel Island and Alcatraz. We will hold our first meeting on the 4th Monday of September at the 4-H office. We will discuss a meeting place more central for everyone at that point. We look forward to seeing everyone soon.

—Anita Vicini

CLOTHING & TEXTILES (SEWING)

September is National Sewing month. 4-H sewing projects focus on garment construction, machine & hand sewing, community service, and creating entries for Fashion Revue. If you are interested in joining a sewing project, contact Sue Moore at 743-2020 or 2moores@mlode.com or Rachel Jones at 743-5761 or sierrascoop@sbcglobal.net by September 15. Several project groups will be formed once we know who wants to sew. Last year's members, please let your leader know if you are returning. Parents are welcome at project meetings and additional leaders and assistant leaders are always needed!

COMPUTERS & TECHNOLOGY

New this year and open and all regular 4-H members is the Computer and Technology project. Project meeting topics will be determined by the members, but may include subjects such as PowerPoint, Photoshop and the Online Record Book. Teen members will be eligible to serve on a countywide Tech Team to assist with a county Facebook page, provide countywide trainings and assist with technology needs at 4-H events. Meetings will be held on the **1st Monday** (this is a change from the previously announced dates) of the month at 6:00 p.m. at the 4-H Office. The next meeting will be **October 7th**. This will be a demonstration the use of the 4-H Online Record Book, club websites and building smart phone projectors. Bring a shoe box and a magnifying glass for this fun DIY project. For more information, contact Melanie Curtis at (209) 533-6990 or makwast@ucanr.edu.

HAUNTED HOUSE

Haunted House is a project for any 4-H member in 7th grade and above. 4-H members in 4th through 6th grade may participate, however, a parent/guardian must be present at all times. This includes during construction and performances. Our first day of construction will be on Saturday, Aug 31 from 9 am to 1 pm. The Haunted House is located in the red barn at J.S.West on S. Washington St, in Sonora. Please try to enroll in 4-H Online, prior to coming. This will ensure that you are covered by 4-H insurance. If you need assistance in enrolling, please contact the 4-H office at 533-6990 or one of the leaders. Haunted House leaders are Jay Wallace, 770-3724, Linda Hembree, 532-8656 or Linda Mager, 532-5896.



Hi 4-H is deeply indebted to the Symons Foundation and J.S.West, who allow us to use their property free of charge.

HORSE PROJECTS

GOLD COUNTRY COWGIRLS

The first meeting will be September 5th at 6 p.m. at Renee Clopton's house. Call 209-247-0784 for directions. No horses at this meeting. Thanks, Renee Clopton



RANCH RIDERS

The first meeting of the year will be Tuesday, September 3rd at 6:00 p.m. at the Hurst Ranch Ampitheater. For more information, call Melanie Hurst at (209) 591-3250 or Melissa Moore at (209) 559-2142.

ROCK CREEK RIDERS

I will be having my first meeting on September 21 at my ranch at 10:00am. Linda Mathiesen will be co-leading with me this year. Anyone interested can call me at 984-0447. Thanks, Lori Mills

COUNTYWIDE PROJECTS, CONTINUED

GOAT PROJECT

We will be meeting on Sept 24, 2013 at 6:30 pm at the 4-H office. Just a reminder to everyone we are open to all different breeds of goats.

September 7 & 8 at the Stockton Fairgrounds they are having a big dairy goat show. From what I can tell they should be having about 8-10 different breeds there.

This will be a good show to go to, to learn more about dairy goats. Any questions please call Beth at 536-4933.

SCRAPBOOKING

Scrapbooking will be another new countywide project beginning September 5, 2013.

Meetings will be on the first Thursday of the month from 5:00 to 6:30 p.m. Please RSVP for this project meeting with Melanie Curtis at makwast@ucanr.edu or 533-6990. The meeting will be cancelled if there are not at least

five members interested in joining the group.

SHOOTING SPORTS

Due to remodeling of the indoor range at the Mother Lode Gun Club, the shooting sports program will have to be postponed until January.

TUOLUMNE TREKKERS

Like to explore trails in Tuolumne County? The new Tuolumne Trekkers Project / Walk with a Doc is coming in Fall 2013.

Open to all 4-H clubs in the county, the Tuolumne Trekkers will explore many of the fun hiking trails our county has to offer. We plan to team up with the Walk with a Doc project, a fun, free program to get people walking sponsored by the CMA Foundation.

Informational meeting is set for September 14 at 10:00 am in the 4-H office. For more information contact healthfuldoc@gmail.com.

Don't see your project news here?

If you are a Project Leader and would like a news article published in the monthly Tooter please email or call the 4-H Office by the 25th of each month with your submission. This is a great way to keep your members and parents up-to-date on project meeting dates and activities!

TUOLUMNE COUNTY 4-H COUNCIL

Do you want to know more about what is going on in Tuolumne County 4-H? Are you willing to help with county events, but don't know where to start? Would you like to help make decisions about our county 4-H program? Do you have ideas to help raise funds, recruit members or find volunteers? If you can answer yes to any of these questions, you should consider attending our County 4-H Council meetings. All leaders and regular 4-H members may participate in our council meetings. They are held on the first Wednesday of the month at 7:00 p.m. at the 4-H Office. If you have questions or suggestions, please call Melanie Curtis at (209) 533-6990. Hope to see you there!

CALENDAR OF EVENTS

September

- 2 Office Closed—Labor Day
- 4 4-H Leaders Council, 7 p.m.
- 14 Recruitment Event
- 23 October "Tooter" news due

October

- 2 4-H Leaders Council, 7 p.m.
- 6 Achievement Night
- 15 - Beef Loans Due
- 25- Teen Retreat Forms due
- 25- November "Tooter" news due

November

- 2-3 Teen Retreat—Camp Sylvester
- 6 4-H Leaders Council, 7 p.m.

December

- 4 4-H Leaders Council, 7 p.m.
- 24-25 Office Closed
- 31 Office Closed

January

- TBA 4-H Leaders Council, 7 p.m.

- 5 4-H Leaders Council, 7 p.m.



February

Quote Corner
"It always seems impossible until its done." Nelson Mandela

The **TOOTER** is published monthly for the Tuolumne County 4-H community club program. University of California, U.S. Department of Agriculture and Tuolumne County, cooperating.

UCCE OFFICE LOCATION

52 North Washington Street
Sonora, California

MAILING ADDRESS

Tuolumne County 4-H
2 South Green St.
Sonora, CA 95370

CONTACTS

JoLynn Miller, 4-H YD Advisor Central Sierra MCP
jlmiller@ucanr.edu or (209) 533-5686

Melanie Curtis, 4-H Program Representative
makwast@ucanr.edu or (209) 533-6990

UCCE Office	209-533-5695
Fax	888-764-9669

Website:	http://www.cecentralsierra.ucanr.org
State 4-H	http://www.ca4h.org
National 4-H	http://www.4husa.org

For special assistance regarding our programs please contact us

TOOTER NEWS

Articles about 4-H or on topics of general interest to families are welcome.

News for the October Tooter is due by September 23rd.

The University of California) Division of Agriculture & Natural Resources (ANR) prohibits discrimination against or harassment of any person in any of its programs or activities on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (which includes pregnancy, childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), genetic information (including family medical history), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services).

University policy also prohibits retaliation against any employee or person in any of its programs or activities for bringing a complaint of discrimination or harassment pursuant to this policy. This policy also prohibits retaliation against a person who assists someone with a complaint of discrimination or harassment, or participates in any manner in an investigation or resolution of a complaint of discrimination or harassment. Retaliation includes threats, intimidation, reprisals, and/or adverse actions related to employment or to any of its programs or activities.

The University is an affirmative action/equal opportunity employer. The University undertakes affirmative action to assure equal employment opportunity for minorities and women, for persons with disabilities, and for covered veterans (including veterans with disabilities, recently separated veterans, Vietnam era veterans, veterans who served on active duty in the U.S. Military, Ground, Naval or Air Service during a war or in a campaign or expedition for which a campaign badge has been authorized, or Armed Forces service medal veterans). University policy is intended to be consistent with the provisions of applicable State and Federal laws.

Inquiries regarding the University's equal employment opportunity policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, One Shields Avenue, Davis, CA 95616, (530) 752-0495.

2013 TEEN RETREAT REGISTRATION

Complete and sign registration and Medical Treatment Forms

Attach Fee

Return to the 4-H Office by October 25

NAME _____ GRADE _____ YEAR IN 4-H _____

CLUB _____ PHONE _____

ADDRESS _____ CITY _____ ZIP _____

Fee: \$30 for first teen in family, \$25 each additional teen, payable to "TC 4-H Council"

PERMISSION: I give my permission for my son/daughter to attend the 4-H Teen Retreat at Camp Sylvester on November 2 &3, 2013. He/she will be riding home with _____ at 3:00 pm on Sunday.

CODE OF CONDUCT: All participants shall adhere to the core values of the University of California 4-H Youth Development Program, and respect the individual rights, safety, and property of others.

While attending Tuolumne County 4-H Teen Retreat:

1. All delegates are expected to attend all planned activities of the event.
2. All participants shall be appropriately dressed at all times. This includes no bare midriffs, no exposed underwear, no open toed shoes, no short shorts/skirts, no spaghetti straps or halter tops.
3. Delegate behavior shall be appropriate at all times. This includes not handling belongings of others, not entering a cabin assigned to the opposite gender, and not damaging equipment regardless of ownership. Display of overly affectionate attention between participants is prohibited.
4. The possession and use of alcoholic beverages, tobacco products, and drugs other than prescription medication is prohibited.
5. Setting off fire alarms or tampering with fire extinguishing equipment or other emergency equipment is prohibited.
6. Obscene and discriminatory language, roughhousing, and insubordination will not be tolerated at any time.
7. Youth members and volunteers will demonstrate respect for one another at all times.
8. All participants must be in their assigned area at curfew and will comply with the quiet hours and lights out.
9. No participant may leave the grounds unless permission is secured from the leader in charge.
10. Youth must comply with other rules of the event.

Infractions of the 4-H Code of Conduct must be reported promptly by anyone observing them to the 4-H leader in charge of the event, who with the County 4-H Office will have responsibility for disciplinary action. The parent/guardian will be notified of action taken. Penalties may include any or all of the following:

- * Sending the participant home
- * Barring the participant from future 4-H events
- * Assessing the participant the cost of damages and repairs for damage or destruction of property
- * Releasing the participant to the nearest law enforcement agency and/or the proper authorities
- * Termination of 4-H membership

I have read the Code of Conduct and agree to abide by its rules. I understand that infraction of this Code will result in any or all of the penalties listed above.

Signature of Member: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

Camp Sylvester
Waiver, Release & Indemnity

I understand and agree that my participation in events, programs, races, or activities organized, operated, conducted and/or sanctioned by Camp Sylvester is conditional upon my execution of this document.

1. I am aware that camping and related activities involve the possibility of injury or death.
2. I accept these risks, and all others arising from these events and programs, even if arising from the negligence, gross negligence or negligent rescue by those associated in any way with the Camp Sylvester events and programs I may be involved in, the venues at which these events and programs takes place or by those organizing, officiating, or participating in these events and programs throughout the year, including their respective officers, directors, employees, agents, servants, volunteers and representatives (the "Releasees").
3. I understand that all applicable rules for participation must be followed and that **SOLE RESPONSIBILITY FOR MY PERSONAL SAFETY REMAINS WITH ME**, including my physical and emotional preparation and fitness to participate in all events and programs throughout the year.
4. I undertake and agree to remove myself from participation if I sense or observe any unusual hazard or unsafe condition, or if, at any time, at any event or program, I feel unable or unfit to safety continue for any reason.
5. I give, a **FULL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS** that I have, or may have in the future, against Camp Sylvester, _____, and all other Releasees from all liability for any loss damage, injury or expense that I may suffer as a result of my participation in any part or parts of the events or programs or my presence at any venue at which they may take place, due to any cause whatsoever including the forms of negligence set forth in paragraph 2 above or from any breach of contract or statutory duty or other duty of care including any duty of care owed by the Releasees.
6. I AGREE NOT TO SUE and I further agree TO INDEMNIFY AND SAVE HARMLESS the Releasees from all expenses, fees, liability or damage award or cost of any type whatsoever arising from my participation in these events or programs. I HAVE READ AND UNDERSTOOD THIS WAIVER, RELEASE AND INDEMNITY. I am aware that by signing this agreement I am waiving substantial legal rights (on my behalf and on behalf of my heirs, executors, administrators and next of kin), including the giving up of my right to sue.

NAME: _____ SIGNATURE: _____

Date: _____

PARENTAL CONSENT FOR MINOR PARTICIPANT and INDEMNITY AGREEMENT

I have read and understood the above waiver, release and indemnity, and have discussed the same with the minor person signing above. I am satisfied the said minor understands the waiver and release and his/her obligations as set out. In consideration of the participation of my minor child/ward I too agree to waive, release and indemnify the Releasees, including Camp Sylvester and any related individual employee or agent thereof, in the terms set out above. I am aware that by signing this agreement I am waiving substantial legal rights, which my minor child/ward and I, our respective heirs, executors, administrators and next of kin may have against the Releasees.

SIGNATURE _____

DATE: _____

University of California 4-H Youth Development Program

Form B: Youth Medical Release Form

This Medical Release Form is authorized for all 4-H Youth Development meetings and activities during the dates specified below:

First Name _____ Last Name _____ Club/Unit Name _____

County and State _____ to _____
County and State _____ Dates (From / To) _____

While my child is attending or traveling to or from this 4-H function, I HEREBY AUTHORIZE THE ADULT 4-H VOLUNTEER LEADER OR 4-H STAFF MEMBER, or in his/her absence or disability, any adult accompanying or assisting him/her, TO CONSENT TO THE FOLLOWING MEDICAL TREATMENT FOR SAID MINOR:

Any x-ray examination, anesthetic, medical or surgical diagnosis or treatment, and hospital care which is deemed advisable by, and is to be rendered under the general or special supervision of any physician and/or surgeon licensed under the provisions of the Medical Practices Act, California Business and Professions Code Section 2000 et seq; or any x-ray examination, anesthetic, dental or surgical diagnosis or treatment, and hospital care to be rendered by a dentist licensed under the provisions of the Dental Practices Act, California Business and Professions Code Section 1600 et seq.

This authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of California. This authorization shall remain effective until my child completes his/her activities in this program unless sooner revoked in writing. I understand that as a parent/guardian, I will be responsible for the cost of any service or treatment provided not covered by the 4-H Accident/Sickness Insurance Program sponsored by UC Cooperative Extension.

EMERGENCY CONTACT INFORMATION

Name _____ Relationship to Youth Identified Above
(_____) _____ (_____) _____
Emergency Day Phone (with area code) Emergency Night Phone (with area code)

Mailing Address _____ City _____ State _____ Zip _____

AUTHORIZATION AND CONSENT AND RELEASE

I hereby certify that my child is in good health and can travel to and participate in all functions of the 4-H Youth Development Program as described above. I understand it is my responsibility to keep the information on this form updated (including Health History and parent/guardian status) by contacting the State 4-H Office.

Signature of Parent/Guardian _____ Date _____

NON-CONSENT

I do not desire to sign this authorization and understand that this will prohibit my child from receiving any non-life threatening medical attention in the event of illness or accident.

Signature of Parent/Guardian _____ Date _____

University policy and the State of California Information Practices Act of 1977 require the following information be provided when collecting personal information from you: The information entered on this form is collected under authority of the Smith-Lever Act. Submission of the medical data is voluntary. However, a signature is required on one or the other of the two signature lines above. Failure to provide the medical information and authorization may result in our inability to provide necessary medical treatment. You have the right to review University records containing personal information about you/your child, with certain exceptions as set forth in policy and statute. Copies of University policies pertaining to the collection, use, or release of personal data are available for your examination from the local UCCE County Director, 4-H Youth Development Advisor, 4-H Program Representative, or the State 4-H Director at the California 4-H Youth Development Program, University of California, DANR Building, One Hopkins Road, Davis, CA 95616-8575, (530) 754-8518. Only your own/your child's records are open to your review.

Any known or foreseeable intergovernmental transfer that may be made of the information is as follows: None.

University of California 4-H Youth Development Program

Health History Information

First Name _____

Last Name _____

County _____

_____/_____/_____
Date of Birth

Subject to:	YES	No	Now Have or Have Had	Yes	No
Colds			Heart Trouble		
Sore Throat			Asthma		
Fainting Spells			Lung Trouble		
Bronchitis			Sinus Trouble		
Convulsions			Hernia (rupture)		
Cramps			Appendicitis		
Allergies			Has appendix been removed?		
Wear corrective lenses?			Do you walk in your sleep?		
Is hearing good?					

Date of last Tetanus Vaccination: _____

Please check over-the-counter medications that may be administered:

- Tylenol Ibuprofen Cough Syrup Decongestant Dramamine
 Antacid Polysporin Hydrocortisone Other: _____

Please identify allergies including allergies to food, medications, and drug reactions:

 _____Please list any disability accommodations you will need in order to participate in this program or activity:

Please list all current medications:

Name of Medication	Dosage	Times Taken

Please include any additional remarks and special instructions to better assist emergency service personnel.
 Please explain "yes" answers on this page.

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities. University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.