Learn how to make a difference in your community. Incorporate service and citizenship activities into every 4-H project. Understand your civic rights and responsibilities. Tap into the resources that are available in your community and school.

- Explore your own values and your relationship with others.
- Increase your sense of history and cultural heritage.
- Learn about your government and your leadership role.
- Investigate current issues in your community, state, country and world.

The activities above are ideas to inspire further project development. This is not a complete list.
Expand Your Experiences!

Citizenship

- Present information about your club’s service project at a countywide event.
- Plan a special “Grandparents Day” and record stories of their school days.
- Join with other service groups to clean-up of trash or graffiti in your town.
- Organize an event to showcase people and the work they do at the local government level.

Healthy Living

- Coordinate a walk-a-thon to raise money for a health-related non-profit.
- Develop an anti-smoking campaign for junior and senior high school students.
- Organize a history walk highlighting significant people & places in your community.
- Help a local food pantry develop simple recipes for events using available food.

Science, Technology, Engineering, and Mathematics

- Present a science demonstration at the local elementary school.
- Develop a project to label storm drains and protect waterways.
- Deliver demonstrations on energy conservation or recycling at your school.
- Design, build, and plant a community garden.

Leadership

- Plan an activity for your club with information about the 5 Focus Areas of Citizenship.
- Organize a driving safety program at your high school.
- Connect with local homeless shelters and collaborate to collect & recycle clothes.
- Create and give a presentation about your experience at California or Washington Focus.

Connections & Events

- California Focus – A 5-day event in Sacramento with simulations of state political processes and government.
- Washington Focus – Gather with 4-H members from all over the U.S. for government simulations and visits in the nation’s capitol.
- Presentation Days – Share what you’ve learned with others through a presentation.

Curriculum

- California 4-H Citizenship [http://4h.ucanr.edu/Projects/Citizenship/]
- The American Promise [www.farmers.com/AmericanPromise/guide_main.html]

4-H Record Book

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

To access the 4-H Record Book online, visit [http://ucanr.edu/orb/]

Resources

- Web Resources [www.ca4h.org/Projects/Citizenship/Citizenship_Web_Resources/]
- Citizenship Mini-Lessons, Constitutional Rights Foundation, 601 South Kingsley Drive, LA, CA 90005, (213) 487-5590
- Mock Trials [www.civicallyspeaking.org/mock3.pdf]
- Service-Learning Planning Guide and Coaches Manual [www.ca4h.org/Projects/Citizenship/]
- California Missions [www.escusd.k12.ca.us/mission_trail/MissionTrail.html]
- Book: Celebrate America, Learning About the U.S. through Crafts and Activities
- Public Adventures [www.4-h.org/resource-library/curriculum/4-h-citizenship/guides-handbook/]

The UC 4-H Youth Development Program does not endorse, warrant, or otherwise take responsibility for the contents of unofficial sites.

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