In a Global Education project, youth members engage in experiences that broaden their understanding of themselves and their own culture and develop the capacity to function in a multi-cultural community.

- Understand the importance of knowing about other countries and their cultures.
- Explore and appreciate diversity.
- Develop skills in cross-cultural communication.

### 4-H THRIVE

<table>
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<tr>
<th>Help youth:</th>
<th>Light Their Spark</th>
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<tr>
<td></td>
<td>A spark is something youth are passionate about; it really fires them up and gives them joy and energy. Help youth find how this project excites them.</td>
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<th>Flex Their Brain</th>
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<td>The brain grows stronger when we try new things and master new skills. Encourage youth effort and persistence to</td>
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<th>Reach Their Goals</th>
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<td>Help youth use the GPS system to achieve their goals.</td>
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**Goal Selection:** Choose one meaningful, realistic and demanding goal.

**Pursue Strategies:** Create a step-by-step plan to make daily choices that support your goal.

**Shift Gears:** Change strategies if you’re having difficulties reaching your goal. Seek

### Reflect

Ask project members how they can use their passion for this project to be more confident, competent and caring. Discuss ways they can use their skills to make a contribution in the community, improve their

The activities above are ideas to inspire further project development. This is not a complete list.
Expand Your Experiences!

Citizenship
- Do a service project with an international aid organization.
- Study another country’s political and governmental structures.
- Study an issue that is worldwide and recognized by people in various countries.

Healthy Living
- Visit a local grocery and locate the country of origin of various fruits and vegetables on a map.
- Identify an American holiday that traditionally includes food (such as Valentine's Day).

Science, Technology, Engineering, and Mathematics
- Learn more about the Nobel Prize winners in science and medicine and identify their country on a map.
- Research information about the J-1 visa status for scientists and researchers and

Leadership
- Befriend an exchange student in your school or community. Find out about his/her country.
- Lead an activity with your club that helps them learn about another culture.

Resources
- Family Celebrations from Around the World
  ccc.ucdavis.edu/culture_weeks/
- It’s a Small World Overview
  www.uwex.edu/ces/4h/pubs/showdoc.cfm?documentid=34183
- It’s a Small World, China
  www.uwex.edu/ces/4h/pubs/showdoc.cfm?documentid=4609
- It’s a Small World, South Africa
  www.uwex.edu/ces/4h/pubs/showdoc.cfm?documentid=4611
- San Francisco Chinese New Years Festival
  www.sanfranciscochinatown.com/events/chinesenewyearparade.html
- Celtic and Scottish Fairs
  www.kiltsnquilts.com/

Connections & Events

Presentation Days – Share what you’ve learned with others through a presentation.

Cultural Fairs – There are a variety of cultural fairs that take place throughout the year, including the San Francisco Chinese New Years Festival, UC Davis Cultural Days, and Celtic and Scottish Fairs. Visit www.californiafairsandfestivals.com

Curriculum
- And My World Leader and Activity Guide - marketplace.unl.edu/ne4h/curriculum/and-my-world.html
- i 2 i - (available spring ‘12) marketplace.unl.edu/ne4h/curriculum?cat=122
- 4-H Global Resources CD

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning, and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

University of California Agriculture and Natural Resources

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