The 4-H Shooting Sports Program enables youth to become responsible, self-directed, and productive members of society. The program transfers knowledge, skills, and attitudes to develop human capital, using the subject matter and resources of the land-grant universities. The specific goals and objectives of the 4-H Shooting Sports Program include:

- Promoting the highest standard of safety, sportsmanship, and ethical behavior.
- Strengthening families through participation in life-long recreational activities.
- Teaching safe and responsible use of archery equipment as well as sound decision making, self discipline, and concentration.
- Learning skills from volunteer leaders certified in the discipline they instruct.

<table>
<thead>
<tr>
<th>Starting Out</th>
<th>Learning More</th>
<th>Exploring Depth</th>
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<tbody>
<tr>
<td>Beginner</td>
<td>Intermediate</td>
<td>Advanced</td>
</tr>
<tr>
<td>Know and understand safety rules when on the range.</td>
<td>Learn how to bare shaft or paper tune your bow, make adjustments, and show results to your leader.</td>
<td>Interview someone whose profession involves or is related to the shooting sports and report on an industry-related career opportunity that interests you.</td>
</tr>
<tr>
<td>Learn about range lines and safety areas.</td>
<td>Explain how to adjust a pin sight.</td>
<td>Contact a local, state, or national association related to archery. Explain to your project group what this association has to offer to its members and other interested individuals.</td>
</tr>
<tr>
<td>Identify the parts of a bow and arrow.</td>
<td>Use a bow square to check your bow, arrow rest, and nock for correctness.</td>
<td>Give a demonstration, talk, or poster presentation on some aspect of archery.</td>
</tr>
<tr>
<td>Demonstrate the steps of shooting.</td>
<td>Give a demonstration, talk, or poster presentation on some aspect of archery.</td>
<td>Organize an archery range set-up.</td>
</tr>
</tbody>
</table>
| Learn the proper range commands using whistle or voice. | Shoot arrows and record your scores. | }

The activities above are ideas to inspire further project development. This is not a complete list.
Expand Your Experiences!

Science, Technology, Engineering, and Mathematics

- Experiment with distances and trajectories in arrow flight and report on the results.
- Build your own arrows using the basic components of shafts, nocks, and fletchings.
- Create a film about your project and share with others.

Healthy Living

- Learn about eye dominance and why it is important in archery shooting.
- Identify how keeping fit improves your physical stance and muscle development for drawing and shooting a bow.
- Name the safety equipment used in shooting a bow and explain why it is important.

Citizenship

- Plan and implement a community service activity related to your project.
- Participate in an event where you promote 4-H and shooting sports to the public.
- Visit your local County Board of Supervisors meeting and report on the activities of your 4-H club or project.

Leadership

- Become a role model for others by taking the position of Junior or Teen Leader.
- Mentor younger members in setting shooting-specific goals and developing a plan on how to achieve them.
- Be responsible for teaching materials used at project meeting.
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