The activities above are ideas to inspire further project development. This is not a complete list.
Expand Your Experiences!

Science, Technology, Engineering, and Mathematics
- Learn about different digestive tract adaptations used by different animals.
- Take a pet first aid course and create a pet first aid kit.
- Learn about how vaccines, antibiotics, and other medications work to prevent and cure diseases.

Healthy Living
- Learn about the difference between cleaning and disinfecting, as well as why they are important to human and animal health.
- Learn about the nutrition and exercise needs to maintain health in animals as well as humans.
- Learn how to do a basic health examination on an animal you might raise.

Citizenship
- Create an educational display on animal care for your local library or community center.
- Participate in a local parade or educational fair by having a walking group or information booth.
- Encourage your local parks to plant native species which use less water and provide better wildlife habitat.

Leadership
- Be a junior or teen leader in your vet science project.
- Create a movement in your community to encourage pet owners to clean up after their pets to reduce disease transmission to other pets and people.
- Teach small children how to be safe around different kinds of animals, large and small.

Resources
- AVMA
  [www.aardvarks2zebras.org](http://www.aardvarks2zebras.org)
- American Animal Hospital Association
  [www.healthypet.com](http://www.healthypet.com)
- Centers for Disease Control
  [www.cdc.gov/healthypets/health_benefits.htm](http://www.cdc.gov/healthypets/health_benefits.htm)
- Food Safety
  [www.keepourfoodsafe.org](http://www.keepourfoodsafe.org)
- Relating Animal Health to Human Health
- Rabies Prevention
  [www.worldrabiesday.org](http://www.worldrabiesday.org)

Connections & Events

| Presentation Days – Share what you’ve learned with others through a presentation. |
| Field Days – At these events, 4-H members may participate in a variety of contests related to their project area. |
| County and State Fair – Many fairs have opportunities to compete with animals as well as educational displays and |

Curriculum
- Youth Development through Veterinary Science
  [http://www.ca4h.org/Projects/Curriculum/FREE/Veterinary_Medicine/](http://www.ca4h.org/Projects/Curriculum/FREE/Veterinary_Medicine/)
- Bio-Security in 4-H Animal Science
  [http://www.ca4h.org/Projects/Curriculum/FREE/Bio-Security_in_4-H_Animal_Science/](http://www.ca4h.org/Projects/Curriculum/FREE/Bio-Security_in_4-H_Animal_Science/)

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.